

Lifterify User Stories

Definitions

Guest: user that does not have an account.

New user: user with an account, recently registered.

Registered user: generic user with an account.

Essential user stories

Lifterify-001

AS guest

I WANT TO get basic information about weightlifting

SO THAT I am able to understand what it is about.

Lifterify-002

AS guest

I WANT TO sign up in the system

SO THAT I have a personal account and access to registered user features.

Lifterify-003

AS guest

I WANT TO authenticate myself in the system

SO THAT I get registered user features.

Lifterify-004

AS new user

I WANT TO get a simple tutorial about how to use the system

SO THAT I am able to interact with it nicely.

Lifterify-005

AS registered user

I WANT TO manage exercises from my training sessions

SO THAT I do the exercises I want, in the way I want.

Lifterify-006

AS registered user

*I WANT TO create, update and delete my own training schedules
SO THAT I have my own, customized predefined training sessions.*

Lifterify-007

AS registered user

*I WANT TO log my training sessions
SO THAT I have a log of what I do and how it compares with what I planned.*

Lifterify-008

AS registered user

*I WANT TO track my progress on snatch and clean & jerk lifts and related exercises
SO THAT I can see how my performance changes over time.*

Lifterify-009

AS registered user

*I WANT TO manage my profile account
SO THAT I customize it and control public and private information.*

Lifterify-010

AS registered user

*I WANT TO delete my account
SO THAT I get removed from the system.*

Lifterify-011

AS registered user

*I WANT TO be able to share my training activity, PRs, etc.
SO THAT others can see that information.*

Lifterify-012

AS registered user

*I WANT TO follow other users
SO THAT I see their training activity, PRs, etc.*

Desirable user stories

Lifterify-013

AS guest

I WANT TO get information about most known weightlifting training systems

SO THAT I get a general idea about this sport training.

Lifterify-014

AS new user

I WANT TO I want to check beginner weightlifting programs or progressions

SO THAT I can think and decide how to start training.

Lifterify-015

AS registered user

I WANT TO get information about exercises that weightlifters do to improve their performance

SO THAT I know what to do in a training session.

Lifterify-016

AS registered user

I WANT TO see how an exercise must be done

SO THAT I can perform it with the best technique possible.

Lifterify-017

AS registered user

I WANT TO I want to get recommendations about best choices for an exercise within a training session

SO THAT I plan my sessions in the best possible way.

Lifterify-018

AS registered user

I WANT TO get feedback about my scheduling, training session programming and progress

SO THAT I am aware of possible improvements on my training.

Lifterify-019

AS registered user

I WANT TO be suggested other weightlifting programs that may fit my current level

SO THAT I can change easily my training based on my growth.