## Worried About the Freshman Fifteen???



A new study shows 70% of college students will gain weight in their 4 years

## **Our Solution**

You Tell Us What You Had	We Tell You the Calories You Had
Natural Light ————————————————————————————————————	95 Calories
Tito's	→ 70 Calories
Twisted Tea	➤ 220 Calories
Budweiser ————————	→ 145 Calories

After you input every drink you had. We provide you with the total amount of calories you drank on your night out. We then offer you lower calorie solutions compared to the drinks you had. We hope to raise awareness about how many calories students drink on their nights out.