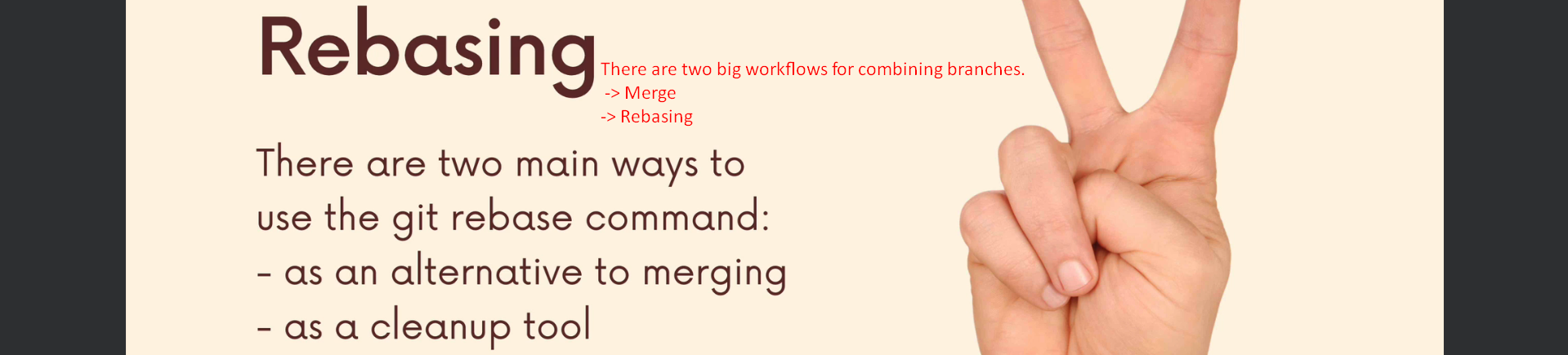
1. 
2. Advantages:
   1. **Clean**: No Merge Commit.
   2. **Linear history**: Due to No Merge Commit. So fast Forward.
   3. **Keep branches up-to-date**: Ensures your branch is based on the latest changes from another branch (usually the main or master branch).
3. Express Commit using -m as without opening Commit Message Window.