

原力英语 A1 日常对话 1 自我介绍

请用英文做一个自我介绍

我们之前常用的自我介绍方式：

Hello.

My name is Wang Lu. My English name is Kate.

I am from Hebei. I am 22 years old.

.....

I like reading books.

.....

Emmmm. That's all.

一、问候：

before（以前常用的表述方式）：**Hello!**

after（正式的表述方式）：**Greetings! ['gri: tɪŋz] (发音标准)**

Formal greetings:

较为正式的问候说法

- Greetings!
- Good morning/afternoon/evening.
- 不要说 Good night. (类似 Goodbye.)
- It's nice to meet you.
- Glad to see you.

口语化的打招呼(相对轻松场合)

- Hey
- What's up?
- Hi
- Yo
- What's good?

- How's it going?
- Nothing much.

二、名字：

before: My name is Wang Lu. My English name is Kate.

after: My name is Wanglu and I also go by Kate. (会使用简单词)

- I'm
- I am...
- My name is
- My name's ...
- I also go by...
- You can call me ...
- Also known as...

三、地方和现居地：

before: I am from Hebei. I am 22 years old. I come from Hebei.

after: I am from Handan, Hebei. But I am based in Beijing now.

Location 所在地

- I'm from China.
- I'm Chinese. (国籍)
- I come from Italy. (有点从哪来的感觉)
- I was born and raised in England. **Bare born /be born /I was born**
- I was born in Liaoning but raised in Guangdong.
- I grew up in Xinjiang and now live in Beijing. **Be raised**
- I'm originally from Xinjiang but I'm now **based in** Hangzhou.
- I've been living in Beijing for 12 years.
- I've spent the past few years in Shanghai.

Countries and Nationalities

常见国家和国籍词汇拓展

国家

国家	国籍	
America/USA	American	美国
Australia	Australian	澳大利亚
Belgium	Belgian	比利时
Brazil	Brazilian	巴西
Canada	Canadian	加拿大
Egypt	Egyptian	埃及
Germany	German	德国
India	Indian	印度
Indonesia	Indonesian	印度尼西亚
Italy	Italian	意大利
Korea	Korean	韩国
Malaysia	Malaysian	马来西亚
Mexico	Mexican	墨西哥
Russia	Russian	俄罗斯
Singapore	Singaporean	新加坡
Britain	British	英国
Denmark	Danish	丹麦
Finland	Finnish	芬兰
Ireland	Irish	爱尔兰
Poland	Polish	波兰
Spain	Spanish	西班牙
Burma	Burmese	缅甸
China	Chinese	中国
Japan	Japanese	日本

Portugal	Portuguese	葡萄牙
Vietnam	Vietnamese	越南
Iraq	Iraqi	伊拉克
Kuwait	Kuwaiti	科威特
Pakistan	Pakistani	巴基斯坦
New Zealand	New Zealander	新西兰
Philippines	Philippine	菲律宾
France	French	法国
Switzerland	Swiss	瑞士
Greece	Greek	希腊
Netherlands	Dutch	荷兰
Iceland	Icelandic	冰岛
Tailand	Thai	泰国

四、工作/学校：

before

I am a student. (学习)

I am an engineer. (工作)

after

I am a sophomore in Renmin University. My major is Law. (学习)

I work for Huawei as an IT engineer. (工作)

学历：

- I am in **the sixth grade/a sixth-grader.** (六年级)
- I've just finished my **middle/high school** (中学/高中).
- I am a **freshman / sophomore / junior / senior in college.** (大学一年级/大学二年级/大学三年级/大学四年级)
- I major in.../My major is... (专业)
- I'm about to graduate.

- I am a marketing graduate. (专业)
- I have a degree in **political science (政治学)**.
- I have a **B.A.(bachelor of arts) degree** in education.
- I have an **M.S.(master of science) degree** in electrical engineering.
- I am a biology **postgrad.**
- I'm currently taking a course in **English.**
- I'm taking a **pottery/design course.**
- I have completed a 72-hour computer training.
- I attended a **night school** in order to stay current with the latest technological changes.

工作:

- I work at/for **公司 in 部门.**
- I work at/for OPPO in the marketing department.
- **I'm a 职位 at 工作地.**
- I'm a manager at a restaurant.
- **I work in 领域.**
- I work in sales/fashion industry.
- **I work as a+职业.**
- I work as a nurse/an accountant.

经验:

- I **have 3 years of experience** in the field.
- I have 10 years of teaching experience.
- **I worked in ...field for ...**
- I worked in the accounting field for 3 years.

五、特长/爱好:

before

I like reading books.

I am good at time management / Maths.

after

And I am fond of reading books

I excel at Time management/ Maths.

- I really like running.
- I enjoy tennis a lot.
- I am a big fan of go karting.
- I am a keen runner/football player.

I excel at many things, but getting over you wasn't one of them.

我擅长很多事情，但忘记你并非其中一件事。——《生活大爆炸》

我为什么喜欢读书呢？

先给观点

I am fond of reading books like Harry Potter.

I love the book Harry Potter because it was the first book I ever read in English.

1. 先给观点

2. 再给例子解释支持观点

I love the book Harry Potter because it was the first book I ever read in English. I got this book when I was 6 years old on birthday party and this was the present from my father.

What do you like doing?

- In my free time, I like _____. (playing basketball/reading books/listening to music)
- I love _____. (going swimming)
- I enjoy _____. (watching TV)
- I hate _____. (going shopping)

like/enjoy/love/hate+-ing

六、经历（BA 原则）：

I used to be a shy person. However, after learning with Ali, I become more confident/fearless.

我为什么害羞，后来变自信了呢？

讲述你的经历（BA 原则 + 解释）：

I used to be a shy person.

I was not fond of talking.（解释）

However, After learning with Ali, I become more confident/fearless.

I am even able to speak fluent English in front of the public.（解释）

表达观点

I dislike a kind of person who is pretentious.

我不喜欢那种装 x 的人。

解释

They try to be rich, important or different, but you do not think that they are.

这种人总是尽力让自己显得有钱，重要或者与众不同，但是你不觉得他们就是这样。

备用话题：家庭

- I have a sister.
- I'm from a family of four.
- We are a family of four.
- I am one/ the youngest of four
- I am an only child.

备用话题：年龄

- I am 31 years old.
- I am at my early 30s.
- I am at my late 30s

- I am at my mid 30s.

备用话题: Fun facts about me

- An interesting fear
- I'm allergic to bees. If we are ever traveling together and you see me start running around in a panic.....it's 'because of a bee.
- A weird like or dislike
- I hate the smell of freshly cut grass.
- Facts about your pet
- I have 5 cats and 2 dogs.
- A strange achievement or extraordinary experience.
- I first traveled solo when I was 16.

七、结束语:

before

Emmmm. That's all.

after

It's my pleasure meeting you.

自我介绍七步原则

①【问候】Greetings!

②【名字】My name is Wanglu and I also go by Kate.

③【地点/现居地】I am from Handan, Hebei. But I am based in Beijing now.

④【学校】I am a sophomore in Renmin University. My major is Law.

【工作】I work for Huawei as an IT engineer.

⑤【擅长】I am good at time management / Maths.

给论据解释: Dealing with numbers always excites me.

【爱好】And I am fond of reading books.

⑥【经历】I used to be a shy person. However, after learning with Ali, I am fearless/confident. (无所畏惧)

给论据解释, 为什么无所畏惧/自信: I am even able to speak fluent English in front of the public.
Because

⑦【结束】It's my pleasure meeting you.

现在我用这个模板

再给你们做一个自我介绍

自我介绍三大层次

思维工具、思路: BA (人生经历), STAR (商务面试), PDCA (组织管理), SMART (目标拆分), SWOT (战略分析)

观点陈述、角度: 例 (讲爱好): 爱好/经历/擅长

信息介绍、表达: 积累地道表达, 日常句型

英语口语自我介绍范文:

I am _____. I was born in _____. I graduate from _____ senior high school and major in _____. I started learning English since I was 12 years old. My parents have a lot of American friends. That's why I have no problem communicating with Americans or others by speaking English. In my spare time, I like to do anything relating to English such as listening to English songs, watching English movies or TV programs or even attending the activities held by one English clubs or institutes.

I used to go abroad for a short-term English study. During that time, I learned a lot of daily life English and saw a lot of different things. I think language is very interesting. I could express one substance by using different sounds. So I wish I could study and read more English literature and enlarge my knowledge.