

AUTHORIZATION & RELEVANCY	ASSURANCE CONSTRUCTION & SERVICES		HAZARD ASSESSMENT & ANALYSIS WORKSHEET		R-15 FORMAL HAA	
	JOB/TASK		LIFTING & CARRYING			
	ANALYSIS BY HARLEY WINBORN		SENIOR ADMINISTRATOR JASON DE BOER			
	SIGN					
	DATE	SEPTEMBER 18 2014				
	ORIGINAL ASSESSMENT DATE MAY 24, 2013		REASON FOR THIS REVISION (ANN. REVIEW, CHANGE IN PROCEDURE, CHANGE OR NEW EQUIP., OR INCIDENT) ANNUAL REVIEW			

WHAT YOU NEED	TOOLS/EQUIPMENT USED	MATERIALS REQUIRED	PPE REQUIRED

HAZARDOUS STEPS & TASKS	STEPS /TASKS		POTENTIAL HAZARDS	WHAT COULD HAPPEN	HEALTH HAZ.	SAFETY HAZ.	PROP/ EQUIP DAMAGE/LOSS	HAZARD CONTROLS	WHAT PROTECTS YOU	ENG. CONTROL	ADMIN. CONTROL	P.P. EQUIP.	
	B	BASIC LIFTING PROCEDURE								CHECK & CLEAR PATH FIRST, HOUSEKEEPING		X	
	1	PLAN YOU MOVE. MAKE SURE PATH IS CLEAR		TRIP/SLIP HAZARD		X				GET HELP/PROPER TECHNIQUE (FOLLOW SWP)		X	
				BACK INJURIES, FALLING LOADS, FEET/LEG INJURIES	X	X							
				LACERATION/CUT, BACK INJURIES		X							
	2	COME CLOSE TO LOAD, FEET APART, TIGHTEN MUSCLES, GET GOOD GRASP ON LOAD, KEEP BACK STRAIGHT AND LIFT USING YOUR LEGS.		BACK INJURIES, FALLING LOADS, FEET/LEG INJURIES	X	X							
	3	DO NOT TWIST YOUR BODY WITH A LOAD. TAKE SMALL STEPS WITH YOUR FEET UNTIL YOU ARE IN THE CORRECT POSITION. LOWER THE LOAD USING THE LIFTING STEP BUT ONLY IN REVERSE		BACK INJURIES	X					KEEP CLEAR VIEW OF YOUR WAY / GET HELP		X	
				TRIP/SLIP HAZARD		X				GET HELP/PROPER TECHNIQUE (FOLLOW SWP)		X	
				BACK INJURIES	X								
	C	MULTI PERSON LIFT								PROPER TECHNIQUE (FOLLOW SWP)		X	
	SHOULD BE OF THE SAME HEIGHT. ONE PERSON TAKE CHARGE...COMMUNICATE.	PINCH POINTS/BACK INJURIES	X	X			GET HELP/PROPER TECHNIQUE (FOLLOW SWP), ATTENTIVENESS	X	X				
		TRIP/SLIP, BACK INJURIES		X									
D	GOLFER'S LIFT												
	SWING ONE LEG STRAIGHT OUT BEHIND YOU, KEEP BACK STRAIGHT WHILE LEANING FORWARD AND DOWN. FOR SUPPORT PUT HAND ON KNEE.	SPRAIN/STRAIN	X	X			USE ONLY WHEN NECESSARY		X				
E	WHEN TO GET HELP												
	TOO HEAVY, TOO AWKWARD, DANGEROUS, CAN'T SEE, TOO BIG	BACK INJURY, TRIP/SLIP, LACERATION CUT, DROP LOAD,	X	X	X		GET HELP/PROPER TECHNIQUE (FOLLOW SWP) & USE LIFTING DEVICE		X				
*NOTE	MOVEMENT CONSTANT IN AREA WITH MOBILE EQUIPMENT & WORKERS SHARING SAME AREAS.	TRIP HAZARDS, CRUSH POINTS, PINCHPOINTS.		X			HOUSEKEEPING, FORKLIFT/PEDESTRIAN RIGHT OF WAY		X				

RATING SYSTEM	PROBABILITY/RISK RATING WITHOUT CONTROLS OR PROTECTION				SEVERITY/CONSEQUENCE RATING				TOTALS	PRIORITY RATING /20
	1	LOW PROBABILITY (EXTREMELY REMOTE)	1	FIRST AID ONLY/MINOR PROPERTY DAMAGE						
	2	LOW-MEDIUM PROBABILITY (REMOTE)	2	MEDICAL AID/MINOR PROPERTY DAMAGE						
	3	MEDIUM PROBABILITY (MIGHT OCCUR)	3	LOST TIME INJURY/MAJOR PROPERTY DAMAGE						
	4	MEDIUM-HIGH PROBABILITY (LIKELY WILL OCCUR EVENTUALLY)	4	PERMANENT DISABILITY/MAJOR PROPERTY DAMAGE						
	5	HIGH PROBABILITY (WILL OCCUR)	5	FATAL/CATASTROPHIC PROPERTY DAMAGE						
	3	HEALTH	3	HEALTH	6					
3	SAFETY	2	SAFETY	5						