LIST INDEXING

List Basics

List Operations

Modifying Lists

List Functions & Methods

Nested Lists

Copying Lists

Tuples

Ranges

Elements in a list can be accessed via their **index**, or position within the list

- Remember that Python is 0-indexed, so the first element has an index of 0, not 1

```
item_list = ['Snowboard', 'Boots', 'Helmet', 'Goggles', 'Bindings']

item_list[0]
```
An index of 0 grabs the first list element

```
'Snowboard'
```

```
item_list[3]
```
An index of 3 grabs the fourth list element

```
'Goggles'
```