

# Lessons on the Bhagavad Gita

Prabhudutt Dash

Happiness or grief, pleasure or pain,  
success or failure, praise or condemnation.  
Maintain your poise, equilibrium and moderation.  
Uphold honesty, truth and purity.  
Nurture faith, dedication and serenity.

Desire, anger and greed lead us to damnation  
Illusion, pride and envy pave the way for destruction.  
Fear, violence and animality sap our growth and vitality.  
Restlessness, corruption and sin affect our virtue and morality.

Mind is at the root of all evil and bondage.  
It is possible to control it with honest effort and courage.  
Dismantle your doubt and suspicion with intelligence.  
Work incessantly without thinking about the results with diligence.

Cherish the immortal virtues of kindness and love, care and affection.  
Spread the message of friendship, amity and cultivate devotion.  
Be pious and regulated and choose heaven and not hell.  
Surrender at the Lotus feet of the Lord for bliss eternal.

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