

# 1. Use career assessment tools to identify interests and skills

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## Identify factors to consider when choosing a career

Bachelor degree = licenciatura

Master's degree = maestría

Abroad

MsC. Sofía

M.A. Sofía

Listen to the podcast. What strategy did each person use to find a suitable career?

Speaker	Strategy
Henry	Find you passion
Jessica	Consult with a career counselor
Emma	Take an internship

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Counselor = a person who will assist you in order to make a decision

Internship = temporary job in which you will get to know the nature of an occupation

## Gerunds and infinitives to share interests and preferences

A gerund is the “**-ing**” form of the verb.

An infinitive is “**to+the base form of the verb**”. Both gerunds and infinitives are often used as nouns to express preferences.

I like **to eat** skewers

I like **eating** skewers

## Exercise

Read the entire advertisement. Identify the verbs that are followed by a gerund or an infinitive.

### Taylor College Career Center *Helping you find your calling*

Choosing a career path may be one of the most difficult decisions you ever make. You should consider your competencies, interests, values, and personal characteristics. For example, do you like being in an office? Or do you love to work outdoors? Do you prefer to work alone or on a team? Are you a morning person, or do you hate waking up early? Do you enjoy helping other people? What do you like to do in your free time?

At the Taylor Career Center, we help you take real steps towards your career goals. If you are unsure about what you would want to do and where you hope to be in five years, we offer a full career assessment. When you finish taking the assessment, we provide a list of career options best suited for you. If you decide to switch careers, we can help you choose a suitable major. We can also help you practice interviewing for jobs. Plan to visit the Career Center today!

**Competency** = What you are good at. Skills or abilities at which you are very proficient

**Suitable** = idóneo

Major = A “technical” career (2 or 3 years)

Assessment = an evaluation of compliance

Gerunds	Infinitives
Like being	Love to work
Hate waking up	Prefer to work
Enjoy helping	Like to do
Finish taking	Want to do
Practice interviewing	Hope to be
	Decide to switch
	Plan to visit

Gerunds	Infinitives
<i>I <u>enjoy</u> helping other people.</i>	
	<i>I <u>want to work</u> in an office.</i>
<i>I <u>like being</u> part of a team.</i>	<i>I <u>like to be</u> part of a team.</i>
<ul style="list-style-type: none"><li>• Some verbs can only be followed by a gerund, and others can only be followed by an infinitive.</li><li>• Some verbs can be followed by either a gerund or an infinitive.</li></ul> <p><i>For a list of which verbs are used with gerunds or infinitives, search online for: verbs with gerunds and infinitives.</i></p>	

	Gerund	Infinitive
like, love, hate, prefer	✓	✓
agree, decide, plan		✓
enjoy, practice, finish	✓	
need, want, hope, would like		✓

I like to hate gangbangers, because they are dreadful people  
 I like hating gangbangers...

I like practicing programming (not me)

If I had studied harder, I would have passed the exam

### Identify the criteria for a SMART goal

Criteria or criterion?

Criterion = singular

Criteria = plural

What is a goal?

Something that you are reaching for

The goal is within the objective

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Smart in general is "intelligent" or "clever"

## Setting SMART Goals for Success

1 A 2015 study showed that people who write down their goals are 33% more likely to achieve them. One of the most well-known techniques for setting personal and professional goals is the SMART **method**.

A SMART goal is a goal that is Specific, Measurable, Achievable,

5 Relevant, and Time-bound:

- To make a goal Specific, say exactly what you want to achieve.
- To make it Measurable, attach a number or amount to the goal.
- To make it Achievable, be sure you can realistically achieve the goal.
- To make it Relevant, make sure the goal is important to you.

10 • To make it Time-bound, set a deadline for completing the goal.

Let's look at an example of SMART goals in action. Women for Women International is an organization that helps women in countries devastated by war. The organization has helped more than 500,000 women. Many of these women have lost their husbands and families. They have to work and earn money, often for the first time in their lives.

15 The first step is for the women to enroll in a free Women for Women International program. The women learn how to find and keep a job. Then they learn how to set up a bank account and save money. Many of the women start small businesses. Finally, the women find business loans through the Women for Women International community.

One of the skills the women learn is how to set goals. They set both short-term and long-term goals. A short-term goal is something they want to accomplish soon. An example of a short-term goal is opening a bank account. A

20 long-term goal is something they hope to achieve in the next year. An example of a long-term goal is for the women to save four-five times more money by the end of the year than they had at the beginning.



The Women for Women International program participants could set a goal to simply "save more money." However, by **specifying** how much they want to save and by when, they make it more likely that they will achieve their goal. And this kind of **explicit** goal-setting works. For example, in Rwanda, participants begin the year with an average of \$24.20

25 in savings. They end the year with an average of \$117.67 in savings.

How could you set short-term and long-term SMART goals in your own life? Think about your vision for the next year of your life. What do you want to achieve? Get a promotion? Find a new job? Earn a certificate or degree? Setting SMART goals gives you the direction you need to **transform** your goals into reality.

Specific  
Measurable  
Achievable  
Relevant  
Time-bound

Permission  
Permit

- To acquire 2 new branches for my fast-food restaurant throughout new village city in 2023

What is a deadline?

The deadline to submit your project proposal is February the 6<sup>th</sup>

**What is a "loan"?**

Money that you have borrowed from a person or entity and normally implies the accumulation of monetary interests.

**IDENTIFY MAIN IDEAS.** Choose the main idea of the article. Where is it stated?

- a. Women for Women International used SMART goals.
- b. You are more likely to achieve your goals when you make them SMART.
- c. It is important to set both short-term and long-term SMART goals.

Letter “b” is the main idea.

**LOCATE DETAILS.** Label each step as: *Specific, Measurable, Achievable, Relevant, or Time-bound.*

- 1. I want to achieve this goal by next summer. \_\_\_\_\_
- 2. I need English at work so I can speak at meetings. \_\_\_\_\_
- 3. I’m going to take two more English classes a week. \_\_\_\_\_
- 4. Two classes a week take three hours, which fits into my schedule. \_\_\_\_\_
- 5. I want to become more fluent and articulate in English. \_\_\_\_\_

- 1. Time-bound
- 2. Relevant
- 3. Measurable
- 4. Achievable
- 5. Specific

**RECOGNIZE STRUCTURE.** What topic, or major subject, is covered in each of these paragraphs:

- Paragraph 2 \_\_\_\_\_
- Paragraph 3 \_\_\_\_\_
- Paragraph 4 \_\_\_\_\_

Paragraph 2: An example of a SMART goal based on the Women for Women International organization

Paragraph 3: The process or steps women take in the Women for Women international program

Paragraph 4: Definitions about the short and long-term goals

### **Last exercise:**

Based on the article, are the statements true or false?

- 1. People who told a friend about their goals are 33% more likely to achieve them.
- 2. To make a goal specific, set a deadline for completing it.
- 3. Something you hope to accomplish in the next year is an example of a long-term goal.
- 4. Women for Women International participants set SMART goals around saving money.

1. False
2. False
3. True
4. True

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## Dr. César Cruz: Modern-Day Unsung Hero



- 1 There is a poem by the African-American poet Paul Dunbar titled "Unsung Heroes." It honors the slaves who became free men and sacrificed their lives in the Civil War. These men died leaving no name to mark their graves, no song to remember their sacrifice. So when we speak of unsung heroes, we do not speak of them lightly. It is  
5 a title that is earned from hardship and sacrifice. Unsung heroes work, fight, and inspire behind the scenes. They may never appear upon the pages of history. Dr. César Cruz is one such *unsung hero*.

- César Cruz was born in Guadalajara, Jalisco, Mexico, in 1974. He learned early on that his life would not be easy. His father **abandoned** him at the age of two. Three years later, his mother left him to  
10 work in the U.S. At the age of nine, young Cruz joined his mother in the U.S. He lived in poverty as an undocumented immigrant. He felt the **constant** threat of deportation. In fact, his mother was deported three times while Cruz was a boy. Cruz felt lost and angry. By middle school, he was struggling in school and getting into trouble.

- Then one day Cruz read a biography that changed his life. It was the biography of Reies López Tijerina, a friend of Dr. Martin Luther King, Jr. Like King, Tijerina fought for civil rights. The biography opened Cruz's eyes to the history  
15 of Latino people. It inspired him to a new purpose in life: the fight for social justice. For Cruz, education became the key to **achieve** that purpose. Cruz completed high school and graduated from the University of California, Berkeley.

- Cruz became a teacher in a poor school district in California. When he saw how much poorer his district was than others, he decided to do something about it. In 2004, Cruz led students, their families, and community members on a 70-mile march to the state capitol. Their goal was to talk to Governor Arnold Schwarzenegger about unequal school  
20 **funding**. When they got there, however, the governor refused to see them. So Cruz and several other adults began a hunger strike to get the governor's attention. They went 26 days without food. Finally, the governor agreed to return \$600,000 a year of interest payments on the school district's loans over a period of 15 years.

- In 2009, César's own experience with gang violence led him to start the Homies Empowerment Program. The program, which is still active, offers education and hope to gang members. Rival gang members sit next to each other in classes  
25 where they learn about their cultural history. They also prepare and eat monthly dinners together. Currently, Cruz is **expanding** the program to include a community high school.

In 2016, Cruz became the first Mexican-American male to earn a doctorate from the Harvard Graduate School of Education. But Cruz is most proud of his role as husband and father. Perhaps it is his humanness that is most inspiring. If he is like us, then we, too, can make this world a better, kinder place.

- 30 Cruz's story may remain unsung on the pages of history. However, his song will be sung from the lips of those he has touched and the thousands who have learned from the sacrifices of this unsung hero.



Select the correct option

Article Main Idea		Lines
a. Paul Dunbar wrote the poem “Unsung Heroes.” b. César Cruz is an unsung hero. c. Unsung heroes were former slaves who fought and died in the Civil War.		
Paragraph Main Ideas		
<b>2</b>	a. Cruz’s life was difficult as a boy. b. Cruz’s mother was deported three times. c. Cruz began to get into trouble.	
<b>3</b>	a. Cruz read the biography of Reies López Tijerina. b. Education became the key to Cruz’s discovery of a purpose in life. c. The Reies López Tijerina biography inspired Cruz to change his life.	
<b>4</b>	a. Cruz went on a hunger strike for 26 days. b. Cruz was a teacher in a poor school district in California. c. Cruz led the fight to get more money for his school district.	
<b>5</b>	a. Cruz started the Homies Empowerment Program. b. Rival gangs participate in activities together. c. Cruz had experience with gang violence.	

Article main idea...letter “b”

2 ---- a

3 --- c

4 --- c

5 --- a

Demonstration

Demonstrators