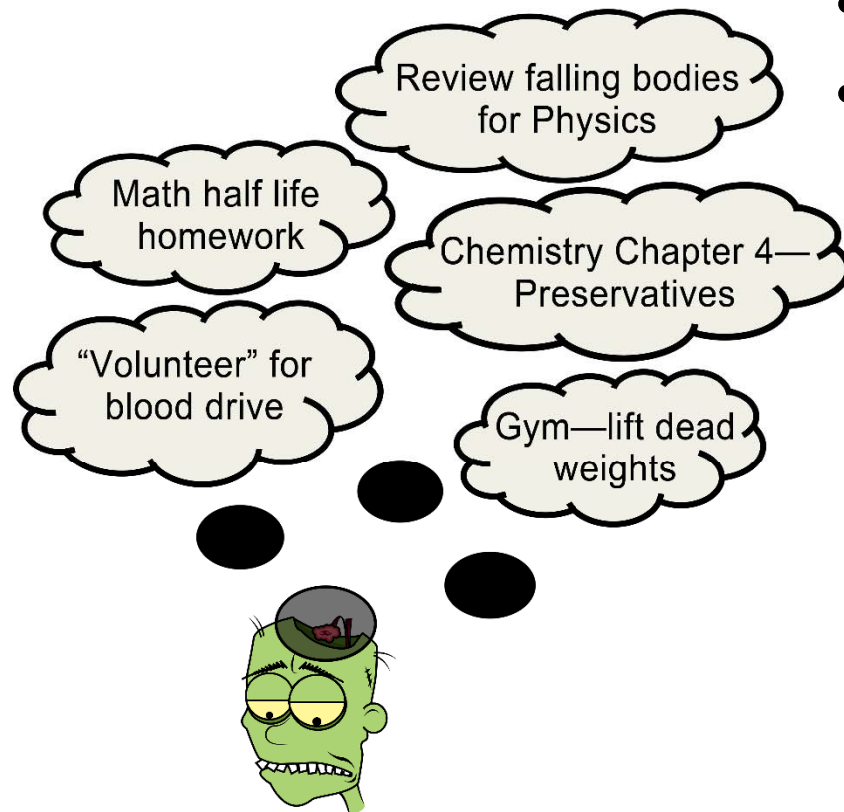


# **Juggling life and learning**

Barbara Oakley, PhD



A zombie without a list is listless

- **Weekly list of key tasks**
- **Daily “to do” list**



A happy zombie has a task list!

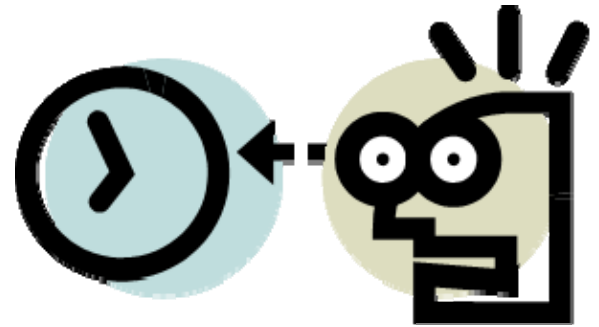
- Today
- PNAS paper
  - Go for a walk
  - Book (1 section)
  - ISE 150 - prepare demonstration
  - EGR 260 - prepare 1 question for final exam
  - Finalize upcoming talk

Focus, fun!

Goal finish time - 5:00 pm



**Plan your quitting time!**





## **The Law of Serendipity**

Lady Luck favors the one who tries.

### Image Credits

- Zombie task list ©Kevin Mendez, 2014.
- Online stopwatch, <http://www.online-stopwatch.com/>.
- Clip art courtesy Microsoft Corporation

### Relevant Readings

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