

Predictive Power for Thickness Improvement: Retina_0_6

Predictor

Sleep Duration

Total Steps

Blood Oxygen

Heart Rate

Cross-validated R^2

0.6

0.5

0.4

0.3

0.2

pre_7d_all

pre_3d_7d

pre_3d

post_7d

post_7d_30d

post_day23_30

post_day27_30

Time Window

