

# LONGEVITY



# MEDICAL CLINIC™

*Feel Younger · Live Better*

## STATEMENT OF RELEASE LIABILITY

I, Richard McKenzie understand that I am beginning a program that is unconventional. I have been given a copy of the Federal Food and Drug administration's approved package inserts for each of the prescription drugs used in the program. I have read the possible adverse effects listed in these documents. I have discussed the risks with the doctor, and accept such risks freely. I agree to release the Longevity Medical Clinic, its owners and employees from any and all liability arising out of my treatment in this clinic. I freely accept all risks associated with this treatment. I hold the above entities totally harmless for any and all adverse effects arising from my treatments. This release shall be binding on my heirs, assigns and myself. I also verify the above statements are true.

Richard McKenzie

Patient Signature

Richard McKenzie

Patient Printed Name

7/15/20

Date

Veronica Meginnis

LMC Representative Signature

Veronica Meginnis

LMC Representative Printed Name

7-15-2020

Date



## Prescriptions & Supplements for Richard McKenzie, J

7/15/2020 7:56:50 AM

### Prescriptions - Pharmacy

| Drug                                | Sig   | Disp | Date      | Notes     |
|-------------------------------------|---|------|-----------|-----------|
| Progesterone 100mg/cc in versabase  | Apply 0.5 mL (5 little lines in a 3 mL syringe) to the face and neck at night before bed.                                   | 45   | 6/30/2020 | RfM       |
| Testosterone 150 mg/cc in versabase | Apply 0.5 mL (5 little lines on a 3 mL syringe) to the inner arms daily. Wash off with soap and water within 6 to 12 hours. | 45   | 6/23/2020 | Para- RfM |

### Supplements - Longevity

| Drug                                  | Sig  | Disp | Date      | Notes | Autoship |
|---------------------------------------|--|------|-----------|-------|----------|
| LMC Berberine (Optimal) 500 mg 60s    | Take 1 cap 2 times per day to lower blood sugar (hgbA1c)                                   |      | 6/23/2020 | RfM   | No       |
| LMC D 5000 IU, 120 softgels           | Take 2 cap per day   |      | 6/23/2020 | RfM   | No       |
| LMC DHEA 20mg, 60 caps                | Take one capsule in the morning daily.   |      | 6/23/2020 | RfM   | No       |
| LMC NAC 120s N-acetyl cysteine 600 mg | Take 1 cap 2 times per day to lower homocysteine   |      | 6/23/2020 | RfM   | No       |
| LMC Pregnenolone 50mg, 60 caps        | Take one capsule at night before bed. (If to stimulating then move dosing to the morning). |      | 6/23/2020 | RfM   | No       |
| LMC Red Yeast Rice w/CoQ10, 120 caps  | Take 1 cap 2 times per day to lower cholesterol  |      | 6/23/2020 | RfM   | No       |