



## PROMISE OF OUR LADY OF FATIMA

FOR      "CATECHISM"

[www.promesadelavirgendefatima.com](http://www.promesadelavirgendefatima.com)

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## The Great Promise of the Immaculate Heart of Mary

Our Lady said to Lucia:

"Look, my daughter. My Heart is surrounded with thorns that ungrateful men pierce unceasingly with their blasphemies and ingratitude. You, at least, try to console me and announce that for all those, who for five consecutive first Saturdays, confess, receive Holy Communion, pray the Holy Rosary and accompany me for 15 minutes by meditating the mysteries of the Holy Rosary with the intention to do reparation, I promise to assist them at the hour of death with the graces needed for salvation."

The practice of this devotion is very simple and consists of:

- 1) Confession, which can be made on the previous or following week of the First Saturday of Month.
- 2) Communion, in the First Saturday of Month.
- 3) Prayer of five mysteries of the Rosary.
- 4) To accompany our Lady for 15 minutes, meditating or thinking about the mysteries of the Rosary.
- 5) To do this for five consecutive first Saturdays.
- 6) Try to console, honour and repair the Immaculate Heart of Mary.

For all this, Our Lady promises to assist us at the hour of death with the graces needed for salvation.

*Our Lady will be very happy if all the children do this with their family.*

# 1st SATURDAY OF MONTH AND 1st OF THE PROMISE

## MEDITATION ON THE MYSTERIES OF THE ROSARY

### JOYFUL MYSTERIES

#### 1st Mystery. The Annunciation of the Angel to Mary

And the angel said to her, "Do not be afraid, Mary, for you have found favor with God. And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. (Lk 1,30-32)

#### 2nd Mystery. The visitation of Mary to Saint Elizabeth

Elisabeth was filled with the Holy Spirit and she spoke out with a loud voice, and said: "Blessed art thou among women, and blessed is the child you will bear! But why am I so favored, that the mother of my Lord should come to me? (Lk 1,41-43)

#### 3rd Mystery. The nativity of Jesus in Bethlehem

And so it was, that, while they were there, the days were accomplished that she should be delivered. And she brought forth her firstborn son, and wrapped him in swaddling clothes, and laid him in a manger; because there was no room for them in the inn. (Lk 2, 6-7)

#### 4th Mystery. The presentation of Jesus to the Temple

And when the days of her purification according to the law of Moses were accomplished, they brought him to Jerusalem, to present him to the Lord (Lk 2,2-2)

#### 5th Mystery. The finding of Jesus in the Temple

After three days they found him in the temple, sitting in the midst of the doctors, both hearing them, and asking them questions. (Lk 2,46)

### Meditations:

- Don not be afraid, Mary.... God does not want us to ever be afraid. He wants us to trust Him, because He is our best friend.
- That child who will be born, will someday give his life for you and give you his mother.
- Our Lady must have been very kind, so that God would choose her as a Mother!

- Because Our Lady said YES to God, from that moment Baby Jesus is among us.
- What a great expectation there must have been in Heaven, waiting for the Yes of Mary!
- Elisabeth, Mary's cousin, should have been very afraid, because she was pregnant and she was very old. Our Lady must have realized and went to visit her.

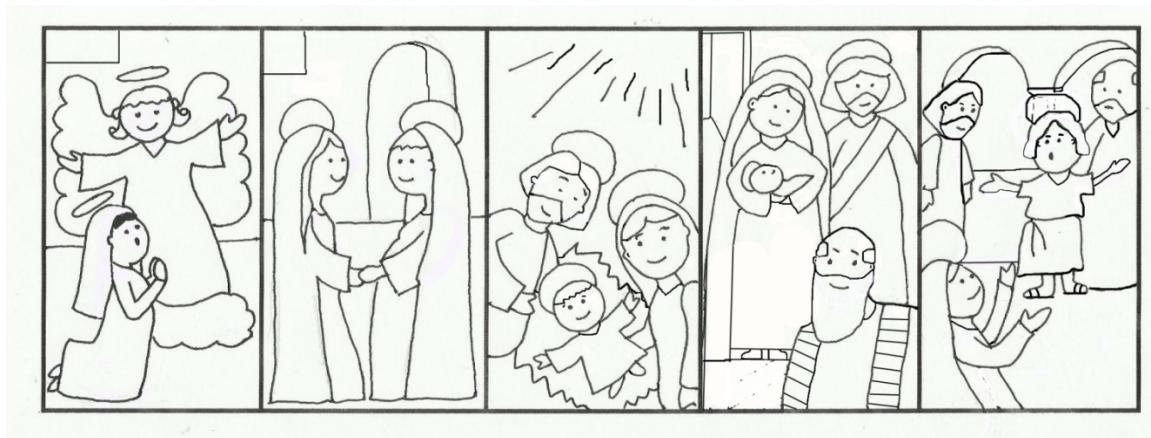
That tenderness that Our Lady had with Baby Jesus when He was born, is the same tenderness that She has with everyone of us, because you are as well her child!

- What a great joy there must have been in Heaven when Baby Jesus was born!
- With the birth of Baby Jesus, your best friend was born. Tell Him your problems and joys.
- Every time I receive Communion, I receive Baby Jesus.

If you like you can write down some of your own meditations :.....

- .....
- .....

❖ Write down the meditation you like best on the booklet (page 36), so that you will remember it on the First Saturday of Month.



## COMMUNION

How would you receive Holy Communion in a way that Our Lady would appreciate?

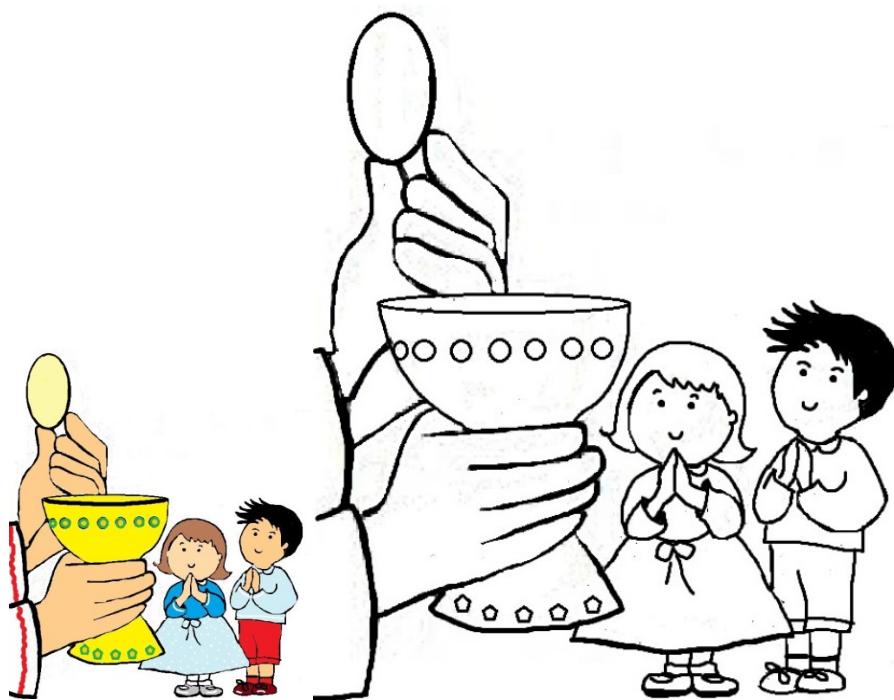
- To ask God for the intentions of Our Lady.
- To ask God for those who need it most.
- To put all my worries and problems in God's hands.
- To tell God and Mary all my joys and achievements.
- To tell God whether I have been naughty or disobedient, etc., and ask Him to be better.
- To ask Baby Jesus for my parents and for my brothers and sisters.
- To ask Baby Jesus for any sick relative I might have.
- To ask Him to be a better classmate and to be more kind and generous at home.

If you like you can write down some of your own ideas:

.....

.....

**Write down the idea you like best on the booklet (page 36), so that you can fulfill it on the First Saturday of Month.**



**CONFSSION, which can be made on the previous or following week of the 1st Saturday of Month.**

What is necessary to make a good confession?

- Examination of Conscience
- Sorrow for sin
- Purpose of amendment
- To do the penance assigned by the priest

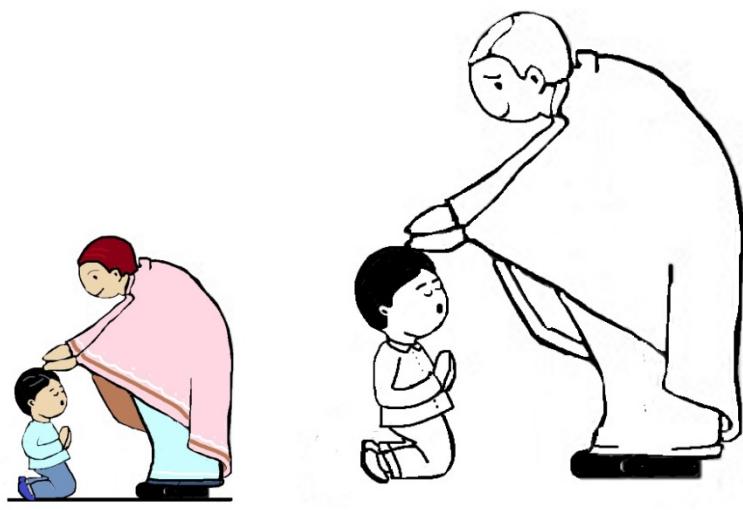
How do you think you have behaved incorrectly?

- Have you badmouthed anybody?
- Have you humiliated or poked fun at any mate?
- Have you kept anything that does not belong to you?
- Have you refused to help anybody who needed help?
- Have you caused any trouble or fight?
- Have you treated disrespectfully any teacher or adult?
- Have you disobeyed your parents?
- Have you lied?

Other faults:

.....  
.....

**Write down your faults on the booklet (page 36), so that you do not forget about them when confessing on the First Saturday of Month.**



## PRAYER

What things would you ask God for or who would you ask God to help in the Rosary of the First Saturday of Month, so that Our Lady would be happy?

- For the sinners, because maybe nobody remembers to pray for them.
- For the peace in the world.
- For the hungry in the world.
- For our family.
- For the Church, for the Pope, for the priests and religious people.
- For the politicians, so that they govern well the countries.
- For the abuses occurred in the world.
- For all those who suffer from illnesses.
- For the lonely and for those who do not have a family.
- For the intentions of our Lady.

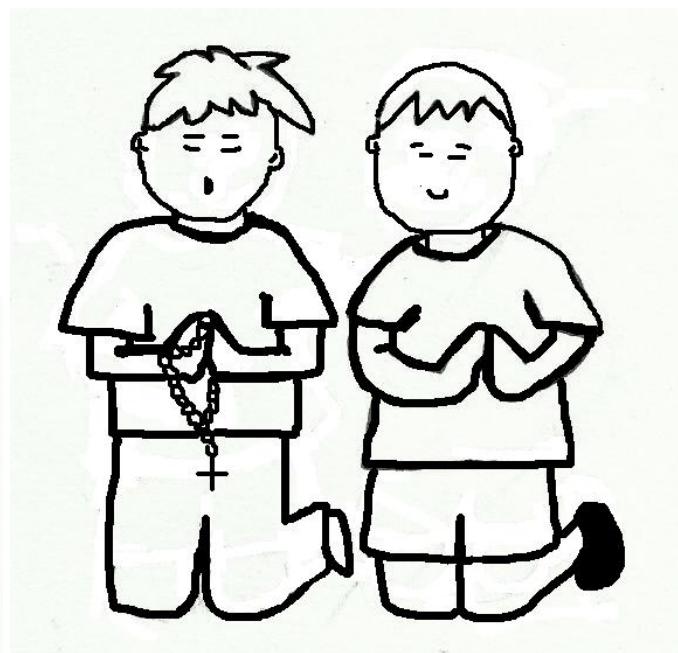
For any problem anybody might have: mate, friend, grandparents, parents, etc.

**For anything you may consider:**

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**Write down your petition on the booklet (page 36), to ask for it on the First Saturday of Month.**



## **CONSOLATION OF THE IMMACULATE HEART OF MARY:**

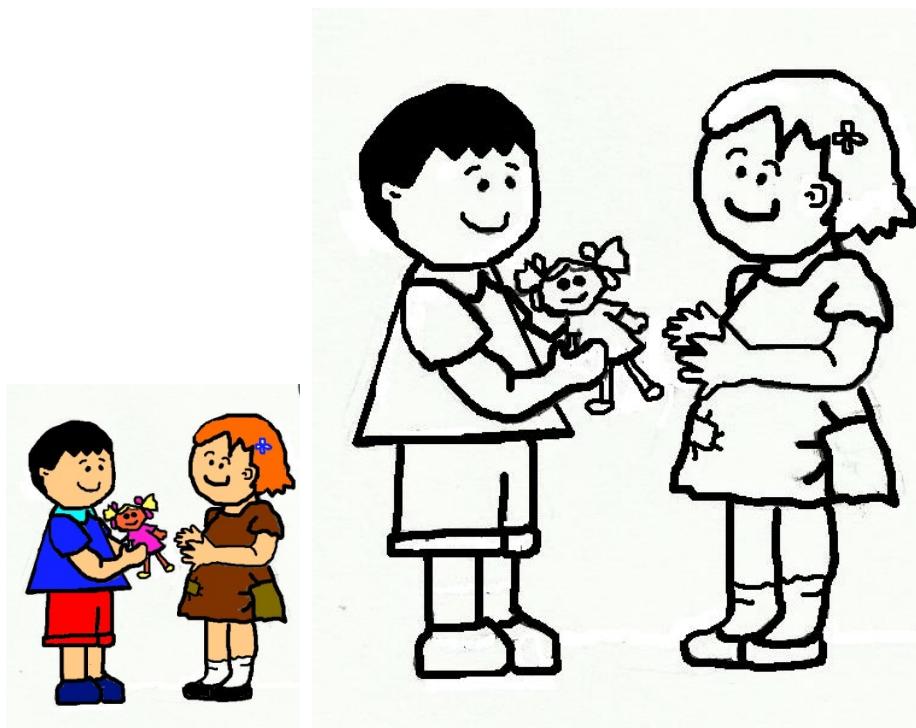
Other than making a good confession, prayer, communion, and meditation, would you like to do anything of the following so that Our Lady would be happy?

- To help anybody to solve their problems.
- To give back anything which does not belong to you.
- To say sorry for a fight that you started.
- To say sorry to any adult you might have treated disrespectfully.
- To have a good detail with anybody you might have treated badly or humiliated.
- To pray the Rosary focused on it and concentrated on what you are saying.
- To be a better mate.
- To do the homework in a better way, and to pay attention in class.
- To obey your parents in something hard for you.
- To be with your grandparents for a while if they are sick.

Write down any other thing you may think that Our Lady would like:

.....

Write down on the booklet (page 36) what you would like best to present Our Lady on the First Saturday of Month:



# 1st SATURDAY OF MONTH AND 2nd OF THE PROMISE

## MEDITATION ON THE MYSTERIES OF THE ROSARY

### LIGHT MYSTERIES

#### 1st Mystery: The Baptism of Jesus

Then Jesus came from Galilee to the Jordan to be baptized by John. (Mk 1,9)

#### 2nd Mystery: The wedding of Cana

A wedding took place at Cana in Galilee. Jesus' mother was there (Jn 2,1)

#### 3rd Mystery: The proclamation of the Kingdom of God

"The time has come," he said. "The kingdom of God is near. Repent and believe the good news!" (Mk 1,14-15)

#### 4th Mystery: The Transfiguration

About eight days after Jesus said this, he took Peter, John and James with him and went up onto a mountain to pray. As he was praying, the appearance of his face changed, and his clothes became as bright as a flash of lightning. (Mk 9,2-3)

#### 5th Mystery: The institution of the Eucharist

While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, "Take it; this is my body." Then he took the cup, gave thanks and offered it to them: "You all drink from it, because this is my blood." (Mk 14,22-24)

### Meditations:

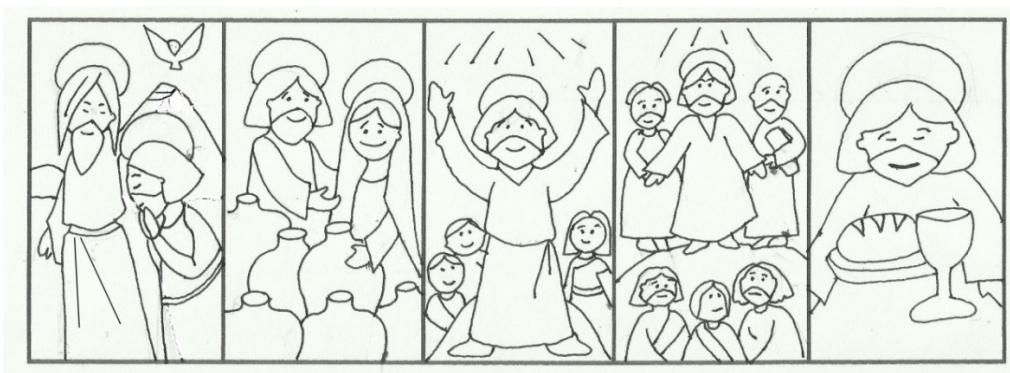
- Jesus shows us His humility in the fact of going to the Jordan to be baptized.
- Here, God the Father manifests that Jesus is His Son: "This is My beloved Son, in whom I am well-pleased."
- As well, the Holy Spirit manifests it when descending on Jesus.
- In the wedding of Cana, how kind is Our Lady! She took care of the situation when She saw there was no more wine.

- Our Lady and the Lord are always paying attention to everything that happens to us.
- We should invite Jesus and Mary to all of our events.
- "Do whatever He tells you". Mary always guides us to Him, and She invites us to obey Him.
- If we want to follow Jesus, the one who will guide us best is Mary.
- In the Transfiguration there was a voice of God the Father that said: "This is my beloved Son, listen to Him!" To listen to Jesus, we should do it internally and reading the Gospel.
- In the Holy Communion you will find the person who loves you the most.
- You have the opportunity to accompany and comfort Jesus in the communion. He gave His life for you.
- When you visit the Holy Sacrament, you are visiting the Lord, and our Lady is with Him.
- It must have been incredible when Our Lady went to Communion, because She would have Her Son again inside of Her.
- In the Holy Communion, we receive from Jesus according to the openness of our heart.

If you like, you can write down any meditation of yours:

- .....
- .....

❖ Write down the meditation you like best on the booklet (page 38), so that you can remember it on the First Saturday of Month.



## COMMUNION

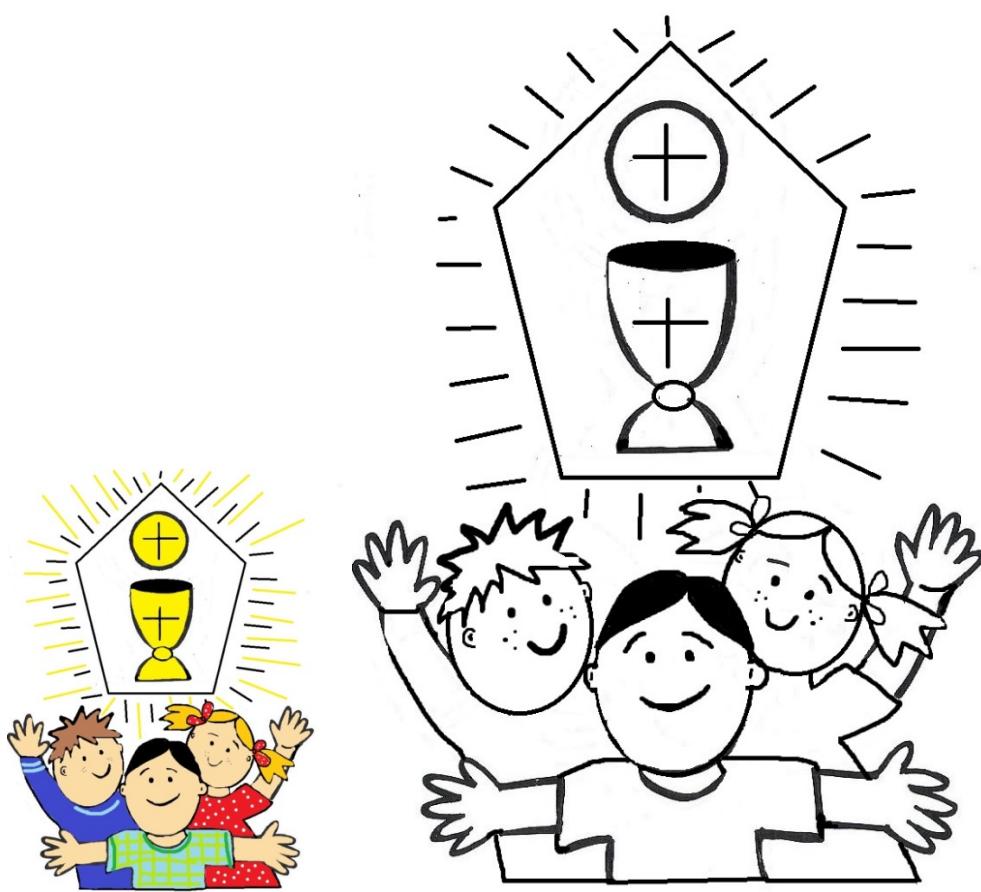
How would you receive Holy Communion in a way that Our Lady would appreciate?

- To ask God for the intentions of Our Lady.
- To ask God for those who need it most.
- To put all my worries and problems in God's hands.
- To tell God and Mary all my joys and achievements.
- To tell God whether I have been naughty or disobedient, etc., and ask Him to be better.
- To ask Baby Jesus for my parents and for my brothers and sisters.
- To ask Baby Jesus for any sick relative I might have.
- To ask Him to be a better classmate and to be more kind and generous at home.

If you like you can write down some of your own ideas:

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Write down the idea you like best on the booklet (page 38), so that you can fulfill it on the First Saturday of Month.



**CONFSSION, which can be made on the previous or following week of the 1st Saturday of Month.**

What is necessary to make a good confession?

- Examination of Conscience
- Sorrow for sin
- Purpose of amendment
- To do the penance assigned by the priest

How do you think you have behaved incorrectly?

- Have you badmouthed anybody?
- Have you humiliated or poked fun at any mate?
- Have you kept anything that does not belong to you?
- Have you refused to help anybody who needed help?
- Have you caused any trouble or fight?
- Have you treated disrespectfully any teacher or adult?
- Have you disobeyed your parents?
- Have you lied?

Other faults:

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**Write down your faults on the booklet (page 38), so that you do not forget about them when confessing on the First Saturday of Month.**



## PRAYER

**What things would you ask God for or who would you ask God to help in the Rosary of the First Saturday of Month, so that Our Lady would be happy?**

- For the sinners, because maybe nobody remembers to pray for them.
- For the peace in the world.
- For the hungry in the world.
- For our family.
- For the Church, for the Pope, for the priests and religious people.
- For the politicians, so that they govern well the countries.
- For the abuses occurred in the world.
- For all those who suffer from illnesses.
- For the lonely and for those who do not have a family.
- For the intentions of our Lady.

For any problem anybody might have: mate, friend, grandparents, parents, etc.

**For anything you may consider:**

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**Write down your petition on the booklet (page 38), to ask for it on the First Saturday of Month.**



### **CONSOLATION OF THE IMMACULATE HEART OF MARY:**

Other than making a good confession, prayer, communion, and meditation, would you like to do anything of the following so that Our Lady would be happy?

- To help anybody to solve their problems.
- To give back anything which does not belong to you.
- To say sorry for a fight that you started.
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- To be a better mate.
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- To be with your grandparents for a while if they are sick.

Write down any other thing you may think that Our Lady would like:

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Write down on the booklet (page 38) what you would like best to present Our Lady on the First Saturday of Month:

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## 1st SATURDAY OF MONTH AND 3rd OF THE PROMISE

### MEDITATION ON THE MYSTERIES OF THE ROSARY

#### SORROWFUL MYSTERIES

##### 1st Mystery: The Agony of Jesus in the Garden

Then cometh Jesus with them unto a place called Gethsemane, and saith unto the disciples, "Sit ye here, while I go and pray yonder". (Mk 14,32)

##### 2nd Mystery: The scourging of Jesus at the pillar

Pilate said: "What shall I do then with Jesus which is called Christ?" They all say unto him: "Let him be crucified!" And the governor said: "Why, what evil hath he done?" But they cried out the more, saying: "Let him be crucified!" (Mt 27). And so Pilate, willing to content the people, released Barabbas unto them, and delivered Jesus, when he had scourged him, to be crucified. (Mk 15,15)

##### 3rd Mystery: The Crowning with Thorns

And when they had platted a crown of thorns, they put it upon his head (Mt 27,29)

##### 4th Mystery. The Carrying of the Cross

And after that they had mocked him, they took the robe off from him, and put his own raiment on him, and led him away to crucify him (Mt 27,31)

## 5th Mystery: The crucifixion and death of Jesus

After Jesus had taken the drink he said, 'It is fulfilled'; and bowing his head he gave up his spirit.  
(Jn19,30)

### Meditations:

- The Lord accepted the will of the Father till His death.
- In the Garden of Olives, Jesus teaches us again to pray: Shall your will be done (to God the Father).
- How much time Our Lady must have suffered!
- Jesus, when He was in the Garden in His agony, He was alone! I would have liked so much to be with Him.
- From now on, in the communion, I will be with Him, so that He will never again be alone.
- As well as Jesus prayed, we should pray, asking the will of God the Father to be done.
- Our Lady once said that the Rosary is like a rope of knots which Heaven throws to us.
- Oh my Jesus! I will try to heal your wounds caused by the whip with good works.
- They put a crown of thorns upon the head of Jesus. Jesus is the King of Love and His Kingdom is eternal.
- The Lord teaches us to forgive justifying the other, and in the cross He said: "Father, forgive them; for they do not know what they are doing."
- Jesus gives us in the cross all He had: His Mother. "Woman, behold your son". And to the disciple: "Behold your mother".
- Christ said at the hour of death: I am thirsty. Thirst of everybody to be saved.

If you like you can write down your own meditations:

- .....
- .....

Write down the meditation you like best on the booklet (page 40), so that you can remember it on the First Saturday of Month.





## **COMMUNION:**

How would you receive Holy Communion in a way that Our Lady would appreciate?

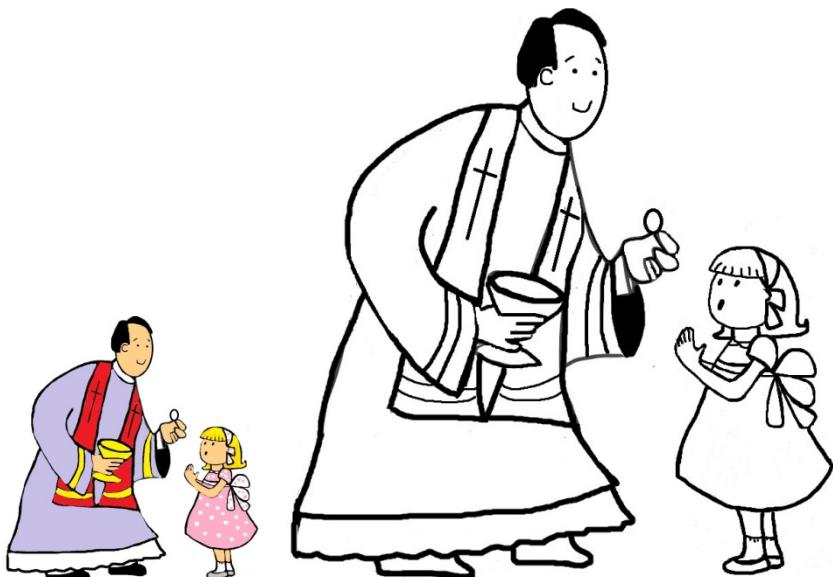
- To ask God for the intentions of Our Lady.
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If you like you can write down some of your own ideas:

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## **CONFESSON, which can be made on the previous or following week of the 1st Saturday of Month.**

What is necessary to make a good confession?

- Examination of Conscience

- Sorrow for sin
- Purpose of amendment
- To do the penance assigned by the priest

How do you think you have behaved incorrectly?

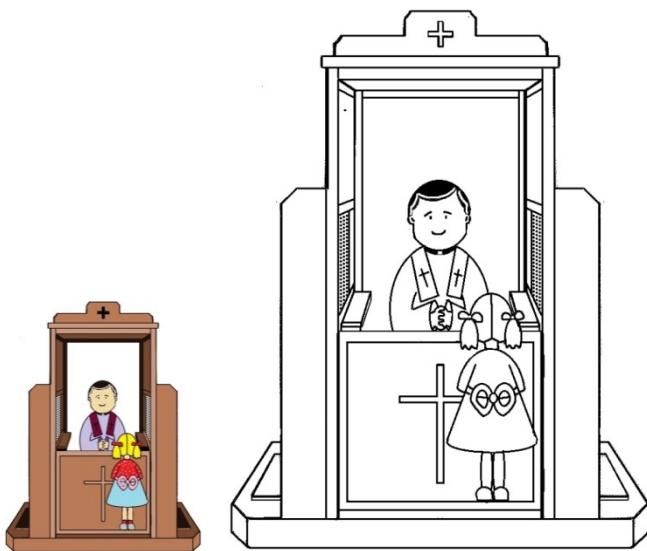
- Have you badmouthed anybody?
- Have you humiliated or poked fun at any mate?
- Have you kept anything that does not belong to you?
- Have you refused to help anybody who needed help?
- Have you caused any trouble or fight?
- Have you treated disrespectfully any teacher or adult?
- Have you disobeyed your parents?
- Have you lied?

Other faults:

.....

.....

**Write down your faults on the booklet (page 40), so that you do not forget about them when confessing on the First Saturday of Month.**



**PRAYER**

**What things would you ask God for or who would you ask God to help in the Rosary of the First Saturday of Month, so that Our Lady would be happy?**

- For the sinners, because maybe nobody remembers to pray for them.
- For the peace in the world.
- For the hungry in the world.
- For our family.
- For the Church, for the Pope, for the priests and religious people.
- For the politicians, so that they govern well the countries.
- For the abuses occurred in the world.
- For all those who suffer from illnesses.
- For the lonely and for those who do not have a family.
- For the intentions of our Lady.

For any problem anybody might have: mate, friend, grandparents, parents, etc.

**For anything you may consider:**

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**Write down your petition on the booklet (page 40), to ask for it on the First Saturday of Month.**



## **CONSOLATION OF THE IMMACULATE HEART OF MARY:**

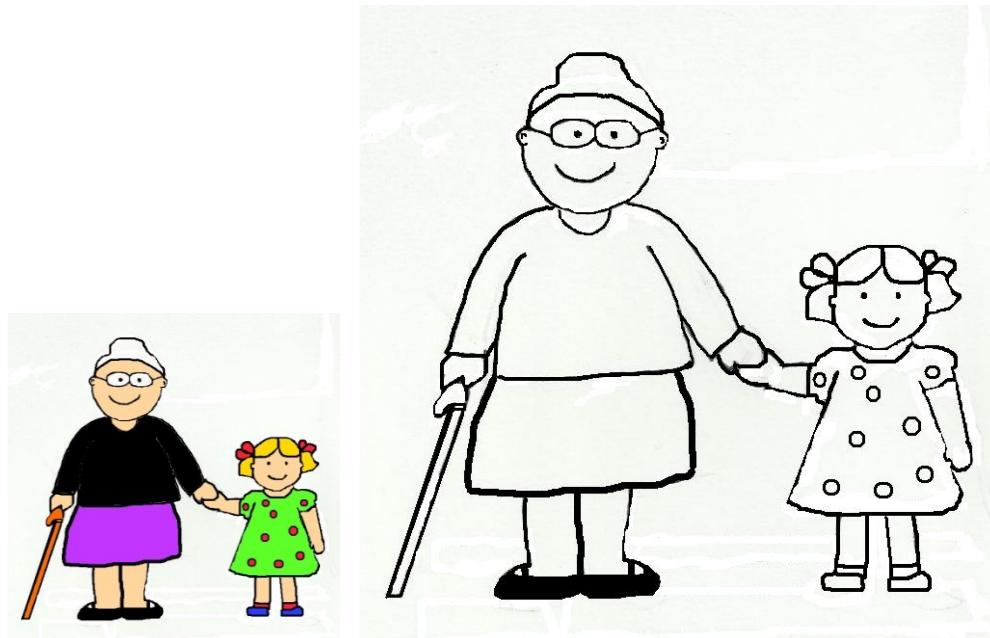
Other than making a good confession, prayer, communion, and meditation, would you like to do anything of the following so that Our Lady would be happy?

- To help anybody to solve their problems.
- To give back anything which does not belong to you.
- To say sorry for a fight that you started.
- To say sorry to any adult you might have treated disrespectfully.
- To have a good detail with anybody you might have treated badly or humiliated.
- To pray the Rosary focused on it and concentrated on what you are saying.
- To be a better mate.
- To do the homework in a better way, and to pay attention in class.
- To obey your parents in something hard for you.
- To be with your grandparents for a while if they are sick.

Write down any other thing you may think that Our Lady would like:

.....

Write down on the booklet (page 40) what you would like best to present Our Lady on the First Saturday of Month:



# 1st SATURDAY OF MONTH AND 4th OF THE PROMISE

## MEDITATION ON THE MYSTERIES OF THE ROSARY

### Glorious Mysteries

#### 1st Mystery: The Resurrection of Jesus Christ

And the angel answered and said unto the women: "Fear not ye! For I know that ye seek Jesus, crucified. He is not here. For he is risen, as he said" (Mt 28,1-6)

#### 2nd Mystery. The Ascension of Jesus to Heaven

"...and having lifted up his hands he did bless them, and it came to pass, in his blessing them, he was parted from them, and was borne up to the heaven". (Lk 24,51)

#### 3rd Mystery. The Descent of the Holy Spirit

And there appeared unto them cloven tongues like as of fire, and it sat upon each of them. And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance. (Act 2,1-4)

#### 4th Mystery: The Assumption of the Blessed Virgin Mary into Heaven

Thou hast done all these things by thine hand: thou hast done much good to Israel, and God is pleased therewith: blessed be thou of the Almighty Lord for evermore. And all the people said, So be it. (Jdt 13,18-20; 15,10)

#### 5th Mystery: The Coronation of the Blessed Virgin Mary, Queen of Heaven and Earth

There appeared a great sign in heaven: a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. (Rev 12,1)

### Meditations:

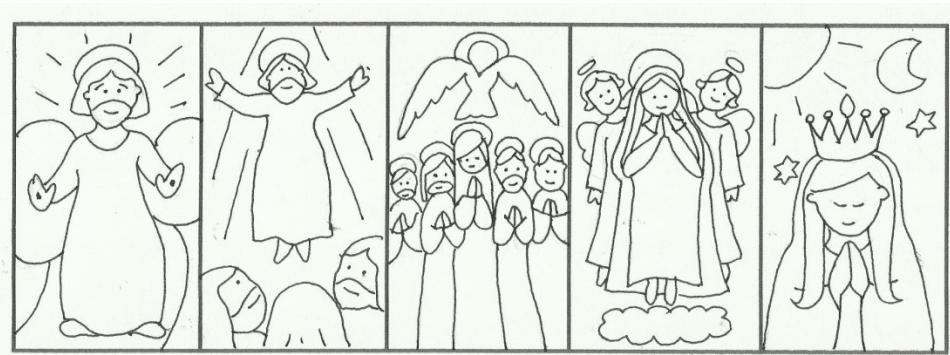
- With the Resurrection, we see that Christ has conquered death.
- As Christ resurrected and went to Heaven, we will be resurrected and will go to Heaven with the Lord.
- After the Resurrection, he would probably have appeared to His Mother in many times.
- How amazing it would be to watch Our Lady pray, as She was filled with the Holy Spirit!
- I can imagine Our Lady being assumed to Heaven, surrounded by angels.

- Mary is in Heaven, our mother, who takes care of us.

If you like you can write down your own meditations:

- .....
- .....

❖ Write down the meditation you like best on the booklet (page 42), so that you will remember it on the First Saturday of Month.



## COMMUNION:

How would you receive Holy Communion in a way that Our Lady would appreciate?

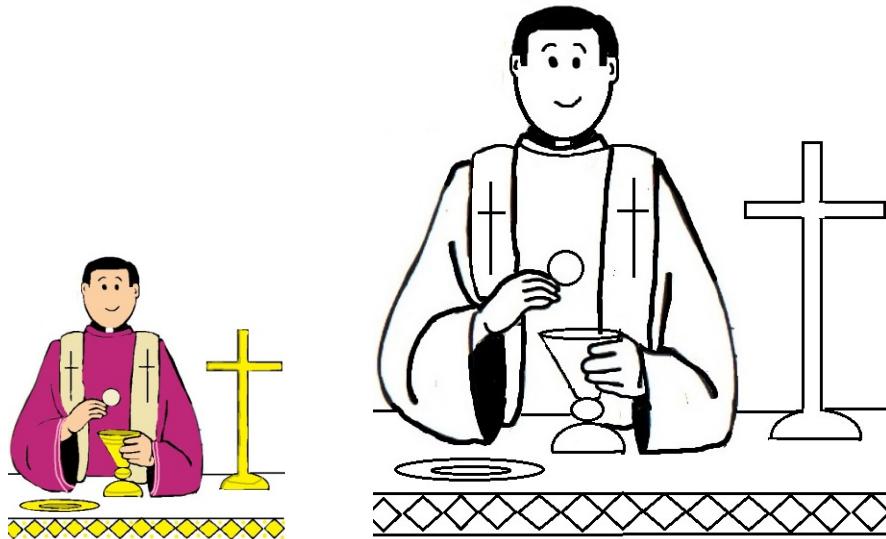
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- To ask God for those who need it most.
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- To tell God and Mary all my joys and achievements.
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- To ask Baby Jesus for my parents and for my brothers and sisters.
- To ask Baby Jesus for any sick relative I might have.
- To ask Him to be a better class mate and to be more kind and generous at home.

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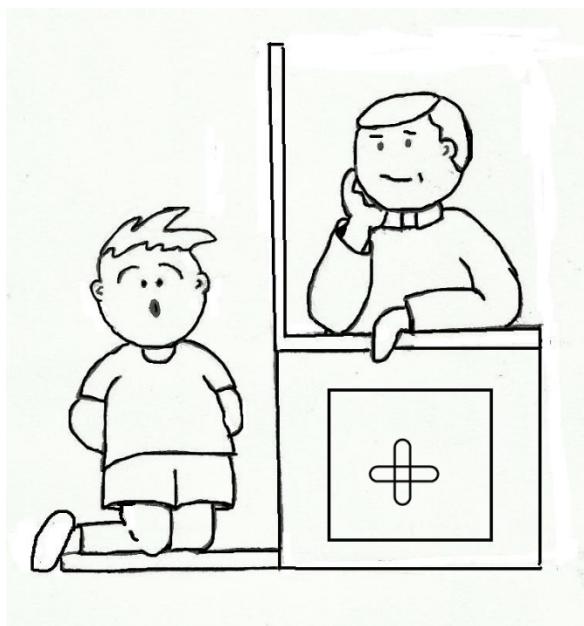
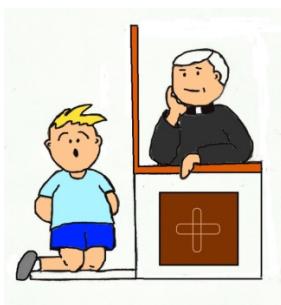
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- Have you treated disrespectfully any teacher or adult?

- Have you disobeyed your parents?
- Have you lied?

Other faults:

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**Write down your faults on the booklet (page 42), so that you do not forget about them when confessing on the First Saturday of Month.**



## PRAYER

**What things would you ask God for or who would you ask God to help in the Rosary of the First Saturday of Month, so that Our Lady would be happy?**

- For the sinners, because maybe nobody remembers to pray for them.
- For the peace in the world.
- For the hungry in the world.
- For our family.
- For the Church, for the Pope, for the priests and religious people.
- For the politicians, so that they govern well the countries.
- For the abuses occurred in the world.
- For all those who suffer from illnesses.

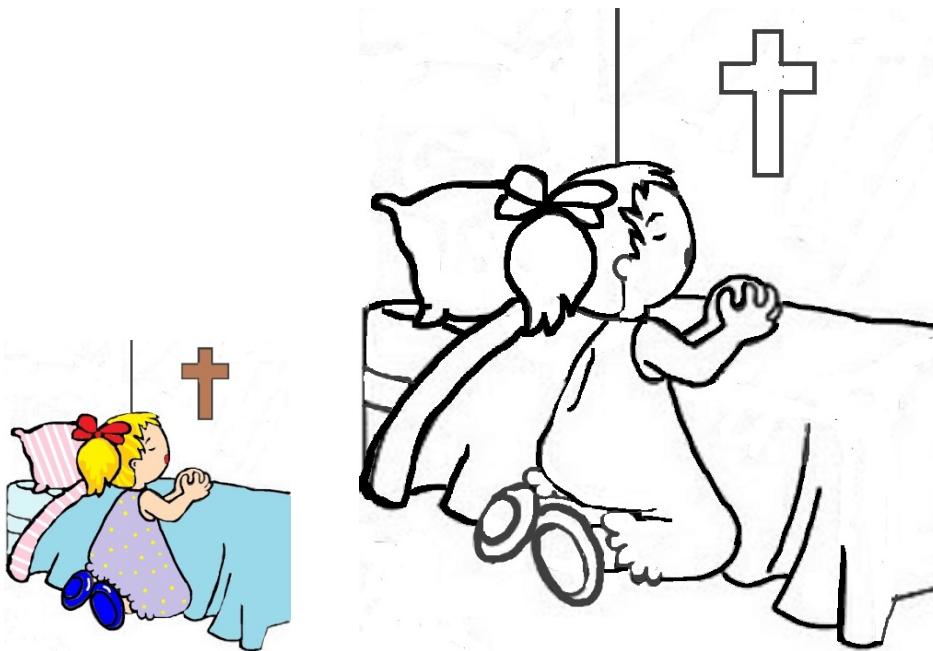
- For the lonely and for those who do not have a family.
- For the intentions of our Lady.

For any problem anybody might have: mate, friend, grandparents, parents, etc.

**For anything you may consider:**

.....  
.....

**Write down your petition on the booklet (page 42), to ask for it on the First Saturday of Month.**



#### **CONSOLATION OF THE IMMACULATE HEART OF MARY:**

Other than making a good confession, prayer, communion, and meditation, would you like to do anything of the following so that Our Lady would be happy?

- To help anybody to solve their problems.
- To give back anything which does not belong to you.
- To say sorry for a fight that you started.
- To say sorry to any adult you might have treated disrespectfully.
- To have a good detail with anybody you might have treated badly or humiliated.
- To pray the Rosary focused on it and concentrated on what you are saying.
- To be a better mate.
- To do the homework in a better way, and to pay attention in class.
- To obey your parents in something hard for you.
- To be with your grandparents for a while if they are sick.

Write down any other thing you may think that Our Lady would like:

.....

Write down on the booklet (page 42) what you would like best to present Our Lady on the First Saturday of Month:



## 1st SATURDAY OF MONTH AND 5th OF THE PROMISE

### MEDITATION ON THE MYSTERIES OF THE ROSARY

You should choose the two meditations you like best from the Joyful, Light, Sorrowful and Glorious Mysteries and write them down in here.

#### Joyful Mysteries:

.....

.....

#### Light Mysteries:

.....

.....

## **Sorrowful Mysteries:**

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## **Glorious Mysteries:**

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- ❖ Write down the meditation you like best on the booklet (page 44), so you can remember it on the First Saturday of Month.

## **COMMUNION:**

How would you receive Holy Communion in a way that Our Lady would appreciate?

- To ask God for the intentions of Our Lady.
- To ask God for those who need it most.
- To put all my worries and problems in God's hands.
- To tell God and Mary all my joys and achievements.
- To tell God whether I have been naughty or disobedient, etc., and ask Him to be better.
- To ask Baby Jesus for my parents and for my brothers and sisters.
- To ask Baby Jesus for any sick relative I might have.
- To ask Him to be a better class mate and to be more kind and generous at home.

If you like you can write down some of your own ideas:

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**Write down the idea you like best on the booklet (page 44), so that you can fulfill it on the First Saturday of Month.**



**CONFESSON**, which can be made on the previous or following week of the 1st Saturday of Month.

What is necessary to make a good confession?

- Examination of Conscience
- Sorrow for sin
- Purpose of amendment
- To do the penance assigned by the priest

How do you think you have behaved incorrectly?

- Have you badmouthed anybody?
- Have you humiliated or poked fun at any mate?
- Have you kept anything that does not belong to you?
- Have you refused to help anybody who needed help?
- Have you caused any trouble or fight?
- Have you treated disrespectfully any teacher or adult?
- Have you disobeyed your parents?
- Have you lied?

Other faults:

.....  
.....

**Write down your faults on the booklet (page 44), so that you do not forget about them when confessing on the First Saturday of Month.**



## PRAYER

What things would you ask God for or who would you ask God to help in the Rosary of the First Saturday of Month, so that Our Lady would be happy?

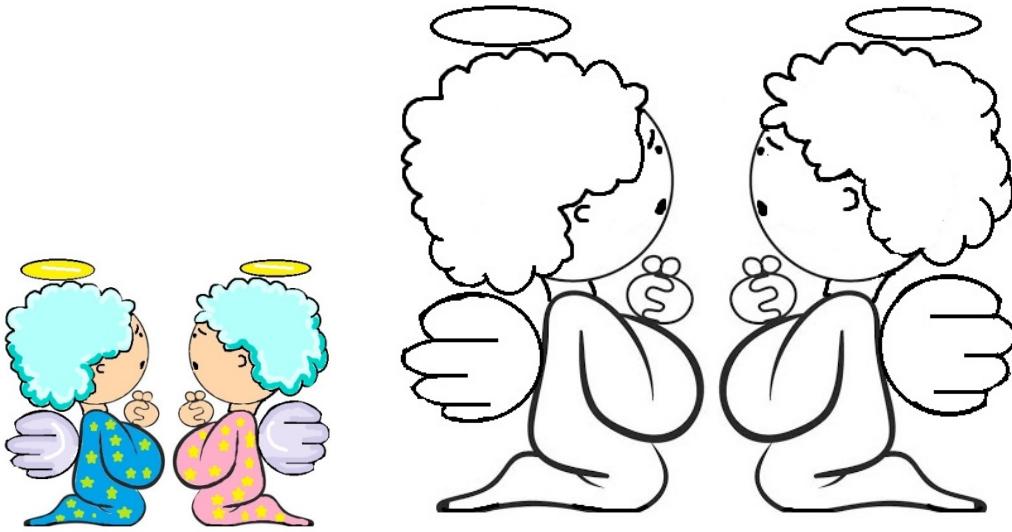
- For the sinners, because maybe nobody remembers to pray for them.
- For the peace in the world.
- For the hungry in the world.
- For our family.
- For the Church, for the Pope, for the priests and religious people.
- For the politicians, so that they govern well the countries.
- For the abuses occurred in the world.
- For all those who suffer from illnesses.
- For the lonely and for those who do not have a family.
- For the intentions of our Lady.

For any problem anybody might have: mate, friend, grandparents, parents, etc.

**For anything you may consider:**

.....  
.....

Write down your petition on the booklet (page 44), to ask for it on the First Saturday of Month.



#### CONSOLATION OF THE IMMACULATE HEART OF MARY:

Other than making a good confession, prayer, communion, and meditation, would you like to do anything of the following so that Our Lady would be happy?

- To help anybody to solve their problems.
- To give back anything which does not belong to you.
- To say sorry for a fight that you started.
- To say sorry to any adult you might have treated disrespectfully.
- To have a good detail with anybody you might have treated badly or humiliated.
- To pray the Rosary focused on it and concentrated on what you are saying.
- To be a better mate.
- To do the homework in a better way, and to pay attention in class.
- To obey your parents in something hard for you.
- To be with your grandparents for a while if they are sick.

Write down any other thing you may think that Our Lady would like:

.....

Write down on the booklet (page 44) what you would like best to present Our Lady on the First Saturday of Month:

## BOOKLET 1

1st Saturday of Month and 1st of the Promise

**Meditation:**.....

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**Communion:**.....

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**Confession:**.....

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**Prayer:**.....

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**Consolation:**.....

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## BOOKLET 2

**1st Saturday of Month and 2nd of the Promise**

**Meditation:**.....

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**Communion:**.....

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**Confession:**.....

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**Prayer:**.....

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**Consolation:**.....

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## BOOKLET 3

1st Saturday of Month and 3rd of the Promise

**Meditation:**.....

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**Communion:**.....

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**Confession:**.....

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**Prayer:**.....

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**Consolation:**.....

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## BOOKLET 4

1st Saturday of Month and 4th of the Promise

**Meditation:**.....

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**Communion:**.....

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**Confession:**.....

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**Prayer:**.....

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**Consolation:**.....

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## **BOOKLET 5**

**1st Saturday of Month and 5th of the Promise**

**Meditation:**.....

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**Communion:**.....

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**Confession:**.....

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**Prayer:**.....

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**Consolation:**.....

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## PROMISE OF OUR LADY OF FATIMA

MR/MRS

PHOTO

FINISHED THE PROMISE ON THE .... / .... / .....



Signature

(Catechist)

Signature

(Child )

Signature

(Priest)

## The Promise of Our Lady of Fatima in practice.

This little book is made for catechism lessons with kids who are preparing for the First Communion, but also kids who have already made it. It might also be a good gift from any relative (parents, grandparents...), so that the children increase their devotion to Our Lady, they live the sacraments and they do the promise of the five First Saturdays of Month in a practical way.

This promise consists of five consecutive first Saturdays of Month, in which Our Lady invites us to Pray, to Meditate the Rosary, to Go to Communion and to Go to Confession in order to Console Her Heart.

Let's think that in every month there are 4 hours of catechism. In these 4 hours the child would be guided by the catechist and would prepare the First Saturday of the following month with this little book as he chooses from the attached booklet:

**1<sup>st</sup>, Meditation:** The meditation he/she likes best from the ones that correspond to every month.

**2<sup>nd</sup>, Prayer:** He/She chooses the intention he/she prefers for the Rosary on the First Saturday.

**3<sup>rd</sup>, Confession:** During the month, the child writes down his faults so that they will be remembered on the First Saturday. This way, the child will make a better confession. The confession can be made any day of the previous or following week of the First Saturday of Month.

**4<sup>th</sup>, Communion:** The child writes down the things he/she would like say to the Lord on the First Saturday, on which he/she will go to Communion. This way the child will not forget about those things when the day arrives. For those kids who have not made their first communion yet, this little book could be useful as a preparation for it.

**5<sup>th</sup>, Consolation:** To do the Promise so that Our Lady is happier. The child will choose something to offer to Our Lady on the First Saturday.

For more information: [promesadelavirgendefatima@gmail.com](mailto:promesadelavirgendefatima@gmail.com)

This little book can be downloaded from the website:

**[www.promesadelavirgendefatima.com](http://www.promesadelavirgendefatima.com)**