



Leisure activities

In the past 12 months how often have you...

... read a newspaper?

Please **include** newspaper articles you read online.

- ☐ Every day
- ☐ Several times a week
- ☐ Once a week
- ☐ Several times a month
- ☐ Once a month
- ☐ Less than once a month
- ☐ Never

... played sport, or done other vigorous physical exercise?

This could include going to the gym, taking exercise classes, running, cycling, skating or swimming.

- ☐ Every day
- ☐ Several times a week
- ☐ Once a week
- ☐ Several times a month
- ☐ Once a month
- ☐ Less than once a month
- ☐ Never

... gone to a concert, theatre or other live performance?

- ☐ Every day
- ☐ Several times a week
- ☐ Once a week
- ☐ Several times a month
- ☐ Once a month
- ☐ Less than once a month
- ☐ Never

... visited historical monuments, museums, art galleries or archaeological sites?

- ☐ Every day
- ☐ Several times a week
- ☐ Once a week
- ☐ Several times a month
- ☐ Once a month
- ☐ Less than once a month
- ☐ Never

... practiced meditation?

- ☐ Every day
- ☐ Several times a week
- ☐ Once a week
- ☐ Several times a month
- ☐ Once a month
- ☐ Less than once a month
- ☐ Never

Please take a moment to think of any groups, clubs or organisations you take part in. These could be youth groups, sports clubs or pub teams, religious groups, evening classes, choirs, book groups, or any other groups, clubs or organisations.

In the past 12 months, how often did you take part in all groups, clubs or organisations like this combined?

- ☐ At least once a week
 - ☐ At least once a month
 - ☐ At least once every three months
 - ☐ At least once every six months
 - ☐ Less often
 - ☐ Never
-

In the past 12 months, how often did you get involved in work for voluntary or charitable organisations?

- ☐ At least once a week
 - ☐ At least once a month
 - ☐ At least once every three months
 - ☐ At least once every six months
 - ☐ Less often
 - ☐ Never
-

Not counting anything you do for your family, in your work, or within voluntary organisations, how often, in the past 12 months, did you actively provide help for other people?

- ☐ At least once a week
 - ☐ At least once a month
 - ☐ At least once every three months
 - ☐ At least once every six months
 - ☐ Less often
 - ☐ Never
-

And in the past 12 months, how often did you help with or attend activities organised in your local area?

- ☐ At least once a week
 - ☐ At least once a month
 - ☐ At least once every three months
 - ☐ At least once every six months
 - ☐ Less often
 - ☐ Never
-

Is there a car or van normally available for private use by you or any members of your household?

- ☐ Yes—more than one
 - ☐ Yes—one
 - ☐ No—none
-

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[« Previous](#)

[Next page »](#)