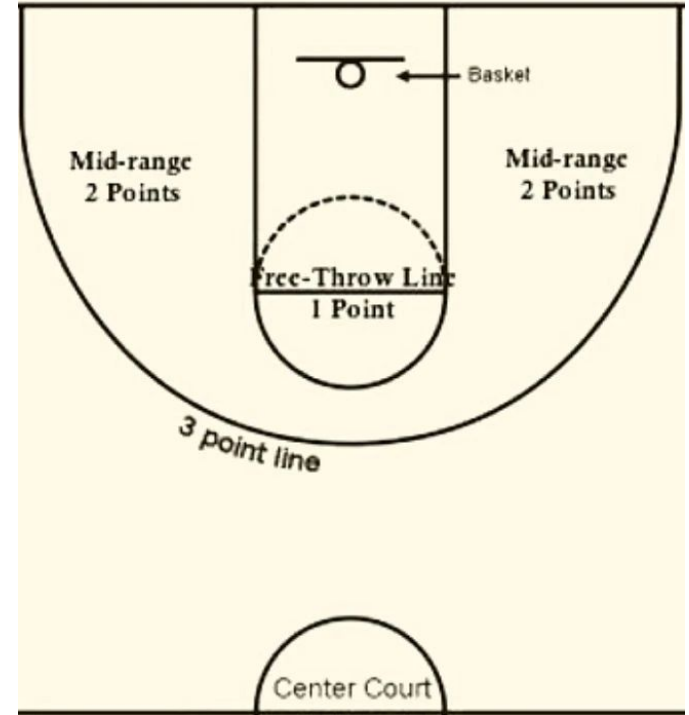


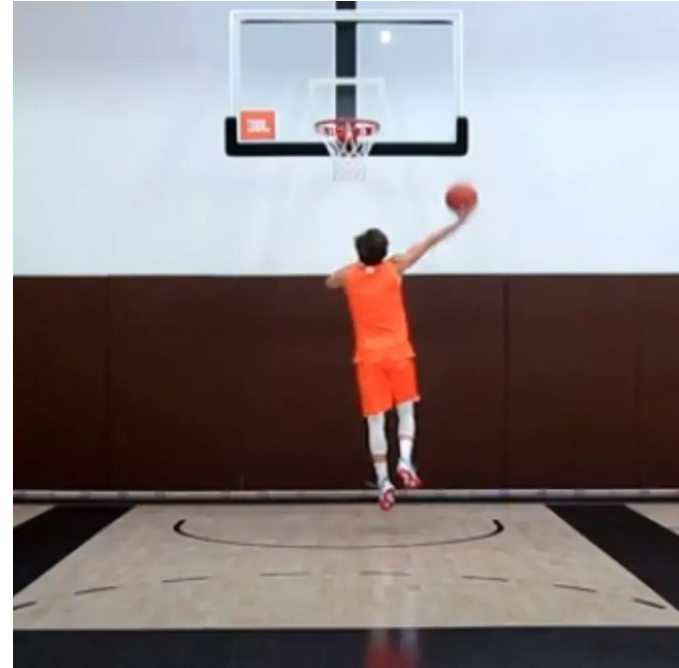
Scoring in Basketball

You can shoot from either mid range, the paint, or behind the 3 point line. If you get fouled while on Offense, you get to shoot two free throws. If you're shooting the ball and get fouled while shooting behind three three point line then you get to shoot three free throws.



Drills

There are various drills like the Mikan drill that help you with close range shots. Overall it's important to do drills that help you with dribbling and shooting. Some other drills that I do are cone dribbling and one handed shooting.



The NBA

The NBA is divided into two divisions the east and the west. The East and the West are then divided into sub-divisions such as the Atlantic, Central, etc. These teams are organized by their location. The NBA season concludes with the playoffs with the final series being the “Finals.”

