

Follow-up Consultation Doctor's Note

Patient Name: Claire Thompson

Date of Birth: May 12, 1972

Medical Record Number: 123456789

Date of Consultation: June 15, 2024

Chief Complaint:

Ms. Thompson presented for her follow-up consultation post-completion of chemotherapy treatment.

History of Present Illness:

Ms. Thompson completed her course of TAC chemotherapy regimen for invasive ductal carcinoma of the right breast. She tolerated the treatment reasonably well, experiencing expected adverse effects including neutropenia, mild anemia, nausea, vomiting, fatigue, and alopecia. There were no significant complications noted during the treatment course.

Review of Systems:



General: No fever, chills, or unintentional weight loss reported.



Respiratory: No cough, dyspnea, or chest pain.



Gastrointestinal: Occasional nausea reported, otherwise no abdominal discomfort or changes in bowel habits.



Constitutional: Mild fatigue reported, improving gradually.



Dermatological: Alopecia noted with stable pattern.

Physical Examination:



Vital Signs: Stable



General: Alert and oriented, in no acute distress.



Cardiovascular: Regular rate and rhythm, no murmurs appreciated.



Respiratory: Clear breath sounds bilaterally.



Abdomen: Soft, non-tender, non-distended.



Breast Examination: Surgical site healing well, no signs of infection or wound dehiscence. No palpable masses or lymphadenopathy appreciated in the axillary region.

Assessment:

1. Completed course of TAC chemotherapy regimen for invasive ductal carcinoma of the right breast.
2. Tolerated treatment reasonably well with expected adverse effects.
3. Clinical examination reveals satisfactory response to therapy with no evidence of disease recurrence.

Plan:

1. Schedule surveillance mammography and clinical examination in 3 months for ongoing monitoring.
2. Continue adjuvant hormonal therapy with tamoxifen as previously prescribed.
3. Educate patient regarding signs and symptoms of recurrence and importance of regular follow-up appointments.
4. Encourage healthy lifestyle practices including regular exercise, balanced diet,

and smoking cessation if applicable.

5. Referral to supportive care services for psychosocial support and survivorship resources.

Follow-up:

Ms. Thompson to return for surveillance appointment on September 15, 2024. She is instructed to contact the clinic sooner if any concerning symptoms arise.

Signed By:

Dr. Sarah Thompson, MD

Medical Oncologist