

# LONGEVITY



# MEDICAL CLINIC™

Feel Younger · Live Better

## PATIENT PLAN

Name: Bobby Robert Raiford

Age: 65 ☐ Male ☐ Female

Physician: Radio Program Date: 10/14/20

Your **GOALS:** (Top 3 areas you want to see improvement in)

1. Lower Blood Pressure
2. Decrease Pain
- 3.

HA: for  
Knowledge about program  
diff thought process  
indepth analysis approach

Your **CURRENT CONDITION:**

High Blood Pressure  
Back Issues - 7 surgeries

Bystolic  
Lecartan Potassium  
wants to get off  
Med.  
New Supps - chart

Dr. Appt. on Friday to determine if No. 8

Your **PLAN MOVING FORWARD:**

**Nutrition:**

Appeared to be in a lot of pain  
could barely sit or position himself  
in chair

**Exercise:**

**Supplementation:**

**Hormone Therapy:**