

**SHEINA J. CAGA**

**Address:** San Isidro Rodriguez (Montalban), Rizal Philippines

**Mobile Phone:** 09673546377

**Email:** [sayaneish@gmail.com](mailto:sayaneish@gmail.com)

**OBJECTIVE:**

* **Seeking for good, effective, and efficient with eagerness in any task. Committed to work collaboratively with teams. To utilize my skills and abilities in a firm that offers me a professional growth constantly which help me to dedicate me fully and work up to my potential. Work harmoniously with co-worker. To be resilient person on how to managed people as well as time.**



# PERSONAL INFORMATION

Gender : Female

Age : 23 years old Date of Birth : May 27, 2001 Civil Status : Single

Nationality : Filipino

Health : Excellent

Height : 161 cm

Weight : 43 kg

Religion : Roman Catholic

# EDUCATIONAL BACKGROUND

**COLLEGE** : **SOUTHWESTERN UNIVERSITY PHINMA**

Urgello St. Cebu City

Bachelor of Science in Medical Technology 2019-2022

**SENIOR HIGH SCHOOL** : **SAINT MARY ACADEMY** Tabajan, Guindulman, Bohol Humanities and Social Sciences 2016-2018 (Graduate)

**JUNIOR HIGH SCHOOL** : **SAINT MARY ACADEMY** Tabajan, Guindulman, Bohol 2012-2016 (Completer)

**ELEMENTARY** : **CASBU ELEM. SCHOOL** Casbu, Guindulman, Bohol 2006-2012 (Graduated)

# EXPERIENCES, TRAININGS AND SEMINARS

* Laboratory technician and Phlebotomist at Generika
* Labtech at Radhealth Medical Clinic
* CSR at ES BPO ( Intl., healthcare account)
* Secretary and live seller at Haru-haru KStore
* Sale attendant in Tech Hub Cebu (2022)
* Attended Basic Life Support Course
* Pathways/ BOS Seminars PYM
* Leadership Training
* Local Congress

# COMPETENCIES/ SKILLS

* Strong analytical and detail-oriented
* Ability to work effectively in a team and independently
* Knowledgeable in safety protocols and regulatory requirements
* Creative thinker, Leadership skills, Adaptable
* Willingness to learn new things, Potential worker, Strategic thinker
* Organizational ability and Time-management
* Information, Written, Communication and Interpersonal skills
* Trustworthy and Dependable