




Understanding Risk


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COVID-19 can affect anyone, and the disease can cause symptoms ranging from mild to very severe. We know that certain things can make people more likely to get very sick with COVID-19. We also know that certain settings and activities can make you more likely to get infected with the virus that causes COVID-19.

Understanding Your Risk Helps You Make Decisions

Understanding the risk of COVID-19 for yourself and those around you can help you make informed decisions to keep you safe and healthy. If you have risk factors, have a [COVID-19 plan](#) in place in case you get sick, and discuss that plan with your healthcare provider and those close to you. Learn what extra precautions you can take to [protect yourself and others](#) in settings that make you more likely to be exposed to COVID-19.

 Risk of Getting COVID-19

 Risk of Getting Very Sick

Information for Specific Groups


Older Adults

People with Asthma

People Who Are Immunocompromised

Pregnant and Recently Pregnant People

People with Medical Conditions



Risk for COVID-19 Infection, Hospitalization, and Death

Age Group Rate Ratios

Race and Ethnicity Rate Ratios

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