

Surf's up!

Process versus product

Barbara Oakley, PhD



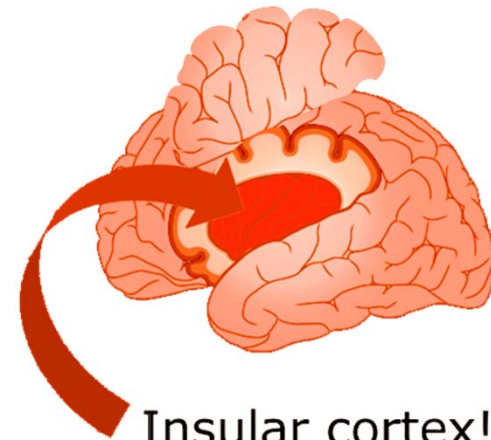
Quite wasting
time--you'll feel
better soon!

- **Process**
- **Product**





~~Product~~



Insular cortex!

Process





PROCESS

not
product

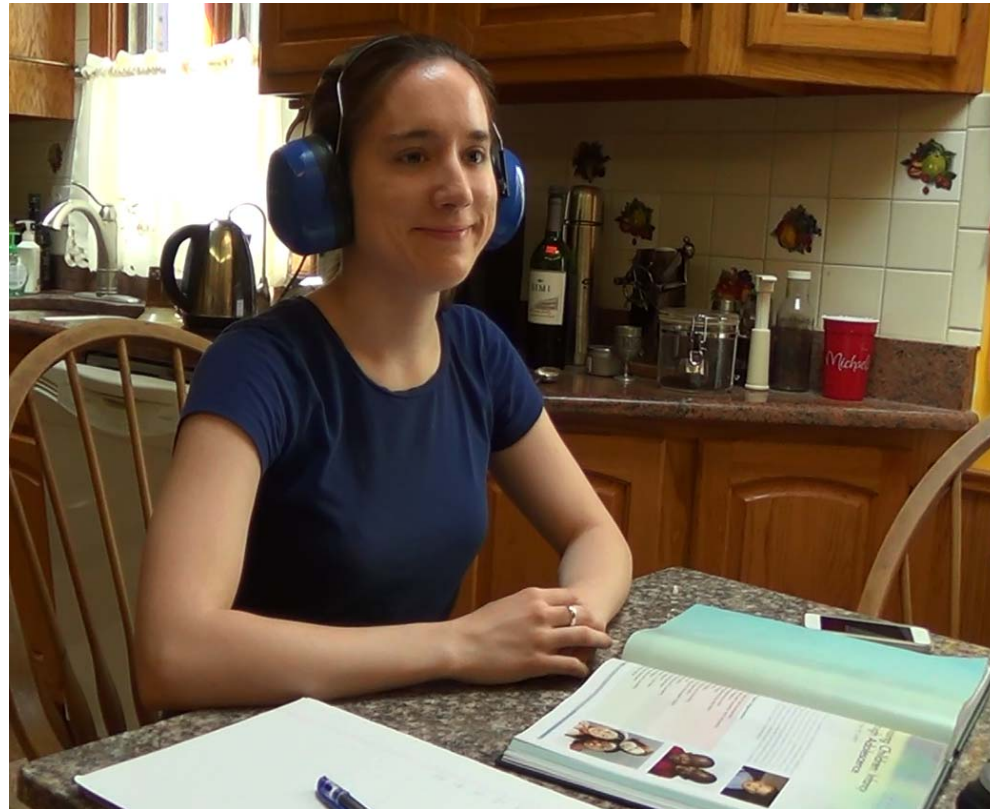


Image Credits

- Woman studying courtesy Roslyn Oakley.
- Insular cortex ©Kevin Mendez, 2014.
- Physicist Antony Garrett Lisi surfing, author Cjean42, http://en.wikipedia.org/wiki/File:Garrett_Lisi_surfing.jpg
- Pomodoro timer, Autore: Francesco Cirillo rilasciata a Erato nelle sottostanti licenze seguirã OTRS, http://en.wikipedia.org/wiki/File:Il_pomodoro.jpg
- Zombie illustrations ©Kevin Mendez, 2014.
- Clip art courtesy Microsoft Corporation

Relevant Readings

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