

10일 만에 끝내는 해커스 오픽 AL/H 공략 [Jenna OPic]

Jenna 선생님

[19강] 수영

(해커스 OPic Advanced 공략 - 설문 Unit 21)

◆ Today's Topic

수영

◆ Today's Lecture 강의 목차

1. 활용 가능 주제 & 3단 콤보 문제 유형
2. 나의 답변 틀 (스토리라인) 만들기
3. 실전 문제 & 모범 답안

1. 주제 & 문제 살펴보기

[활용 가능 주제]

설문 주제: 공원가기

해변가기

스포츠 관람

요가, 헬스

자전거

조깅, 걷기

국내, 해외 여행

돌발 주제: 날씨, 계절

지형, 야외 활동

건강

롤플레이: 수영장 매니저에게 전화해서 수영 수업에 대해 질문하기

수영장에 물건을 놔두고 온 것 같으니 전화해서 설명하고 대안 제시하기

[3단 콤보 문제]

1. 나의 수영 습관
2. 수영을 배우게 된 계기와 변화
3. 수영가기 전후에 한 일 (응용: 기억에 남는 수영 경험)

2. 나의 답변 틀 (스토리라인) 만들기

[나의 수영 습관]

서론 - 수영 좋아해

본론 1 - 얼마나 자주, 언제, 누구와

본론 2 - 어디서

마무리 - 수영 추천!

[수영을 배우게 된 계기와 변화]

서론 - 수영 오래 했어

본론 1 - 과거 계기: 언제, 누구와

본론 2 - 현재 습관과 실력

마무리 - 수영 덕분에!

[수영하기 전후에 한 일 = 기억에 남는 수영 경험]

서론 - 최근 경험 소개

본론1 - 했던 일: 수영 전

본론 2 - 했던 일: 수영 후

마무리 - 수영은 항상 즐거워!

3. 실전 문제 & 모범 답안

★ 밑줄 친 부분은 여러분의 이야기로 바꿔서 말해보세요!

나의 수영 습관

Q. In your background survey, you indicated that you enjoy swimming. Tell me about your swimming routine. How often do you go swimming? When and where do you go? With whom do you go?

배경 설문에서, 당신은 수영하기를 좋아한다고 했습니다. 당신의 수영 습관에 대해 이야기해 주세요. 얼마나 자주 수영을 하러 가나요? 언제 어디로 가나요? 누구와 함께 가나요?

(서론 - 수영 좋아해)

- It's a good question because not a week goes by that I don't spend at least an hour or two swimming.

- I guess it's because I enjoy swimming so much.

(본론 1 - 얼마나 자주, 언제, 누구와)

- I usually swim on weekends/holidays because I don't have much time to devote to swimming on weekdays.

- I used to go swimming every single day with friends when I was younger/a kid.

- But unfortunately, since I'm very busy these days, a couple of hours per week is all I can manage.
- My typical routine involves swimming for 2 hours alone on Saturday or Sunday afternoons.

(본론 2 - 어디서)

- So speaking of the pool I go to, there is a place called Hackers Fitness Center right across/behind my home.
- What makes this gym special is its size and facilities.
- It is a 2-story building with everything you would expect in a large gym, such as an indoor pool, workout machines, group exercise rooms, and even a coffee shop.
- Basically, you can do some exercises on the workout machines and swim as well.

(마무리 - 수영 추천!)

- Anyway, I enjoy swimming because I feel so great/healthy/refreshed afterwards.
- Personally, I'd much rather be in water than get sweat in the sun.
- I highly recommend swimming because it is a great workout!

★ 고득점 Key point

수영 습관/경향: 언제, 얼마나 자주, 어디서, 누구와 “육하원칙 keywords”

- 언제) on weekends and holidays, on Saturday or Sunday afternoons
- 얼마나 자주) a couple of hours per week is all I can manage
- 어디서) a place called Hackers Fitness Center right across my home
- 누구와) with friends when I was a kid, usually go alone

수영을 배우게 된 계기와 변화

Q. When did you first learn to swim? How did you become interested in swimming? Who taught you how to swim? How has your ability improved since you first started swimming?

언제 처음 수영을 배웠나요? 어떻게 수영에 관심을 갖게 되었나요? 당신에게 수영하는 법을 가르쳐 준 사람은 누구인가요? 수영을 처음 시작했을 때 이후로 당신의 실력이 어떻게 향상되었나요?

(서론 - 수영 오래 했어)

- I would say I really like swimming/going for a swim!
- Actually, I've been swimming for quite a long time/so many years.
- So my love of swimming goes back to when I was a child/a kid.

(본론1 - 과거 계기: 언제, 누구와)

- I first started/began swimming when I was 8 in my PE class.
- My PE teacher was the coach of my school swim team, and he was the one that motivated me to learn how to swim.
- At the beginning, I was afraid of water, so I started off with the basics, like the leg kick.
- But thanks to my teacher, I could master the skill of floating very easily.
- I mean, he was such a skillful teacher, so my fear of water disappeared after a few weeks.
- After my first month/semester/year swimming, I got so into swimming and began swimming regularly.

(본론 2 - 현재 습관과 실력)

- So now, I go swimming almost every weekend, and it's something I like to do in my free time.
- As for my swimming ability, I can say I'm pretty good because I know how to do the different strokes.
- Most of the time, I usually do 10 laps using the freestyle stroke and then 5 laps of the butterfly stroke.
- Actually, I'm taking a private/group swim lesson because I'd like to become an expert swimmer someday.

(마무리 - 수영 덕분에!)

- So overall, I would say swimming is a great/perfect way to stay fit/get in shape.
- Since I started swimming regularly, I've become more positive/energetic and flexible.

★ **고득점 Key point**

본론 1: 과거 이야기 / 본론 2: 현재 이야기 → 시제 정확히 & 다양하게!

과거) I first started swimming when I was 8 in my PE class.

At the beginning, I was afraid of water, so I started off with the basics.

현재+현재 완료) I can say I'm pretty good.

I've lost nearly 5 kilos. / I've become more positive and energetic.

*과거 계기: 시간 흐름을 표현하는 박스 안 연결어 사용하기!

수영가기 전후에 한 일 (= 기억에 남는 수영 경험)

Q. Can you tell me about the last time you went swimming? What did you do before you went swimming? What did you do afterward? Tell me about all the things you did on that particular day. 마지막으로 수영하러 갔을 때에 대해 이야기해 줄 수 있나요? 수영을 하러 가기 전에 무엇을 했나요? 그 후에는 무엇을 했나요? 그 날에 당신이 한 모든 일에 대해 이야기해 주세요.

(서론 - 최근 경험 소개)

- I go to the pool practically every weekend, so my typical routine at the pool is always the same.
- So the last time I went swimming was last Sunday/on Sunday/a few days ago.
- Let me tell you about what I did that day.

(본론 1 - 했던 일: 수영 전)

- Before going for a swim, I packed all my swimming gear including my swimsuit, a swim cap, goggles and toiletries.
- After arriving at the gym where the pool is, the first thing I did was take a quick shower before changing into my swimsuit.
- Next, I slipped on my swim cap and goggles and headed to the pool.
- Then, I swam for about 45 minutes.
- I think I managed to do 20 laps as usual.

(본론 2 - 했던 일: 수영 후)

- Speaking of what I did afterward, I went back to the locker room to shower again.
- I made sure to shampoo my hair well because the chlorine in pool water can be damaging.
- After shower, I was getting dressed in the locker room, but then, I bumped into my friend!
- We hadn't seen each other for a while, so we decided to hang out for a little bit.
- So we headed off to a café nearby and got some coffee.

(마무리 - 수영은 항상 즐거워!)

- I think my last swimming experience was pretty much the same as any I've had in the past.
- But I'd say it was really nice to run into a friend like that.
- Swimming is always fun and gives me the energy I need for the rest of the day.

☆ **고득점 Key point**

최근 경험 묘사 주제 문장:

The last time I + 과거 V was ~. (내가 마지막으로 V 했던 건 ~ 야.)

→ The last time I went swimming was last Sunday.

최근 경험 묘사 마무리 문장:

My last ~ experience was the same as ~ in the past. (내 최근 ~ 경험은 과거의 ~ 와 같아.)

→ My last swimming experience was pretty much the same as any I've had in the past.