

## Education

- Ph.D., Christian Counseling, International University for Graduate Studies (projected graduation date in July 2012)  
Dissertation: Surviving the Quarter Life Crisis through a Christian Perspective
- M.A., Counseling, Dallas Theological Seminary, 2007  
Concentration: Counseling and Theological Integration
- B.A., Family and Marriage Studies, 2004  
Concentration: Clinical Child Life Therapy

## Related Experience:

### **GROW Counseling**, *Professional Counselor* (2009 to 2011) Atlanta, GA

- Counseling female adolescents and young adult women by offering preventative approaches to clients by assisting them to listen to their internal alarms, establish healthy boundaries, and create realistic expectations of others and relationships
- Collaborating with schools, universities, church and para-church organizations through speaking services
- Assisting organizations through coaching and training/development services

### **Home Ministries**, *Independent Counselor* (2009) Atlanta, GA

- Independent consultant for state mandated counseling sessions
- Wrap around services, in home counseling, and follow up care

### **Fellowship Bible Church Dallas**, *Pastoral Care Director & Assistant/ Counselor* (2006-2008) Dallas, TX

- Assisted clients and volunteers in psychosocial emotional issues
- Oversaw all care needs related to divorce recovery, grief recovery, funerals, financial crisis, and vocational/financial counseling for church members and those within the community
- Assisted with intake of assessment and testing

### **Northside Hospital**, *Patient Relations* (2004-2005) Atlanta, GA

- Represented hospital administration as a liaison between medical staff and patients
- Assisted with conflict resolution and concerns from patients and family members

### **Children's Memorial Hospital**, *Child Life Therapy Intern* (Spring 2004) Chicago, IL

- Prepared children for surgery through medical play therapy appropriate for the developmental level of each child
- Facilitated medical play therapy and medical education with pediatric oncology and bone marrow patients

### **Big Oak Ranch**, *Intern and Volunteer Staff* (2001- 2003) Springville, AL

- Lived and worked alongside the 48 girls with histories of abuse and abandonment
- Coordinated outings and developmentally appropriate activities
- Transported and helped in the facilitation of family site visits

**Memberships and Certifications:**

- Certified Prepare/Enrich Pre-Marriage Counselor
- American Association of Christian Counselor (AACC)
- Christian Associates of Psychological Studies (CAPS)

**Presentations/Publications:**

- *Boundaries in Dating* (Oglethorpe University)
- *The Role of Family of Origin Issues for Collegiate Relationships* (Oglethorpe University)
- The Secret Art of Listening for Counseling Professionals (Richmont Graduate University)
- *Stress Management for Med School Students* (Philadelphia College of Osteopathic Medicine, Atlanta Campus)
- *Body Image and Related Issues* (Greater Atlanta Christian School)
- *Understanding Sex during High School Years* (Wesleyan School)
- Middle School Issues: Facebook Safety (Whitefield Academy)
- *Is perfectionism driving you crazy?* (Peachtree Presbyterian Church Young Adult)
- *Theology and Stress: Cultivating a Heart of Rest* (Peachtree Presbyterian Church Young Adults)
- *Boundaries in Dating Relationships* (Cache Connections National Singles Convention)
- *Workplace Boundaries* 4 part series (Associate Credit Union)
- *Datability: How to Get and Keep Dates* (GROW Counseling with Dr. Dickinson)
- *Divorce and Dating* (Atlanta Single Parent Fellowship)
- Magazine Publications for Cotton Candy Magazine and Date Night Magazine