```
package demomail;
import java.util.*;
import java.util.regex.Matcher;
import java.util.regex.Pattern;
public class DemoEmail {
        public static final String regex = "^([A-Za-z0-9_,-.]+)@(.+)$";
        public static void main(String[] args) {
                List <String> lst = new ArrayList<String>();
                lst.add("amar.amar@email.com");
                lst.add("amar#@email.com");
                Pattern pattern = Pattern.compile(regex);
                for(String value: lst) {
                        Matcher matcher = pattern.matcher(value);
                        System.out.println("The email address " + value + " is " + (matcher.matches()?
"valid": "invalid"));
       }
}
```