

# LONGEVITY



# MEDICAL CLINIC™

*Feel Younger · Live Better*

## STATEMENT OF RELEASE LIABILITY

I, ALLAN RAYMAKER understand that I am beginning a program that is unconventional. I have been given a copy of the Federal Food and Drug administration's approved package inserts for each of the prescription drugs used in the program. I have read the possible adverse effects listed in these documents. I have discussed the risks with the doctor, and accept such risks freely. I agree to release the Longevity Medical Clinic, its owners and employees from any and all liability arising out of my treatment in this clinic. I freely accept all risks associated with this treatment. I hold the above entities totally harmless for any and all adverse effects arising from my treatments. This release shall be binding on my heirs, assigns and myself. I also verify the above statements are true.

ALLAN M. Raymaker

Patient Signature

ALLAN RAYMAKER

Patient Printed Name

7/22/20

Date

[Signature]

LMC Representative Signature

Vernica McGinnis

LMC Representative Printed Name

7-22-2020

Date



## Prescriptions & Supplements for Allan Raymaker,

7/20/2020 3:45:35 PM

### Prescriptions - Pharmacy

Drug	Sig	Disp	Date	Notes
Anastrozole 0.25 mg compounded	Take 1 cap per week (M) to decrease conversion of testosterone into estradiol	12	7/8/2020	para A/
Progesterone 100mg/cc in versabase	Apply 0.5 cc (2 clicks on 0.25 cc ticker) to the face and neck at night before bed daily.	45	7/8/2020	Para A/
Testosterone 150 mg/cc in versabase	Apply 0.5 cc (5 little lines on 3 cc syringe) to the inner arms daily. Wash off with soap and water within 6-12 hours	45	7/8/2020	para A/

### Supplements - Longevity

Drug	Sig	Disp	Date	Notes	Autoship
LMC Basic 6 or LMC Essentials	Take 1 packet per day as multivitamin mineral antioxidant mix		7/8/2020	A/	No
LMC DHEA 20mg, 60 caps	Take 1 cap daily in the morning		7/8/2020	A/	No
LMC Melatonin 3mg, 60 caps	Take 1 cap at night before bed and increase to optimal dose based on Dr. Mixon protocol		7/8/2020	A/	No
LMC Muscle Relief, 120 caps	Take 2 cap at night before bed for magnesium support		7/8/2020	A/	No
LMC Pregnenolone 50mg, 60 caps	Take 1 cap at night before bed (if too stimulating move dosing to morning)		7/8/2020	A/	No
LMC Triple Amino, 90 caps	Take 4 cap before bed to help support growth hormone production.		7/8/2020	A/	No
LMC Vessel Protection, 60 caps	Take 2 cap per day to lower homocysteine		7/8/2020	A/	No
Vitamin C 1,000 mg	Take 2-4 gm of vitamin C per day for collagen support secondary to aneurysm		7/8/2020	A/	No
Vitamin K2 MK7 100 mcg	Take 1 cap per day for cardiovascular support - because D can calcify and make stiff blood vessels.		7/8/2020	A/	No