READING

http://englishforeveryone.org/Topics/Reading-Comprehension.htm

http://www.5minuteenglish.com/reading.htm

http://www.rong-chang.com/qa2/

http://treasures.macmillanmh.com/ (practice the longest passages)

LISTENING

www.elllo.org

https://www.focusenglish.com/dialogues/conversation.html?msclkid=b009660bd09511ec8a3321fc7210063f

https://www.englishlistening.com/

https://www.ted.com/

https://learnenglishteens.britishcouncil.org/skills/listening

http://www.talkenglish.com/

https://www.esl-lab.com/

RETENTION

http://www.manythings.org/audio/sentences/

http://www.talkenglish.com/

http://www.manythings.org/repeat/

FLUENCY AND SHADOWING TECHNIQUE

http://www.elllo.org/english/Mixer/

https://youtu.be/l96V7dQtq9E

https://youtu.be/YMxA4Q94qao

https://youtu.be/meEAPeJWaTA

GRA M MAR IN CONTEXT

http://www.englishpage.com/verbpage/verbtenseintro.html

http://www.agendaweb.org/

http://www.cambridge.org/us/esl/touchstone/student /index.html

http://www.perfect-english-grammar.com/

https://www.englishclub.com/grammar/

http://learnenglish.britishcouncil.org/en/english-grammar