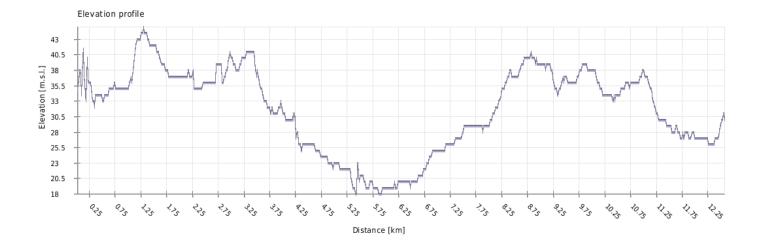
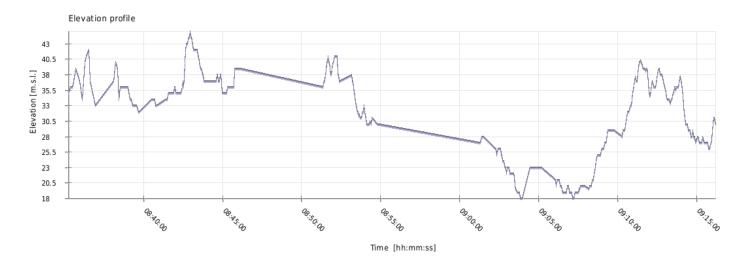
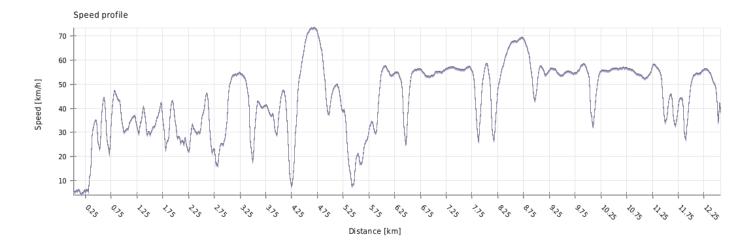
#### **Elevation**

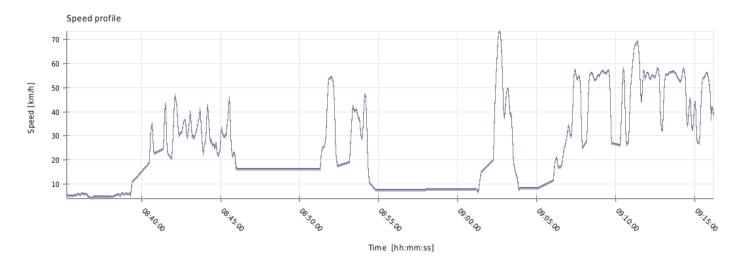




Minimum elevation:	15 m.s.l.
Maximum elevation:	45 m.s.l.
Average elevation:	31.7 m.s.l.
Maximum difference:	30 m
Total climbing:	139 m
Total descent:	124 m
Start elevation:	15.3 m.s.l.
End elevation:	30 m.s.l.
Final balance:	14.7 m

### Speed





Minimum speed:	4.1 km/h
Maximum speed:	73.2 km/h
Average climbing speed :	25 km/h
Average descent speed :	22.5 km/h
Average flat speed:	38.7 km/h
Average speed:	34 km/h

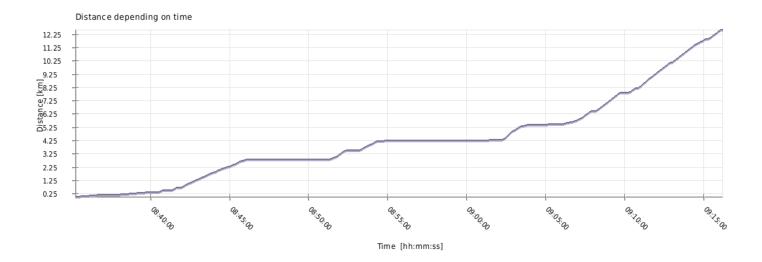
# 1 Sep. 2019 6:34:55 pm

#### Time

Date of track:	1.9.2019
Start time:	08:34:58
End time:	09:16:11
Total track time:	41m 13s
Climbing time:	07m 13s
Descent time:	18m 02s
Flat time:	15m 58s

## 1 Sep. 2019 6:34:55 pm

#### **Distance**



Total flat distance:	12.5 km
Total real distance:	12.6 km
Climbing distance:	1.5 km
Descent distance:	1.4 km
Flat distance:	9.7 km