## GABARITO LISTA X

1.) Considere um sistema de dois nívero, cuja Hamiltoniana é

Inicialmente (t=0) o sistema encontra-se no estado

$$\psi(t=0) = \begin{pmatrix} 1 \\ 0 \end{pmatrix}$$

a) Obtenha a solução exata desse problema. Devemos resolver a equação de Schrödinger

$$i\hbar \frac{\partial}{\partial t} |\psi(t)\rangle = H|\psi(t)\rangle.$$

. Escrevendo

$$|\psi(t)\rangle = C_1(t)|+\rangle + C_2(t)|-\rangle,$$

SENDO

$$|+\rangle \rightarrow \begin{pmatrix} 1 \\ 0 \end{pmatrix}, \qquad \qquad |-\rangle \rightarrow \begin{pmatrix} 0 \\ 1 \end{pmatrix}$$

a base dos autoestados de 40.

Portanto, nessa base

$$\Psi(t) = \begin{pmatrix} \langle +|\psi(t)\rangle \\ \langle -|\psi(t)\rangle \end{pmatrix} = \begin{pmatrix} C_1(t) \\ C_2(t) \end{pmatrix} /$$

e a equação de Schrödinger ficu

$$\frac{2 \pi \frac{\partial}{\partial t} \left( C_{1}(t) \right)}{\partial t \left( C_{2}(t) \right)} = - \left( \frac{\partial B_{0}}{\partial B_{1}} \right) \left( \frac{\partial B_{1}}{\partial B_{1}} \left( \frac{\partial B_{0}}{\partial B_{1}} \right) \left( \frac{\partial B_{0}}{$$

ou seja, temos o sistema de equações,

$$i\hbar \frac{\partial c_i}{\partial t} = -\alpha B_0 G_i - \alpha B_i e^{-i\omega t} G(t), \qquad (4)$$

$$i\hbar \frac{\partial C_2}{\partial t} = -\alpha B_1 e^{i\omega t} C_1 + \alpha B_0 C_2.$$
 (2)

definamos

$$C_{1}(t) = e^{\frac{i\alpha\beta_{0}t}{\hbar}} \times (t) \Rightarrow \times (t) = e^{\frac{i}{\hbar}\alpha\beta_{0}t} C_{1}(t)$$

$$C_{2}(t) = e^{\frac{i\alpha\beta_{0}t}{\hbar}} \times (t) \Rightarrow y(t) = e^{\frac{i}{\hbar}\alpha\beta_{0}t} C_{1}(t)$$

tal que

0)

$$\frac{\partial x}{\partial t} = \frac{\partial}{\partial t} \left( \frac{-i\alpha \beta_0 t}{t} C_1(t) \right)$$

$$= -\frac{i}{h} \alpha \beta_0 e^{\frac{-i\alpha \beta_0 t}{h}} C_1(t) + e^{\frac{-i\alpha \beta_0 t}{h}} \frac{\partial}{\partial t} C_1(t)$$

$$= -\frac{i}{h} \alpha \beta_0 e^{\frac{-i\alpha \beta_0 t}{h}} C_1(t) + e^{\frac{-i\alpha \beta_0 t}{h}} e^{\frac{-i\alpha \beta_0 t}{h}} e^{-\frac{-i\alpha \beta_0 t}{h}} e^{-\frac{-$$

$$\frac{\partial y}{\partial t} = \frac{\partial}{\partial t} \left( e^{i\alpha\beta \delta t} \right)$$

$$= i\alpha\beta \delta t e^{i\alpha\beta \delta t} G(t) + e^{i\alpha\beta \delta t} \frac{\partial G(t)}{\partial t}$$

$$= i\alpha\beta \delta t e^{i\alpha\beta \delta t} G + e^{i\alpha\beta \delta t} \left( + \frac{i}{\hbar} \alpha\beta i e^{i\alpha\beta \delta} \right)$$

$$= i\alpha\beta i e^{i(\alpha\beta \delta i + \omega)t}$$

Temos o novo sistema,  $\frac{\partial x}{\partial t} = i dB_1 e^{-i(2\alpha B_0 + \omega)t} y(t), \quad \frac{\partial y}{\partial t} = i dB_1 e^{-i(2\alpha B_0 + \omega)t} x(t)$ 

derivando a primeira equação com relação ao tempo,

e) 
$$\frac{\partial^{2} x}{\partial t^{2}} = z dB_{1} \left\{ -i \left( 2dB_{0} + \omega \right) e^{-i \left( 2dB_{0} + \omega \right) t} + e^{-i \left( 2dB_{0} + \omega \right) t} \frac{\partial y}{\partial t} \right\}$$

$$= i dB_1 \left\{ -i \left( 2\alpha B_0 + w \right) \frac{\partial x}{\partial t} \frac{1}{i \alpha B_1} + i \alpha B_1 e^{-i \left( 2\alpha B_0 + w \right) t} e^{-i \left( 2\alpha B_0 + w \right) t} \right\}$$

$$= -i (2\alpha\beta_0 + \omega) \frac{\partial X}{\partial t} - \alpha^2 \beta_1^2 X$$

$$\frac{\partial^2 X}{\partial t^2} + i \left( 2\alpha \delta_0 + \omega \right) \frac{\partial X}{\partial t} + \alpha^2 \beta_1^2 X = 0$$

·) Similarmente,

$$\frac{\partial^{2}y}{\partial t^{2}} = i \alpha B_{1} \left\{ i \left( 2\alpha B_{0} + \omega \right) \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha B_{0} + \omega \right)}_{i \alpha B_{1}} \underbrace{\frac{i}{2} \left( 2\alpha$$

$$\frac{\partial^2 y}{\partial t^2} - i(2\alpha\beta_0 + \omega)\frac{\partial y}{\partial t} + \alpha^2\beta_i^2 y = 0$$

As condições iniciais são obtidas considerando 
$$C_1(0) = 1$$
,  $C_2(0) = 0$ ,

isto implica que

$$x(0) = 1$$
,  $y(0) = 0$ ,  
 $x'(0) = 0$ ,  $y'(0) = 2 \alpha \beta i$ .

Definindo

$$\Omega_i = 2 \alpha B_0 + \omega,$$

$$\beta = \alpha B_i,$$

obtemos as soluções

$$C_{1}(t) = e^{i\alpha\beta_{0}t} \left\{ \frac{i \cdot \Omega_{1}}{\sqrt{4\beta^{2} + \Omega_{2}^{2}}} e^{-\frac{i}{2}\cdot\Omega_{1}t} \cdot Sin\left(\frac{1}{2}\sqrt{4\beta^{2} + \Omega_{2}^{2}t}\right) + e^{-\frac{i}{2}\cdot\Omega_{1}t} \cdot Cos\left(\frac{1}{2}\sqrt{4\beta^{2} + \Omega_{2}^{2}t}\right) \right\}$$

$$= e^{\frac{i\omega t}{2}} \left\{ \frac{i \cdot \Omega_{1}}{\sqrt{4\beta^{2} + \Omega_{2}^{2}}} \cdot Sin\left[\frac{1}{2}\sqrt{4\beta^{2} + \Omega_{2}^{2}t}\right] + cos\left(\frac{1}{2}\sqrt{4\beta^{2} + \Omega_{2}^{2}t}\right) \right\}$$

$$C_{2}(t) = e^{\frac{i\omega t}{2}} \cdot Sin\left[\frac{1}{2} + \sqrt{4\beta^{2} + \Omega_{2}^{2}t}\right] \cdot 2i\beta$$

Notemos que |C(t)|2+ |C2(t)|2=1.

Explicitamente

$$|C_1(t)|^2 = \cos^2\left(\frac{1}{2}\sqrt{4\beta^2+1\Omega_1^2}t\right) + \frac{1}{4\beta^2+1\Omega_1^2}\sin^2\left(\frac{1}{2}\sqrt{4\beta^2+1\Omega_1^2}t\right)$$

$$|C_2(t)|^2 = \frac{4\beta^2}{4\beta^2 + \Omega_*^2} \sin^2\left(\frac{1}{2}\sqrt{4\beta^2 + \Omega_*^2}t\right)$$

b) Utilizando teoria de perturbação dependente do temp até primeira ordem obtenha uma solução aproximados do problema

Os coepicientes de tromsição até primeira ordem são

$$C_n^{(i)}(t) = -\frac{2}{\hbar} \int_0^t dt' e^{i\frac{E_n - E_i}{\hbar}t'} \langle n | V(t) | i \rangle$$

Para o coiso em consideração

$$H|\pm\rangle = E_{\pm}|\pm\rangle \Rightarrow E_{\pm} = \mp \alpha B_0,$$

além disso,

$$\langle +|V(t)|-\rangle = (1 \ 0) \left(\begin{matrix} 0 & -\alpha B.E \\ i\omega t \\ -\alpha B.E \end{matrix}\right) \left(\begin{matrix} 1 \\ 0 \end{matrix}\right)$$

$$= -\alpha B.E i\omega t$$

$$\langle -|V(t)|+\rangle = -\alpha B_1 e^{-i\omega t}$$

Portanto

$$C_1^{(1)}(t) = 0$$

$$C_{2}^{(1)}(t) = -i \int_{0}^{t} dt' e^{i2\alpha B_{0}t'} e^{i\omega t'}$$

$$= i \frac{1}{\beta} \int_{0}^{t} dt' e^{i(2\alpha B_{0} + \omega)t'}$$

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$$= \frac{1}{\beta} \int_{0}^{t} e^{i(2\alpha B_{0} + \omega)t'} e^{i(2\alpha B_{0} + \omega)t'} e^{i(2\alpha B_{0} + \omega)t'}$$

$$= \frac{1}{\beta} \int_{0}^{t} e^{i(2\alpha B_{0} + \omega)t'} e^{i(2\alpha B_{0} + \omega)t'} e^{i(2\alpha B_{0} + \omega)t'}$$

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$$= \frac{1}{\beta} \int_{0}^{t} e^{i(2\alpha B_{0} + \omega)t'} e^{i(2\alpha B_{0} + \omega)t'} e^{i(2\alpha B_{0} + \omega)t'} e^{i(2\alpha B_{0} + \omega)t'}$$

$$= \frac{1}{\beta} \int_{0$$

A probabilidade é

c) Comparando os resultados anteriores, discuta a validade da aproximação.

Tomemos o limite

na solução exorta,

$$|C_2(t)|^2 \simeq \frac{4\beta^2}{\Omega^2} \sin^2\left(\frac{\Omega}{2}t\right),$$

portanto, obtemos o resultado da teoria de Perturbação. o limite implica que

OU SEJA

$$\frac{1}{2}(B_1 - \frac{\omega}{\alpha}) \angle B_0$$
.

a teoria de perturbações somente será valida Assim, situação. NE5501

21) Obtenha a regra ávrea de Fermi utilizando teorio de Perturbações de pendente do tempo até segunda ordem para uma perturbação constante.

Os coeficientes dependentes do tempo até segunda ordem

$$C_{n} = C_{n}^{(0)} + C_{n}^{(1)} + C_{n}^{(2)}$$

SENDO

$$C_{n}^{(0)} = \langle n | i \rangle = \delta ni$$

$$C_{n}^{(1)} = -\frac{i}{\hbar} \int_{t_{0}}^{t} dt' e^{\frac{i}{\hbar} (E_{n} - E_{i}) t'} \langle n | V(t') | i \rangle$$

$$Ii \rangle \rightarrow final$$

$$In \rangle \rightarrow final$$

$$C_{n}^{(2)} = \left(-\frac{i}{\hbar}\right)^{2} \sum_{m} \int_{0}^{t} dt' \int_{t_{0}}^{t} dt'' e^{\frac{i}{\hbar} \left(E_{n} - E_{m}\right)t'} \frac{i}{e^{\frac{i}{\hbar} \left(E_{m} - E_{i}\right)t''}} \left\langle n \mid V(t') \mid m \right\rangle} \left\langle m \mid V(t'') \mid l \right\rangle.$$

Considerando o caso

temos que (to -- 0)

o) 
$$C_{n}^{(i)} = -\frac{i}{\hbar} \int_{-\infty}^{t} dt' e^{\frac{i}{\hbar} (E_{n} - E_{i})t'} \langle n | V_{0} | i \rangle e^{\frac{i}{\hbar}}$$

$$= -\frac{i}{\hbar} \langle n|V_0|i\rangle \int_{-\infty}^{t} dt' e^{\frac{i}{\hbar}} (E_N - E_i - i\eta)t' = -\frac{i}{\hbar} \langle n|V_0|i\rangle \frac{-i}{\hbar} (E_N - E_i - i\eta)t'$$

$$\cdot \left\{ e^{\frac{i}{\hbar}(E_N - E_i - i\eta)t} \right\}$$

$$C_n'''(t) = -\frac{\epsilon \times \rho \left\{ \frac{\hat{z}}{\hbar} \left( E_n - E_i - i \eta \right) + \right\}}{E_n - E_i - i \eta} \langle n | V_0 | i \rangle$$

$$C_{n}^{(2)}(t) = \left(-\frac{i}{\hbar}\right)^{2} \sum_{m} \int_{-\infty}^{\infty} dt^{1} e^{\frac{i}{\hbar}(E_{n}-E_{m})t^{1}} \int_{-\infty}^{t} dt^{1} e^{\frac{i}{\hbar}(E_{n}-E_{i})t^{2}} e^{\frac{i}{\hbar}t} e^{\frac{i}{\hbar}(E_{n}-E_{i})t^{2}} e^{\frac{i}{\hbar}t} \langle n|V_{0}|m\rangle \\ = \left(-\frac{i}{\hbar}\right)^{2} \sum_{m} \langle n|V_{0}|m\rangle \langle m|V_{0}|i\rangle \int_{-\infty}^{t} dt^{1} e^{\frac{i}{\hbar}(E_{n}-E_{m}-i\eta)t^{1}} \int_{-\infty}^{t} \frac{e^{\frac{i}{\hbar}(E_{n}-E_{i}-i\eta)t^{1}}}{(E_{m}-E_{i}-i\eta)t^{1}} \\ = \left(-\frac{i}{\hbar}\right)^{2} \sum_{m} \frac{\langle n|V_{0}|m\rangle \langle m|V_{0}|i\rangle}{\frac{1}{\hbar}(E_{m}-E_{i}-i\eta)} (-i) \int_{-\infty}^{t} dt^{1} e^{\frac{i}{\hbar}(E_{n}-E_{m}-i\eta+E_{m}-E_{i}-i\eta)t^{1}} \\ = \left(-\frac{i}{\hbar}\right)^{2} \sum_{m} \frac{\langle n|V_{0}|m\rangle \langle m|V_{0}|i\rangle}{\frac{1}{\hbar}(E_{m}-E_{i}-i\eta)} (-i) \int_{-\infty}^{t} dt^{1} e^{\frac{i}{\hbar}(E_{n}-E_{m}-i\eta+E_{m}-E_{i}-i\eta)t^{1}} \\ = \left(-\frac{i}{\hbar}\right)^{2} \sum_{m} \frac{\langle n|V_{0}|m\rangle \langle m|V_{0}|i\rangle}{\frac{1}{\hbar}(E_{m}-E_{i}-i\eta)} (-i) \int_{-\infty}^{t} dt^{1} e^{\frac{i}{\hbar}(E_{n}-E_{m}-i\eta+E_{m}-E_{i}-i\eta)t^{1}} \\ = \left(-\frac{i}{\hbar}\right)^{2} \sum_{m} \frac{\langle n|V_{0}|m\rangle \langle m|V_{0}|i\rangle}{\frac{1}{\hbar}(E_{m}-E_{i}-i\eta)} (-i) \int_{-\infty}^{t} dt^{1} e^{\frac{i}{\hbar}(E_{m}-E_{m}-i\eta)t^{1}} (-i) \int_{$$

$$=\left(-\frac{i}{\pi}\right)^{2}\frac{-1}{\frac{1}{\pi}\left(E_{n}-E_{i}-2i\eta\right)}\prod_{m}\frac{\langle n|V_{0}|m\rangle\langle m|V_{0}|i\rangle}{\frac{1}{\pi}\left(E_{m}-E_{i}-2i\eta\right)}\exp\left\{\frac{i}{\pi}\left(E_{n}-E_{i}-2i\eta\right)t\right\}$$

$$= \frac{\exp\left\{\frac{i}{\hbar}\left(E_{n}-E_{i}-2i\eta\right)t\right\}}{E_{n}-E_{i}-2i\eta} \sum_{m} \frac{\left\langle n|V_{0}|m\right\rangle \left\langle m|V_{0}|i\right\rangle}{E_{m}-E_{i}-i\eta}$$

$$C_{n} = -\frac{\exp\left\{\frac{i}{\hbar}\left(E_{n} - E_{i} - i\eta\right)t\right\}}{E_{n} - E_{i} - i\eta} \langle n|V_{0}|i\rangle$$

+ 
$$\frac{\exp\left\{\frac{\hat{z}}{t\pi}\left(E_{n}-E_{i}-2i\eta\right)t^{4}\right\}}{E_{n}-E_{i}-2i\eta} \sum_{m} \frac{\langle n|V_{0}|m\rangle\langle m|V_{0}|i\rangle}{E_{m}-E_{i}-2\eta}$$

$$= \frac{\exp\left\{\frac{i}{\hbar}\left(\operatorname{En}-\operatorname{Ei}-i\eta\right)t^{4}\right\}}{\operatorname{En}-\operatorname{Ei}-i\eta} \left\{\langle n|Vo|i\rangle - \frac{e^{\frac{\eta t}{\hbar}\left(\operatorname{En}-\operatorname{Ei}-i\eta\right)}}{\operatorname{En}-\operatorname{Ei}-i\eta} \sum_{m} \frac{\langle n|Vo|m\rangle\langle m|Vo|i\rangle}{\operatorname{En}-\operatorname{Ei}-i\eta}\right\}$$

A taxa de transição é obtida mediante,

$$\frac{dP_{in}}{dt} = \frac{d}{dt} |C_{n}(t)|^{2}$$

$$= \frac{d}{dt} \left[ \frac{e^{\eta t}}{(E_{n} - E_{i})^{2} + \eta^{2}} |\langle n|V_{0}|i \rangle + e^{\eta t} \frac{(E_{n} - E_{i} - i\eta)}{E_{n} - E_{i} - 2i\eta} \frac{\langle n|V_{0}|m \rangle \langle m|V_{0}|i \rangle}{E_{n} - E_{i} - 2i\eta} \right]$$

$$= \frac{2\eta t}{\pi [(E_{n} - E_{i})^{2} + \eta^{2}]} |\langle n|V_{0}|i \rangle - \frac{e^{\eta t} (E_{n} - E_{i} - i\eta)}{E_{n} - E_{i} - 2i\eta} \frac{\langle n|V_{0}|m \rangle \langle m|V_{0}|i \rangle}{E_{n} - E_{i} - i\eta} |^{2}$$

$$+ \frac{e^{2\eta t}}{(E_{n} - E_{i})^{2} + \eta^{2}} \cdot 2 |\langle n|V_{0}|i \rangle - \frac{e^{\eta t} (E_{n} - E_{i} - i\eta)}{E_{n} - E_{i} - 2i\eta} \frac{\langle n|V_{0}|m \rangle \langle m|V_{0}|i \rangle}{E_{n} - E_{i} - i\eta} |^{2}$$

$$= \frac{d}{dt} \left( -e^{\eta t} \frac{(E_{n} - E_{i} - i\eta)}{E_{n} - E_{i} - 2i\eta} \frac{\langle n|V_{0}|m \rangle \langle m|V_{0}|i \rangle}{E_{n} - E_{i} - i\eta} \right)$$

Tomando o limite 11-0, o segundo termo concela, enquanto que o primeiro du

$$\frac{dP_{i\rightarrow n}}{dt} = \frac{27C}{\hbar} \left. \delta(E_n - E_i) \right| \left< n|V_0|i \right> - \sum_{m} \left< n|V_0|m \right> \left< m|V_0|i \right> \right|^2.$$

A regra de ouro de Fermi é

$$T_{i\rightarrow n} = \frac{2\pi}{\hbar} P(E_i) \left| \langle n|V_0|i \rangle - \sum_{m} \frac{\langle n|V_0|m \rangle \langle m|V_0|i \rangle}{E_{im} - E_i} \right|^2$$