

# Predictive Power for Thickness Improvement: OuterRetina\_0\_6

Predictor

Sleep Duration

Total Steps

Blood Oxygen

Heart Rate

Cross-validated  $R^2$

0.4

0.3

0.2

0.1

pre\_7d\_all

pre\_3d\_7d

pre\_3d

post\_7d

post\_7d\_30d

post\_day23\_30

post\_day27\_30

Time Window

