

LONGEVITY



MEDICAL CLINIC™

*Feel Younger · Live Better*

## STATEMENT OF RELEASE LIABILITY

I, Judith E Lawson understand that I am beginning a program that is unconventional. I have been given a copy of the Federal Food and Drug administration's approved package inserts for each of the prescription drugs used in the program. I have read the possible adverse effects listed in these documents. I have discussed the risks with the doctor, and accept such risks freely. I agree to release the Longevity Medical Clinic, its owners and employees from any and all liability arising out of my treatment in this clinic. I freely accept all risks associated with this treatment. I hold the above entities totally harmless for any and all adverse effects arising from my treatments. This release shall be binding on my heirs, assigns and myself. I also verify the above statements are true.

Judith E Lawson

Patient Signature

Judith E Lawson

Patient Printed Name

7-22-2020

Date

[Signature]

LMC Representative Signature

Veronica McGinnis

LMC Representative Printed Name

7-22-2020

Date



## Prescriptions & Supplements for Judith Lawson,

7/20/2020 3:46:10 PM

### Prescriptions - Pharmacy

| Drug                               | Sig  | Disp | Date      | Notes                   |
|------------------------------------|--|------|-----------|-------------------------|
| 1 PCP prescriptions                | Naturethroid 32.5mg; HCTZ 25mg; potassium chloride 10meq                                       |      | 7/14/2020 |                         |
| Estriol 12 mg per cc in versabase  | apply 0.5cc (5 little lines via 3cc syringe) each morning to face, neck, or inner bicep region | 45   | 7/14/2020 | Para 3cc syr <i>JLL</i> |
| Progesterone 200mg/cc in versabase | apply 0.5cc (5 little lines via 3cc syringe) to face, neck every evening before bed            | 45   | 7/14/2020 | Para 3cc syr <i>JLL</i> |

### Supplements - Longevity

| Drug                           | Sig   | Disp | Date      | Notes | Autoship          |
|--------------------------------|---|------|-----------|-------|-------------------|
| 1 patient takes on own         | DIM Pro Plus; Allegra PRN; Tylenol PRN  |      | 7/14/2020 |       | No                |
| LMC DHEA 10mg, 60 caps         | take 1 capsule each morning to balance hormones   |      | 7/14/2020 |       | Yes <i>JLL</i>    |
| LMC Pregnenolone 20mg, 60 caps | take 1 capsule every evening to balance hormones. if it is stimulating, take in the morning instead.  |      | 7/14/2020 |       | Yes <i>JLL</i>    |
| LMC Relief Factor              | take 1 packet twice daily   |      | 7/14/2020 |       | No <i>JLL</i> yes |
| Melatonin 5mg                  | increase melatonin dosage to the point of experiencing either overly vivid dreams of grogginess the following day, then reduce maintain just short of dosage that caused either of those symptoms |      | 7/14/2020 |       | No <i>JLL</i>     |
| Probiotics                     | take as directed and vary the product   |      | 7/14/2020 |       | No <i>JLL</i>     |
| Vitamin D 10,000 IU            | take 10,000 IU daily until next Vit D blood test  |      | 7/14/2020 |       | No <i>JLL</i>     |