

# PRESENTATION ON WOMEN EMPOWERMENT

PRESENTED BY

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# CONCEPTS BEFORE EMPOWERING WOMEN

Meaning Of Empowerment

How does it work?ent

Legal Empowerment

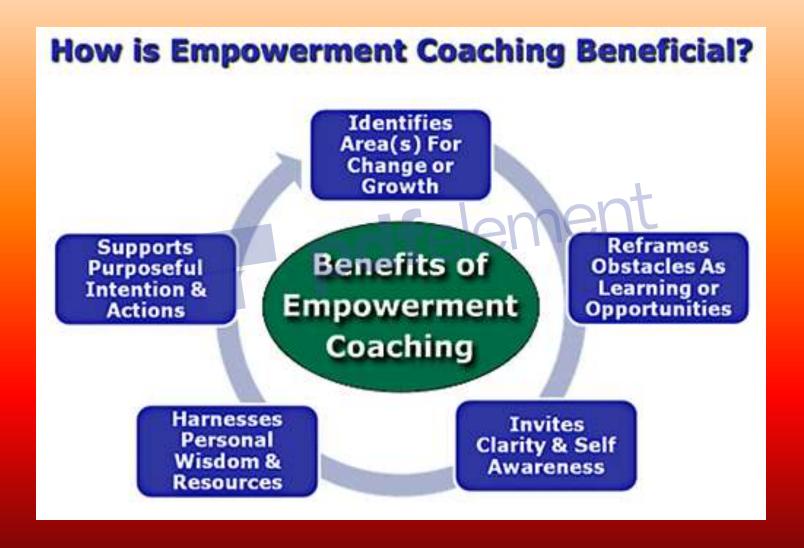


#### MEANING OF EMPOWERMENT

- Remove Watermark Now
- Empowerment refers to increasing the spiritual, political, social, or economic strength of individuals and communities. It often involves the empowered developing confidence in their own capacities.
- In conclusion, we see empowerment as a multi-dimensional social process that helps people gain control over their own lives. It is a process that fosters power in people for use in their own lives, their communities, and in their society by acting on issues that they define as important.



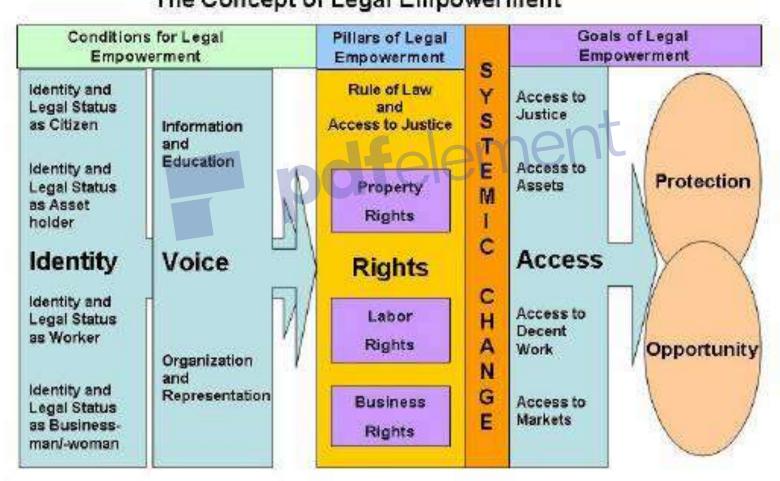
#### HOW DOES IT WORK?



#### LEGAL EMPOWERMENT

# HOSTED BY THE UNITED NATIONS DEVELOPMENT PROGRAMME (UNDP).

#### The Concept of Legal Empowerment



What Is **Women Empowerment** or **Gender Empowerment**?

It is the process, and the outcome of the process, by which women challenge gender-based discrimination against women/men in all the institutions and structures of society.



#### VALUES OR SPECIALITY OR

#### CHANGES OF AN

#### EMPOWERED WOMAN.

IMPROVES IN PERSONAL KNOWLEDGE

SELF - DEFINING POWER

PERSONAL POWER

**AUTHENTICITY** 

CREATIVITY

PHYSICAL STRENGTH

**EQUALITY** 

MUTUALITY IN RELATIONSHIPS

CONOMIC INDEPENDENCE

WOMEN IDENTIFICATION

REEDOM FROM OPPRESSION

HAVING POLITICAL POWER IN SOCIETY

# 1.IMPROVES IN PERSONAL KNOWLEDGE

- Explore and trust own thoughts, emotion, desires and experiences.
- Recognize positive and negative characteristics.
- · Set goals and work toward them.
- · Know about positive value assertion.
- · Knows self through own creative work.
- · Credit self for her thoughts, feelings, and actions, etc.





#### 2.SELF - DEFINING

- •Create her own definition of herself rather than accept others' definition of her.
- ·Views herself as a complete human person.
- ·Has the courage to try non-traditional behaviors.
- •She defines herself as a complete, whole human person, not a helpmate to man, a mother, a housewife, or server of others' needs, etc.

#### 3.PERSONAL POWER

- Personally strong, not from dominating others, but from their love, trust and faith in themselves and other women.
- · It involves being active, assertive, and skillful.
- · Do not require support from man to survive.
- · Self-governing and positive self-image, etc.

#### 4. AUTHENTICITY

Remove Watermark Now

- · Be honest without shame.
- · Ignore criticisms if you are doing something you enjoy.
- Acting on own values, desires, emotions needs, capabilities to do something positively, etc.

## **5.CREATIVITY**

- · Ability to increase diversity in one's thinking.
- Struggles for authenticity through personal creativity.
- Balance of power conflict, competition, and success in new ways. Especially important is using anger creatively.
- Makes choices and decisions based on knowledge of alternatives leads to concrete creative action.
- · Achieving personal freedom, personal identity.

#### 6.PHYSICAL STRENGTH

- Strength, vitality, health, stamina, and fearlessness are needed for women to accomplish their goals.
- Physical power and physical equality with men are also needed.

# 7.EQUALITY

- The right of women and men to live as free and equal human beings, equality should exist in all areas of life, such as....
  - women's constitutional rights as citizens
  - work
  - access to wealth

#### 8.MUTUALITY IN RELATIONSHIPS

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 That is women are encouraged to choose relationships based on mutual respect, understanding, and cooperation and therefore foster mutual growth is possible.

## 9.ECONOMIC INDEPENDENCE

 Women must learn to understand economics and how to make money. This will enable us to be financially self sufficient and therefore economically independent of men.

#### 10.WOMEN IDENTIFICATION

• To liberate themselves, women must stop selling out their identities as women by rejecting restrictive gender roles, stereotypes and by claiming all territory as women's territory. Make a own positive identification.

## 11.FREEDOM FROM OPPRESSION

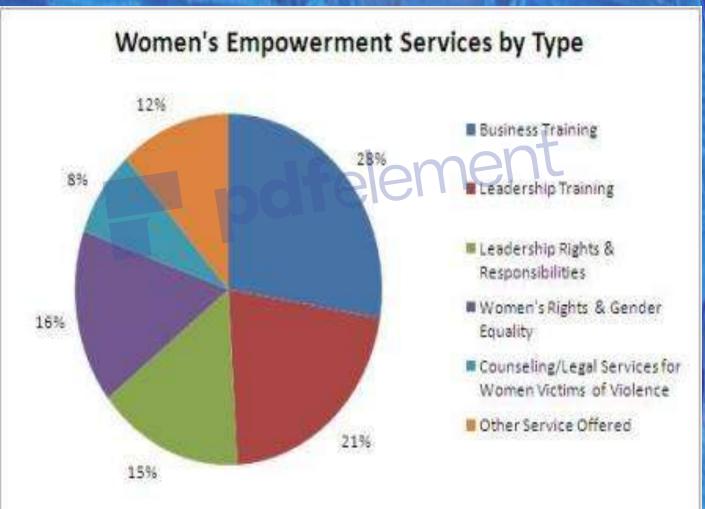
• Being able to grow and achieve without restrictions in society. This includes freedom of movement, freedom of choice, freedom from fear of male violence and freedom to express one's ideas and opinions without constraint.



 Involved in making decisions shaping society, to exercise their own voice and to have the power to influence the decisions being made in society.

# WOMEN EMPOWERMENT SERVICE BY TYPES





#### THE PROCESS OF EMPOWERING THE WOMEN

Four of the main processes that could lead to women's empowerment, as defined by the IFAD evaluation, were:

- · changes in women's mobility and social interaction
- · changes in women's labor patterns
- changes in women's access to and control over resources
- · changes in women's control over decision-making.

- Society for Human Development (SHD) carries out women empowerment program, and its implemented at 2 levels.....
  - 1. Attitudinal change process at local level
  - 2. Constitutional reforms and legislation for equal citizenship for women.
- CEDAW (Convention of Elimination of all kinds of Discrimination against Women) and focus the four sectoral areas.....
  - 1. Women's Political and 2. legal Empowerment
  - 3. Women's Economic and 4. Social Empowerment.

The strategy adopted for interventions by CEDAW includes.....

- 1. Capacity building of local women groups/councilors/political representatives.
- 2. Exploring opportunities for economic and social upliftment and transferring information, knowledge and skills to women.
- 3. Networking with national and regional level organizations for advocacy and lobbying at policy level.
- 4. Influencing policy makers and parliamentarians through demonstrations, walks, seminars and rallies.

# WITH OUT WOMEN EMPOWERMENT THERE ARE NO RAPID PROGRESS IN THE NATION

- Women have to realize their basic problem first....empowerment of women helps in raising the standard of the family that way all the members of the family get better standards and progress of the nation...
- Today women is the root of the nation so without empowerment of women the progress of the nation is not rapid....



## INTERNATIONAL WOMEN DAY, 8 MARCH A TRIBUTE TO THE WOMEN

International Women's Day is a day to reflect on the achievements of women and to celebrate the progress made to advance women's equality.



"The Role of women in the development of society is of utmost importance. In fact, it is the only thing that determines whether a society is strong and harmonious, or otherwise. Women are the backbone of society".

Sri Sri Ravi Shankar

