

ID 2425 | Height 5ft. 00. 5in. | Age 69 | Gender Female | Test Date / Time 2020.09.14. 12:32

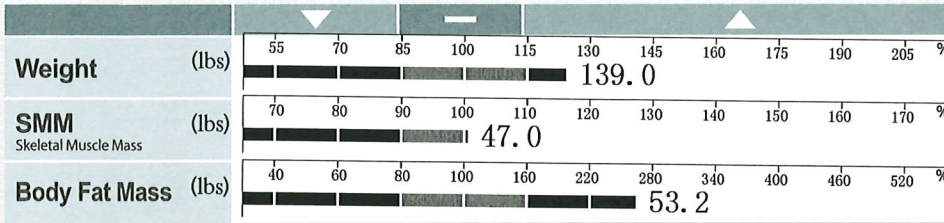
206. Seidel

2020.10.13.2020

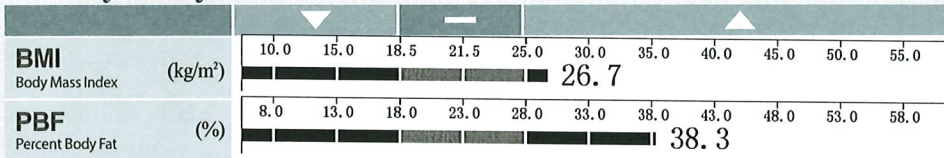
## Body Composition Analysis

	Values	Total Body Water	Lean Body Mass	Weight
Intracellular Water (lbs)	39.5	62.6	85.8	139.0
Extracellular Water (lbs)	23.1			
Dry Lean Mass (lbs)	23.1			
Body Fat Mass (lbs)	53.2			

## Muscle-Fat Analysis

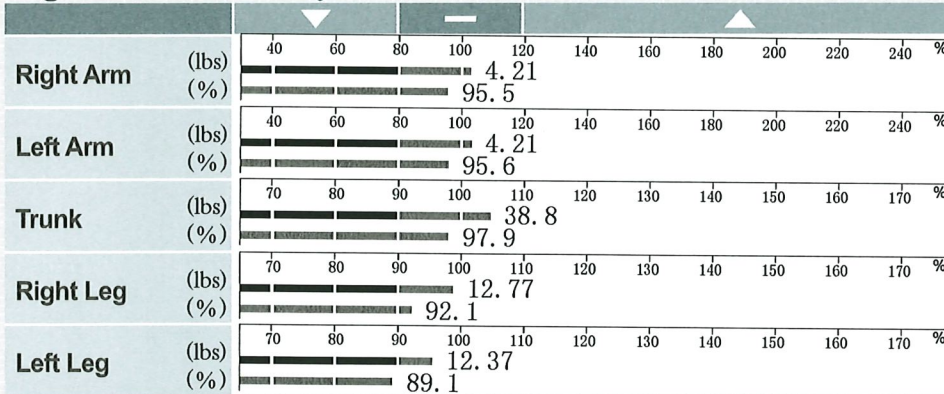


## Obesity Analysis

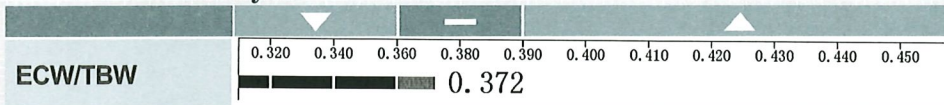


## Segmental Lean Analysis

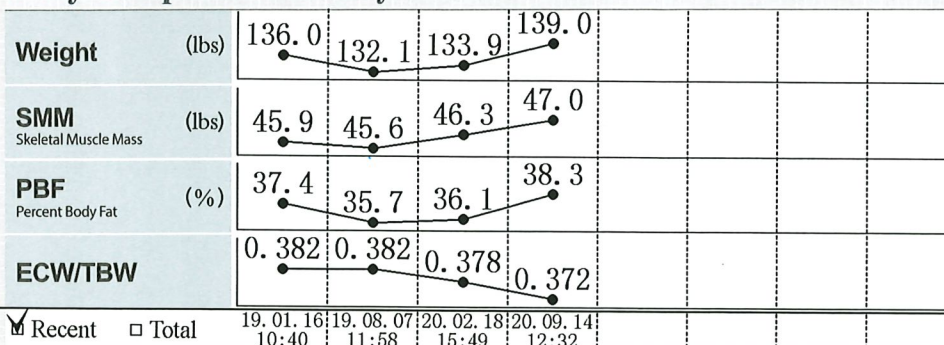
Based on ideal weight — Based on current weight —



## ECW/TBW Analysis



## Body Composition History



Recent Total

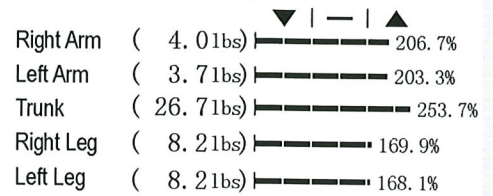
## Body Fat - Lean Body Mass Control

Body Fat Mass -27.6 lbs

Lean Body Mass +0.4 lbs

(+) means to gain fat/lean (-) means to lose fat/lean

## Segmental Fat Analysis



## Basal Metabolic Rate

1210 kcal

## Visceral Fat Level



## Results Interpretation

### Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

### Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

### Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

### ECW/TBW Analysis

ECW/TBW, the ratio of Extracellular Water to Total Body Water, is an important indicator of body water balance.

### Visceral Fat Level

Visceral Fat Level is an indicator based on the estimated amount of fat surrounding internal organs in the abdomen. Maintain a Visceral Fat Level under 10 to stay healthy.

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

	RA	LA	TR	RL	LL
Z <sub>50</sub> 5 kHz	410.9	413.1	29.2	298.0	316.0
50 kHz	367.4	370.4	25.8	258.4	275.9
500 kHz	320.0	320.3	19.9	220.7	236.2