

# Eastside Friends of Seniors

**Heart-warming. Transformative. Inspiring.** Eastside Friends of Services provides free services for seniors facing the challenges of aging. Seniors can then live independently, in health, safety, and dignity. Our Caring Hearts events are a great opportunity to learn more about our programs and the elders we serve. Gathering for Seniors is our fall fundraising luncheon. All events are free, so **Save the date and join us!**

**Caring Hearts** informational event at St Michael and All Angels, Issaquah  
August 14, 2013 10:00 am - 11:00 am

**Caring Hearts** informational event at Sammamish City Hall, Sammamish  
September 9, 2013 Noon - 1:00 pm

**Caring Hearts** informational event at the Microsoft Store, Bellevue  
September 25, 2013 6:30 pm - 7:30 pm

**Gathering for Seniors** fundraising luncheon at Bellevue Hilton, Bellevue  
October 11, 2013 12:00 pm - 1:30 pm

More information or to RSVP:  
[www.eastsidefriendsofseniors.org](http://www.eastsidefriendsofseniors.org) or  
[www.gatheringforseniors.org](http://www.gatheringforseniors.org)

