CYBER SECURITY INTERNSHIP

Ministry of MSME, Govt. of India

Task 2

Operating System Security Fundamentals (Linux & Windows)

JASHMI KS

Operating System Security

Operating system security focuses on protecting system resources such as files, processes, memory, and network access from unauthorized use or attacks. Both Linux and Windows provide built-in security mechanisms to enforce access control, protect data, and maintain system integrity.

An operating system acts as an intermediary between the computer hardware and the user. In short, it is an interface between computer hardware and the user.

- The purpose of an operating system is to provide an environment in which a user can execute programs conveniently and efficiently.
- The operating system (OS) is a program that runs at all times on a computer. All other programs, including application programs, run on top of the operating system.
- It assigns resources such as memory, processors, and input/output devices to processes that need them. The assignment of resources has to be fair and secure.

Goals of Operating System

Primary Goals

The primary goals of an operating system (OS) are to provide an easy to use and convenient environment for executing user programs.

- **User Convenience:** It should be easy to use, providing a user-friendly interface and making it simple to interact with the system.
- **Program Execution**: It facilitates the execution of user programs, providing the necessary environment and services for them to run**.**
- **Resource Management**: The OS manages and allocates the computer's resources, including the CPU, memory, disk storage and input/output devices, to ensure fair utilization.
- **Security**: The OS protects the system and user data from unauthorized access, ensuring confidentiality, integrity and availability of information.

Secondary Goals

- **Efficient Resource Utilization**: It should aim to maximize the performance and utilization of computer resources like CPU, Memory and I/O devices, ensuring that the system runs smoothly and efficiently.
- **Reliability**: It should be robust and reliable, able to handle errors and exceptions gracefully, ensuring that the system continues to operate smoothly. It should be modular in design and easy to debug.

Components of an Operating System

There are two basic components of an Operating System.

- **Shell** is the outermost layer of the Operating System and handles user interaction. It interprets input for the OS and handles the output from the OS.
- **Kernel** is the core component of the operating system. The kernel is the primary interface between the Operating system and Hardware.

Virtualization

Virtualization is a technology that allows multiple operating systems to run on a single physical machine by creating virtual environments. Each virtual environment, called a Virtual Machine (VM), operates independently with its own operating system, resources, and security controls. Virtualization is widely used in cybersecurity for safe testing and learning.

VirtualBox

VirtualBox is an open-source virtualization software developed by Oracle. It allows users to create and run virtual machines on a host operating system such as Windows or Linux. VirtualBox provides hardware-level virtualization, enabling multiple operating systems to run simultaneously without affecting the host system.

Importance in Security

- Provides isolation from the host system
- Enables safe security testing and experimentation
- Prevents damage to the primary operating system
- Commonly used in penetration testing and system hardening lab

Ubuntu Linux as a Virtual Machine

Ubuntu is a widely used Linux distribution known for its stability and strong security features. When installed as a virtual machine, Ubuntu operates in an isolated environment, making it ideal for learning operating system security concepts such as user management, file permissions, firewalls, and service control.

Security Features of Ubuntu

- Strong permission-based access control
- Root and standard user separation
- Built-in firewall (UFW)
- Regular security updates
- Extensive logging and monitoring support

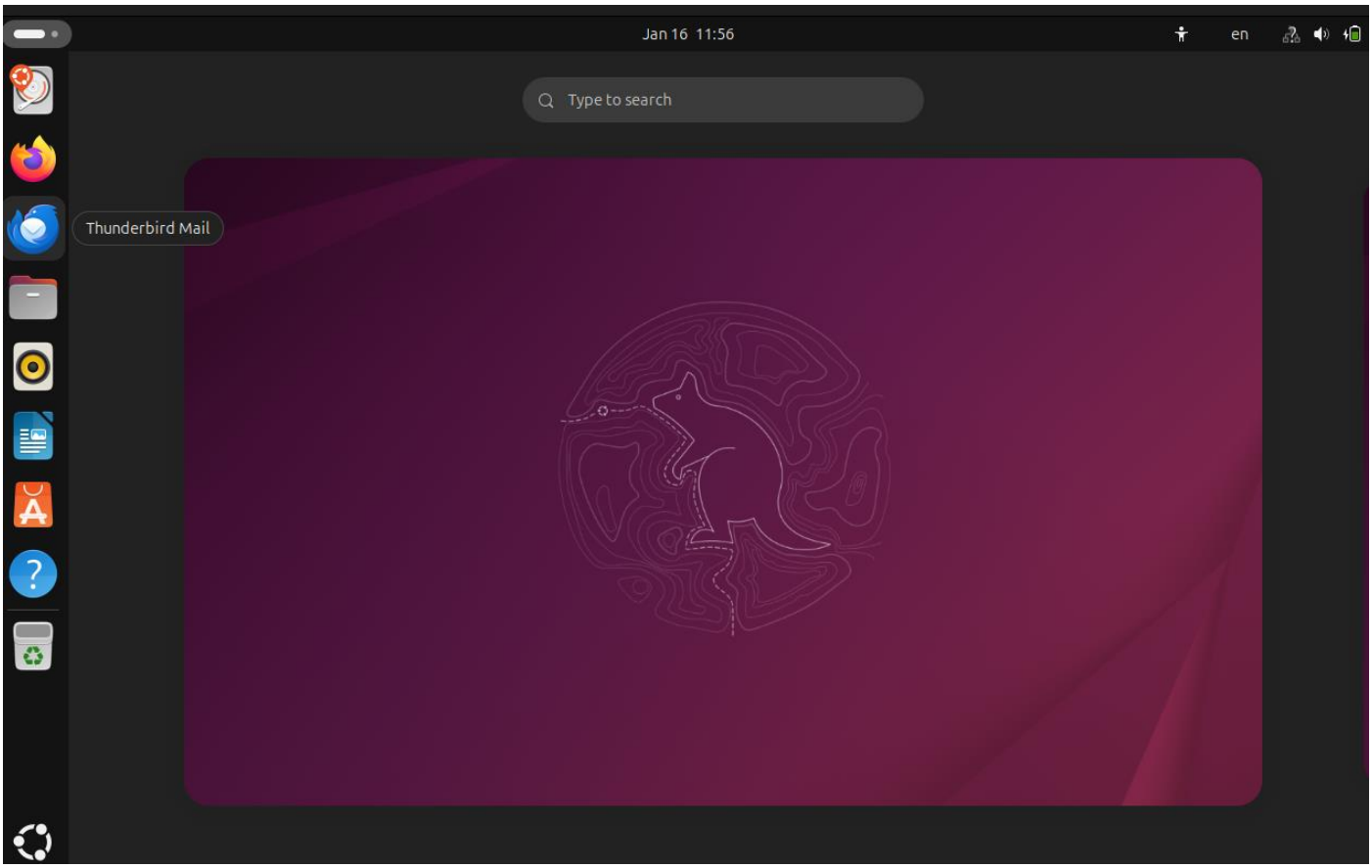
Windows Defender

Windows Defender is the built-in security solution provided by Microsoft for Windows operating systems. It offers real-time protection against malware, viruses, ransomware, and other threats. Windows Defender integrates antivirus, firewall, and threat monitoring features into a single security framework.

Role in Operating System Security

- Provides real-time malware protection
- Monitors system behaviour for threats
- Includes Windows Firewall for network protection
- Helps maintain system integrity and availability

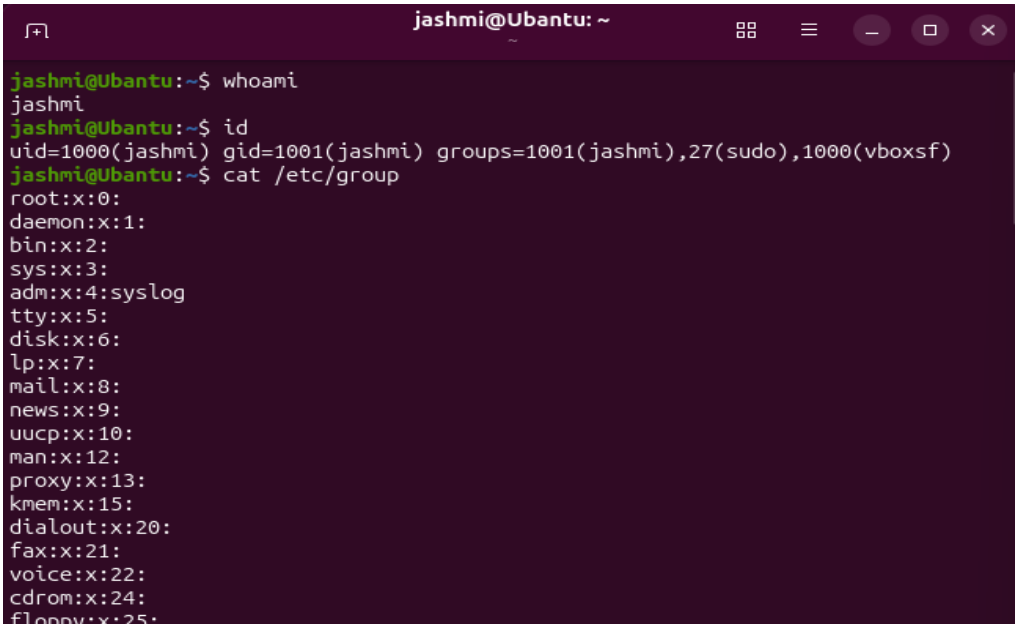
A virtual machine (VM) allows an operating system like Ubuntu Linux to run in isolation from the host system using software like **VirtualBox**.



Understanding Users & Access Control

Linux uses **Discretionary Access Control (DAC)** where access is controlled by users and groups. Each file, process, and resource is owned by a user and associated with a group.

- Identify current logged-in user: whoamiid
- Display user ID and group ID: id
- View all system users: cat /etc/passwd



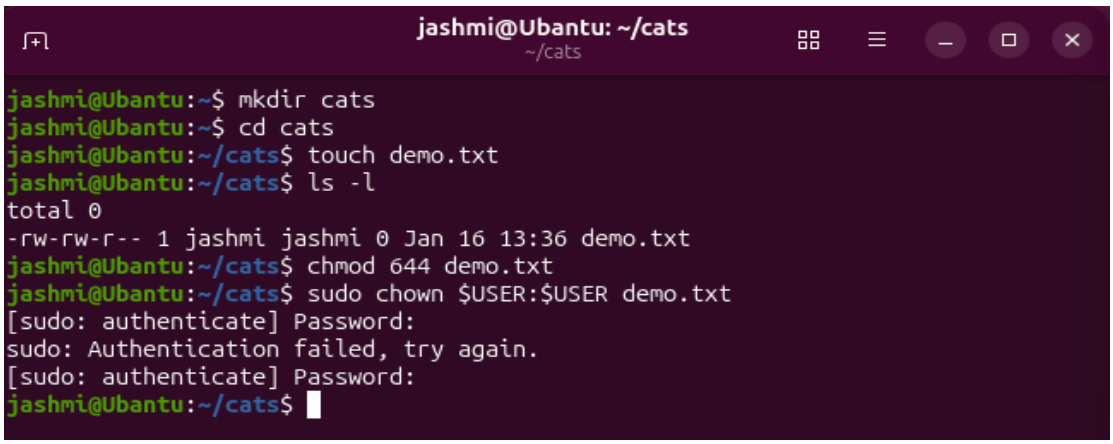
File & Folder Creation and Permission Management

Files and directories must exist before permissions can be applied. Linux permissions control **who can access what and how**, reducing unauthorized access.

Permission format:

-rwxr-xr-x → Owner | Group | Others

- **Create a working directory:** mkdir cats
- **Navigate into it:** cd cats
- **Create a file:** touch demo.txt
- **View permissions:** ls -l
- **Modify permissions:** chmod 644 demo.txt
- **Change ownership:** sudo chown $USER:$USER demo.txt



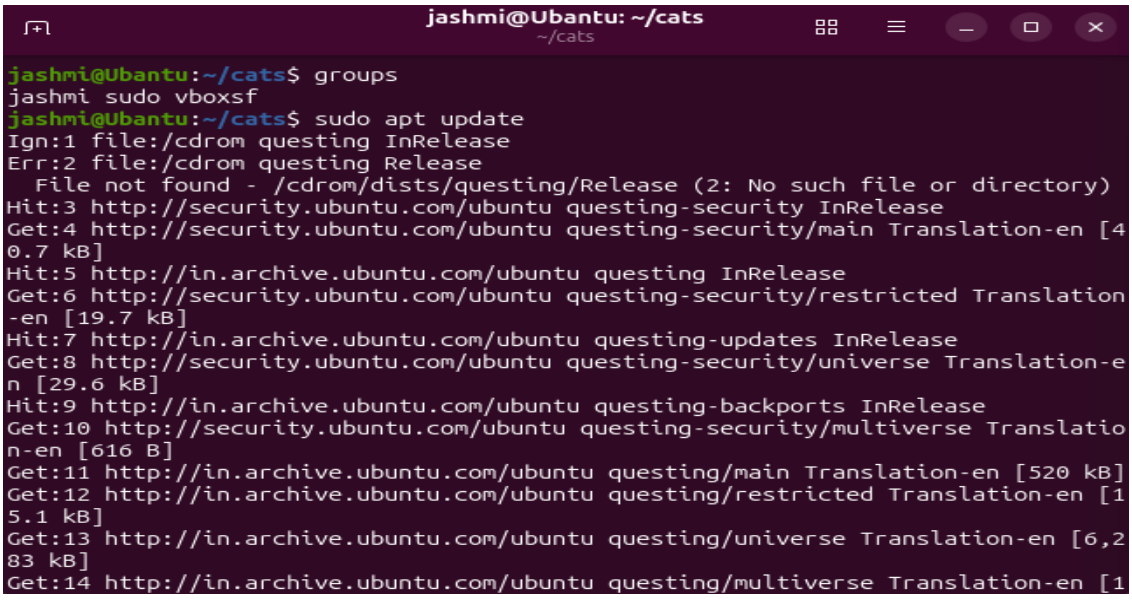
Administrator (Root) vs Standard User Privileges

Root user: Unrestricted access to the entire system

Standard user: Restricted access to protect system integrity

Linux uses the **sudo** mechanism to temporarily elevate privileges.

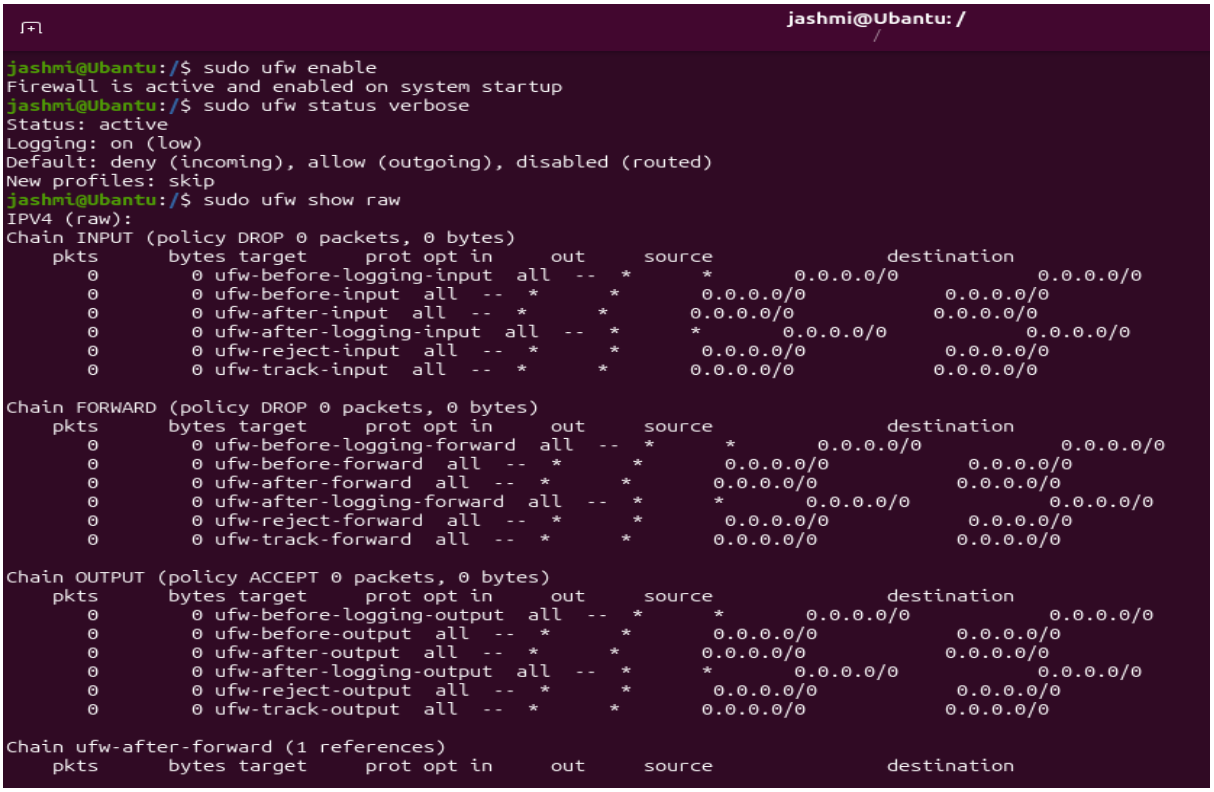
- **Check group membership:** groups
- **Execute an administrative command:** sudo apt update



Firewall Configuration (UFW)

A firewall filters network traffic based on predefined rules, preventing unauthorized access and reducing network-based attacks.

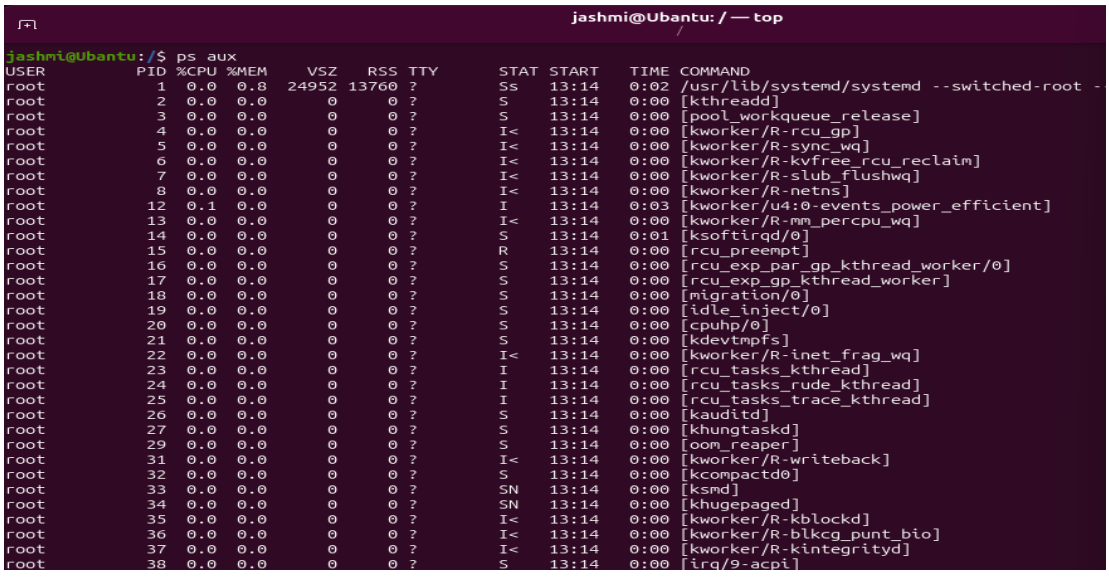
- **Enable UFW**: sudo ufw enable
- **Check firewall status:** sudo ufw status verbose
- **List default policies:** sudo ufw show raw

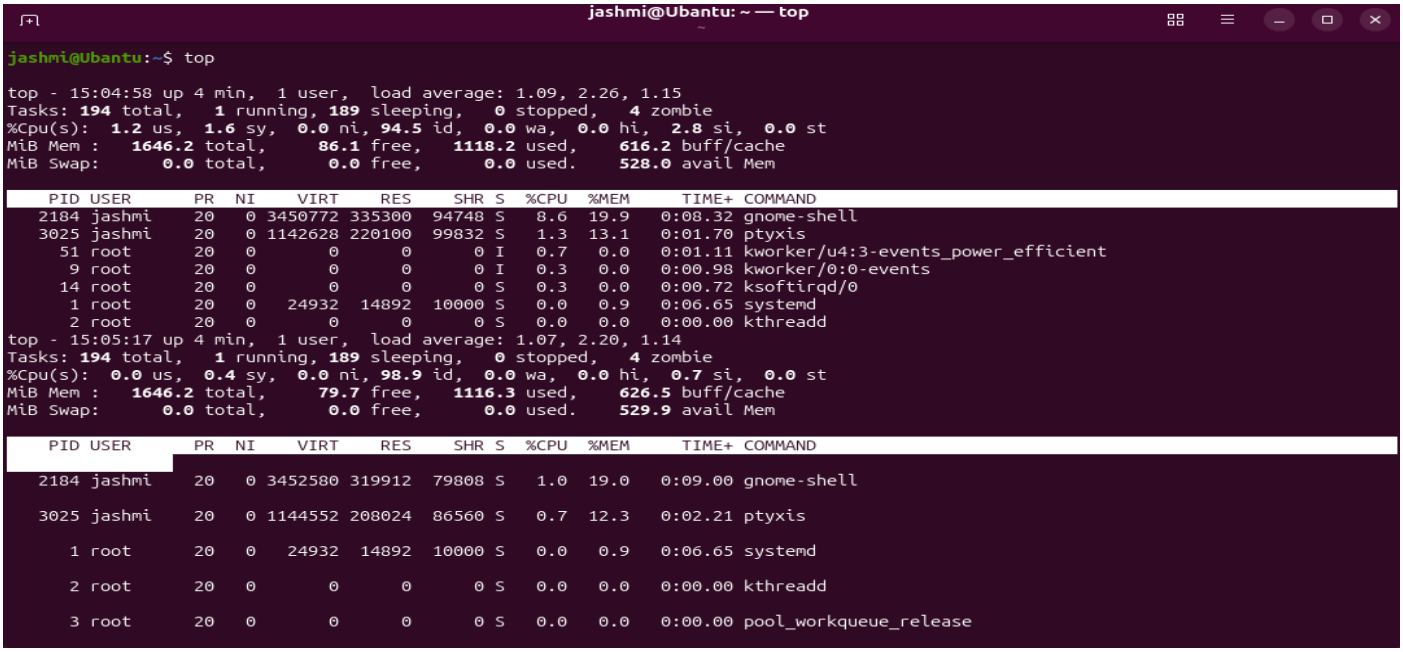


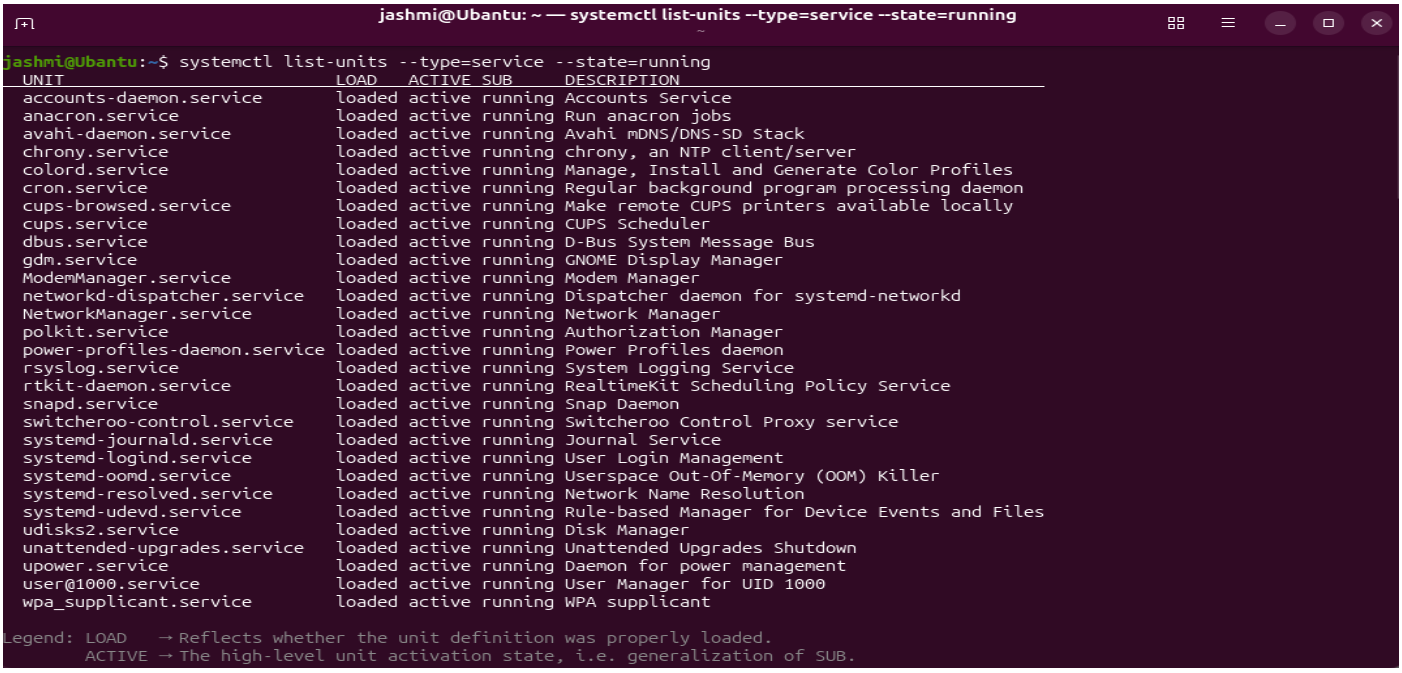
Process and Service Monitoring

Processes are running programs, while services are background processes started by the system. Monitoring them helps detect suspicious or unnecessary activity.

- **Display all running processes**: ps aux
- **Real-time monitoring:** top
- **View active services:** systemctl list-units --type=service --state=running







Managing and Disabling Unnecessary Services

Unused services expose additional attack surfaces. Temporarily stopping them improves security without permanent system changes.

- **Check service status:** systemctl status bluetooth
- **Stop service (non-permanent):** sudo systemctl stop bluetooth
- **Verify status:** systemctl is-active bluetooth

OS Hardening Best Practices

OS hardening is the process of securing an operating system by reducing vulnerabilities, limiting access, and minimizing the attack surface. It ensures that only authorized users and services can access system resources, thereby improving overall system security.

1. Regular System Updates

Keeps the system protected from known vulnerabilities and security flaws.

sudo apt update && sudo apt upgrade

2. Strong User Authentication

Using strong passwords and avoiding password reuse prevents unauthorized access.

- Enforce complex passwords
- Lock unused user accounts

3. Principle of Least Privilege

Users and applications should have only the minimum permissions required to perform their tasks.

- Use sudo instead of logging in as root
- Assign limited permissions to users

4. Firewall Configuration

Enabling a firewall blocks unauthorized network traffic.

sudo ufw enable
sudo ufw status

5. Disable Unnecessary Services

Unused services increase attack surface and should be stopped or disabled.

systemctl list-units --type=service
sudo systemctl stop bluetooth

6. File and Directory Permission Management

Proper permissions prevent unauthorized access to sensitive files.

ls -l
chmod 644 filename

7. Monitoring Processes and Logs

Regular monitoring helps detect suspicious activities early.

ps aux
top

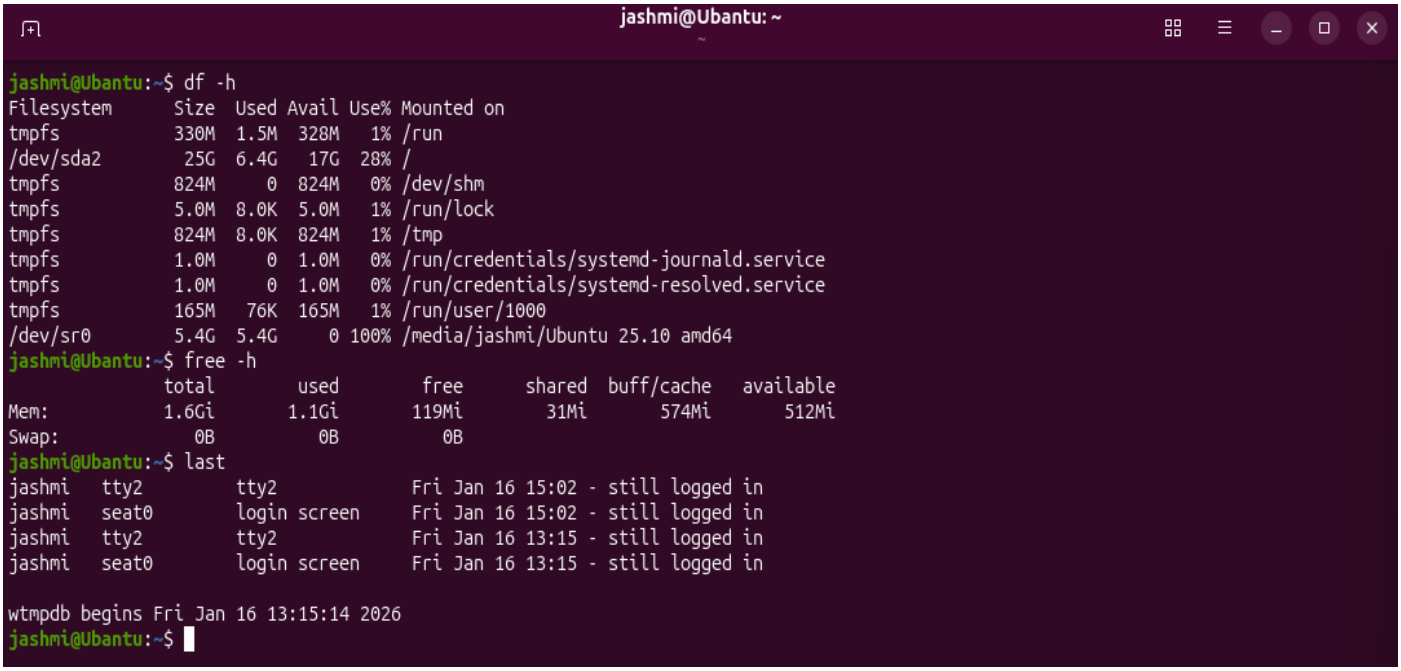
8. Avoid Direct Root Login

Direct root access increases risk. Administrative tasks should be done using sudo.

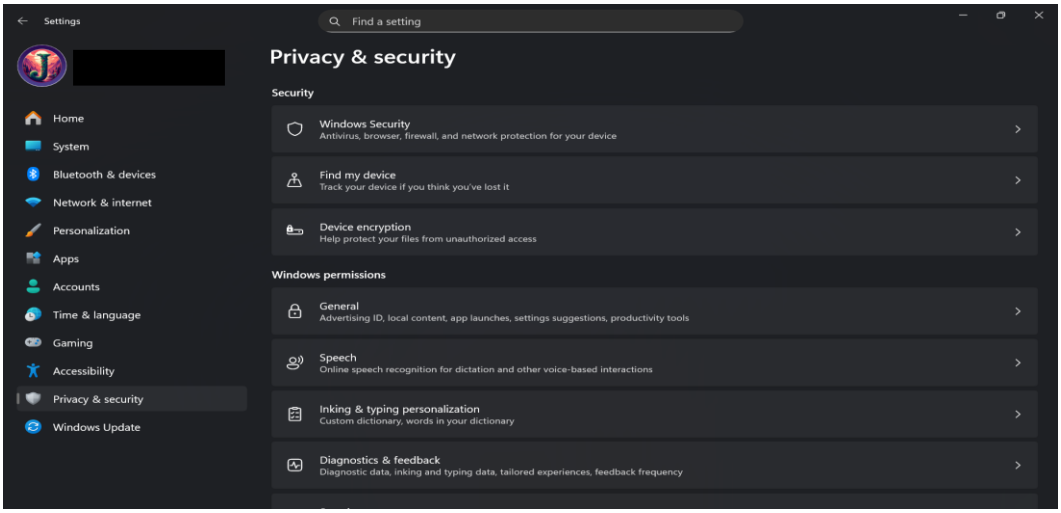
Additional Security Observations

Basic checks further strengthen OS security awareness.

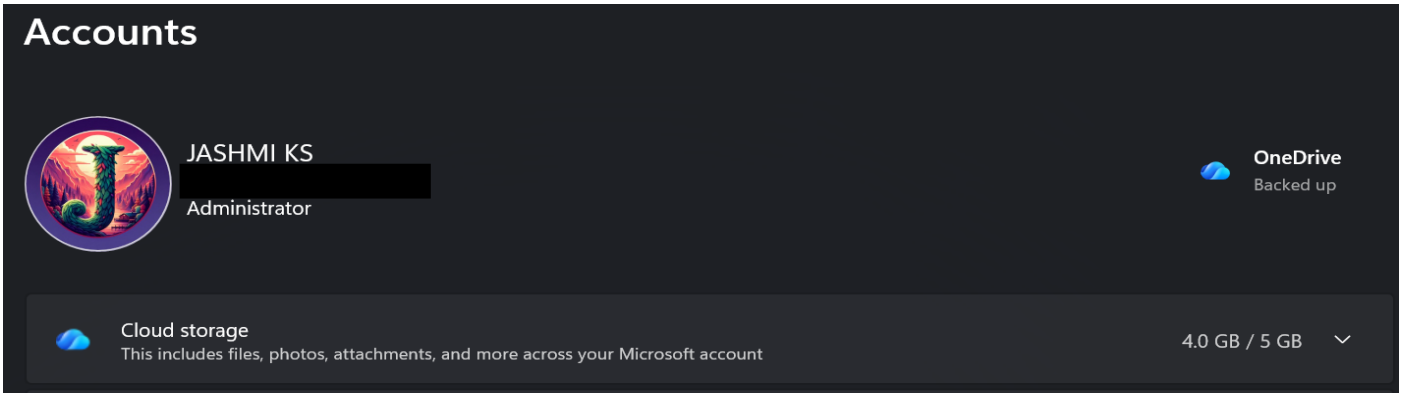
- Check disk usage: df -h
- Check memory usage: free -h
- Check login history: last

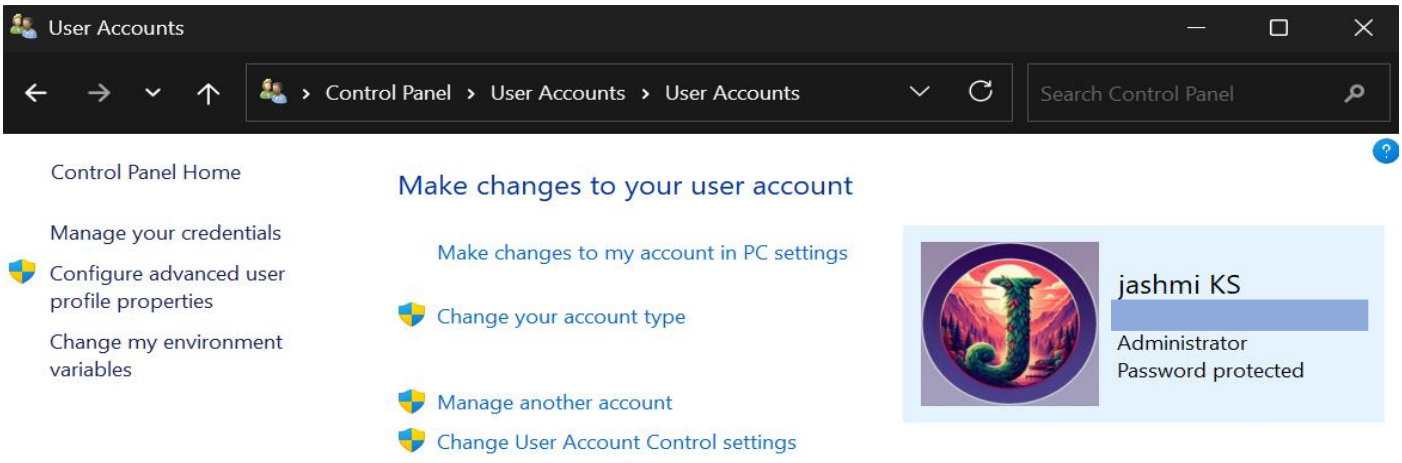


Using Windows Security Settings



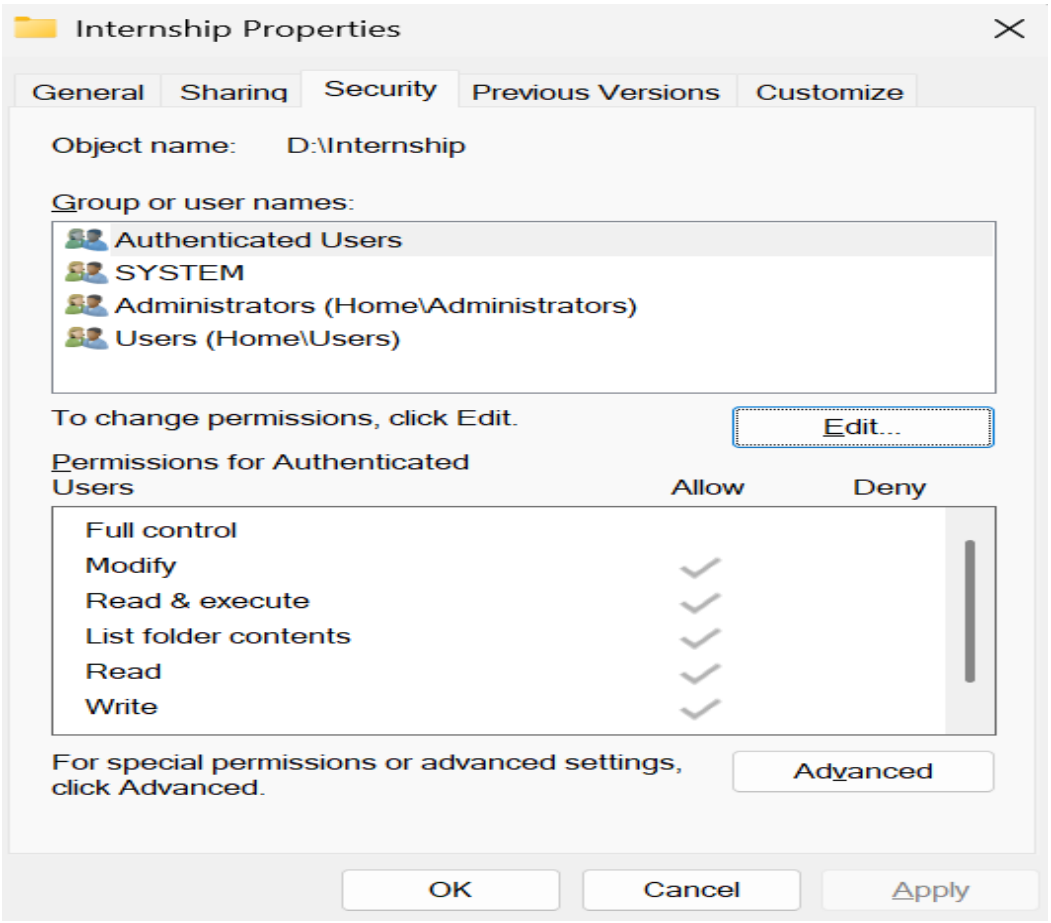
User Accounts & Access Control





File & Folder Permissions

Windows uses **NTFS permissions** instead of chmod.

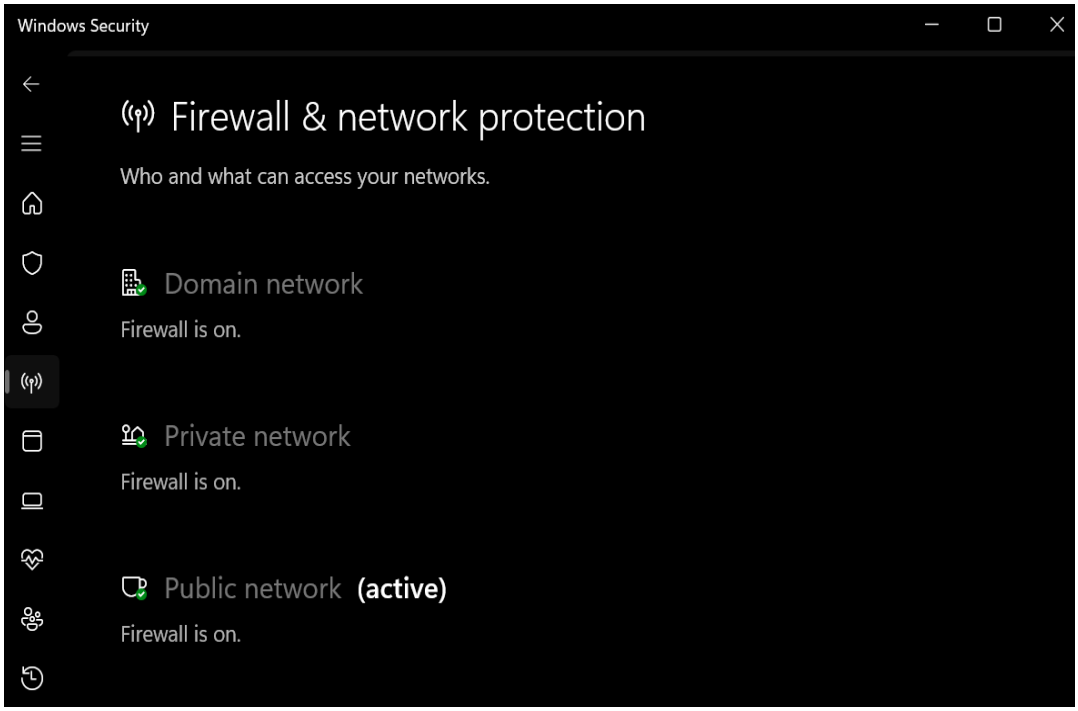


Administrator vs Standard User

- **Administrator:** Full system control
- **Standard User:** Limited access for safety

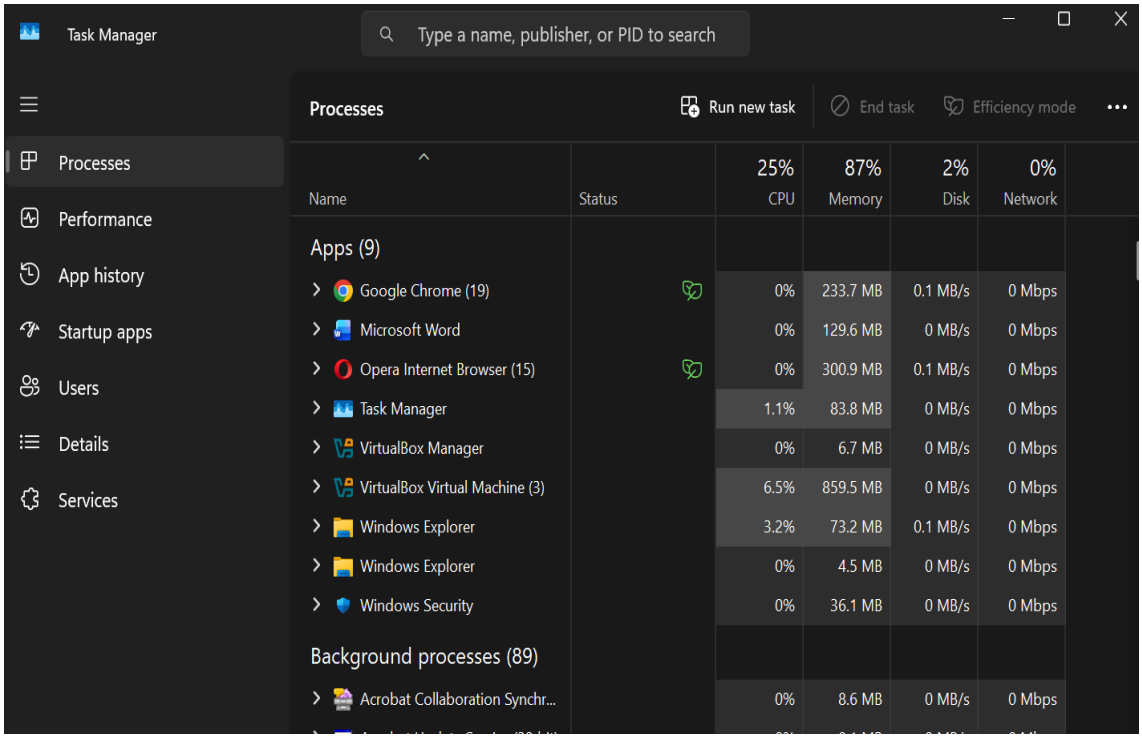
Enabling Windows Firewall

Firewall protects the system from unauthorized network access.



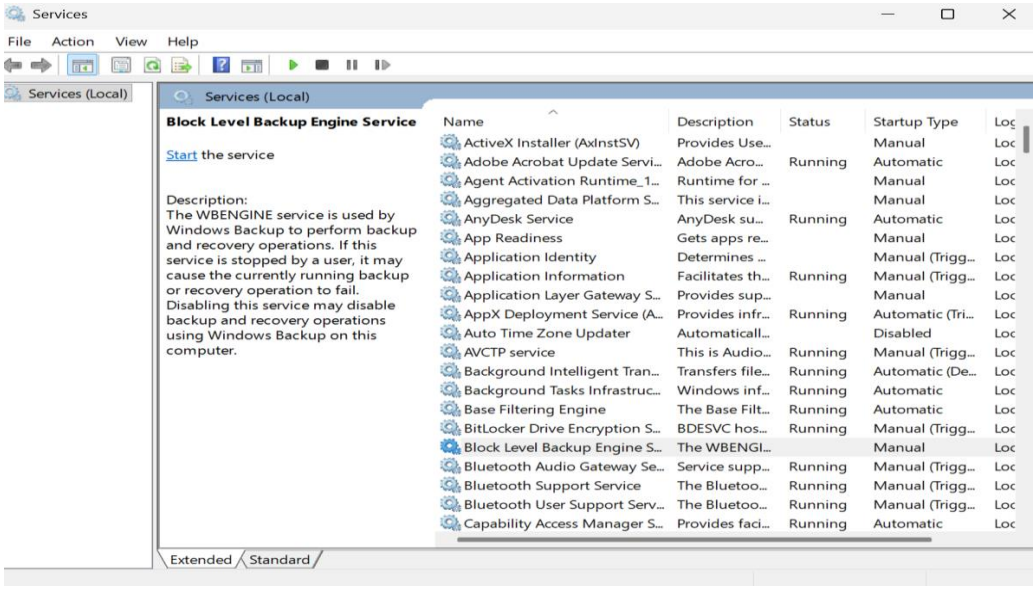
Identifying Running Processes & Services

Running processes show active programs and background services.



Disabling Unnecessary Services

Unused services increase attack surface.



OS Hardening Best Practices (Windows)

OS hardening improves system security.

Best Practices

- Keep Windows updated
- Enable firewall & antivirus
- Use strong passwords
- Disable unnecessary services
- Use standard user accounts

I learned basic OS security using **Ubuntu and Windows**, including users, permissions, and admin vs standard users. I also learned how firewalls, process monitoring, and OS hardening protect a system.