

Term Paper

In this term paper I will discuss about philosophical discussions on Bhagavadgita. I will assume a conversation between Ram and Shyam. Ram is abbreviated as R and Shyam is abbreviated as S.

Ram has idea about this Gita but Shyam is unaware of any such scripture.

R: Hello Shyam how are you?

S:I am fine Ram but now a days I lost my ability to focus and concentrate on things I do.

R:Then you should definitely read Bhavadgita.

S:What's this gita??

R: It's the gita of Bhagavan , conversation between Arjun and Krishna on various theological and philosophical issues.

S:What??? After earning two higher degrees of education you still believe in all such things.

R: I agree your argument that every belief should be empirical , experimental , repeatedly confirmable .

R: Ok, for the time being forget about theological aspects **we will discuss only about philosophical aspects discussed in gita.**

S: Seems interesting continue ,but my rational thinking questions you at every instant you can't convince me.

R:I will try my level best to explain every thing as scientifically as possible .But at some places there might be some ground truths which you should take as granted.

S: Ok so let's start my plethora of arrows on your philosophical discussions and you dodge them with your wisdom.

R:First I will explain the organisation of this 700 poem book .This is science of yoga, mind , manas etc...

R:The gita is divided into eighteen chapters. I will brief what each chapter discusses about and examine those philosophical discussions relevant to us.

- 1 . Vishada yoga: Arjuna' s fear for war.
- 2 . Sankhya yoga: very imp chap ... discusses about karma , Sankhya and Buddhi etc...
3. Karma yoga: about karma's one should perform.

4. Jnana Yoga:

Knowing Absolute truth through our actions and knowledge.

5.Vairagya Yoga:

Detachment in action leads to salvation.

6.Abhyasa Yoga:

Self realization by controlling mind

7,8,9,10,11,12 are concerned with surrounding our self to Lord Krishna with full devotion and also that Lord Krishna is supreme authority above all and is the cause of all.(hence we ignore it).

The final 6 chapters 13,14,15,16,17,18 discuss regarding the science of individual consciousness attaining communion with the ultimate consciousness through the intellect.

R: So we will restrict our self only to first six chapters of this ocean of wisdom given by gita.

R: Initially Arjuna in the battle field asks Lord Krishna what for he need to battle .Is it for the sake of earthly pleasures of kinsman at the cost of killing his brothers, gurus , relatives ??

S: Poor guy seems to be in confusion whether to fight his brothers for the sake of attaining king pleasures.

R: Here the mental state of Arjuna is what prevails in most of us when doing things. For example you are in some sort of similar state .

S: Me ??? I disagree.

R: I mean many of us reach such confusing states when doing certain things .

S: Ok , so next what happens??

R: Now consider two variables x and y . Doing uncertain things increases x i.e., $x++$ and certain things increases y hence so y becomes $y++$.

S: Why the variables are taken here??

R: For simplicity , so a proper understanding of mind definitely needs large values of y and lower values of x .

S: So wise men are those who are not illusioned by the unreal reality and who can see the ultimate reality in everything.

R: Oh seems interesting . Do you want me to remain impertubated at everything.

S: Yeah this has a trick inside it .One who can take on things with calm , quiet mind are more prone to success than one's who are hasty, hyper excited etc... .

R: Yeah more than 10,000 chemical reactions go in our brain every second. The brain also makes Dopamine, which makes people more talkative and excitable . More release of it effects emotional response , pleasure etc... .

S:So you mean people who stay calm and unexcited are more peaceful and happier.

R: Not all I can say , but all except those who have psychological problems.

S: Good explanation Indeed!!!

R:So make up your mind to be happy and You will be happy.!!!

S:Because hormones related to happy mood will be released when I try to be Happy.

R:Ha yes!!!

R: Moving back to our discussion Krishna comments on state of Arjuna that Learned ones never lament

for dead or living. Material things did not exist yesterday not they exist in future.

S: So ??

R: The rate of blood cell formation varies depending on the individual, but a typical production might average 200 billion red cells per day, 10 billion white cells per day, and 400 billion platelets per day.

S: Do we mourn at bad cell removal from body and excited about cell production in our body.

R: Change is inevitable in this world and One has to go with changing world and changing things from every micro second to decades , centuries etc....

S: Oh good one again!!!

R: Sensory objects give us heat , happiness , pain etc... .Try to tolerate them .

S: Do you want me to become a sadhu now??

R: Well definitely not . What I meant is attaining inner or self consciousness by reducing sensual pleasures. Noblest of men are not disturbed by these and attain self consciousness .

R: Pakriti , Purusha and Time are eternal and have no destruction . We infact are unreal things and our aim is to understand this ultimate truth. The material body is perishable and embodied soul is eternal.

S:What is this body and soul .Are they different ? Do they exist independently. I don't believe such things.

R: Even I don't know if they exist . But interpret it this way . Even after U die , your thoughts , actions contribute to reality and become cause effect of future actions . These actions , thoughts never perish and indestructible . I mean for example the deeds of a noble king remain as a history for ever and will be remain an example in the future .

S: So What should I learn from this?

R: It depends on you how you want to remain in history . I mean will you be remembered for good deeds or bad deeds.

S: So the more longer you are remembered the better your deeds are?

R:Yes dude!!! .

R:Krishna says that spiritual intelligence is resolved and exclusive , intellect on material things is not absolute.

S: What is spiritual and material intelligence??

R: Again I will explain these things without talking about spiritualism etc....

R: The scientific approach , whether reductionism or emergentism , may provide explanations in some contexts , but runs the risk of ignoring important elements that shape humanity in grand arena of significant everyday experiences.

S: What is this emergentism and reductionism?

R: A property of system is said to be emergent if it is more than mere sum of its parts whereas reductionism believes that complex system is nothing but sum of parts and an account of it can be reduced to account of individual constituents.

S: What has this to do with our discussion?

R: What I mean is mere explanation of mind in terms of these neurons , molecular terms does not account for complete understanding of mind. Consider objectivity , perceivability etc... for fully understanding mind.

S: So you mean there is something just more than these scientific theories to fully understand inner self.

R: You got my point!!!

S: Oh this book is indeed a indispensable source of knowledge .

R: Yeah as confirmed by some of great philosophers like Albert Einstein , Albert Schweizer , Alduos Huxley , Henry David Thoreau , Ralph Waldo Emerson , Swami Vivekananda etc....