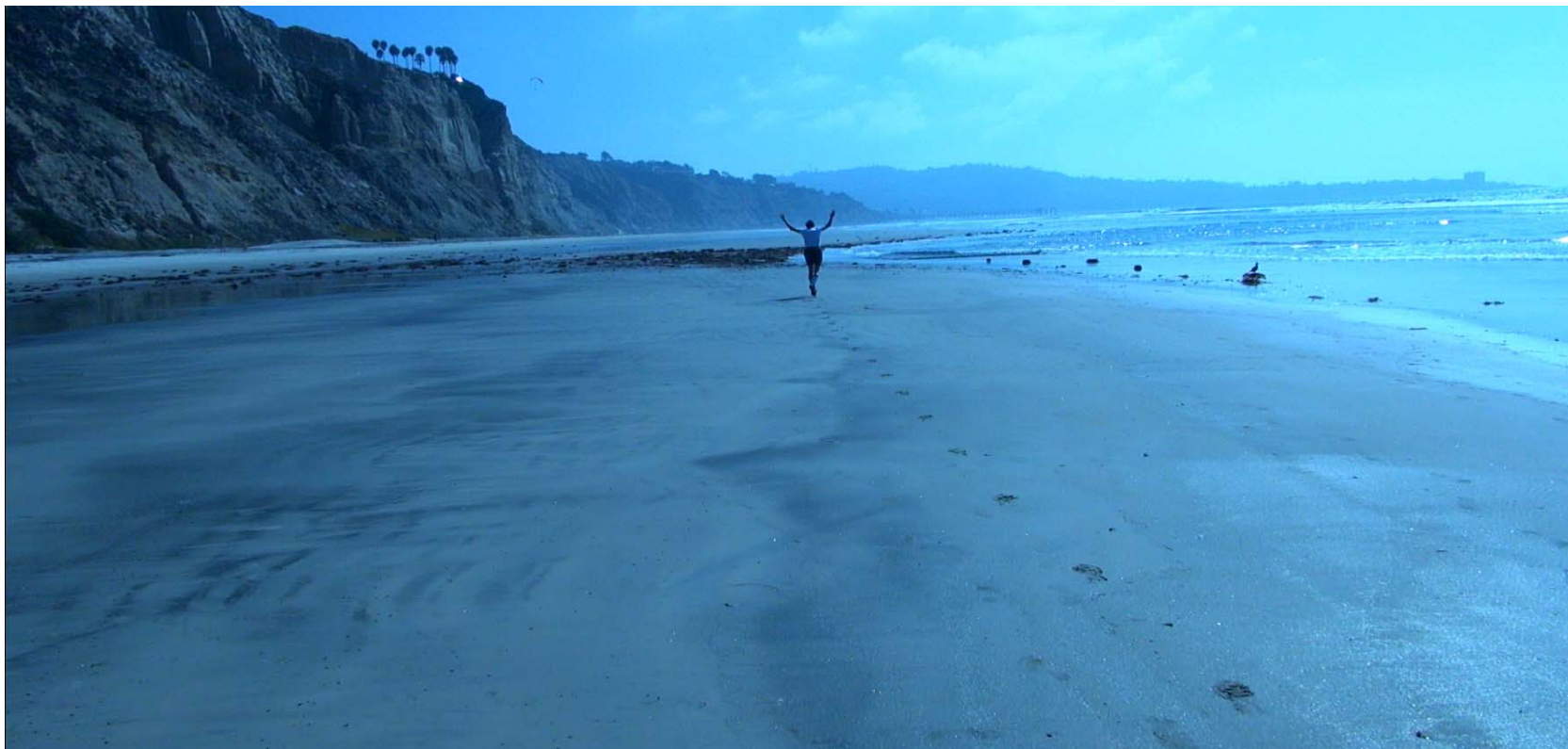
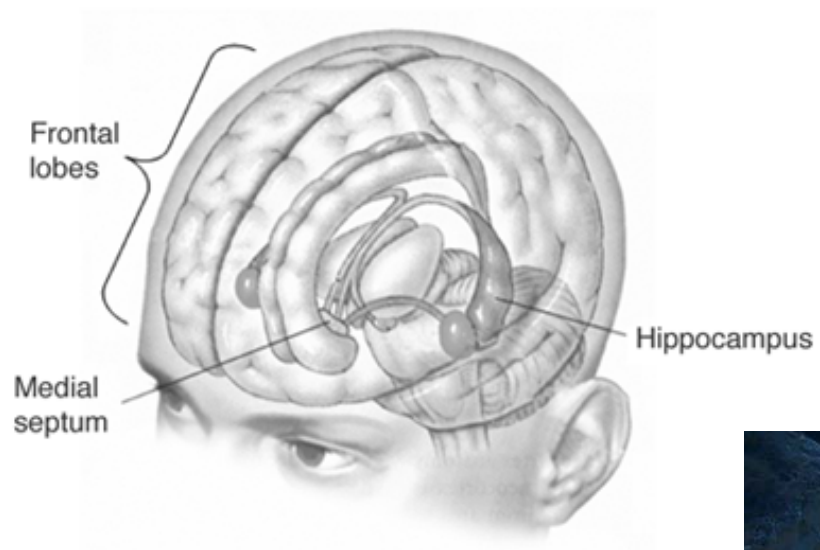


How to Become a Better Learner

Dr. Terrence Sejnowski



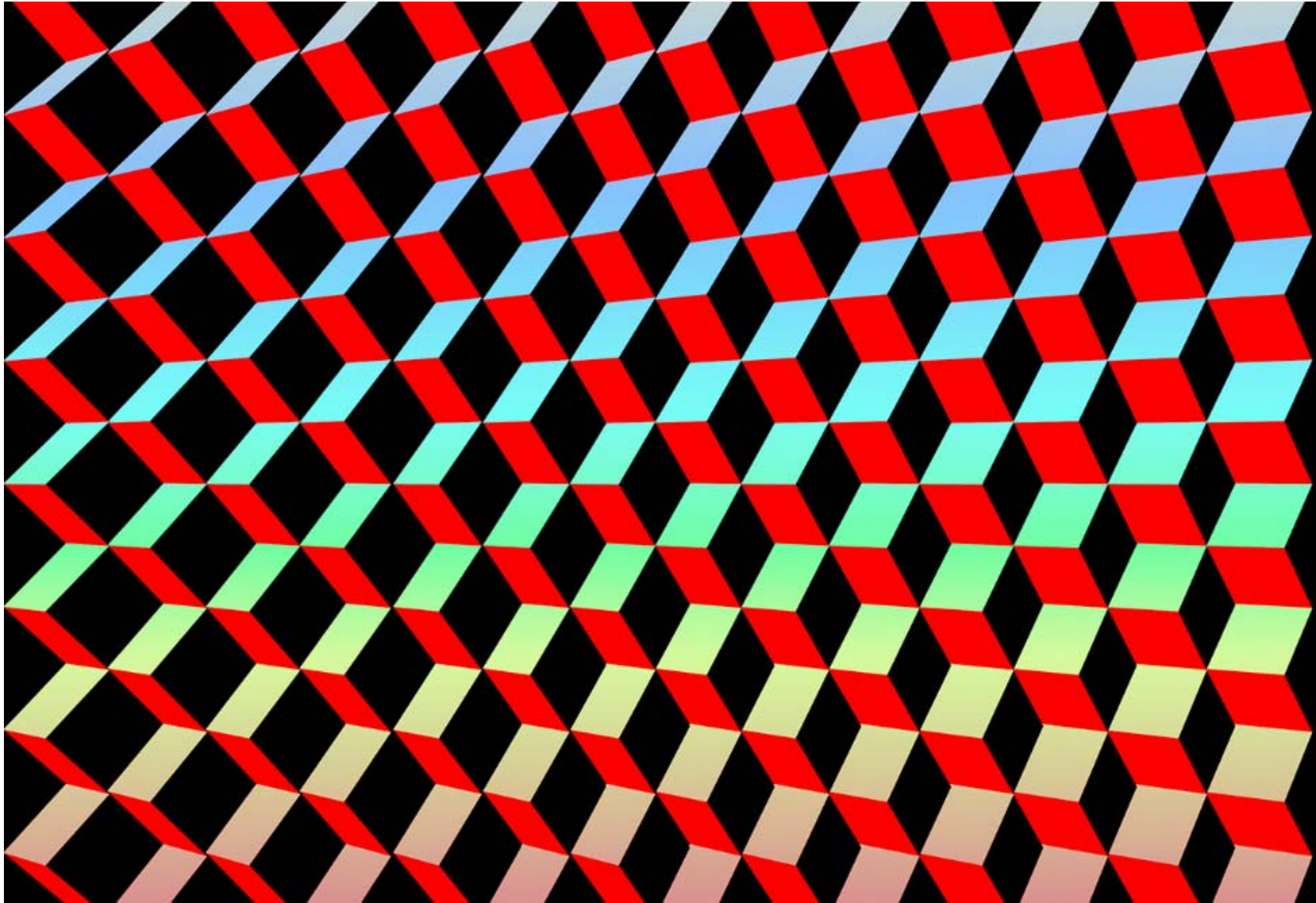
Exercise is the best gift you can give your brain!



But still *very* possible to learn a second language! 😊

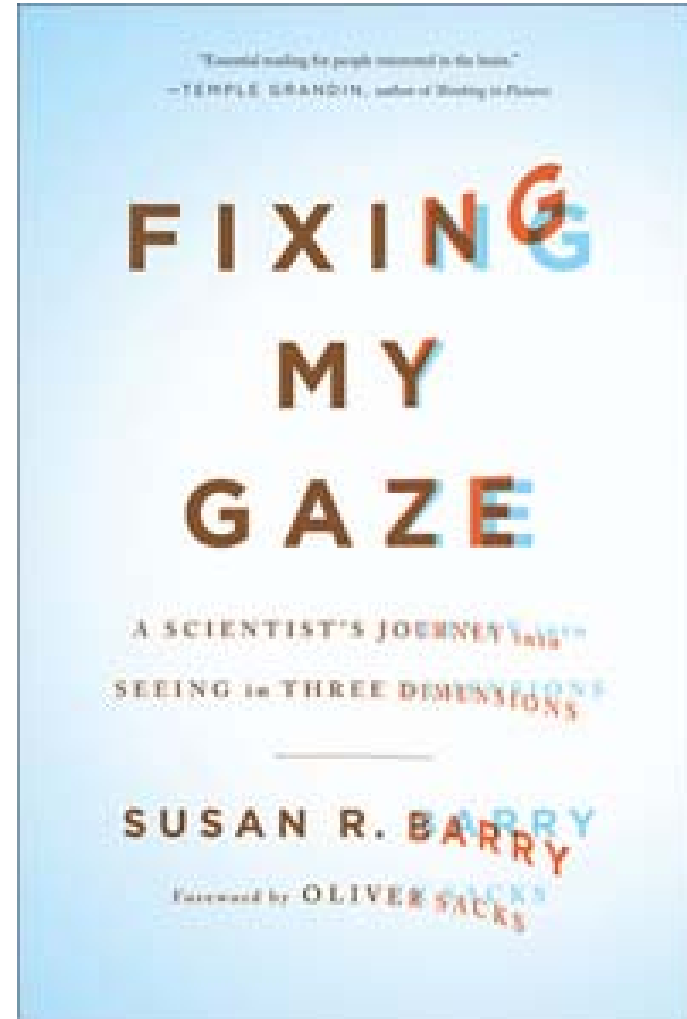


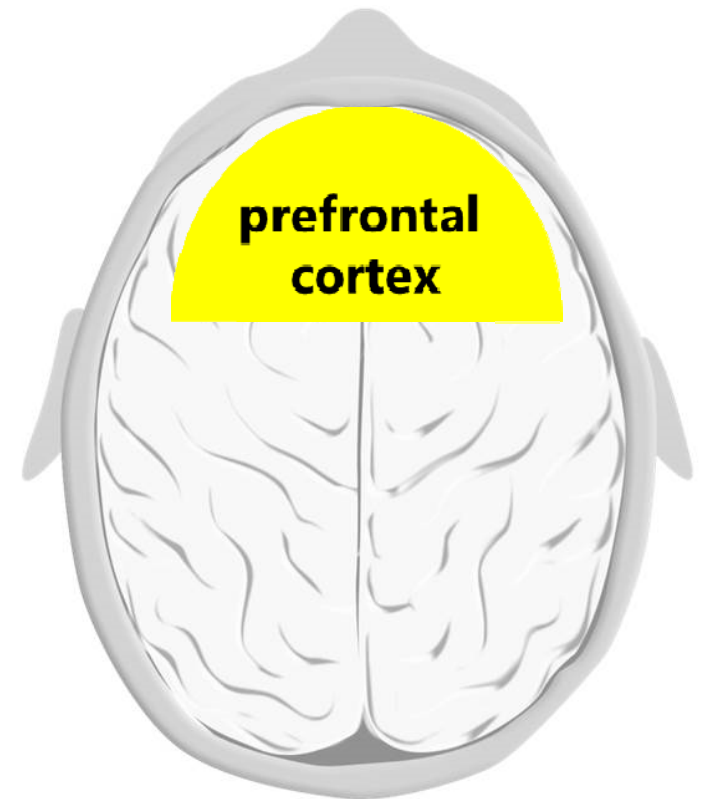
2014 Magic Eye, Inc.
www.magiceye.com





Sue Barry
Professor of Neurobiology
Mount Holyoke College





Relevant Readings

- Sue Barry, *Fixing My Gaze*, Basic Books, 2009.
- Magic Eye, Inc., *Magic Eye: A New Bag of Tricks*, Andrews McMeel Publishing, 1995.
- www.brainfacts.org

Image Credits

- Most of Molaison's two hippocampi were removed bilaterally, <http://pubs.niaaa.nih.gov/publications/arh27-2/IMAGES/Page191.gif>; http://en.wikipedia.org/wiki/Henry_Molaison#mediaviewer/File:Hippolobes.gif
- Sue Barry, photo by Rosalie Winard.
- Stereo staircase image courtesy Magic Eye, Inc. from the cover of *Magic Eye: A New Bag of Tricks*.
- The neurogenesis image courtesy Jamie Simon, Clair Clelland, and Fred H. Gage, Laboratory of Genetics, the Salk Institute for Biological Studies, https://salk.edu/print.php?id=press_details&press_id=367
- Zombie © Kevin Mendez, 2014.
- Prefrontal cortex, © Kevin Mendez, 2014.