

LONGEVITY



MEDICAL CLINIC™

Feel Younger · Live Better

STATEMENT OF RELEASE LIABILITY

I, Linda MacFarlane understand that I am beginning a program that is unconventional. I have been given a copy of the Federal Food and Drug administration's approved package inserts for each of the prescription drugs used in the program. I have read the possible adverse effects listed in these documents. I have discussed the risks with the doctor, and accept such risks freely. I agree to release the Longevity Medical Clinic, its owners and employees from any and all liability arising out of my treatment in this clinic. I freely accept all risks associated with this treatment. I hold the above entities totally harmless for any and all adverse effects arising from my treatments. This release shall be binding on my heirs, assigns and myself. I also verify the above statements are true.

Linda MacFarlane
Patient Signature

Linda MacFarlane
Patient Printed Name

6/15/20
Date

[Signature]
LMC Representative Signature

Veronica McGinnis
LMC Representative Printed Name

6/15/2020
Date



Prescriptions & Supplements for Linda Macfarlane,

6/15/2020 7:50:04 AM

Prescriptions - Pharmacy

| Drug | Sig | Disp | Date | Notes |
|--|---|------|----------|----------------------|
| 1 PCP prescriptions | Naturethroid; Xarelto 20mg; aspirin 81mg | | 6/3/2020 | X Lm |
| Estradiol 2 mg/ Estriol 8 mg per cc in versabase | apply 0.5cc (5 little lines via 3cc syringe) to face, neck each morning | 45 | 6/1/2020 | PARA 3cc syr X Lm |
| Progesterone 200mg/cc in versabase | apply 0.5cc (5 little lines via 3cc syringe) to face, neck every evening before bed | 45 | 6/1/2020 | PARA 3cc syr X Lm |
| Testosterone 4 mg/cc in versabase | apply 0.3cc (3 little lines via 3cc syringe) behind knees each morning | 27 | 6/1/2020 | PARA 3cc syr X Lm |

Supplements - Longevity

| Drug | Sig | Disp | Date | Notes | Autoship |
|--|--|------|----------|-------|----------|
| LMC D 5000 IU, 120 softgels | take 5,000 IU daily until next Vit D blood test | | 6/3/2020 | X Lm | Yes |
| LMC DHEA 10mg, 60 caps | take 1 each morning to balance hormones | | 6/3/2020 | X Lm | Yes |
| LMC Pregnenolone 20mg, 60 caps | take 1 every evening to balance hormones | | 6/3/2020 | X Lm | Yes |
| LMC Red Yeast Rice w/CoQ10, 120 caps | take 1 twice daily to reduce cholesterol | | 6/3/2020 | X Lm | Yes |
| Ther-biotic Complete 60s (Prothera) | take 1 twice daily to reduce inflammation, balance immune system | | 6/3/2020 | X Lm | Yes |
| Vitamin C with rose hips 1000mg/15mg 90s | take 1 twice daily to support immune system | | 6/3/2020 | X Lm | Yes |