

JAWERIA QAISER
Curriculum Vitae
Department of Psychology
University of Toronto, Mississauga
jaweria.qaiser@mail.utoronto.ca

EDUCATION

- 2021 – Present Ph.D., Social/Personality Psychology
University of Toronto (UofT)
2017 – 2021 H.B.Sc., Psychology (Neurobiology) specialist & Biology minor
University of Toronto Mississauga (UTM)
Graduated with distinction.

SCHOLARSHIPS & AWARDS

- 2025 UofT Graduate Department of Psychology Conference Travel Award (\$500)
2025 SSHRC Storytellers Challenge Winner (\$4,000)
2025 UofT Critical Digital Humanities Initiative Travel Honorarium (\$750)
2025 UofT Graduate Department of Psychology Conference Travel Award (\$500)
2024 SSHRC Canada Graduate Scholarship Doctoral Award (\$80,000)
2024 UofT SGS Conference Grant (\$380)
2024 UofT Institute of Medical Science Art Revealing Science Symposium Winner (\$100)
2023 Ontario Graduate Award Scholarship (OGS; \$15,000)
2022 Society for Personality & Social Psychology Vignette Competition Winner (\$285)
2022 SSHRC Canada Graduate Scholarship Master's Level (CGS-M; \$17,500)
2021 UTM 3-Minute Thesis Social Sciences Division Winner (\$300)
2021 UTM Honour's Thesis Completion Award
2021 UTM Experiential Education Bursary (\$500)
2021 UofT Autonomy Funds (\$168)
2017 UTM Entrance Scholarship Award (\$1,000)

TEACHING/ MENTORING EXPERIENCE

- 2025-2026 **Mentor**, Research Opportunity Program student (stress as a construct of empathy)
University of Toronto
2025-2026 **Mentor**, Research Opportunity Program student (empathising with group emotions)
University of Toronto
2025 **Lecturer** on Psychophysiology, Summer Psychology Research Initiative
University of Toronto
2025 **Mentor**, Independent Research Project student (stress as a construct of empathy)
University of Toronto
2025 **Mentor**, Independent Research Project student (empathising with group emotions)
University of Toronto
2024 – 2025 **Mentor**, Independent Research Project student (compassion fatigue)
University of Toronto
2024 **Lecturer** on Psychophysiology, Summer Psychology Research Initiative
University of Toronto
2024 **Guest Lecture** on Psychophysiology, Psychology of Emotions (PSY331)
University of Toronto
2024 **Mentor**, Research Opportunity Program application writing

2023	<i>University of Toronto</i> Lecturer on Psychophysiology, Summer Psychology Research Initiative
2022 – 2023	<i>University of Toronto</i> Honour's Thesis Mentor , Physiological underpinnings of self-compassion
	<i>University of Toronto</i>

TEACHING ASSISTANTSHIPS

2025	Graduate Teaching Assistant <i>University of Toronto</i> <ul style="list-style-type: none"> • Perception Laboratory (PSY389) Fall 2025 • Special Topics Seminar in Social Psychology (PSY420) Fall 2025
2023 – 2024	Graduate Teaching Assistant <i>University of Toronto</i> <ul style="list-style-type: none"> • Introduction to Social Psychology (PSY220) Fall 2023 • Biopsychology of Sex (PSY354) Fall 2023 • Psychology of Emotions (PSY331) Winter 2024
2021 – 2022	Graduate Teaching Assistant <i>University of Toronto</i> <ul style="list-style-type: none"> • Introduction to Social Psychology (PSY220) Fall 2021; Winter 2022 • Introduction to Developmental Psychology (PSY210) Winter 2022 • Psychology of Emotions (PSY331) Summer 2022
2018 – 2019	Undergraduate Teaching Assistant <i>University of Toronto</i> <ul style="list-style-type: none"> • Introduction to Psychology (PSY100) Computer Lab Assistant

TEACHING CERTIFICATIONS & COURSES

2022 – 2025	Advanced University Teaching Preparation Certificate <i>University of Toronto</i>
2022	PSY3100: The Science of Learning <i>University of Toronto</i>
2025 – Present	Accessible, Inclusive, and Anti-Oppressive Pedagogies Certificate <i>University of Toronto</i>

RESEARCH EXPERIENCE

2021 – Present	Graduate Researcher <i>University of Toronto</i> Supervisor: Dr. Jennifer Stellar
2023 – 2024	Graduate Researcher , Outside Project <i>University of Toronto</i> Supervisors: Dr. Anna Kosovicheva & Dr. Benjamin Wolfe
2020 – 2021	Undergraduate Researcher , Honour's Thesis student <i>University of Toronto</i> Supervisor: Dr. Jennifer Stellar
2020 – 2021	Undergraduate Researcher , Independent Research Project <i>University of Toronto</i> Supervisor: Dr. Jennifer Stellar
2019	Undergraduate Research Assistant , Research Opportunity Program <i>University of Toronto</i> Supervisor: Dr. Sanja Hinic-Frllog

2018 – 2019	Undergraduate Research Assistant, Work-Study <i>University of Toronto</i> Supervisor: Dr. Jeff Graham
2018 – 2021	Undergraduate Research Assistant <i>University of Toronto</i> Supervisor: Dr. Jennifer Stellar
EMPLOYMENT	
2017 – 2019	Director, Data Science Education <i>STEM Fellowship</i> <u>Project:</u> Organised national and international data science challenges for high school and undergraduate students engaging 400+ students. Delivered data science workshops. Negotiated and secured \$130,000+ in funding support.

MANUSCRIPTS

- Qaiser, J.**, Draga, M., Pham, L., Leonhardt, N., & Stellar, J. E. (*invited revision*). Compassion Persists: The Effects of Repeated Exposure to Suffering on Compassion. *Journal of Personality and Social Psychology*.
- Qaiser, J.**, Leonhardt, N.D., Le, B.M., Gordon, A. M., Impett, E. A., & Stellar, J. E. (2023a). Shared Hearts and Minds: Physiological Synchrony During Empathy. *Affective Science*, 4, 711–721.

MANUSCRIPTS IN PREPARATION

- Qaiser, J.**, Jona, D., & Stellar, J. (in preparation). When empathy hurts and helps: Exploring the functional role of stress in empathic processes.
- Ma, R., **Qaiser, J.**, Schreiber, A. M., Le, B. M., Gordon, A. M., Impett, E. A., Stellar, J. E., & Lindquist, K. A. (in preparation). Physiological co-regulation during husbands' distress disclosure predicts husbands' felt closeness and both partners' relationship satisfaction 14 days later.

BOOK CHAPTERS

- Qaiser, J. & Stellar, J. E. (*forthcoming*). Personality and Emotion Contagion. In *Research Handbook on Personality and Emotion*.

PUBLISHED CONFERENCE ABSTRACTS

- Qaiser, J.**, Leonhardt, N., Le, B. M., Gordon, A. M., & Stellar, J. E. (2023b). Empathy and Physiological Synchrony. In Abstracts from the 2022 Annual Meeting of the Society for Affective Science_ Experience of Emotion. *Affective Science*, 4, 199-209.
- Qaiser, J.** & Noukhovitch, S. (2019a). 2019 Undergraduate Big Data Challenge: Big Data of Recreational Drugs. *STEM Fellowship Journal*. 5(1): 29-39.
- Qaiser, J.** & Noukhovitch, S. (2018). Abstracts from the High School Big Data Challenge 2017-2018: Think Global, Act Local with Big Data. *STEM Fellowship Journal*. 4(1): 48-55.

NON-REFEREED CONTRIBUTIONS

- Students Connect Social Science with Advocacy in 100 Words or Less (2023c, January). *Society for Personality and Social Psychology News*. **Winner**, Vignette writing competition.

CREATIVE CONTRIBUTIONS

- Qaiser, J.** (2025a, January). *Reading the room: Empathy for groups* [video]. YouTube.
<https://youtu.be/OdLvUV-6Tj0?si=u2EGF-2f9YV2mupz>. Social Sciences and Humanities Research Council Storytellers Challenge. **Winner**, SSHRC Storytellers Challenge.

- Qaiser, J.** (2024a, February). *Shared Hearts and Minds: The Interpersonal Nature of Empathy*. [Canvas Painting, Presentation,]. Art Revealing Science Symposium, Institute of Medical Science, University of Toronto. **Winner in non-digital category**.
- Qaiser, J.** (2022a, January). *Colourful Parade* [Sculpture]. ‘Situational Inverse: Overturning Traditions,’ Greenwood, University of Toronto Mississauga.

OPEN SCIENCE CONTRIBUTIONS

Contributor, Second Edition of BIO202 Open Access Textbook (University of Toronto, 2020)

PRESENTATIONS

- Qaiser, J., & Stellar, J.** (2025b, June). *Reading the room: Empathic accuracy for group emotions* [Talk]. 2025 Science Writers and Communicators of Canada Conference, Fredericton, NB, Canada. **Winner, SSHRC Storytellers Challenge**.
- Qaiser, J., Wolfe, B., Kosovicheva, A., & Stellar, J.** (2025c, May). *Reading the room: Empathic accuracy for group emotions* [Talk]. 2025 Interdisciplinary Conference in Psychology, Ottawa, ON, Canada.
- Ma, R., **Qaiser, J.**, Schreiber, A. M., Le, B. M., Gordon, A. M., Impett, E. A., Stellar, J. E., & Lindquist, K. A. (2025d, March). *Physiological co-regulation during husbands' distress disclosure predicts husbands' felt closeness and both partners' relationship satisfaction 14 days later*. Flash talk presented at the 2025 Society for Affective Science (SAS) Annual Conference, Portland, OR
- Qaiser, J., Wolfe, B., Kosovicheva, A., & Stellar, J.** (2025e, February). *Reading the room: Empathy for groups* [Poster]. Society for Personality and Social Psychology Annual Convention, Denver, CO, United States.
- Qaiser, J., Leonhardt, N.D., Le, B.M., Gordon, A. M., Impett, E. A., & Stellar, J. E.** (2024b, April). *Shared Hearts and Minds: Physiological Synchrony During Empathy* [Poster]. York University’s Social Personality Area (YUTSPA) Conference, York, Canada.
- Qaiser, J., Leonhardt, N.D., Le, B.M., Gordon, A. M., Impett, E. A., & Stellar, J. E.** (2024c, April). *Shared Hearts and Minds: Physiological Synchrony During Empathy* [Poster]. Social Affective Neuroscience Society, Toronto, Canada.
- Qaiser, J. & Stellar, J. E.** (2024d, February). *Having tough conversations: The psychological experience of moral discussions with those who hold opposing views*. [Talk]. University of Toronto 3-Minute Thesis competition.
- Qaiser, J. & Stellar, J. E.** (2024e, February). *Caring might not cost you: Effects of repeated exposure to suffering on compassion*. [Poster]. Society for Personality and Social Psychology Annual Convention, San Diego, CA, United States.
- Qaiser, J. & Stellar, J.** (2023e, March). *Understanding Compassion Fatigue*. [Talk]. University of Toronto Social Personality Research Group.
- Qaiser, J. & Stellar, J.** (2023f, March). *Understanding Compassion Fatigue*. [Talk]. University of Toronto Brown Bag Series.
- Qaiser, J. & Stellar, J. E.** (2023g, March). *Reading the Room*. [Talk, virtual]. University of Toronto 3-Minute Thesis competition. **Semi-finalist**.
- Qaiser, J. & Stellar, J. E.** (2023h, February). *Understanding Compassion Fatigue*. [Poster]. Society for Personality and Social Psychology Annual Convention, Atlanta, GA, United States.
- Qaiser, J., Leonhardt, N., Le, B. M., Gordon, A. M., & Stellar, J. E.** (2022b, April). *Empathy and Physiological Synchrony*. [Poster, virtual]. Society for Affective Science Annual Convention. **Selected as a top abstract, published**.
- Qaiser, J. & Stellar, J. E.** (2022c, March). *Understanding Compassion Fatigue*. [Talk, virtual]. University of Toronto 3-Minute Thesis competition. **Finalist scoring in top 10**.

- Qaiser, J.** (2022d, March). *UTM Psychology Inclusion, Diversity, Equity, and Access Panel*. [Panel of professors, postdoctoral fellows, graduate students, and alumni from minority groups help an open discussion with under-represented minority undergraduate students]. University of Toronto Mississauga.
- Qaiser, J.**, Leonhardt, N., Le, B. M., Gordon, A. M., & Stellar, J. E. (2022e, February). *Empathy and Physiological Synchrony*. [Poster, virtual]. Society for Personality and Social Psychology Annual Convention.
- Qaiser, J.** & Stellar, J. (2022f, February). *Understanding Compassion Fatigue*. [Virtual Presentation]. University of Toronto Brown Bag Series.
- Qaiser, J.** & Stellar, J. E. (2021a, December). *Physiological Sharing as a Component of Empathy: How suffering under the skin extends to conscious suffering*. [Talk, virtual]. University of Toronto Mississauga 3-Minute Thesis competition. **Winner in Social Sciences division**.
- Qaiser, J.** & Stellar, J. E. (2021b, May). *Physiological sharing during dyadic experiences of compassion*. [Poster, virtual]. Annual Ontario Psychology Undergraduate Thesis Conference.
- Qaiser, J.** & Stellar, J. E. (2021c, April). *Physiological sharing during dyadic experiences of compassion*. [Poster, virtual]. University of Toronto (Mississauga Undergraduate Thesis Day).
- Qaiser, J.** & Stellar, J. E. (2021d, April). *Physiological sharing during dyadic experiences of compassion*. [Poster, virtual]. Society for Affective Science Annual Convention.
- Qaiser, J.** & Stellar, J. E. (2021e, February). *Physiological influence between romantic partners during a compassion induction*. [Poster, virtual]. Emotions Preconference, Society for Personality and Social Psychology Annual Convention.
- Qaiser, J.** & Stellar, J. E. (2020a, April). *Methodology to Analyse Nested Physiology Data*. [Poster; cancelled due to COVID-19]. Thesis Day, University of Toronto Mississauga.
- Qaiser, J.** (2020b, March). *Psychology Student Panel*. [Successful upper-year undergraduate students share their perspectives and experience with students interested in applying to the University of Toronto's Psychology Program]. University of Toronto Mississauga.
- Qaiser, J.**, Thomas, R., Hanley, J., Laughton, S., & Hinić-Frlog, S. (2019b, August). *Student Perspective on Open Textbook Use*. [Poster]. Smarti Gras Biology Day, University of Toronto Mississauga.

VOLUNTEER ACTIVITIES

2024	Judge , Summer Psychology Research Initiative <i>University of Toronto</i>
2024	Judge , Undergraduate Research Day <i>University of Toronto Mississauga</i>
2024	Reviewer , Manuscript <i>Cognitive Processing</i>
2024	Speaker , Undergraduate Research Student Association Networking Event <i>University of Toronto Mississauga</i>
2023	Reviewer (poster submissions), Annual Convention 2024 <i>Society for Personality and Social Psychology</i>
2022	Speaker (alumni), Student Programming Planning Interactive Exhibition <i>University of Toronto Mississauga</i>
2022	Panellist , Panel discussion for Underrepresented Minority Groups <i>University of Toronto Mississauga</i>
2022	Judge , Ethics Debate Bowl <i>Ontario High School Ethics Bowl</i>
2021 – 2022	Program Developer , Program Committee for Inaugural Symposium <i>Psychology Graduate Student Association, University of Toronto</i>
2020 – 2021	Workshop Developer & Facilitator , Training for Persons with Disabilities

	<i>Community Living Mississauga</i>
2020	Panellist , Panel of successful upper-year Psychology students <i>University of Toronto Mississauga</i>
2019	Workshop Facilitator , Introduction to Coding <i>Metamorphosis Girls STEM Conference 2019</i>
2017	Associate Team Lead , Scholarly Writing Challenge <i>STEM Fellowship</i>
2016 – 2019	Workshop Developer , Data Science Education <i>STEM Fellowship</i>