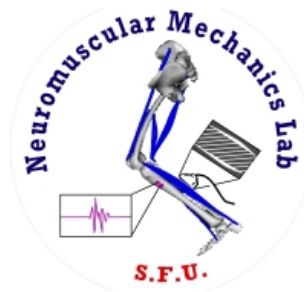


NEUROMUSCULAR MECHANICS LABORATORY

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A HILL-TYPE CONTINUUM MODEL OF A MUSCLE FIBRE

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1. Executive Summary

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2. Mathematical ideas

Consider the mass-enhanced muscle model from Ross & Wakeling 2016 [1] driven by an external force F_{ext} applied on the last mass. Mathematically, it can be described as a system of N ODEs as follows:

$$\begin{cases} m_1 \frac{d^2 x_1}{dt^2} = F_2(\lambda_2, \epsilon_2) - F_1(\lambda_1, \epsilon_1), \\ m_2 \frac{d^2 x_2}{dt^2} = F_3(\lambda_3, \epsilon_3) - F_2(\lambda_2, \epsilon_2), \\ \vdots \\ m_N \frac{d^2 x_N}{dt^2} = F_{ext} - F_N(\lambda_N, \epsilon_N). \end{cases} \quad (2.1)$$

Denoting by x_i the position of the i -th mass, the stretch (normalized length) and strain rate (normalized velocity) can be written as

$$\lambda_i = \frac{x_i - x_{i-1}}{L/N}, \quad \epsilon_i = \frac{\dot{\lambda}_i}{\epsilon_0} = \frac{\dot{x}_i - \dot{x}_{i-1}}{\epsilon_0 L/N}, \quad i = 1, \dots, N \quad (2.2)$$

where L denotes the length of the muscle (which could be taken as the optimal length) and ϵ_0 is the maximum strain rate of the muscle fibre. In addition, $x_0 = 0$. Typically, the spacing between masses is considered constant. Call it Δx . We have therefore $\Delta x = L/N$. Moreover, writing these quantities in terms of displacements u_i , where $x_i = x_i^0 + u_i$ and x_i^0 is the initial position of the i -th mass, we have the following:

$$\lambda_i = \frac{x_i - x_{i-1}}{\Delta x} = \frac{u_i + x_i^0 - u_{i-1} - x_{i-1}^0}{\Delta x} = 1 + \frac{u_i - u_{i-1}}{\Delta x}, \quad (2.3)$$

the latter because $x_i^0 - x_{i-1}^0 = \Delta x$. Moreover,

$$\epsilon_i = \frac{\dot{x}_i - \dot{x}_{i-1}}{\epsilon_0 \Delta x} = \frac{1}{\epsilon_0} \frac{d}{dt} \left(\frac{u_i - u_{i-1}}{\Delta x} \right) = \frac{1}{\epsilon_0} \frac{d}{dt} \left(1 + \frac{u_i - u_{i-1}}{\Delta x} \right). \quad (2.4)$$

We are interested in studying the behaviour of the system as $N \rightarrow \infty$, or equivalently, as $\Delta x \rightarrow 0$. This is the **continuum limit**. It turns out that, as $\Delta x \rightarrow 0$, the previous two equations define the following quantities:

$$\lambda := \lim_{\Delta x \rightarrow 0} \lambda_i = 1 + \frac{\partial u}{\partial x}, \quad \epsilon := \lim_{\Delta x \rightarrow 0} \epsilon_i = \frac{1}{\epsilon_0} \frac{\partial \lambda}{\partial t}. \quad (2.5)$$

That is, we have recovered the one-dimensional version of the stretch and strain rate variables that are commonly considered in solid mechanics.

Going back to the system (2.1), it is customary to consider $m_i = m/N$, where m is the mass of the whole muscle. This means that, $m_i = m \Delta x/L$. Also, because $F_i = F(\lambda_i, \epsilon_i)$ where F is Hill's force, we

may rewrite (2.1) as

$$\left\{ \begin{array}{l} \frac{m}{L} \frac{d^2 x_1}{dt^2} = \frac{F(\lambda_2, \epsilon_2) - F(\lambda_1, \epsilon_1)}{\Delta x}, \\ \frac{m}{L} \frac{d^2 x_2}{dt^2} = \frac{F(\lambda_3, \epsilon_3) - F(\lambda_2, \epsilon_2)}{\Delta x}, \\ \vdots \\ \frac{m}{L} \frac{d^2 x_N}{dt^2} = \frac{F_{ext} - F(\lambda_N, \epsilon_N)}{\Delta x}. \end{array} \right. \quad (2.6)$$

Claim 2.1. *The system of ODEs (2.1) corresponds to a first-order method of lines discretization of the partial differential equation*

$$\rho_0 \frac{\partial^2 u(x, t)}{\partial t^2} = \frac{\partial F(\lambda, \epsilon)}{\partial x}, \quad (x, t) \in (0, L) \times (0, \infty), \quad (2.7)$$

subject to mixed boundary conditions

$$u(0, t) = 0, \quad F(\lambda, \epsilon)|_{x=L} = F_{ext}, \quad (2.8)$$

and initial conditions

$$u(x, 0) = \frac{\partial u(x, 0)}{\partial t} = 0. \quad (2.9)$$

Here, ρ_0 would be the **linear density** of muscle tissue, which can be computed from the volumetric muscle density ρ_0^V as $\rho_0 = \rho_0^V \cdot CSA$.

Note that the Neumann condition in (2.8) corresponds to a nonlinear type of boundary condition depending on $\frac{\partial u}{\partial x}$. Thus, the problem is at least well-defined (whether it is *well-posed* is a different story). A more common Neumann boundary condition for this problem (but perhaps not applicable to muscle, see footnote) is to prescribe a strain at the end, that is,

$$\frac{\partial u}{\partial x}|_{x=L} = \frac{\sigma_{ext}}{E}.$$

where σ_{ext} is an external stress and E is the Young's modulus of the material¹.

Proof. Indeed, consider a discretization $\{x_0, x_1, \dots, x_N\}$ of the interval $[0, L]$ where $x_0 = 0$ and $x_N = L$. Then, define $u_i = u(x_i, t)$, and consider a *backwards* first-order formula to discretize (in space) the stretch and strain rates, that is,

$$\lambda_i = \lambda(x_i, t) = 1 + \frac{u_i - u_{i-1}}{\Delta x}, \quad \epsilon_i = \epsilon(x_i, t) = \frac{1}{\epsilon_0} \frac{d\lambda_i}{dt}.$$

These are precisely the equations in (2.2). Now, to discretize the gradient on the right-hand side of (2.7), consider a *forwards* first-order difference:

$$\frac{m}{L} \frac{d^2 u_i}{dt^2} = \frac{F(\lambda_{i+1}, \epsilon_{i+1}) - F(\lambda_i, \epsilon_{i+1})}{\Delta x}, \quad i = 1, \dots, N.$$

¹Ogneva et al. [2] reports values of $E \approx 30$ kPa for a muscle fibre in a relaxed state and $E \approx 66$ kPa in a fully-active state for rat soleus muscle. These measurements were performed at the M bands, which differ from measurements at Z bands.

Given that there is not an x_{N+1} mass, the force required at this “ghost” node can be taken precisely as F_{ext} , i.e. $F(\lambda_{N+1}, \epsilon_{N+1}) = F_{ext}$. In addition, we have taken $\rho_0 = m/L$. Thus, the previous expression is just (2.6). \square

Remark 2.2. *Mathematically speaking, F only needs to be a “nice” (i.e. at least continuous) function, not necessarily Hill’s force. However, if F is indeed Hill’s force, then I conjecture that the equation (2.7) corresponds to the deformation of a muscle fibre in which every point inside is subjected to Hill’s force.*

Remark 2.3. *The continuum limit may seem excessive at first, but we have to keep in mind that N , the number of masses in the ODE system, will never reach the number of sarcomeres in a muscle fibre. For instance, we may well have between 20,000 to 25,000 sarcomeres per 10 cm of muscle fibre. For a muscle that is 30 cm long, we are currently taking $N = 16$ masses.*

One advantage of the PDE (2.7) is that it is easy to add, say a Neo-Hookean contribution:

$$\rho_0 \frac{\partial^2 u}{\partial t^2} = \frac{\partial}{\partial x} F(\lambda, \epsilon) + \frac{\partial}{\partial x} \left(c_1 \lambda + \frac{c_1 \log(\lambda) + c_2}{\lambda} \right),$$

where $c_1, c_2 > 0$ are the Lamé coefficients of the material (these are typically denoted by λ and μ , but we have not used this notation here for obvious reasons).

It remains to propose a method to evaluate the descending limb instability in the model (2.7), if it is present at all.

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