### TECHNOLOGICAL INSTITUTE OF THE PHILIPPINES

938 Aurora Blvd. Cubao, Quezon City

### **COLLEGE OF COMPUTER STUDIES**

## **Project Compilation**

# Heart Disease Classification Model using the Random Forest Algorithm

In Partial Fulfillment of the Requirements for

ITE 030 - Data Analytics

by:

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#### I. Introduction

Cardiovascular diseases are prevalent these days, they describe a range of conditions that could affect your heart. The World Health Organization estimates that 17.9 million global deaths are from Cardiovascular diseases (CVDs). Heart diseases are known to be one of the leading causes of death worldwide, day by day, each case of heart disease is increasing at a rapid rate, making accurate prediction of heart disease risk a critical challenge (Jindal H., et al., 2021). However multiple linear regression would be a good statistical method for predicting the likelihood of heart disease based on different factors.

Recent research has increasingly focused on applying machine learning algorithms for heart disease prediction. For instance, Reddy et al. (2021) compared several machine learning classifiers, including logistic regression, decision trees, and random forests, finding that ensemble methods yielded the highest accuracy. Mohan et al. (2022) created a hybrid machine-learning model that combined multiple algorithms to improve prediction accuracy.

Despite advancements in machine learning, multiple linear regression has its benefits. It can manage different predictor variables, is easy to interpret, and provides a clear estimate of the impact of each risk factor on heart disease likelihood. By using multiple linear regression for heart disease prediction, the researchers aim to create a model that is both accurate and easy to understand, helping doctors make better decisions. This method prioritizes improved early detection and guides preventive measures to reduce the impact of heart disease.

### **II.** Business Understanding

### **Background of the Study**

Based on research conducted by WHO in 2021, heart disease is still internationally recognized for taking away almost 18 million lives annually. According to Shu (2017), traditional diagnostic methods are time-consuming and/or invasive making it a major hassle given that it may still be prone to errors. Heart disease prediction is crucial for early diagnosis and prevention, potentially saving millions of lives and reducing healthcare costs. Traditional methods of diagnosing heart disease often rely on manual interpretation of medical data, which can be time-consuming and prone to error (Heart and Stroke Foundation of Canada, 2020). Common diagnostic tests include blood tests, chest X-rays, and electrocardiograms (ECGs), which record the electrical signals in the heart to detect abnormalities (Mayo Clinic, 2022).

The integration of machine learning in healthcare is a growing trend, with algorithms being used to analyze vast amounts of patient data to identify patterns and predict outcomes. Current data analytics solutions for heart disease prediction include logistic regression, decision trees, and neural networks. However, these models often require extensive computational resources and may not be interpretable, which is critical in medical applications (Rajkomar, Dean, & Kohane, 2019).

This project intends to fill these gaps by developing a multiple linear regression model that not only predicts heart disease with high accuracy and provides interpretable

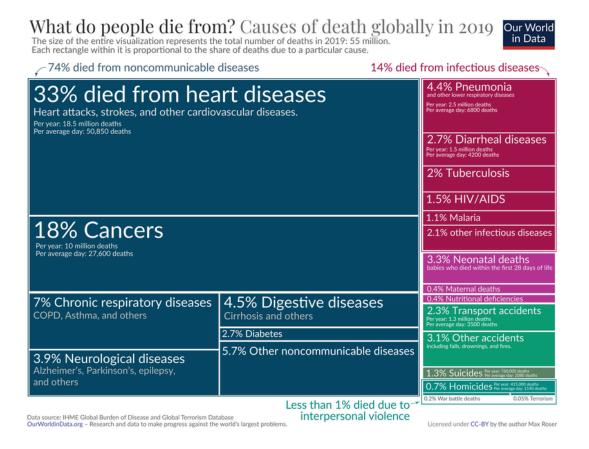
results but also, provides less expensive diagnostic check-ups. By doing so, it aims to assist healthcare professionals in making informed decisions and improving patient outcomes. The project will focus on optimizing the model for accuracy, handling multicollinearity, and ensuring a reliable prediction. By utilizing data from individuals with heart disease, the model can offer another basis for determining the risk, complementing existing diagnostic methods.

#### A. Current metrics, trends, or dashboard

Figure 1.

As seen in Figure 1, this shows that globally, 33% of deaths are due to heart diseases (e.g.heart attacks, strokes, and other cardiovascular diseases) and it is the most common cause of death, responsible for a third of all deaths globally, a total of around 18 million. This is according to IHME (2019)

What do people die from? Causes of death globally in 2019



Here in figure 2, consists of the top 20 causes of death in the Philippines starting from January to August in 2022 and 2023. The leading causes were due to ischaemic heart diseases, neoplasms, and cerebrovascular diseases. And according to the Philippine Statistics Authority (2024), Ischemic heart disease is the first cause. From January to

August of 2023, ischaemic heart diseases were the leading cause of death with 76,901 cases or 19.1% were the total deaths in the country.

Figure 2.

All causes of mortality (Top 20), Philippines: January to August, 2022 & 2023.

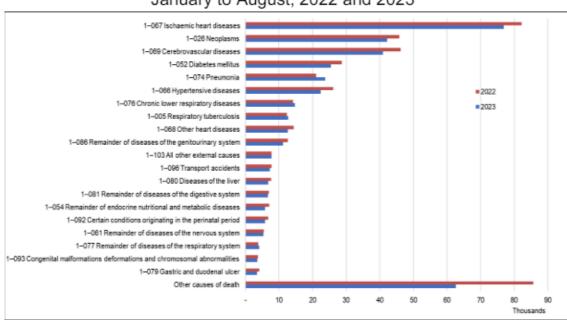


Figure 1. All Causes of Mortality (Top 20), Philippines: January to August, 2022 and 2023

Source: Philippine Statistics Authority

Note: Symptoms, signs, and abnormal clinical and laboratory findings, not elsewhere classified (R00-R99) are not included in the analysis due to the unspecified nature of these causes.

The high cost of hospitalization and diagnostic testing drastically impacts the economic status and accessibility of healthcare services for many individuals and families. According to Tumanan-Mendoza (2018), a study in the Philippines revealed that hospitalizing patients with congestive heart failure (CHF) is costly. Government hospitals charged between PHP 19,340 and PHP 41,800 per case, while the Philippine Health Insurance Corporation (PhilHealth) covered only PHP 15,700 per case. Non-healthcare

expenses, like lost income and transportation, added PHP 10,700 to PHP 14,600 per case. The study estimated the total economic burden due to congestive heart failure hospitalizations, ranging from PHP 851,850,000 to PHP 1,841,563,000. These findings highlight the significant financial strain on patients.

#### **B.** Statement of the Problems

Heart disease remains a global concern, contributing to high morbidity and mortality rates. Early detection and accurate detection of possible heart disease are crucial for on-point intervention and prevention strategies. Despite advances in medical diagnostics, there is still a need for effective and efficient classification models that can leverage clinical and demographic data to identify individuals at high risk of developing heart disease.

## III. Data Sample, Extraction, and Data Mining

The data source comes from the UCI heart disease dataset. The data comes from four different locations, namely: (1) Hungarian Institute of Cardiology in Budapest, Hungary, (2) University Hospital in Zurich, Switzerland, (3) University Hospital in Base, Switzerland, and (3) V.A. Medical Center in Long Beach, California and Cleveland Clinic Foundation. The data from these four locations was combined into a comprehensive dataset which checks for the likelihood that a person has heart disease based on the 14 attributes.

**Dataset:** <a href="https://www.kaggle.com/datasets/redwankarimsony/heart-disease-data">https://www.kaggle.com/datasets/redwankarimsony/heart-disease-data</a>

**Figure 3.**Dataset from Kaggle

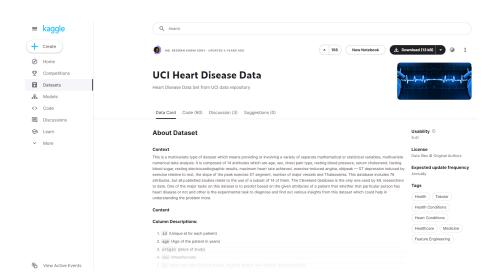


Figure 4.

# Dataset in CSV File

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id	age	sex	dataset	ср	trestbps	chol	fbs	restecg	thalch	exang	oldpeak	slope	ca	thal	num
	1	63 Male	Cleveland	typical angi	145	23	3 TRUE	lv hypertro	150	FALSE	2.	3 downslopii		0 fixed defec	
	2	67 Male	Cleveland	asymptoma	160	28	6 FALSE	lv hypertro	108	TRUE	1.	5 flat		3 normal	
	3	67 Male	Cleveland	asymptoma	120	22	9 FALSE	lv hypertro	129	TRUE	2.	6 flat		2 reversable	
	4	37 Male	Cleveland	non-angina	130	25	0 FALSE	normal	187	FALSE	3.	5 downslopii		0 normal	
	5	41 Female	Cleveland	atypical ang	130	20	4 FALSE	lv hypertro	172	FALSE	1.	4 upsloping		0 normal	
	6	56 Male	Cleveland	atypical ang	120	23	6 FALSE	normal	178	FALSE	0.	8 upsloping		0 normal	
	7	62 Female	Cleveland	asymptoma	140	26	8 FALSE	lv hypertro	160	FALSE	3.	6 downslopii		2 normal	
	8	57 Female	Cleveland	asymptoma	120	35	4 FALSE	normal	163	TRUE	0.	6 upsloping		0 normal	
	9	63 Male	Cleveland	asymptoma	130	25	4 FALSE	lv hypertro	147	FALSE	1.	4 flat		1 reversable	
	10	53 Male	Cleveland	asymptoma	140	20	3 TRUE	lv hypertro	155	TRUE	3.	1 downslopii		0 reversable	
	11	57 Male	Cleveland	asymptoma	140	19	2 FALSE	normal	148	FALSE	0.	4 flat		0 fixed defec	
	12	56 Female	Cleveland	atypical ang	140	29	4 FALSE	lv hypertro	153	FALSE	1.	3 flat		0 normal	
	13	56 Male	Cleveland	non-angina	130	25	6 TRUE	lv hypertro	142	TRUE	0.	6 flat		1 fixed defec	
	14	44 Male	Cleveland	atypical ang	120	26	3 FALSE	normal	173	FALSE		0 upsloping		0 reversable	
	15	52 Male	Cleveland	non-angina	172	19	9 TRUE	normal	162	FALSE	0.	5 upsloping		0 reversable	
	16	57 Male	Cleveland	non-angina	150	16	8 FALSE	normal	174	FALSE	1.	6 upsloping		0 normal	
	17	48 Male	Cleveland	atypical ang	110	22	9 FALSE	normal	168	FALSE		1 downslopii		0 reversable	
	18	54 Male	Cleveland	asymptoma	140	23	9 FALSE	normal	160	FALSE	1.	2 upsloping		0 normal	
	19	48 Female	Cleveland	non-angina	130	27	5 FALSE	normal	139	FALSE	0.	2 upsloping		0 normal	
	20	49 Male	Cleveland	atypical ang	130	26	6 FALSE	normal	171	FALSE	0.	6 upsloping		0 normal	
	21	64 Male	Cleveland	typical angi	110	21	1 FALSE	lv hypertro	144	TRUE	1.	8 flat		0 normal	
	22	58 Female	Cleveland	typical angi	150	28	3 TRUE	lv hypertro	162	FALSE		1 upsloping		0 normal	
	23	58 Male	Cleveland	atypical ang	120	28	4 FALSE	lv hypertro	160	FALSE	1.	8 flat		0 normal	
	24	58 Male	Cleveland	non-angina	132	22	4 FALSE	lv hypertro	173	FALSE	3.	2 upsloping		2 reversable	

## IV. Data Exploration, Preparation, and Transformation

## **Exploration of Data (Reporting, Summarizing, and Descriptive Analysis)**

### o Reporting

- The dataset has 16 different attributes with 920 instances. Table 1 tabulates the different attributes on the dataset, their data type, and their description.
- Figure 7 shows that there are attributes with missing values. These may cause biases or inaccuracies on the prediction if it is not handled properly in the data preparation process.

**Table 1**Data Dictionary of the Attributes

Data Dictionary of the Attributes										
Attribute Name	Data Type	Description								
id	numeric	Unique identification number of a patient								
age	numeric	Age of the patient (years)								
dataset	character	The place where the study was conducted								
sex	character	Male or Female								
ср	character	Type of Chest Pain (typical angina, atypical angina, non-anginal, asymptomatic)								
trestbps	numeric	resting blood pressure (mmHg)								
chol	numeric	serum cholesterol (mg/dl)								
fbs	logical	checks if fasting blood sugar is greater than 120 mg/dl								
restecg	character	resting electrocardiographic results (normal, stt abnormality, lv hypertrophy)								
thalach	numeric	maximum heart rate achieved								
exang	logical	check for exercise-induced angina								
oldpeak	numeric	ST depression induced by exercise relative to rest								
slope	character	slope of the peak exercise ST segment								
ca	numeric	number of major vessels (0-3) colored by fluoroscopy								
thal	character	normal; fixed defect; reversible defect								
num	numeric	prediction value (0 = no heart disease; 1, 2, 3, 4 stages of heart disease)								

Figure 5

Checking for structure of the dataset with RStudio

```
1 library(readr)
      hd_dataset <- read.csv(file="heart_disease_uci.csv", na.strings = c(".", "NA", ""))
   3
   4
   5 str(hd_dataset)
   6
      (Top Level) $
 5:16
Console Terminal × Background Jobs ×
> library(readr)
> hd_dataset <- read.csv(file="heart_disease_uci.csv", na.strings = c(".", "NA", ""))</pre>
> str(hd_dataset)
'data.frame': 920 obs. of 16 variables:
          : int 12345678910...
 $ id
        : int 63 67 67 37 41 56 62 57 63 53 ...
: chr "Male" "Male" "Male" "Male" ...
 $ age
$ sex
$ dataset : chr "Cleveland" "Cleveland" "Cleveland" "Cleveland" ...
 $ cp : chr "typical angina" "asymptomatic" "asymptomatic" "non-anginal" ...
 $ trestbps: int 145 160 120 130 130 120 140 120 130 140 ...
         : int 233 286 229 250 204 236 268 354 254 203 ...
 $ chol
$ fbs : logi TRUE FALSE FALSE FALSE FALSE FALSE FALSE ...
$ restecg : chr "lv hypertrophy" "lv hypertrophy" "lv hypertrophy" "normal" ...
$ thalch : int 150 108 129 187 172 178 160 163 147 155 ...
 $ exang : logi FALSE TRUE TRUE FALSE FALSE FALSE ...
$ oldpeak : num 2.3 1.5 2.6 3.5 1.4 0.8 3.6 0.6 1.4 3.1 ...
$ slope : chr "downsloping" "flat" "flat" "downsloping" ...
          : int 0320002010...
          : chr "fixed defect" "normal" "reversable defect" "normal" ...
$ thal
$ num : int 0 2 1 0 0 0 3 0 2 1 ...
```

#### Figure 6

Checking for the shape of the dataset with RStudio

```
6 cat("Dataset Shape: ", dim(hd_dataset), "\n")

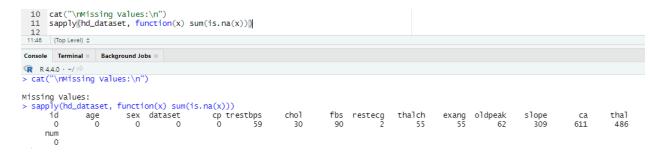
6:46 (Top Level) 

Console Terminal × Background Jobs ×

R 8.4.4.0 · ~/ 
> cat("Dataset Shape: ", dim(hd_dataset), "\n")
Dataset Shape: 920 16
```

Figure 7

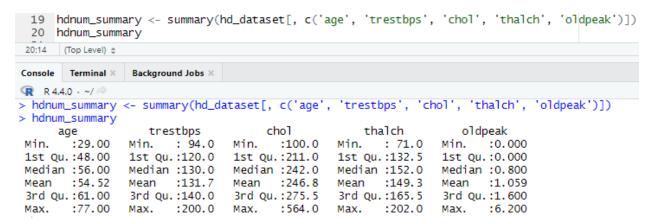
Checking for the number of missing values on each column of the dataset



### Summarizing

Summarization for Numerical Variables
 Using the summary() function, the summary statistics of the numeric
 variables on the dataset. Take note that this summarization is before the
 data cleaning process and may still be changed as the missing values are
 still not handled.

Figure 8
Statistical summary of the numeric variables on the dataset.



Note: The dataset is yet to be cleaned at this stage, thus, it may yield unreliable results. The researchers followed the order of the document template.

Summarization for Categorical Variables
 Using the table(), the researchers are able to find the frequency for each possible value in an attribute. By looping this function, thay are able to do the previous function to all attributes defined in the hdcat\_summary vector.

Figure 9

Summary of the frequency for the categorical variables on the dataset.

```
20:2 (Top Level) $
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+ print(table(hd_dataset[[var]], useNA = "ifany"))
+ }
Frequency counts for sex :
Frequency counts for cp :
 asymptomatic atypical angina non-anginal typical angina
496 174 204 46
Frequency counts for fbs :
Frequency counts for restecg :
 lv hypertrophy normal st-t abnormality
188 551 179
Frequency counts for exang :
Frequency counts for slope :
downsloping flat upsloping <NA>
63 345 203 309
Frequency counts for ca :
0 1 2 3 <NA>
181 67 41 20 611
Frequency counts for thal :
   fixed defect normal reversable defect
Frequency counts for num :
0 1 2 3 4
411 265 109 107 28
```

### Descriptive Analysis

To perform the descriptive analysis, the researchers will perform the data cleaning first to ensure that the insights gained from this section is reliable. For this section, the researchers worked with data that is already cleaned (see the Preparation section for further details).

Figure 10 shows the age distribution for the cleaned dataset. Based on the values given using the summary() function, the average age for this dataset is 54. The youngest patient on this dataset is 29 while the oldest patient is 77. Lastly, 25% of the data from the dataset is equal or below 48 while the 75% of the data is equal or below 61.

Figure 10
Histogram for the age attribute

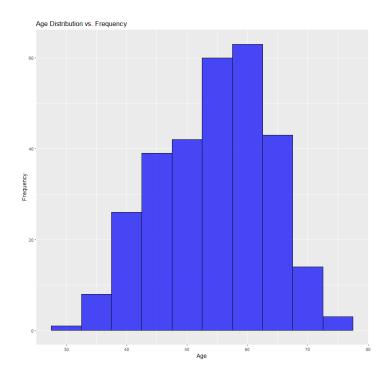


Figure 11 shows the scatter plot for each numeric value, tested against each combination.

**Figure 11**Scatter plot for numeric values

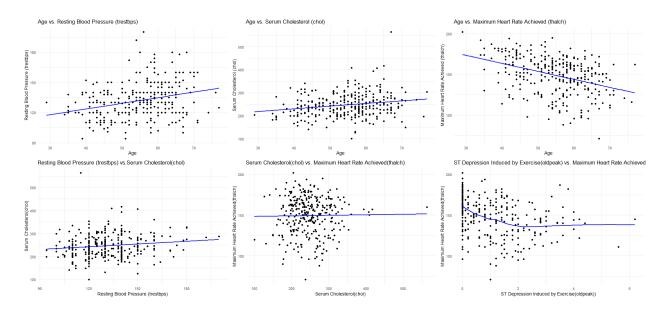


Figure 12 shows the distribution of heart disease based on sex. As stated on Table 1, each number represents the stage of heart disease of that patient. The number 0 represents patients with no heart disease, number 1 for stage 1, and so on. The stacked bar plot is used to represent the population of each stage to easily identify the quantity of each instance.

**Figure 12**Distribution of stages of heart disease based on sex

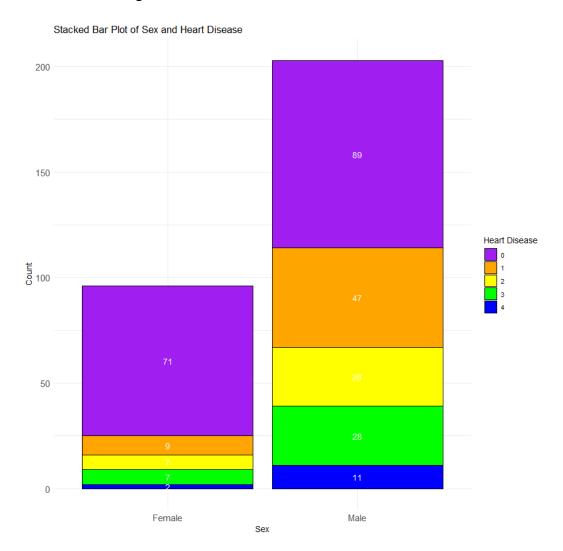
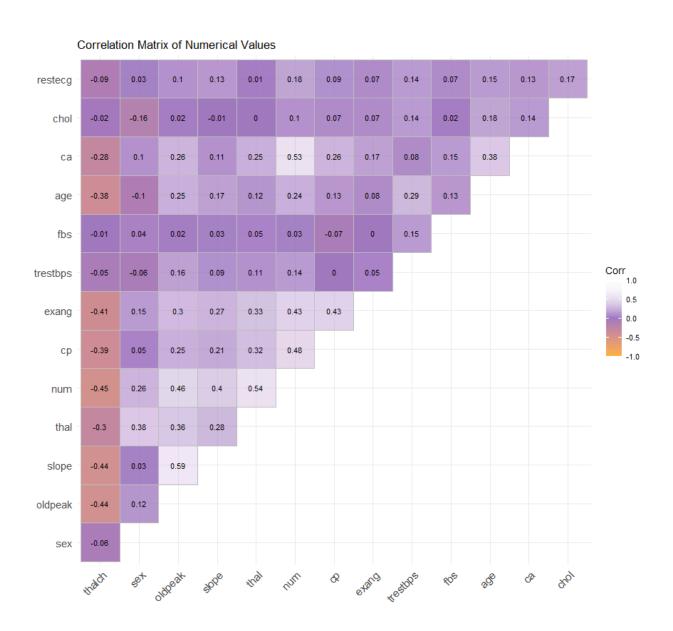


Figure 13 shows the correlation matrix of each of the relevant variables. The values on each square represents the strength of relationship between the variables wherein the value that is closer to 1 represents higher correlation.

**Figure 13**Correlation Matrix of Variables



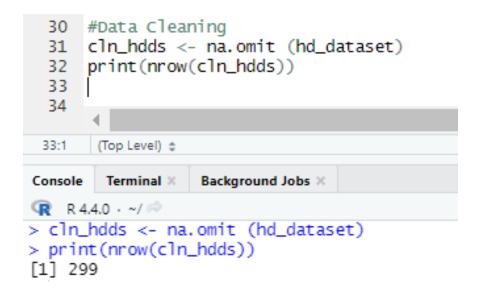
#### • Preparation (Data Cleaning)

• Handling missing values

Figure 14 shows that the rows containing null values were removed using the na.omit() function. After printing the number of rows in the dataset, we are left with 299 rows. This is a significant decrease from 920 instances. The researchers realized that the statistical power of the dataset will be lower due to lesser population. However, the researchers are also considering the accuracy and quality of the results on the latter phase of this project, thus, we opted to remove the rows with null values first.

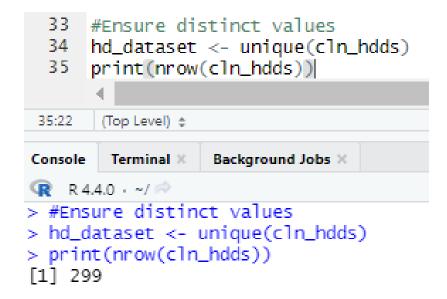
Figure 14

Removing all of the rows with null values using na.omit() function



• Handling duplicate rows

Figure 15
Using the unique() function to ensure that there are no duplicates



• Ensuring correct data type

Figure 5 shows the structure of the entire dataset along with the respective data types of attributes. Through observations, the researchers have identified that the data types for each attribute are correct.

• Identifying and removing unnecessary attributes

Figure 12 shows how the select() function from the dplyr library was used.

The 'id' and 'dataset' columns were removed as they are unnecessary in identifying the likelihood of having a heart disease.

Figure 16

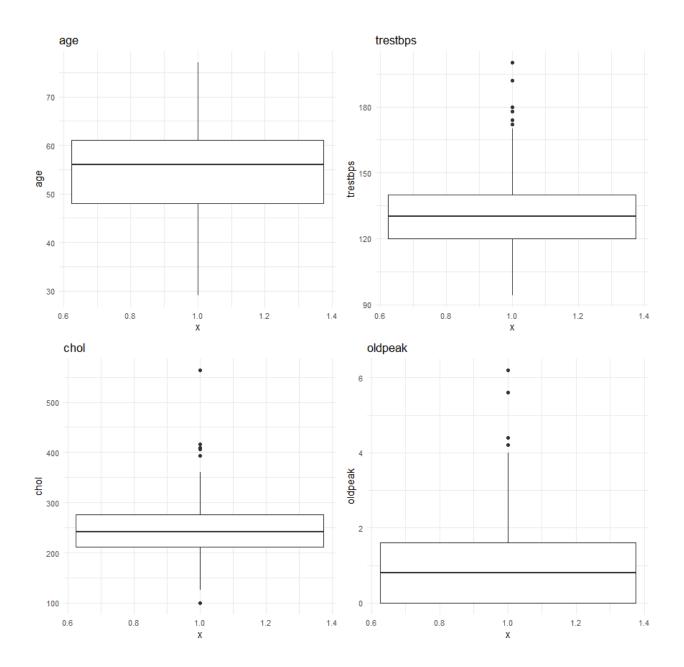
Removing 'id' and 'dataset' columns

```
37
     library(dplyr)
  38 #removing unnecessary attributes
  39 cln_hdds <- cln_hdds %>%
 40
       select(-id, -dataset)
 41 head(cln_hdds)
 41:15 (Top Level) $
      Terminal ×
                 Background Jobs
Console
> head(cln_hdds)
                          cp trestbps chol
                                                        restecg thalch exang oldpeak
                                             fbs
  age
        sex
             typical angina
                                           TRUE 1v hypertrophy
                                                                                 2.3
  63
       Male
                                 145
                                       233
                                                                   150 FALSE
  67
       Male
                asymptomatic
                                 160
                                       286 FALSE 1v hypertrophy
                                                                   108 TRUE
                                                                                 1.5
                                       229 FALSE 1v hypertrophy
3
  67
                                 120
                                                                   129
                                                                       TRUE
       Male
                asymptomatic
                                                                                 2.6
  37
       Male
                 non-anginal
                                 130
                                       250 FALSE
                                                        normal
                                                                   187 FALSE
                                                                                 3.5
                                       204 FALSE 1v hypertrophy
  41 Female atypical angina
                                 130
                                                                   172 FALSE
                                                                                 1.4
       Male atypical angina
                                 120
                                       236 FALSE
                                                         normal
                                                                   178 FALSE
                                                                                 0.8
        slope ca
                             thal num
                      fixed defect
1 downsloping 0
                                    0
        flat 3 normal
flat 2 reversable defect
2
                                     2
3
                                     1
4 downsloping 0
                            normal
                                     0
                            normal
   upsloping 0
                                     0
   upsloping 0
                            normal
                                     0
```

#### Handling outliers

To handle the outliers, the researchers have used box plots for numeric variables. The points outside the 'whiskers' represent the outliers. One point to consider, however, is that the origin of these data are medical institutions. It is likely a medical professional is present on the collection of the data. Thus, the outliers will not be removed but will be taken into account when we work further with the project.

**Figure 17**Visual representation of the outliers for numerical values using boxplot



### • Transformation

Figure 18

Overview of the transformed dataset using Microsoft Excel

	Α	В	С	D	E	F	G	Н	1	J	K	L	M	N	О	Р	
1	id	age	sex	dataset	ср	trestbps	chol	fbs	restecg	thalch	exang	oldpeak	slope	ca	thal	num	
2	1	63	1	Cleveland	0	145	233	1	2	150	0	2.3		2	0	1	0
3	2	67	1	Cleveland	3	160	286	0	2	108	1	1.5		1	3	0	2
4	3	67	1	Cleveland	3	120	229	0	2	129	1	2.6		1	2	2	1
5	4	37	1	Cleveland	2	130	250	0	0	187	0	3.5		2	0	0	(
6	5	41	0	Cleveland	1	130	204	0	2	172	0	1.4		0	0	0	(
7	6	56	1	Cleveland	1	120	236	0	0	178	0	8.0		0	0	0	(
8	7	62	0	Cleveland	3	140	268	0	2	160	0	3.6		2	2	0	3
9	8	57	0	Cleveland	3	120	354	0	0	163	1	0.6		0	0	0	(
10	9	63	1	Cleveland	3	130	254	0	2	147	0	1.4		1	1	2	2
11	10	53	1	Cleveland	3	140	203	1	2	155	1	3.1		2	0	2	1
12	11	57	1	Cleveland	3	140	192	0			0	0.4		_	0	1	(
13	12	56	0	Cleveland	1	140	294	0	2	153	0	1.3		1	0	0	(
14	13	56	1	Cleveland	2	130	256	1	2	142	1	0.6		1	1	1	2
15	14	44	1	Cleveland	1	120	263	0	0	173	0	0	(	0	0	2	(
16	15	52	1	Cleveland	2	172	199	1	0	162	0	0.5	(	0	0	2	(
17	16	57	1	Cleveland	2	150	168	0	0	174	0	1.6		0	0	0	0
18	17	48	1	Cleveland	1	110	229	0	0	168	0	1		2	0	2	1
19	18	54	1	Cleveland	3	140	239	0	0	160	0	1.2	(	0	0	0	0
20	19	48	0	Cleveland	2	130	275	0	0	139	0	0.2		0	0	0	C
21	20	49	1	Cleveland	1	130	266	0			0	0.6	-	0	0	0	C
22	21	64	1	Cleveland	0	110	211	0	2	144	1	1.8		1	0	0	(
23	22	58	0	Cleveland	0	150	283	1	2	162	0	1		0	0	0	C
24	23	58	1	Cleveland	1	120	284	0	2	160	0	1.8		1	0	0	1
25	24	58	1	Cleveland	2	132	224	0	2	173	0	3.2		0	2	2	3

### • Merging and Clearing (Data Fine Tuning)

As mentioned in the discussion in section III, the dataset used for this project is already a comprehensive dataset wherein the data from four different locations were aggregated. Thus, the merging step is deemed unnecessary for the project.

## V. Modeling, Evaluation, and Validation

#### A. Modeling

#### Model Selection

The Random Forest model is a great choice for predicting heart disease because of several important reasons. It is good at dealing with outliers, which are unusual data points that can mess up other models. This is important in medical data where some values might be extremely high or low. Random Forest builds multiple decision trees using different parts of the data, which helps it handle outliers well.

Another reason is that Random Forest can find complex patterns in the data. For example, heart disease risk might depend on a combination of factors like age, cholesterol levels, and lifestyle. Random Forest can understand these complicated relationships better than simpler models.

#### • Feature Selection

The researchers selected features for the Random Forest model using statistical methods, machine learning techniques, and domain knowledge. They removed irrelevant columns and handled missing values, converting the target variable 'num' to a factor. Statistical methods like correlation analysis identified significant numerical features, while feature importance from Random Forests prioritized impactful ones. Data from healthcare professionals ensured clinically relevant features like age, sex, cholesterol levels, and resting blood pressure were included, making the feature selection process thorough and effective.

### Data Preprocessing

To prepare the heart disease dataset for analysis, several steps were taken. First, any incomplete rows with missing values were removed to ensure the dataset was complete. Next, two columns, dataset, and id, were dropped as they didn't contribute to our analysis. The num column, which indicates different types of heart disease, was converted into a categorical variable to classify the types accurately. After this, the dataset was split into two parts: features (all columns except num) and the target variable (num) because this is the variable that represents the types of heart disease. This separation helped in clearly defining what we're predicting (heart disease types) and what we're using to make predictions (the dataset's features). This structured approach ensured our data was ready for building and evaluating predictive models

#### Figure 19.

Removing the rows with missing values as well as the 'dataset' and 'id' columns then assigning feature and target variable/s

```
# Remove rows with NA/missing values
heart_data <- na.omit(heart_data)

# Remove the 'dataset' column if present
heart_data <- heart_data[, !colnames(heart_data) %in% c("dataset")]

# Remove the 'id' column if present
heart_data <- heart_data[, !colnames(heart_data) %in% c("id")]

# View the first few rows of the data after cleaning
head(heart_data)

# Assuming 'num' is the target variable (types of heart disease)
# Convert 'num' to factor
heart_data$num <- as.factor(heart_data$num)

# Separate the features and the target variable
features <- heart_data[, -ncol(heart_data)] # All columns except the last one
target <- heart_data$num # Now 'num' is a factor</pre>
```

#### Figure 20.

The first few rows of the data after cleaning

```
> # view the first few rows of the data after cleaning
> head(heart_data)
  age sex cp trestbps chol fbs restecg thalch exang oldpeak slope ca thal num
1 63 1 0 145 233 1 2 150 0 2.3 2 0 1 0
2 67 1 3 160 286 0 2 108 1 1.5 1 3 0 2
3 67 1 3 120 229 0 2 129 1 2.6 1 2 2 1
4 37 1 2 130 250 0 0 187 0 3.5 2 0 0 0
5 41 0 1 130 204 0 2 172 0 1.4 0 0 0 0
6 56 1 1 1 120 236 0 0 178 0 0.8 0 0 0 0
```

#### Model Training

The dataset was split into training and testing sets using the c~function, where 70% of the data was allocated to training (trainData) and the remaining 30% to testing (testData).

#### Figure 21.

Splitting the data

```
# Split the data into training and testing sets
trainIndex <- createDataPartition(target, p = 0.7, list = FALSE)
trainData <- heart_data[trainIndex,]
testData <- heart_data[-trainIndex,]</pre>
```

Next, a Random Forest model (rf\_model) was trained using the randomForest function. This model predicts the num variable using all other

#### Figure 22.

Training the random forest model.

```
# Train the Random Forest model
rf_model <- randomForest(num ~ ., data = trainData, importance = TRUE, ntree = 500)</pre>
```

variables ( $\sim$  .) in the trainData dataset. The model was configured with 500 trees (ntree = 500), and feature importance was computed (importance = TRUE).

After training, predictions were made on the test data (testData) using the predict function based on the rf model.

#### Figure 23.

Making predictions on the test data.

```
# Make predictions on the test data
predictions <- predict(rf_model, newdata = testData)</pre>
```

Hyperparameter tuning was performed using cross-validation (trainControl(method = "cv", number = 5)) to optimize the Random Forest model's performance. The tuning grid (tuneGrid) specified different values of mtry (number of variables randomly sampled at each split), allowing the train function to select the best parameters (tuned rf model).

#### Figure 24.

Tuning and defining the tuning grid.

```
# Hyperparameter Tuning
# Define the tuning grid
tuneGrid <- expand.grid(mtry = c(2, 4, 6, 8))</pre>
```

Performing cross-validation on the tuned random forest model to make sure it is good at predicting values.

## Figure 25.

Performing cross-validation.

```
# Perform cross-validation tuned_rf_model <- train(num ~ ., data = trainData, method = "rf", tuneGrid = tuneGrid, trControl = trainControl(method = "cv", number = 5))
```

### **B.** Evaluation of the Model Result

### • Evaluation Metrics

The researchers evaluate model performance using a confusion matrix; the given metrics provide insights into how effectively the model predicts heart disease. The model showed 62% accuracy

## Figure 26.

Creating a confusion matrix for the evaluation of predictions

```
78 # Create a confusion matrix to evaluate the predictions using tuned model
  79 conf_matrix <- confusionMatrix(predictions_tuned, testData$num)</pre>
  80 print(conf_matrix)
  81
  # Calculate accuracy metrics of the new tuned model
  83 accuracy <- sum(predictions_tuned == testData$num) / length(predictions)
84 cat("Accuracy:", accuracy, "\n")</pre>
  85
  86 # Make predictions on new data (example)
  87  new_data <- data.frame(</pre>
  88
       age = 67,
  89
        sex = 1,
  90
        cp = 3,
  91
        trestbps = 160,
  92
        chol = 286,
  93
        fbs = 0,
  94
        restecg = 2,
 78:1 (Top Level) $
Console Terminal × Background Jobs ×
Reference
Prediction 0 1 2
                    3 4
         0 48 9 6
                     3 1
         1 0 3 1 5 1
         2 0 2 3 2 0
         3 0 2 0 0 1
         4 0 0 0 0 0
Overall Statistics
               Accuracy: 0.6207
                 95% CI: (0.5103, 0.7226)
    No Information Rate : 0.5517
    P-Value [Acc > NIR] : 0.1175
                  карра : 0.2986
```

#### • Performance Assessment

The researchers will evaluate model performance using metrics such as accuracy, precision, recall, and F1-score for classification tasks. This evaluation will be based on predictions made by the random forest model trained on the heart disease dataset.

#### Figure 27.

Calculating the accuracy

```
> # Calculate accuracy metrics
> accuracy <- sum(predictions == testData$num) / length(predictions)
> cat("Accuracy:", accuracy, "\n")
Accuracy: 0.5747126
```

#### • Error Analysis

The researchers used a confusion matrix for the model's error analysis.

Figure 28.

```
# View the best mode
         print(tuned_rf_model)
    77 # Make predictions on the test data using the tuned model
78 predictions_tuned <- predict(tuned_rf_model, newdata = testData)
  74:1 (Top Level) $
 Console Terminal × Background Jobs ×
 R 4.2.3 · ~/ ≈
0 104 6 1 1 0 0.07142857
1 24 8 4 4 0 0.80000000
    6 6 5 7 1 0.80000000
3  4 11 8 1 1 0.96000000
4  1 2 1 6 0 1.00000000
 > # View the model summary
 > print(rf_model)
call:
 randomForest(formula = num ~ ., data = trainData, importance = TRUE,
                                                                                                ntree = 500)
                   Type of random forest: classification
                           Number of trees: 500
No. of variables tried at each split: 3
          OOB estimate of error rate: 44.34%
Confusion matrix:
     0 1 2 3 4 class.error
0 104 6 1 1 0 0.07142857
1 24 8 4 4 0 0.80000000
2 6 6 5 7 1 0.80000000
3 4 11 8 1 1 0.96000000
    1 2 1 6 0 1.00000000
```

#### C. Validation

#### • Validation Techniques

The researchers used a train-test split to validate the model. Moreover, cross-validation was conducted to tune the and improve the model making it robust and accurate.

### Figure 29.

```
'0
'1 # Perform cross-validation
'2 tuned_rf_model <- train(num ~ ., data = trainData, method = "rf", tuneGrid = tuneGrid, trControl = trainControl(method = "cv", number = 5))
```

## • Overfitting and Underfitting

The researcher employs the mtry parameter in the random forest model to mitigate overfitting. mtry controls the number of variables randomly sampled at each split of a tree. By limiting the number of features considered for each decision split, the model's complexity is managed.

Figure 30.

```
66
67 #Hyperparameter Tuning
68 # Define the tuning grid
69 tuneGrid <- expand.grid(mtry = c(2, 4, 6, 8))
```

#### • External Validation

The utilized dataset in the study is already a combined data, hence, the researcher did not have the need to integrate more data resources.

### • Model Interpretability

Model interpretability was achieved by making the num attribute a factor in which the model treats it as an ordered categorical variable. The features were also separated to specify the variables used to identify if the person has a heart disease or not.

### Figure 31.

```
# Assuming 'num' is the target variable (types of heart disease)
# Convert 'num' to factor
heart_data$num <- as.factor(heart_data$num)
# Separate the features and the target variable
features <- heart_data[, -ncol(heart_data)] # All columns except the last one
target <- heart_data$num # Now 'num' is a factor</pre>
```

## VI. Knowledge Presentation and Visualization

### Purpose of Knowledge Presentation and Visualization

In a project focused on predicting heart disease, the effective presentation and visualization of data are crucial for making the insights accessible and understandable. Clear and engaging visualizations help healthcare professionals and medical researchers quickly and accurately interpret risk factors, aiding in informed clinical decisions and research. For patients, these visualizations enhance their understanding of their health status and potential risks.

#### **Visualization Tools and Libraries**

- ggplot2 This library was imported to use the ggplot() function which is necessary for performing different types of plots such as histogram, scatter plot, and stacked bar plot.
- ggcorrplot This library was imported to use the ggcorrplot() function which is necessary to perform the correlation matrix on the part of data exploration.
- gridExtra This library was imported to neatly display multiple plots at once in a grid-like structure.

#### **Types of Visualizations**

#### • Charts and Graphs:

 Histogram - This graph was used to show the distribution of age within the dataset.

- Scatter Plot This graph was used to plot the relationship of two numerical attributes in the dataset.
- Stacked Bar Plot This graph was used to show the distribution of different stages of heart disease based on sex.
- Correlation Matrix This matrix was used to plot the relationship of all numerical attributes in table form. This table shows the r value between two attributes. If the value is closer to one (1), then there is a stronger likelihood that these attributes affect one another.

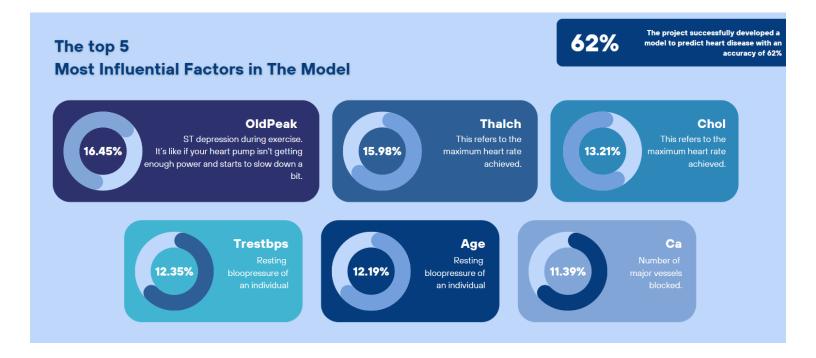
#### A. Summary

The researchers utilized a dataset containing various attributes such as age, sex, cp, trestbps, chol, fbs, restecg, thalach, exang, oldpeak, slope, ca, thal, and num. These features were employed to predict the presence of heart disease. Random Forest was chosen as the modeling technique due to its ability to identify patterns and relationships within noisy datasets. This choice was supported by the researchers' findings that the attributes exhibit weak relationships. The model had a 62% accuracy in predicting heart disease which makes it a reliable model for predicting heart disease. The top factors influencing heart disease prediction are Oldpeak (ST depression during exercise), Trestbps (resting blood pressure), Age, Thalch (maximum heart rate achieved), and Ca (number of major vessels blocked), and Cholesterol These features are critical indicators in assessing heart disease risk in the model.

#### **B.** Recommendation

The project successfully developed a model to predict heart disease with an accuracy of 62%. However, future enhancements are advisable and should extend beyond the current features. Researchers recommend collecting more data to enhance accuracy and performance. Future research should consider incorporating additional factors such as family history and lifestyle. Given the challenges in identifying relationships between different attributes, expanding the dataset is crucial to address any imbalances and biases. Collaborating with medical professionals for evaluations and expert insights is also highly recommended.

**Figure 32.**Data Story Deck: Top 5 Most Influential Factors in The Model



### VII. Source Code and Sample Output

```
library(readr)
#Handle missing values
                                                    #Data Cleaning
hd dataset <-
                                                     cln hdds <- na.omit (hd dataset)
read.csv(file="heart disease uci.csv",
na.strings = c(".", "NA", "")
                                                    #Ensure distinct values
tail(hd dataset, 10)
                                                     hd dataset <- unique(cln hdds)
#Ensure distinct values
                                                    print(nrow(cln hdds))
hd dataset <- unique(hd dataset)
                                                    #removing unnecessary attributes
head(hd dataset)
                                                    library(dplyr)
str(hd dataset)
                                                     cln hdds <- cln hdds %>%
cat("Dataset Shape: ", dim(hd dataset), "\n")
                                                      select(-id, -dataset)
cat("\nMissing Values:\n")
                                                     head(cln hdds)
sapply(hd dataset, function(x)
                                                    #handling outliers for numerical values
sum(is.na(x)))
                                                    library(ggplot2)
hdnum summary <- summary(hd dataset[,
c('age', 'trestbps', 'chol', 'thalch', 'oldpeak')])
                                                    library(gridExtra)
                                                     numeric attributes <- c("age", "trestbps",
hdnum summary
                                                     "chol", "oldpeak")
hdcat summary <- c('sex', 'cp', 'fbs',
'restecg', 'exang', 'slope', 'ca', 'num')
                                                    # Create a list to store plots
for (var in hdcat summary) {
                                                     plots <- lapply(numeric attributes,
                                                     function(var) {
 cat("\nFrequency counts for", var, ":\n")
                                                      ggplot(data = cln hdds, aes(x = 1, y =
 print(table(hd dataset[[var]], useNA =
                                                     !!sym(var))) +
"ifany"))
                                                       geom boxplot() +
}
```

```
labs(title = var) +
                                                   print(atr cor)
  theme minimal()
                                                    atr plot \leq- ggplot(cln hdds, aes(x = age, y =
                                                    trestbps)) +
})
                                                    geom point() + # Scatter plot
grid.arrange(grobs = plots, ncol = 2)
                                                    geom smooth(method = "lm", se =
                                                   FALSE, color = "blue") + # Add linear
#Descriptive Analysis
                                                    trend line
library(ggplot2)
                                                    labs(title = "Age vs. Resting Blood
library(gridExtra)
                                                    Pressure (trestbps)",
#age histogram
                                                        x = "Age", y = "Resting Blood Pressure
                                                    (trestbps)") +
ggplot(cln hdds, aes(x = age)) +
                                                    theme minimal()
 geom histogram(binwidth=5, fill = "blue",
color = "black", alpha = 0.7) +
                                                    #age vs cholesterol
 ggtitle("Age Distribution vs. Frequency") +
                                                    ac spear <- cor(cln hdds$age,
                                                    cln hdds$chol, method = "spearman")
 xlab("Age") + ylab("Frequency")
                                                   print(paste("Spearman Correlation:",
summary(cln hdds$age)
                                                    ac_spear))
                                                    ac cor <- cor(cln hdds$age, cln hdds$chol,
library(ggplot2)
                                                    method = "pearson")
library(gridExtra)
                                                   print("Pearson Correlation:")
#age vs trestbps
                                                   print(ac cor)
atr spear <- cor(cln hdds$age,
cln hdds$trestbps, method = "spearman")
                                                    ac plot \leq- ggplot(cln hdds, aes(x = age, y =
                                                    chol))+
print(paste("Spearman Correlation:",
atr spear))
                                                    geom point() +
                                                    geom smooth(method = "lm", se =
atr cor <- cor(cln hdds$age,
                                                    FALSE, color = "blue") + # Add linear
cln hdds$trestbps, method = "pearson")
                                                    trend line
print("Pearson Correlation:")
                                                    labs(title = "Age vs. Serum Cholesterol
                                                    (chol)",
```

```
x = "Age", y = "Serum Cholesterol
                                                   trc cor <- cor(cln hdds$trestbps,
                                                   cln hdds$chol, method = "pearson")
(chol)") +
                                                   print("Pearson Correlation:")
 theme minimal()
#age vs thalch
                                                   print(trc cor)
atc spear <- cor(cln hdds$age,
                                                   trc plot \leq- ggplot(cln hdds, aes(x =
cln hdds$thalch, method = "spearman")
                                                   trestbps, y = chol) +
print(paste("Spearman Correlation:",
                                                    geom point() +
atc spear))
                                                     geom smooth(method = "lm", se =
                                                   FALSE, color = "blue") + # Add linear
atc cor <- cor(cln hdds$age,
cln hdds$thalch, method = "pearson")
                                                   trend line
print("Pearson Correlation:")
                                                    labs(title = "Resting Blood Pressure
                                                   (trestbps) vs.Serum Cholesterol(chol)",
print(atc cor)
                                                       x = "Resting Blood Pressure (trestbps)",
                                                   y = "Serum Cholesterol(chol)") +
atc plot \leq- ggplot(cln hdds, aes(x = age, y =
thalch)) +
                                                    theme minimal()
 geom point() +
                                                   #chol vs thalach
 geom smooth(method = "lm", se =
FALSE, color = "blue") + # Add linear
                                                   cht spear <- cor(cln hdds$chol,
trend line
                                                   cln hdds$thalch, method = "spearman")
 labs(title = "Age vs. Maximum Heart Rate
                                                   print(paste("Spearman Correlation:",
Achieved (thalch)",
                                                   cht_spear))
    x = "Age", y = "Maximum Heart Rate
                                                   cht cor <- cor(cln hdds$chol,
Achieved (thalch)") +
                                                   cln hdds$thalch, method = "pearson")
 theme minimal()
                                                   print("Pearson Correlation:")
#trestbps vs chol
                                                   print(cht cor)
trc spear <- cor(cln hdds$trestbps,
                                                   cht plot \leq- ggplot(cln hdds, aes(x = chol, y
cln hdds$chol, method = "spearman")
                                                   = thalch)) +
print(paste("Spearman Correlation:",
                                                    geom point() +
trc spear))
```

```
geom smooth(method = "lm", se =
                                                   grid.arrange(atr plot, ac plot, atc plot,
FALSE, color = "blue") + # Add linear
                                                  tre plot, cht plot, opt plot, ncol = 3)
trend line
                                                  #correlation matrix
 labs(title = "Serum Cholesterol(chol) vs.
Maximum Heart Rate Achieved(thalch)",
                                                  library(ggcorrplot)
    x = "Serum Cholesterol(chol)", y =
                                                  numerical vars <- sapply(cln hdds,
"Maximum Heart Rate Achieved(thalch)") +
                                                   is.numeric)
 theme minimal()
                                                   numerical_data <- cln_hdds[,
                                                   numerical vars]
#oldpeak vs thalach
                                                   correlation matrix <- cor(numerical data,
                                                  use = "complete.obs", method =
opt spear <- cor(cln hdds$oldpeak,
cln hdds$thalch, method = "spearman")
                                                   "spearman")
print(paste("Spearman Correlation:",
                                                  cor vis <- ggcorrplot(correlation matrix,
opt spear))
                                                                hc.order = TRUE,
opt cor <- cor(cln hdds$oldpeak,
cln hdds$thalch, method = "pearson")
                                                                type = "upper",
print("Pearson Correlation:")
                                                                lab = TRUE,
print(opt cor)
                                                                lab size = 3,
opt plot \leq- ggplot(cln hdds, aes(x =
                                                                method = "square",
oldpeak, y = thalch) +
                                                                colors = c("#ffb346",
 geom point() +
                                                   "#a37ac2").
                                                                title = "Correlation Matrix of
 geom smooth(method = "loess", se =
FALSE, color = "blue") + # Add linear
                                                  values",
trend line
                                                                ggtheme = theme minimal())
 labs(title = "ST Depression Induced by
Exercise(oldpeak) vs. Maximum Heart Rate
                                                  cor vis
Achieved(thalch)",
                                                  library(ggplot2)
    x = "ST Depression Induced by
Exercise(oldpeak))", y = "Maximum Heart
Rate Achieved(thalch)") +
                                                   cln hdds$num <- factor(cln hdds$num)
 theme minimal()
```

```
ggplot(cln hdds, aes(x = sex, fill = num)) +
                                                     install.packages("caret")
 geom bar(position = "stack", color =
                                                    }
"black") +
                                                    # Load necessary libraries
 labs(title = "Stacked Bar Plot of Sex and
Heart Disease",
                                                    library(randomForest)
    x = "Sex", y = "Count") +
                                                    library(caret)
 scale fill manual(values = c("0" =
                                                    # Import the CSV file
"purple", "1" = "orange", "2" = "yellow", 
"3" = "green", "4" = "blue"), name = "Heart
                                                    heart data <-
Disease") +
                                                    read.csv("heart disease transformed.csv")
 theme minimal() +
                                                    # View the first few rows of the data
 geom_text(stat = "count", aes(label =
                                                    head(heart data)
..count..), position = position stack(vjust =
0.5), color = "white")+
                                                    # Remove rows with NA/missing values
 theme(
                                                    heart data <- na.omit(heart data)
  axis.text.x = element text(size = 12),
                                                    # Remove the 'dataset' column if present
  axis.text.y = element text(size = 12)
                                                    heart data <- heart data[,
                                                    !colnames(heart data) %in% c("dataset")]
 )
                                                    # Remove the 'id' column if present
head(cln hdds)
                                                    heart data <- heart data[,
#-----
                                                    !colnames(heart data) %in% c("id")]
#RANDOM FOREST START
                                                    # View the first few rows of the data after
                                                    cleaning
if (!requireNamespace("randomForest",
quietly = TRUE)) {
                                                    head(heart data)
 install.packages("randomForest")
}
                                                    # Assuming 'num' is the target variable
                                                    (types of heart disease)
if (!requireNamespace("caret", quietly =
TRUE)) {
                                                    # Convert 'num' to factor
```

```
heart data$num <-
                                                    conf matrix <- confusionMatrix(predictions,
as.factor(heart data$num)
                                                    testData$num)
# Separate the features and the target
                                                    print(conf matrix)
variable
features <- heart data[, -ncol(heart data)] #
All columns except the last one
                                                    # Calculate accuracy metrics
target <- heart data$num # Now 'num' is a
                                                    accuracy <- sum(predictions ==
                                                    testData$num) / length(predictions)
factor
# Set seed for reproducibility
                                                    cat("Accuracy:", accuracy, "\n")
set.seed(123)
# Split the data into training and testing sets
trainIndex <- createDataPartition(target, p =
                                                    # (Optional) Hyperparameter Tuning
0.7, list = FALSE)
                                                    # Define the tuning grid
trainData <- heart data[trainIndex,]
                                                    tuneGrid \leftarrow expand.grid(mtry = c(2, 4, 6, 8))
testData <- heart data[-trainIndex,]
                                                    # Perform cross-validation
# Train the Random Forest model
                                                    tuned rf model <- train(num \sim ., data =
                                                    trainData, method = "rf", tuneGrid =
rf model <- randomForest(num \sim ., data =
trainData, importance = TRUE, ntree = 500)
                                                    tuneGrid, trControl = trainControl(method =
                                                    "cv", number = 5))
# View the model summary
                                                    # View the best model
print(rf model)
                                                    print(tuned rf model)
# Make predictions on the test data
                                                    # Make predictions on the test data using the
                                                    tuned model
predictions <- predict(rf model, newdata =</pre>
testData)
                                                    predictions tuned <-
                                                    predict(tuned rf model, newdata =
                                                    testData)
# Create a confusion matrix to evaluate the
predictions
                                                    # Create a confusion matrix to evaluate the
                                                    predictions using tuned model
```

```
conf matrix <-
                                                    fbs = 0,
confusionMatrix(predictions tuned,
testData$num)
                                                    restecg = 2,
print(conf matrix)
                                                    thalch = 108,
# Calculate accuracy metrics of the new
                                                    exang = 1,
tuned model
                                                    oldpeak = 1.5,
accuracy <- sum(predictions tuned ==
testData$num) / length(predictions)
                                                    slope = 1,
cat("Accuracy:", accuracy, "\n")
                                                    ca = 3,
# Make predictions on new data (example)
                                                    thal = 0
new data <- data.frame(</pre>
                                                    )
 age = 67,
                                                   # Predict the outcome
 sex = 1,
                                                   new prediction <- predict(tuned rf model,
                                                   newdata = new data
 cp = 3
                                                   print(new prediction)
 trestbps = 160,
 chol = 286,
```

#### VIII. References

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# IX. Members' Detailed Contribution

Name	Detailed Tasks
Casile, Jasper Riley P.	<ul> <li>Documentation</li> <li>III. Data Sample, Extraction, and Data Mining</li> <li>IV. Data Exploration, Preparation, and Transformation</li> <li>VI. Knowledge Presentation and Visualization         <ul> <li>Visualization Tools and Libraries</li> <li>Types of Visualizations</li> </ul> </li> <li>VIII. References</li> </ul>
Ongsiako, Cailo Nehru P.	<ul> <li>Documentation</li> <li>II. Business Understanding         <ul> <li>A. Background of the Study</li> <li>B. Current metrics, trends, or dashboard</li> </ul> </li> <li>V. Modeling, Evaluation, and Validation</li> <li>VI. Knowledge Presentation and Visualization         <ul> <li>Summary</li> <li>Recommendations</li> </ul> </li> <li>VIII. References</li> </ul>
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