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**DEPARTMENT OF SOFTWARE  
ENGINEERING**

**ASSIGNMENT NO. 3**

**SUBJECT : ORGANIZATIONAL BEHAVIOR**

**SUBMITTED TO : MA'AM SAIRA ALTAF**

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**SECTION : U**

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# **Case Study:**

## **Tongue-Tied in Teams**

**Question 1: Why are extroverts more likely to speak in a meeting than introverts? Do they have better things to say?**

**Answer:**

In meetings, extroverts are more likely to speak up compared to introverts because extroverts are generally more outgoing and comfortable expressing themselves in groups. They tend to think out loud and speak without hesitation. Introverts, on the other hand, are more reserved and thoughtful. They prefer to take their time to process information before speaking. This can make introverts less likely to contribute right away in a fast-paced meeting. It's important to remember that speaking up in meetings doesn't determine the value of someone's ideas. Both extroverts and introverts can have valuable insights, but extroverts are more likely to speak up quickly, while introverts may need a quieter environment to share their thoughts.

**Question 2: Is it really important that everyone has input in meetings?**

**Answer:**

It's important to have everyone's input in meetings so that everyone feels included and engaged. When everyone has a chance to share their ideas, it leads to better collaboration and decision-making. Different perspectives and experiences bring more diverse and innovative solutions. When people feel their ideas are valued, it boosts morale and builds trust. However, it's important to create a safe and inclusive environment where people feel comfortable speaking up. Some people may be more reserved, so it's important to listen actively and respect different communication styles. We should provide opportunities for quieter individuals to contribute in their own ways, like through writing or follow-up discussions.

**Question 3: Do you feel that your peers are quicker and smarter than you? Does this mean you fail to contribute to discussions? How can you reverse this?**

**Answer:**

Feeling like your peers are smarter or quicker than you can make it difficult to contribute to discussions. This is called "imposter syndrome," and it can make you doubt your abilities and fear judgment. To overcome this, remember that everyone has unique perspectives and insights to offer.

Here are some strategies to help you feel more confident in contributing:

- Focus on your strengths and achievements. Remind yourself of your value and expertise in specific areas.
- Research and gather information about the meeting topic in advance. Make notes or talking points to help organize your thoughts and boost your confidence.
- Fully concentrate on what others are saying and try to understand their perspectives.
- Begin by sharing your ideas or opinions in smaller group settings or with individuals you feel comfortable with. Gradually increase your participation as you become more confident and familiar with the meeting dynamics.

**By** using these strategies will make your participation stronger. Everyone has valuable contributions to make, and your insights are important.