

# LONGEVITY



# MEDICAL CLINIC™

*Feel Younger · Live Better*

## STATEMENT OF RELEASE LIABILITY

I, PETER LAWSON understand that I am beginning a program that is unconventional. I have been given a copy of the Federal Food and Drug administration's approved package inserts for each of the prescription drugs used in the program. I have read the possible adverse effects listed in these documents. I have discussed the risks with the doctor, and accept such risks freely. I agree to release the Longevity Medical Clinic, its owners and employees from any and all liability arising out of my treatment in this clinic. I freely accept all risks associated with this treatment. I hold the above entities totally harmless for any and all adverse effects arising from my treatments. This release shall be binding on my heirs, assigns and myself. I also verify the above statements are true.

Peter Lawson

Patient Signature

PETER LAWSON

Patient Printed Name

7-22-2020

Date

Veronica McGinnis

LMC Representative Signature

Veronica McGinnis

LMC Representative Printed Name

7-22-2020

Date



## Prescriptions & Supplements for Peter Lawson,

7/20/2020 3:46:42 PM

### Prescriptions - Pharmacy

Drug	Sig	Disp	Date	Notes
1 PCP prescriptions	Doxepin 2mg QHS; Gabapentin 100mg QHS; Sildenafil 20 - 80mg PRN; Naturethroid 130mg Mon, Wed, Fri, Sat and 65mg Sun, Tues, Thurs; Levothyroxin 25mcg Sun, Tues, Thurs, Sat and 37.5mcg Mon, Weds, Fri; Omeprazole 20mg		7/14/2020	PR
Progesterone 150mg/cc in versabase	apply 0.5cc (5 little lines via 3cc syringe) to face, neck every evening before bed	45	7/14/2020	Para 3cc syr PR
Testosterone 150 mg/cc in versabase	apply 0.5cc (5 little lines via 3cc syringe) to inner bicep region each morning and wash off every evening	45	7/14/2020	Para 3cc syr PR

### Supplements - Longevity

Drug	Sig	Disp	Date	Notes	Autoship
1 patient takes on own	Take LifeSource brand. L-Arginine 500mg; Calcium D Glucarate 500mg; Arthritis Relief and Joint Builder; HGH Formula; Stress Relief Formula; Moringa Leaf Extract; Cellular Essentials; Multi; Royal Jelly; Vit C, MSM, Enzyme caps; GI Colon Support; Vision Formula		7/14/2020		No
1 Recommended by LMC doctor	Vitamin K2 90-100mcg twice daily and nattokinase as directed for cardiovascular health		7/14/2020	PR	No
Ashwaganda 450 mg 90	take 1 capsule twice daily		7/14/2020	PR	Yes
LMC DHEA 10mg, 60 caps	take 1 capsule each morning to balance hormones		7/14/2020	PR	Yes
LMC Pregnenolone 20mg, 60 caps	take 1 capsule every evening to balance hormones		7/14/2020	PR	Yes
LMC Relief Factor	take 1 packet twice daily		7/14/2020	PR	No
LMC Stress Guard, 120	take 2 caps every night before bed to help with sleep		7/14/2020	PR	Yes

→ on autoship

LMC TMG (Trimethylglycine) 500 mg 120s	take 1 twice daily to lower homocysteine		7/14/2020	PL	Yes
Melatonin 10 mg	Increase melatonin to either overly vivid dreams or grogginess the following day, then back off slightly and maintain just short of that dose		7/14/2020	PL	No
Probiotics	take as directed and vary the product		7/14/2020	PL	No
Vitamin D 5000 iu	continue to take 5,000 IU daily		7/14/2020	PL	No