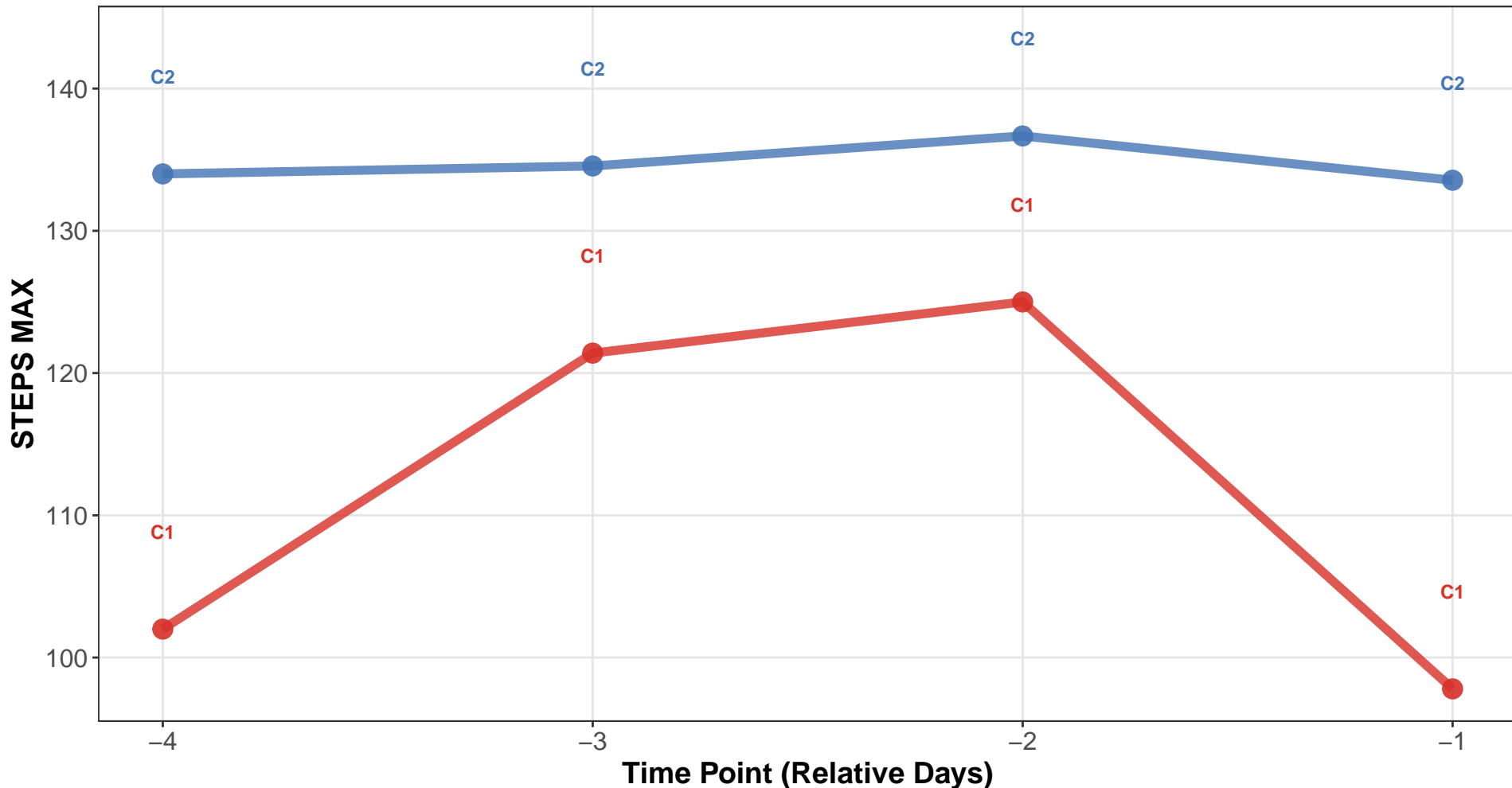**BASELINE Pattern–Unified Trends: STEPS MAX**

Colors unified by physiological patterns (Blue=Good, Red=Poor)

Blue = Good Pattern (Low CV, High Steps) | Red = Poor Pattern (High CV, Low Steps)