Centers for Disease Control and Prevention

Masks

Updated Aug. 12, 2021

Wear a Mask to Protect Yourself and Others

- Masking is a critical public health tool and it is important to remember that any mask is better than no mask.
- Wear the most protective mask you can that fits well and that you will wear consistently.
- Wearing a high-quality mask along with vaccination, self-testing, and physical distancing, helps protect you and others by reducing the chance of spreading COVID-19.

Masks and Respirators

Learn about different types of masks and respirators you can use to protect yourself and others

Your Guide to Masks

Learn the proper use and care of masks, including considerations for people with disabilities

Free Mask Locator

Find free masks (N95 respirators) at a participating location near you.

Find a Mask Near You

Or call **1-800-232-0233** (TTY 1-888-720-7489)

How to Use Your N95 Respirator   >

Free N95 Respirator Manufacturers   >

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