



About COVID-19

Updated Jan. 24, 2022

CDC is reviewing this page to align with updated guidance.

Get the facts about COVID-19 and the virus that causes it, including how it spreads and new variants.

Protect Your Family Members

CDC recommends [COVID-19 vaccines](#) for everyone 6 months and older and boosters for everyone 5 years and older, if eligible. Some people in your family may need to take more steps to be better protected from COVID-19, including

- Anyone not up to date with their COVID-19 vaccines
- People with weakened immune systems or underlying medical conditions



[Protect Yourself & Others](#)



[How It Spreads](#)



[Variants of the Virus](#)



[Stress & Coping](#)



[Animals & COVID-19](#)



[Basics of COVID-19](#)



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