CDC Centers for Disease
Control and Prevention

V-safe After Vaccination Health Checker

Updated July 18, 2022

Get vaccinated. Get your smartphone. Get started with v-safe.

Use your smartphone to tell CDC how you, or your dependent, feel after getting any dose of the COVID-19 vaccine. Your participation in **v-safe** helps us monitor the safety of COVID-19 vaccines for everyone.

What is v-safe?

V-safe provides personalized and confidential health check-ins via text messages and web surveys so you can quickly and easily share with CDC how you, or your dependent, feel after getting a COVID-19 vaccine. This information helps CDC monitor the safety of COVID-19 vaccines in near real time.

V-safe features:

- **Enrolling** is fast and easy! Sign up during the waiting period after you get any dose of COVID-19 vaccine or at any time after vaccination
- **Add a dependent** and complete health check-ins on their behalf
- **Enter** and report how you, or your dependent, feel after **first, second, additional, and booster doses**
- **Available in multiple languages** including English, Spanish, Chinese, Korean, and Vietnamese

Please note:

- **V-safe** is not an official record of being vaccinated against COVID-19
- **V-safe** does not give medical advice
- **V-safe** cannot schedule COVID-19 vaccination appointments

> ⊳ **Watch Video:** Share Your COVID-19 Vaccination Experience with v-safe [00:00:31]

Enroll in v-safe

You can enroll in v-safe after any dose of COVID-19 vaccine by using your smartphone and going to vsafe.cdc.gov. Have your vaccination record card available to help you remember which vaccine you received and when.

Add a Dependent in v-safe

You can add any dependent (family member, friend, or individual who relies on you for support) who is vaccinated in **v-safe.**

Children under age 16 years must be added to a parent or guardian's v-safe account. You can add a dependent to your existing account or create a new account if you don't have one yet. All **v-safe** communications will be sent to the parent's or guardian's smartphone.

Creating an account to add a dependent does not require that you enter your own vaccination information or complete health check-ins for yourself.

What Happens After I Enroll?

During the first week after each vaccination, **v-safe** will send you a text message each day to ask how you are feeling. After that, you will receive occasional health check-ins. Depending on your answers, someone from CDC may call to get more information.

You can opt out at any time.

Your personal information in v-safe is protected so it's safe and private*.

Will I Ever be Contacted by v-safe Staff?

If you enroll in **v-safe** and report that you are pregnant at the time of vaccination or after vaccination, the CDC COVID-19 Pregnancy Registry staff* may contact you.

If you have symptoms or health problems that concern you at any time following COVID-19 vaccination, please contact your healthcare professional.

To find COVID-19 vaccine locations near you: Search vaccines.gov, text your ZIP code to 438829, or call 1-800-232-0233.

Have questions about v-safe or need help?

If you have questions or need assistance with **v-safe**, these resources can help:

- V-safe Frequently Asked Questions and Troubleshooting
- Contact **live v-safe support:**
  Available Monday-Friday 8:00 AM – 8:00 PM ET
  Call 800-CDC-INFO (800-232-4636) TTY 888-232-6348

Contact Form

*Abt Associates ⬀ has been contracted by the CDC to contact participants for CDC's **v-safe** COVID-19 Vaccine Pregnancy Registry.

Related Pages

› How to Enroll or Access Your v-safe Account

› How to Add a Dependent in v-safe

› How to Complete a v-safe Check-In

› V-safe Print Resources

› V-safe Frequently Asked Questions and Troubleshooting

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