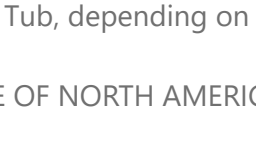


Logo



Before your treatment we invite you to begin your relaxing spa experience in the comfort of your own accommodations with the use of any wet treatment of sauna, steam bath, hot-tub or Whirlpool Bath Tub, depending on your accommodation.

AWARDED ONE OF NORTH AMERICA'S TOP 100 SPAS (#61)

As part of the Algonquin Spa you have access to our fitness/ sauna room.

It is a beautiful cedar sunroom with a fantastic view over the 3 season Swimming Pool and Galeairy Lake.

There are free-weights, benches, a bike machine, a concept 2 rowing machine and a tread mill.

The sunroom also has all the amenities with washrooms and showers, TV and VCR for work out videos, mats, and a drink cooler. After your workout or at the end of your day, revive your soul in the sauna.

The heat will soothe your muscles and purify your skin . .

. Perfect! From here you have easy access to the outdoor heated salt-water pool. Relax and melt away, or do a few laps

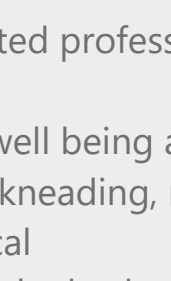
, it is all yours.

SPA POLICIES AND INFORMATION

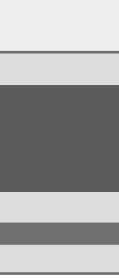
Appointments can be held between 9:00 am to 9:00 pm.

Appointments can be made for up to 2 people at a time,

depending on accommodation size and availability of the Spa Practitioners.



REGISTERED MASSAGE THERAPY



Book Now



registered Massage Therapy

In Spa Only: 30 min \$96 * / 60 min \$186 * / 90 min \$276 *

Touching is healing; from a mother's touch which comforts and soothes her baby to the triumphant athlete patted on the back by fellow athletes.

Based on the same principle as human touch, massage is the oldest method of

promoting good health, suppleness and strength.

Today, the role of massage therapy is recognized by

the general public and other

health care professionals as being an effective health care alternative.

Due to public perception and desire, massage therapy has grown into a more

prominent position.

It is a viable and respected profession promoting good health not only for your

physical but emotional well being also.

Massage Therapy is the kneading, manipulation or

application of methodical

pressure and friction of the body.

Whether it is for treatment of injury, stress or for relaxation,

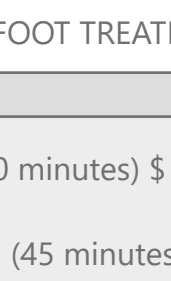
the skilled use of massage through touch is used to

maintain and enhance

the health and well being of the entire body.

Experience the benefits massage can offer you.

1 2 3



HOT STONES, BODY MOLDING, INDIAN HEAD MASSAGE

Relaxing Body Molding Treatment

Available Spa: 60min \$132.*

Available Spa: 30min \$70.*

Escape from your worries during this very relaxing full body treatment. Using body work techniques personalized to

your specific needs we will release muscular tension and stress to calm and soothe your body.

This heavenly treatment will not only bring relief

and enjoyment, it will improve circulation, restore

proper muscle balance and replenish your system.

Ayurveda Indian Head Massage

Available Spa: 60 min \$118*.

Ayurveda Indian Head Massage is a relaxing massage

that stimulates the acupressure points on the head,

upper back, shoulders, neck and face. It promotes

circulation, rebalance energy and releases blockages

which cause stress and strain. in return the body, mind

and soul are up lifted.

Hot Stone Therapy

Hot Stone Therapy in the Spa: 60 min \$166.*

Experience the ultimate in relaxation. Stone massage

involves the application of heated stones to key points

on the body, allowing an intense penetrating heat which

eases muscle aches, improves circulation, relieves back

pain, and reduces stress. The warmth of the stones

promotes deep healing by expanding the blood

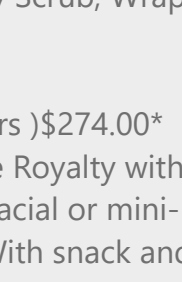
vessels and relaxing the nervous system, alleviating

symptoms

of insomnia and arthritic conditions while melting away

the tension and stresses of daily life.

This unique indulgence is not to be missed!



HAND/FOOT TREATMENTS

Spa Manicure with Polish (60 minutes) \$ 84.00

Spa Manicure with no Polish (45 minutes) - \$78.00

Spa Pedicure with polish (1 hour and 15 min) \$ 105.00

Spa Pedicure with no polish (45 min) \$ 84.00

Paraffin Hand or Foot Treatment Additional fee:

We offer the ultimate for nail care. Paraffin hand or foot treatment

can be added to your manicure or pedicure for a small fee.

Your hands or feet are moisturized, and then dipped in warm

paraffin wax. After 10 minutes the wax is removed and your hands

or feet are massaged with a fabulous lotion. Great for men as well.

NOTE: WE USE OPI NAIL POLISH IN OUR SPA.

**** If you are wearing a Gel nail polish our therapists

will not be able to remove this. *****

1 2 3 4 5 6

SCRUB, WRAPS AND FACIALS

Scrub, Wrap and Facial in the Spa: 1 hour 45min \$270.*

Experience Organic luxury at its finest.

Try any of the following combinations with the guidance of your

Therapist: Chocolate Delight Body Wrap with a Coconut Sugar Scrub,

Pear and Green Apple Body Scrub/Wrap, Blueberry Soy Scrub/Wrap,

or one of our seasonally available treatments.

The Sugar Scrub will polish your skin to a radiant glow.

Complete your treat with our Custom Facial, tailored to your needs.

Scrub and Wrap in the Spa: 1 hour 30 min \$173.*

Find your inner self with our Sugar Scrub and an indulgent Wrap

to revitalize your skin.

Signature Custom Facial in the Spa:

1 hour plus a 15 min consultation \$132.*

Our Spa Therapists will evaluate your skin and tailor your

facial to what your skin needs - from Oily to Sensitive,

Rosacea to Dry, let us pamper and nourish your skin to

find that radiant you underneath.

ALGONQUIN SPA FEATURES

Come and relax at Ontario finest destination resort spas.

Offering many spa packages for couples,

honeymooners and anniversaries.

Divine - (2 hours long) \$208.00

A Divine treatment! Enjoy a glass of our house red or white wine,

while having your hands and feet pampered with a manicure

and a pedicure

Heaven (4 hours) \$477.00*

This is a Divine Indulgence, includes the following:

Scrub, Body Wrap, Facial, Relaxing Body Molding, Manicure

or Pedicure. With snack and beverage.

Rejuvenating Body Package (3 hours) \$384.00*

Body Molding then a Body Scrub, Wrap and Facial.

With snack and beverage.

Solstice in the Day (3 hours)\$274.00*

This will make you feel like Royalty with utmost pampering and care.

Package includes a mini-facial or mini-body molding.

Manicure and Pedicure. With snack and beverage.

WAXING SERVICES

Space available on a walk-in basis only. - See office for pricing.

Eye Brows ~ Upper Lip ~ Chin ~ Face (includes eyebrows,

chin and upper lip)~ Arms ~ Half Leg ~ Full Leg ~

(Womens) Bikini ~ Under Arms ~ Men Chest ~ Men Back

WORLD RENOWNED EMINENCE HANDMADE ORGANIC SKIN CARE

We are proud to offer the Eminence Organic Skin Care

line offers a truly exquisite experience with products

that are so natural that you can see the fresh fruit pulps,

seeds, and smell the real herbs.

The philosophy is simple and natural, and it

fits with the modern need of finding a natural skin care solution.



First & Last Name

Question/Comment

Send

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Minden, Soyers Lake, ON

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Toll Free:+1 877 201-1156

FAX:+1 613 638 2217

E-mail: info@couplesresort.com

All prices and services on this website and in our reservation system are based on conditions at the time of publishing and are subject to change. Please call to confirm services, availability and pricing.

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