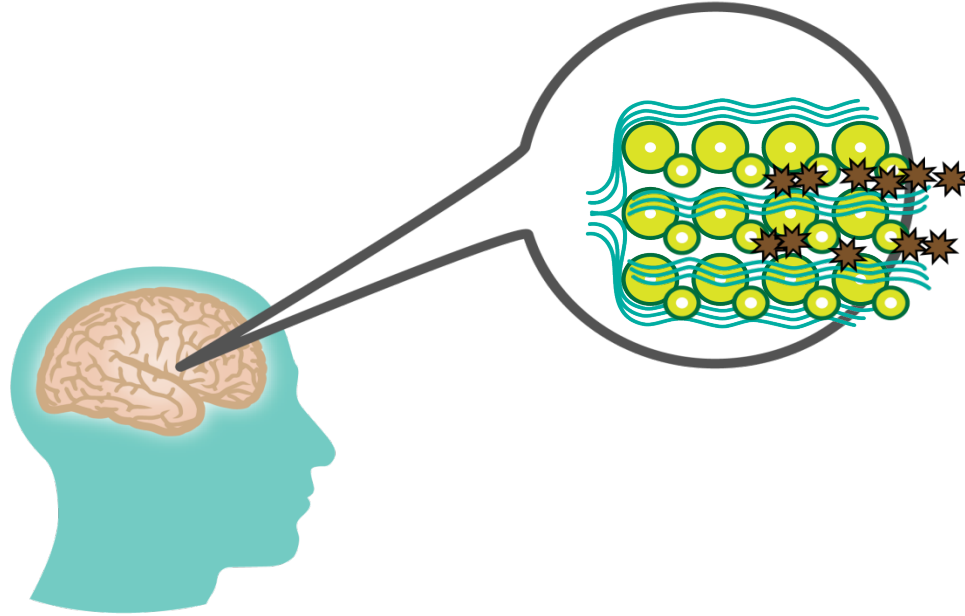
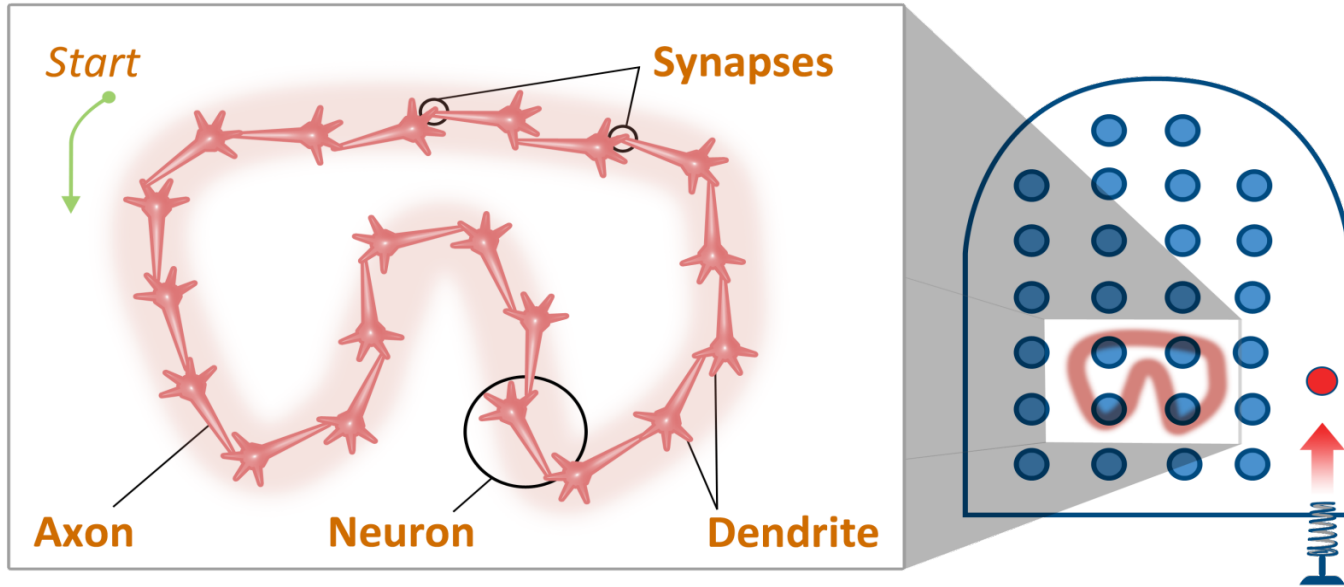


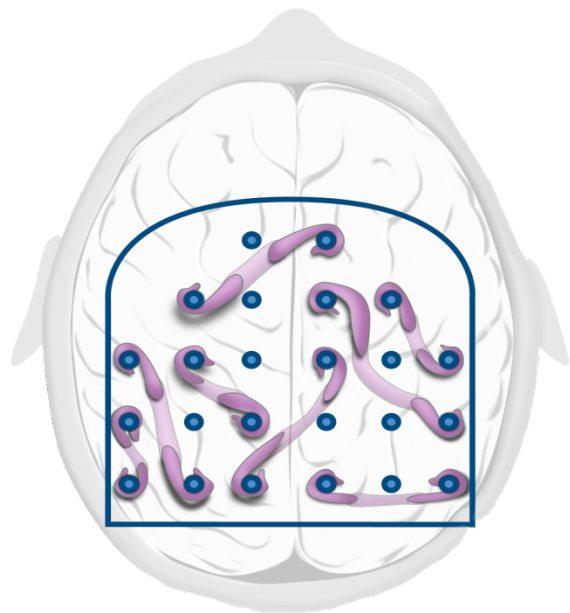
# The importance of sleep in learning



# Problems with lack of sleep







### Relevant Readings

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