

10일 만에 끝내는 해커스 오픽 AL/IH 공략 [Jenna OPIc]

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[15강] 요리하기

(해커스 OPIc Advanced 공략 - 설문 Unit 17)

◆ Today's Topic

요리하기

◆ Today's Lecture 강의 목차

1. 활용 가능 주제 & 3단 콤보 문제 유형
2. 나의 답변 틀 (스토리라인) 만들기
3. 실전 문제 & 모범 답안

1. 주제 & 문제 살펴보기

[활용 가능 주제]

설문 주제: TV, 리얼리티 쇼 시청하기

음악 감상하기

집에서 보내는 휴가

돌발 주제: 집안일

외식

명절

인터넷 서핑

약속

건강

롤플레이: 친구가 파티에 초대했으니 어떤 음식 가져갈지 질문하기

친구의 파티에 못 가게 됐으니 전화해서 설명하고 대안 제시하기

[3단 콤보 문제]

1. 좋아하는 음식의 요리 과정 (응용: 요리하는 경향)
2. 요리에 흥미를 갖게 된 계기
3. 요리 도중 겪은 경험 (응용: 요리하다 겪은 문제)

2. 나의 답변 틀 (스토리라인) 만들기

[좋아하는 음식의 요리 과정]

서론 - 요리 좋아해

본론 1 - 요리하는 경향

본론 2 - 나의 특별 레시피

마무리 - 요리는 즐거워!

[요리에 흥미를 갖게 된 계기]

서론 - 먹는 것과 요리 좋아해

본론 1 - 언제, 누구와

본론 2 - 무엇을, 어떻게

마무리 - 지금도 요리 즐겨!

[요리 도중 겪은 경험]

서론 - 언제의 경험 소개

본론 1 - 어디서, 무슨 일

본론 2 - 특별했던 점

마무리 - 기억에 남는 날!

3. 실전 문제 & 모범 답안

★ 밑줄 친 부분은 여러분의 이야기로 바꿔서 말해보세요!

좋아하는 음식의 요리 과정 (= 응용: 요리하는 경향)

Q. In your background survey, you indicated that you like to cook. What's your favorite food to cook? How do you prepare it? Do you have a special recipe? Please describe the cooking process from beginning to end.

배경 설문에서, 당신은 요리하기를 좋아한다고 했습니다. 당신이 요리하기 가장 좋아하는 음식은 무엇인가요? 그것을 어떻게 만드나요? 당신은 특별한 레시피를 갖고 있나요? 요리과정을 처음부터 끝까지 설명해 주세요.

(서론 - 요리 좋아해)

- I think it's a great question because cooking is something I love to do when I have free time.
- I've been cooking since I was a teenager/a child, so I consider myself a good cook!

(본론 1 - 요리하는 경향)

- I work a lot during the week, so I'm too busy to cook on weekdays.
- Since I don't have much time to cook, I usually cook once or twice, mostly on weekends.

- I normally cook dinner for myself, but I sometimes invite my friends or family and cook for them.
- And I enjoy making many different/various dishes, including fried rice, soup, noodles, et cetera.

(본론 2 - 나의 특별 레시피)

- Speaking of my favorite dish to make, I'd like to tell you about French toast because I've got my own/special recipe!
- In order to make delicious French toast, the first thing you must do is get the right bread.
- I would say a French baguette works best, which you should cut into thick slices.
- Then, get some eggs and beat them with a little milk.
- And then, dip the bread slices into this mixture.
- Lastly, fry them in a pan over medium heat until the bread gets crispy on the outside but soft in the middle.
- Mmm, sounds really easy/delicious/yummy, right?
- Finally, serve it with powdered sugar/maple syrup/fruit.

(마무리 - 요리는 즐거워!)

- So, what do you think?
- I'd definitely recommend making it on a lazy morning because it's pretty easy/fast to make it.
- Personally, sitting down to French toast that I've prepared myself with a cup of coffee is incredibly satisfying!

★ 고득점 Key point

요리 과정 (레시피) 묘사 → 구체적인 단어/묘사를 위한 AL expressions 준비

요리법 동사: get, cut into, beat with, dip into, fry in, serve with

재료와 양: the right bread, a French baguette, some eggs, a little milk, powdered sugar, maple syrup, a cup of coffee

순서 연결어: the first thing you must do is, then, lastly, finally

요리에 흥미를 갖게 된 계기

Q. How did you become interested in cooking? When was it? How did you learn to cook? Did someone teach you?

당신은 어떻게 요리에 관심을 갖게 되었나요? 그것이 언제였나요? 요리하는 법을 어떻게 배웠나요?

누군가가 당신을 가르쳐줬나요?

(서론 - 먹는 것과 요리 좋아해)

- Oh, I absolutely love cooking!
- Actually, I've always enjoyed eating and trying new food, so I consider myself a foodie!
- So of course, I'm interested in learning to cook various dishes.

(본론1 - 언제, 누구와)

- I first started cooking when I was 15 years old.
- What got me interested in cooking was my mom's special recipes/cooking.
- My mom would make a very delicious dinner for my family every day.
- So, after school/when I got home from school, I would follow her to the kitchen.
- I used to love watching her prepare food/cook/bake because I wanted to cook as well as she did.

(본론 2 - 무엇을, 어떻게)

- One day, I offered to help my mom prepare dinner.
- In the beginning, she would allow me to stir things/measure ingredients/do simple tasks.
- But later, she taught me how to cook my favorite Korean food!
- Can you guess/You know what it was?
- The first dish I made with her was Kimchi fried rice.
- Ever since then, I've learned to cook various dishes with Kimchi, such as Kimchi pancakes, Kimchi barbecue and Kimchi stew.

(마무리 - 지금도 요리 즐겨!)

- Since the first starting as a teenager, I've mastered many recipes through trial and error.
- So now, I can make several kinds of dishes, and I cook a lot in my spare time/every weekend.
- I'd have to say cooking is totally my thing!

★ 고득점 Key point

- 음식과 요리! 하면 떠오르는 AL expressions 장착!
 - I consider myself a foodie - 나는 음식/요리 등에 관심있는 사람이야
 - I've learned to cook various dishes with kimchi - 김치로 다양한 요리를 하는 걸 배워왔어.
 - Cooking is totally my thing - 요리는 내가 정말 즐기는 일이야
- 요리에 흥미를 갖게 된 계기 = 처음 요리를 배웠던 경험
 - “과거 시제” keywords 연습! 시제 실수는 절대 No!

요리 도중 겪은 경험 (= 응용: 요리하다 겪은 문제)

Q. Tell me about an interesting or memorable experience that you have had while cooking. What did you cook? What made the experience so memorable? Please describe it in detail.

요리를 하는 도중 겪었던 기억에 남는 경험에 대해 이야기해 주세요. 당신이 무엇을 요리했나요?

무엇이 그 경험을 기억에 남게 만들었나요? 그것에 대해 상세히 설명해 주세요.

Have you experienced any difficulties or problems while cooking? What happened?

How did you solve the problem? Give me as many details as possible.

요리를 하다가 어떤 어려움이나 문제를 겪은 적이 있나요? 무슨 일이 있었나요?

그 문제를 어떻게 해결했나요? 되도록 상세히 설명해 주세요.

(서론 - 언제의 경험 소개)

- The most memorable experience I've had while cooking was preparing my mom's birthday/family dinner last year/2 years ago.
- I'd like to tell you about this experience because it was a very interesting/special/unforgettable day for me.

(본론 1 - 어디서, 무슨 일)

- Actually, it was my mom's 60th birthday, so I decided to invite my parents and my sister to my apartment and host a birthday dinner.
- I had never cooked for my whole family before, so I wanted to make the dinner unforgettable.
- I spent all morning planning a menu, searching for recipes, and shopping for ingredients.
- Then it took almost 4 hours for me to cook the entire meal.
- Speaking of the food, I made Korean seaweed soup, Kimchi barbecue, stir-fried noodles and several side dishes.
- I know, a big meal/a lot of food, right?

(본론 2 - 특별했던 점)

- What made the dinner/the experience particularly memorable was how my family reacted to the food.
- You know what? I still remember my mom smiling/complimenting my cooking the whole time.
- She was especially impressed with the Kimchi barbecue pork, which was one of the main dishes I made.
- I can't say all of the food turned out very well, but everyone seemed to enjoy it.

(마무리 - 기억에 남는 날!)

- So anyway/overall/personally, it was a memorable experience because I'd never cooked that much food in one day before!
- And of course, hosting a birthday dinner/cooking for my family made me very happy.
- Although I still have a lot to learn about cooking, that experience was a great introduction/lesson.

★ 고득점 Key point

- “기억에 남는” 경험 = memorable / unforgettable / special / interesting 페러프레이즈!
- 과거와 대과거 = “다양하고 정확한 시제” 주의!
 - 예) I had never cooked for my whole family before, so I wanted to make the dinner unforgettable.
→ 가족 모두를 위해 요리해본 적이 전혀 없었어서, 잊지 못할 저녁을 만들고 싶었어.
 - 예) I'd never cooked that much food in one day before.
→ 그렇게나 많은 음식을 하루에 요리해 본 적이 없었었어.