

[InBody570]

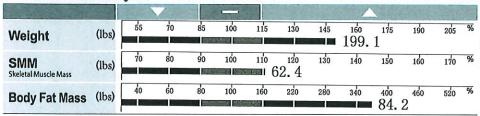
ID 23535 Height | Age 5ft. 06. 0in. | 66

Gender | Test Date / Time Female | 2020.09.29.11:19

Body Composition Analysis

	Values	Total Body Water	Lean Body Mass	Weight	
Intracellular Water (lbs)	51.1	84. 7			
Extracellular Water (lbs)	33.5	01.7	114.9		
Dry Lean Mass (lbs)	30.2			199. 1	
Body Fat Mass (lbs)	84. 2				

Muscle-Fat Analysis



Obesity Analysis

			A							13.50		
BMI Body Mass Index	(kg/m²)	10.0	15.0	18.5	21.5	25.0	30.0	35.0 32. 2	40.0	45.0	50.0	55.0
PBF Percent Body Fat	(%)	8.0	13.0	18.0	23.0	28.0	33.0	38.0	43.0 42	48.0 . 3	53.0	58.0

Segmental	Lean	An	alysis	5	В	ased on	ideal weig	ht —	Ba	sed on c	urrent w	eight =	
E-STATE OFF					_			1312	1	1			
Right Arm	(lbs) (%)	40	60	80	100	120	140 6. 6	160 86	180	200	220	240	%
Left Arm	(lbs) (%)	40	60	80	100	120	6. 22 5	160	180	200	220	240	%
Trunk	(lbs) (%)	70	80	90	100	110	$\frac{120}{2}$ 52.	130 5	140	150	160	170	%
Right Leg	(lbs) (%)	70	80	90	100	110	120 17. 7	130 5	140	150	160	170	%
Left Leg	(lbs)	70	80	90	100	110	17. 39	130	140	150	160	170	%

ECW/TBW Analysis

		V		_				1			
ECW/TBW	0.320	0.340	0.360	0.380	0.390	0.400 • 0.3	0.410 196	0.420	0. 430	0. 440	0.450

Body Composition History

Weight	(lbs)	207.2	188.9	188. 1	187. 2	193.6	196.8	199. 1	
SMM Skeletal Muscle M	ass (lbs)	68. 1	65. 3	64.6	64. 4	63. 9	62.0	62. 4	0.4
PBF Percent Body Fat	(%)	40.2	37.3	37. 5	37. 1	39.7	41.6	42. 3	
ECW/TBV	V	0. 390	0.384	0.386	0.390	0. 391	0.399	0. 396	
Recent	□ Total	19. 05. 13 13:42	19. 08. 02 13:57	19. 10. 29 10:35	19. 12. 30 12:40	20. 03. 18 11:19	20. 06. 16 11:29	20. 09. 29 11:19	

Jong w Stength

Body Fat - Lean Body Mass Control-

- cay . at Louis D	ouy mass control					
Body Fat Mass	-50.0 lbs					
Lean Body Mass	0. 0 lbs					
(+) means to gain fat/lean	(-) means to lose fat/lean					

Segmental Fat Analysis-

	▼ - ▲							
Right Arm	(7.51bs) = 332.4%							
Left Arm	(7.91bs) - 350.5%	6						
Trunk	(42.61bs) - 340.4%							
Right Leg	(11. 71bs) ———— 203. 5%							
Left Leg	(11.51bs) ————————————————————————————————————							
Basal Metabolic Rate ————								
1495 kcal								
Visceral Fat Level—————								
	Low 10 High							

Results Interpretation

Level 19

Body Composition Analysis

Body weight is the sum of Body Fat Mass and Lean Body Mass, which is composed of Dry Lean Mass and Total Body Water.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight. PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the muscles are adequately developed in the body.

The top bar shows the comparison of muscle mass to ideal weight while the bottom bar shows that to the current weight.

ECW/TBW Analysis

ECW/TBW, the ratio of Extracellular Water to Total Body Water, is an important indicator of body water balance.

Visceral Fat Level

Visceral Fat Level is an indicator based on the estimated amount of fat surrounding internal organs in the abdomen. Maintain a Visceral Fat Level under 10 to stay healthy.

Results Interpretation QR Code-

Scan the QR Code to see results interpretation in more detail.



Impedance-

iiipedance										
		RA	LA	TR	RL	LL				
$\mathbf{Z}_{(\Omega)}$	5 kHz	315. 2	334. 0	22.0	226.3	230. 9				
	50 kHz	285. 6	334. 0 309. 0	19.7	208.6	214.0				
5	00 kHz	247.8	273. 2	15.5	185.3	192.6				