

# Hannah Gray Rinehart, MA, LPC

## EDUCATION

- August '06-May '09      **Richmont Graduate University** (formerly Psychological Studies Institute)      Atlanta, GA  
*Master of Arts in Professional Counseling*
- Professional Award: 2008-2009 Jack Mangham Experiential Learning Award for students who exemplify outstanding characteristics in experiential learning.
- August '00-May '04      **Meredith College**      Raleigh, NC  
*Bachelor of Science in Family and Consumer Sciences*  
*Bachelor of Arts in Music*

## CLINICAL EXPERIENCE

- January '10-March '12      **Lighthouse Christian Counseling**      Norcross, GA  
*Counselor*
- Provided individual counseling to adolescents, young adults and couples dealing with the following issues: substance abuse, self-esteem, depression, anxiety, body image, infidelity, communication issues and childhood trauma.  
Collaborated with area churches and schools by providing speaking services
- May '08-September '09      **Wellspring Living**      Duluth, GA  
*Wellspring for Women Counselor/Clinical Intern*
- Provided individual counseling to program participants dealing with the following issues: childhood sexual abuse, substance addiction, depression, grief, childhood trauma, anxiety and family of origin issues.  
Facilitated group counseling on the following topics: anger management, art therapy, family of origin issues, family systems theory, establishing healthy dating relationships, boundaries and sexuality.  
Conducted intake interviews for potential program participants.
- May '08-May '09      **Richmont Hope Counseling Center**      Atlanta, GA  
*Professional Counseling Intern*
- Conducted psychotherapy sessions with individuals and couples.  
Offered counseling services to clients from lower socioeconomic backgrounds using a sliding scale fee structure.  
Worked with the following issues: anxiety, depression, childhood sexual abuse, affair recovery, boundaries, financial stress, family of origin issues and marital conflict.

## WORK EXPERIENCE

- September '06-May '09      **Wellspring Living**      Duluth, GA  
*Wellspring for Women Program Director*
- Recruited volunteers from the community to teach classes and mentor women in program.  
Taught Basic Christianity, Psychoeducational and Life History classes to program participants.  
Interviewed potential program participants.  
Assisted new program participants in acclimating to home structure.  
Organized and maintain home structure.  
Oversaw participants during transition portion of the program.
- September '05-September '06      **The Family Church: First Baptist Sugar Hill**      Sugar Hill, GA  
*Family Ministries Assistant*
- Assisted with office duties in order to promote communication among church family and staff.  
Assisted with organizing and promoting events for children and youth ministries.
- May '04-May '05      **Providence Baptist Church**      Raleigh, NC  
*Bridge 57 Director, 2004-2005*
- Planned and conducted events for parents of sixth grade students designed to facilitate transition between the student's fifth and seventh grade years

## MEMBERSHIPS AND CERTIFICATIONS

# Hannah Gray Rinehart, MA, LPC

Christian Association of Psychological Studies (CAPS) and CAPS Atlanta

Board-Eligible Nationally Certified Counselor (NCC)

## PRESENTATIONS

*The Effects of Absent Fathers and Mothers on Children* (Christian Association of Youth Mentoring Breakout Session)

*Helping Angry and Violent Teens* (Perimeter Church Youth Mentoring Ministry Training)

*Recognizing Signs of Depression and Anxiety and Using Self Care Techniques* (Perimeter Women's Ministry)

*Recognizing Signs of Depression and Suicide* (Perimeter Church Celebrate Recovery Leaders Training)

*Body Image and Beauty* (Perimeter Church Discipleship Group)

*The Hidden Snare: Helping Women to Address Childhood Sexual Abuse* (CareNet National Conference Breakout Session with Paula Rinehart)

*Working with Women Who Have Experienced Trauma* (Richmont Graduate University)