

JAWERIA QAISER
Curriculum Vitae
 Department of Psychology
 University of Toronto, Mississauga
jaweria.qaiser@mail.utoronto.ca

EDUCATION

2021 – Present	Ph.D., Social/Personality Psychology <i>University of Toronto (UofT)</i>
2017 – 2021	H.B.Sc., Psychology (Neurobiology) specialist & Biology minor <i>University of Toronto Mississauga (UTM)</i> Graduated with distinction.

SCHOLARSHIPS & AWARDS

2025	UofT Graduate Department of Psychology Conference Travel Award (\$500)
2025	SSHRC Storytellers Challenge Winner (\$4,000)
2025	UofT Critical Digital Humanities Initiative Travel Honorarium (\$750)
2025	UofT Graduate Department of Psychology Conference Travel Award (\$500)
2024	SSHRC Canada Graduate Scholarship Doctoral Award (\$80,000)
2024	UofT SGS Conference Grant (\$380)
2024	UofT Institute of Medical Science Art Revealing Science Symposium Winner (\$100)
2023	Ontario Graduate Award Scholarship (OGS; \$15,000)
2022	Society for Personality & Social Psychology Vignette Competition Winner (\$285)
2022	SSHRC Canada Graduate Scholarship Master's Level (CGS-M; \$17,500)
2021	UTM 3-Minute Thesis Social Sciences Division Winner (\$300)
2021	UTM Honour's Thesis Completion Award
2021	UTM Experiential Education Bursary (\$500)
2021	UofT Autonomy Funds (\$168)
2017	UTM Entrance Scholarship Award (\$1,000)

TEACHING/ MENTORING EXPERIENCE

2025	Lecturer on Psychophysiology, Summer Psychology Research Initiative <i>University of Toronto</i>
2025	Mentor , Independent Research Project student (stress as a construct of empathy) <i>University of Toronto</i>
2025	Mentor , Independent Research Project student (empathising with group emotions) <i>University of Toronto</i>
2024 – 2025	Mentor , Independent Research Project student (compassion fatigue) <i>University of Toronto</i>
2024	Lecturer on Psychophysiology, Summer Psychology Research Initiative <i>University of Toronto</i>
2024	Guest Lecture on Psychophysiology, Psychology of Emotions (PSY331) <i>University of Toronto</i>
2024	Mentor , Research Opportunity Program application writing <i>University of Toronto</i>
2023	Lecturer on Psychophysiology, Summer Psychology Research Initiative <i>University of Toronto</i>
2022 – 2023	Honour's Thesis Mentor , Physiological underpinnings of self-compassion <i>University of Toronto</i>

TEACHING ASSISTANTSHIPS

- 2023 – 2024 **Graduate Teaching Assistant**
University of Toronto
- Introduction to Social Psychology (PSY220) Fall 2023
 - Biopsychology of Sex (PSY354) Fall 2023
 - Psychology of Emotions (PSY331) Winter 2024
- 2021 – 2022 **Graduate Teaching Assistant**
University of Toronto
- Introduction to Social Psychology (PSY220) Fall 2021; Winter 2022
 - Introduction to Developmental Psychology (PSY210) Winter 2022
 - Psychology of Emotions (PSY331) Summer 2022
- 2018 – 2019 **Undergraduate Teaching Assistant**
University of Toronto
- Introduction to Psychology (PSY100) Computer Lab Assistant

TEACHING CERTIFICATIONS & COURSES

- 2022 – Present **Advanced University Teaching Preparation Certificate**
University of Toronto
- 2022 **PSY3100: The Science of Learning**
University of Toronto
- 2025 – Present **Course Design Certificate**
University of Toronto
- 2025 – Present **Accessible, Inclusive, and Anti-Oppressive Pedagogies Certificate**
University of Toronto

RESEARCH EXPERIENCE

- 2021 – Present **Graduate Researcher**
University of Toronto
Supervisor: Dr. Jennifer Stellar
- 2023 – 2024 **Graduate Researcher, Outside Project**
University of Toronto
Supervisors: Dr. Anna Kosovicheva & Dr. Benjamin Wolfe
- 2020 – 2021 **Undergraduate Researcher, Honour's Thesis student**
University of Toronto
Supervisor: Dr. Jennifer Stellar
- 2020 – 2021 **Undergraduate Researcher, Independent Research Project**
University of Toronto
Supervisor: Dr. Jennifer Stellar
- 2019 **Undergraduate Research Assistant, Research Opportunity Program**
University of Toronto
Supervisor: Dr. Sanja Hinic-Frlog
- 2018 – 2019 **Undergraduate Research Assistant, Work-Study**
University of Toronto
Supervisor: Dr. Jeff Graham
- 2018 – 2021 **Undergraduate Research Assistant**
University of Toronto
Supervisor: Dr. Jennifer Stellar

EMPLOYMENT

2017 – 2019

Director, Data Science Education

STEM Fellowship

Project: Organised national and international data science challenges for high school and undergraduate students engaging 400+ students. Delivered data science workshops. Negotiated and secured \$130,000+ in funding support.

MANUSCRIPTS

Qaiser, J., Leonhardt, N.D., Le, B.M., Gordon, A. M., Impett, E. A., & Stellar, J. E. (2023a). Shared Hearts and Minds: Physiological Synchrony During Empathy. *Affective Science*, 4, 711–721.

MANUSCRIPTS IN PREPARATION

Qaiser, J., Draga, M., & Stellar, J. E. (in preparation). Caring might not cost you: Effects of repeated exposure to suffering on compassion.

Ma, R., **Qaiser, J.,** Schreiber, A. M., Le, B. M., Gordon, A. M., Impett, E. A., Stellar, J. E., & Lindquist, K. A. (in preparation). Physiological co-regulation during husbands' distress disclosure predicts husbands' felt closeness and both partners' relationship satisfaction 14 days later.

PUBLISHED CONFERENCE ABSTRACTS

Qaiser, J., Leonhardt, N., Le, B. M., Gordon, A. M., & Stellar, J. E. (2023b). Empathy and Physiological Synchrony. In Abstracts from the 2022 Annual Meeting of the Society for Affective Science_ Experience of Emotion. *Affective Science*, 4, 199-209.

Qaiser, J. & Noukhovitch, S. (2019a). 2019 Undergraduate Big Data Challenge: Big Data of Recreational Drugs. *STEM Fellowship Journal*. 5(1): 29-39.

Qaiser, J. & Noukhovitch, S. (2018). Abstracts from the High School Big Data Challenge 2017-2018: Think Global, Act Local with Big Data. *STEM Fellowship Journal*. 4(1): 48-55.

NON-REFEREED CONTRIBUTIONS

Students Connect Social Science with Advocacy in 100 Words or Less (2023c, January). *Society for Personality and Social Psychology News*. [Winner](#), Vignette writing competition.

CREATIVE CONTRIBUTIONS

Qaiser, J. (2025a, January). *Reading the room: Empathy for groups* [video]. YouTube. <https://youtu.be/OdLvUV-6Tj0?si=u2EGF-2f9YV2mupz>. Social Sciences and Humanities Research Council Storytellers Challenge. [Winner](#), SSHRC Storytellers Challenge.

Qaiser, J. (2024a, February). *Shared Hearts and Minds: The Interpersonal Nature of Empathy*. [Canvas Painting, Presentation,]. Art Revealing Science Symposium, Institute of Medical Science, University of Toronto. **Winner in non-digital category.**

Qaiser, J. (2022a, January). *Colourful Parade* [Sculpture]. 'Situational Inverse: Overturning Traditions,' Greenwood, University of Toronto Mississauga.

OPEN SCIENCE CONTRIBUTIONS

Contributor, Second Edition of BIO202 Open Access Textbook (University of Toronto, 2020)

PRESENTATIONS

Qaiser, J., & Stellar, J. (2025b, June). *Reading the room: Empathic accuracy for group emotions* [Talk]. 2025 Science Writers and Communicators of Canada Conference, Fredericton, NB, Canada. [Winner](#), SSHRC Storytellers Challenge.

- Qaiser, J., Wolfe, B., Kosovicheva, A., & Stellar, J. (2025c, May).** *Reading the room: Empathic accuracy for group emotions* [Talk]. 2025 Interdisciplinary Conference in Psychology, Ottawa, ON, Canada.
- Ma, R., **Qaiser, J.,** Schreiber, A. M., Le, B. M., Gordon, A. M., Impett, E. A., Stellar, J. E., & Lindquist, K. A. (2025d, March). *Physiological co-regulation during husbands' distress disclosure predicts husbands' felt closeness and both partners' relationship satisfaction 14 days later*. Flash talk presented at the 2025 Society for Affective Science (SAS) Annual Conference, Portland, OR
- Qaiser, J., Wolfe, B., Kosovicheva, A., & Stellar, J. (2025e, February).** *Reading the room: Empathy for groups* [Poster]. Society for Personality and Social Psychology Annual Convention, Denver, CO, United States.
- Qaiser, J., Leonhardt, N.D., Le, B.M., Gordon, A. M., Impett, E. A., & Stellar, J. E. (2024b, April).** *Shared Hearts and Minds: Physiological Synchrony During Empathy* [Poster]. York University's Social Personality Area (YUTSPA) Conference, York, Canada.
- Qaiser, J., Leonhardt, N.D., Le, B.M., Gordon, A. M., Impett, E. A., & Stellar, J. E. (2024c, April).** *Shared Hearts and Minds: Physiological Synchrony During Empathy* [Poster]. Social Affective Neuroscience Society, Toronto, Canada.
- Qaiser, J. & Stellar, J. E. (2024d, February).** *Having tough conversations: The psychological experience of moral discussions with those who hold opposing views.* [Talk]. University of Toronto 3-Minute Thesis competition.
- Qaiser, J. & Stellar, J. E. (2024e, February).** *Caring might not cost you: Effects of repeated exposure to suffering on compassion.* [Poster]. Society for Personality and Social Psychology Annual Convention, San Diego, CA, United States.
- Qaiser, J. & Stellar, J. (2023e, March).** *Understanding Compassion Fatigue.* [Talk]. University of Toronto Social Personality Research Group.
- Qaiser, J. & Stellar, J. (2023f, March).** *Understanding Compassion Fatigue.* [Talk]. University of Toronto Brown Bag Series.
- Qaiser, J. & Stellar, J. E. (2023g, March).** *Reading the Room.* [Talk, virtual]. University of Toronto 3-Minute Thesis competition. **Semi-finalist.**
- Qaiser, J. & Stellar, J. E. (2023h, February).** *Understanding Compassion Fatigue.* [Poster]. Society for Personality and Social Psychology Annual Convention, Atlanta, GA, United States.
- Qaiser, J., Leonhardt, N., Le, B. M., Gordon, A. M., & Stellar, J. E. (2022b, April).** *Empathy and Physiological Synchrony.* [Poster, virtual]. Society for Affective Science Annual Convention. **Selected as a top abstract, [published](#).**
- Qaiser, J. & Stellar, J. E. (2022c, March).** *Understanding Compassion Fatigue.* [Talk, virtual]. University of Toronto 3-Minute Thesis competition. **[Finalist](#) scoring in top 10.**
- Qaiser, J. (2022d, March).** *UTM Psychology Inclusion, Diversity, Equity, and Access Panel.* [Panel of professors, postdoctoral fellows, graduate students, and alumni from minority groups help an open discussion with under-represented minority undergraduate students]. University of Toronto Mississauga.
- Qaiser, J., Leonhardt, N., Le, B. M., Gordon, A. M., & Stellar, J. E. (2022e, February).** *Empathy and Physiological Synchrony.* [Poster, virtual]. Society for Personality and Social Psychology Annual Convention.
- Qaiser, J. & Stellar, J. (2022f, February).** *Understanding Compassion Fatigue.* [Virtual Presentation]. University of Toronto Brown Bag Series.
- Qaiser, J. & Stellar, J. E. (2021a, December).** *Physiological Sharing as a Component of Empathy: How suffering under the skin extends to conscious suffering.* [Talk, virtual]. University of Toronto Mississauga 3-Minute Thesis competition. **Winner in Social Sciences division.**
- Qaiser, J. & Stellar, J. E. (2021b, May).** *Physiological sharing during dyadic experiences of compassion.* [Poster, virtual]. Annual Ontario Psychology Undergraduate Thesis Conference.

- Qaiser, J. & Stellar, J. E.** (2021c, April). *Physiological sharing during dyadic experiences of compassion*. [Poster, virtual]. University of Toronto (Mississauga Undergraduate Thesis Day).
- Qaiser, J. & Stellar, J. E.** (2021d, April). *Physiological sharing during dyadic experiences of compassion*. [Poster, virtual]. Society for Affective Science Annual Convention.
- Qaiser, J. & Stellar, J. E.** (2021e, February). *Physiological influence between romantic partners during a compassion induction*. [Poster, virtual]. Emotions Preconference, Society for Personality and Social Psychology Annual Convention.
- Qaiser, J. & Stellar, J. E.** (2020a, April). *Methodology to Analyse Nested Physiology Data*. [Poster; cancelled due to COVID-19]. Thesis Day, University of Toronto Mississauga.
- Qaiser, J.** (2020b, March). *Psychology Student Panel*. [Successful upper-year undergraduate students share their perspectives and experience with students interested in applying to the University of Toronto's Psychology Program]. University of Toronto Mississauga.
- Qaiser, J., Thomas, R., Hanley, J., Laughton, S., & Hinić-Frlog, S.** (2019b, August). *Student Perspective on Open Textbook Use*. [Poster]. Smarti Gras Biology Day, University of Toronto Mississauga.

VOLUNTEER ACTIVITIES

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| 2024 | Judge , Summer Psychology Research Initiative
<i>University of Toronto</i> |
| 2024 | Reviewer , Manuscript
<i>Cognitive Processing</i> |
| 2024 | Speaker , Undergraduate Research Student Association Networking Event
<i>University of Toronto Mississauga</i> |
| 2023 | Reviewer (poster submissions), Annual Convention 2024
<i>Society for Personality and Social Psychology</i> |
| 2022 | Speaker (alumni), Student Programming Planning Interactive Exhibition
<i>University of Toronto Mississauga</i> |
| 2022 | Panellist , Panel discussion for Underrepresented Minority Groups
<i>University of Toronto Mississauga</i> |
| 2022 | Judge , Ethics Debate Bowl
<i>Ontario High School Ethics Bowl</i> |
| 2021 – 2022 | Program Developer , Program Committee for Inaugural Symposium
<i>Psychology Graduate Student Association, University of Toronto</i> |
| 2020 – 2021 | Workshop Developer & Facilitator , Training for Persons with Disabilities
<i>Community Living Mississauga</i> |
| 2020 | Panellist , Panel of successful upper-year Psychology students
<i>University of Toronto Mississauga</i> |
| 2019 | Workshop Facilitator , Introduction to Coding
<i>Metamorphosis Girls STEM Conference 2019</i> |
| 2017 | Associate Team Lead , Scholarly Writing Challenge
<i>STEM Fellowship</i> |
| 2016 – 2019 | Workshop Developer , Data Science Education
<i>STEM Fellowship</i> |