

## Appendix 3 Activity Coding List

### Time Use Activity coding list for the UK

This coding frame follows that developed by Eurostat for the Harmonised European Time Use Study. Some adaptations to the wording have been made to make codes more understandable within the UK and 4 digit codes have been added in areas of particular interest to the UK. When the data was coded a 0 was added to the 3 digit code so that all entries have 4 digits, although SPSS ignores leading zeroes, so 010 'Unspecified sleep' appears on the data file as 100 and 100 'Unspecified employment' appears as 1000.

#### *Main and secondary activities*

#### **0 PERSONAL CARE**

000 Unspecified personal care

##### **01 SLEEP**

010 Unspecified sleep

011 Sleep

012 Sick in bed

##### **02 EATING**

021 Eating

##### **03 OTHER PERSONAL CARE**

030 Unspecified other personal care

031 Wash and dress

039 Other specified personal care

#### **1 EMPLOYMENT**

100 Unspecified employment

##### **11 MAIN JOB**

111 Working time in main job

112 Coffee and other breaks in main job

##### **12 SECOND JOB**

121 Working time in second job

122 Coffee and other breaks in second job

##### **13 ACTIVITIES RELATED TO EMPLOYMENT**

130 Unspecified activities related to employment

131 Lunch break

139 Other specified activities related to employment

1391 Activities related to job seeking

1399 Other specified activities related to employment

#### **2 STUDY**

200 Unspecified study

##### **21 SCHOOL OR UNIVERSITY**

210 Unspecified activities related to school or university

211 Classes and lectures

212 Homework

219 Other specified activities related to school or university

##### **22 FREE TIME STUDY**

221 Free time study

### **3 HOUSEHOLD AND FAMILY CARE**

300 Unspecified household and family care

#### **31 FOOD MANAGEMENT**

- 310 Unspecified food management
- 311 Food preparation
- 312 Baking
- 313 Dish washing
- 314 Preserving
- 319 Other specified food management

#### **32 HOUSEHOLD UPKEEP**

- 320 Unspecified household upkeep
- 321 Cleaning dwelling
- 322 Cleaning yard
- 323 Heating and water
- 324 Various arrangements
- 325 Disposal of waste
- 329 Other specified household upkeep

#### **33 MAKING AND CARE FOR TEXTILES**

- 330 Unspecified making and care for textiles
- 331 Laundry
- 332 Ironing
- 333 Handicraft and producing textiles
- 339 Other specified making and care for textiles

#### **34 GARDENING AND PET CARE**

- 340 Unspecified gardening and pet care
- 341 Gardening
- 342 Tending domestic animals
- 343 Caring for pets
- 344 Walking the dog
- 349 Other specified gardening and pet care

#### **35 CONSTRUCTION AND REPAIRS**

- 350 Unspecified construction and repairs
- 351 House construction and renovation
- 352 Repairs of dwelling
- 353 Making, repairing and maintaining equipment
  - 3530 Unspecified making, repairing and maintaining equipment
  - 3531 Woodcraft, metalcraft, sculpture and pottery
  - 3539 Other specified making, repairing and maintaining equipment
- 354 Vehicle maintenance
- 359 Other specified construction and repairs

#### **36 SHOPPING AND SERVICES**

- 360 Unspecified shopping and services
- 361 Shopping
  - 3610 Unspecified shopping
  - 3611 Shopping mainly for food
  - 3612 Shopping mainly for clothing
  - 3613 Shopping mainly related to accommodation
  - 3614 Shopping or browsing at car boot sales or antique fairs
  - 3615 Window shopping or other shopping as leisure
  - 3619 Other specified shopping
- 362 Commercial and administrative services
- 363 Personal services
- 369 Other specified shopping and services

**37 HOUSEHOLD MANAGEMENT**

- 371 Household management not using the internet
- 372 Household management using the internet
  - 3720 Unspecified household management using the internet
  - 3721 Shopping for and ordering unspecified goods and services via the internet
  - 3722 Shopping for and ordering food via the internet
  - 3723 Shopping for and ordering clothing via the internet
  - 3724 Shopping for and ordering goods and services related to accommodation via the internet
  - 3725 Shopping for and ordering mass media via the internet
  - 3726 Shopping for and ordering entertainment via the internet
  - 3727 Banking and bill paying via the internet
  - 3729 Other specified household management using the internet

**38 CHILDCARE OF OWN HOUSEHOLD MEMBERS**

- 380 Unspecified childcare
- 381 Physical care and supervision
  - 3810 Unspecified physical care & supervision of a child
  - 3811 Feeding the child
  - 3819 Other specified physical care & supervision of a child
- 382 Teaching the child
- 383 Reading, playing and talking with child
- 384 Accompanying child
- 389 Other specified childcare

**39 HELP TO AN ADULT HOUSEHOLD MEMBER**

- 391 Help to an adult household member
  - 3910 Unspecified help to an adult household member
  - 3911 Physical care & supervision of an adult household member
  - 3914 Accompanying an adult household member
  - 3919 Other specified help to an adult household member

## **4 VOLUNTEER WORK AND MEETINGS**

400 Unspecified volunteer work and meetings

### **41 ORGANISATIONAL WORK**

410 Unspecified organisational work  
411 Work for an organisation  
412 Volunteer work through an organisation  
419 Other specified organisational work

### **42 INFORMAL HELP TO OTHER HOUSEHOLDS**

420 Unspecified informal help  
421 Food management as help  
422 Household upkeep as help  
423 Gardening and pet care as help  
424 Construction and repairs as help  
425 Shopping and services as help  
426 Help in employment and farming  
427 Childcare as help  
4270 Unspecified childcare as help  
4271 Physical care and supervision of a child as help  
4272 Teaching the child as help  
4273 Reading, playing & talking to the child as help  
4274 Accompanying the child as help  
4279 Other specified childcare as help  
428 Help to an adult of another household  
4280 Unspecified help to an adult member of another household  
4281 Physical care and supervision of an adult as help  
4284 Accompanying an adult as help  
4289 Other specified help to an adult member of another household  
429 Other specified informal help

### **43 PARTICIPATORY ACTIVITIES**

430 Unspecified participatory activities  
431 Meetings  
432 Religious activities  
439 Other specified participatory activities

## **5 SOCIAL LIFE AND ENTERTAINMENT**

### **500 Unspecified social life and entertainment**

#### **51 SOCIAL LIFE**

- 510 Unspecified social life
- 511 Socialising with household members
- 512 Visiting and receiving visitors
- 513 Feasts
- 514 Telephone conversation
- 519 Other specified social life

#### **52 ENTERTAINMENT AND CULTURE**

- 520 Unspecified entertainment and culture
- 521 Cinema
- 522 Theatre and concerts
  - 5220 Unspecified theatre or concerts
  - 5221 Plays, musicals or pantomimes
  - 5222 Opera, operetta or light opera
  - 5223 Concerts or other performances of classical music
  - 5224 Live music other than classical concerts, opera and musicals
  - 5225 Dance performances
  - 5229 Other specified theatre or concerts
- 523 Art exhibitions and museums
- 524 Library
  - 5240 Unspecified library
  - 5241 Borrowing books, records, audiotapes, videotapes, CDs, VDs etc. from a library
  - 5242 Reference to books and other library materials within a library
  - 5243 Using internet in the library
  - 5244 Using computers in the library other than internet use
  - 5245 Reading newspapers in a library
  - 5246 Listening to music in a library
  - 5249 Other specified library activities
- 525 Sports events
- 529 Other specified entertainment and culture
  - 5291 Visiting a historical site
  - 5292 Visiting a wildlife site
  - 5293 Visiting a botanical site
  - 5294 Visiting a leisure park
  - 5295 Visiting an urban park, playground or designated play area
  - 5299 Other specified entertainment or culture

#### **53 RESTING – TIME OUT**

- 531 Resting – Time out

## **6 SPORTS AND OUTDOOR ACTIVITIES**

600 Unspecified sports and outdoor activities

### **61 PHYSICAL EXERCISE**

610 Unspecified physical exercise

611 Walking and hiking

6111 Taking a walk or hike that lasts at least 2 miles or 1 hour

6119 Other walk or hike

612 Jogging and running

613 Biking, skiing and skating

6131 Biking

6132 Skiing or skating

614 Ball games

6140 Unspecified ball games

6141 Indoor pairs or doubles games

6142 Indoor team games

6143 Outdoor pairs or doubles games

6144 Outdoor team games

6149 Other specified ball games

615 Gymnastics

616 Fitness

617 Water sports

6170 Unspecified water sports

6171 Swimming

6179 Other specified water sports

619 Other specified physical exercise

### **62 PRODUCTIVE EXERCISE**

620 Unspecified productive exercise

621 Hunting and fishing

622 Picking berries, mushroom and herbs

629 Other specified productive exercise

### **63 SPORTS RELATED ACTIVITIES**

631 Sports related activities

6310 Unspecified sports related activities

6311 Activities related to sports

6312 Activities related to productive exercise

- 7**        **HOBBIES AND GAMES**
  - 700    Unspecified hobbies and games
- 71**       **ARTS**
  - 710    Unspecified arts
  - 711    Visual arts
    - 7110   Unspecified visual arts
    - 7111   Painting, drawing or other graphic arts
    - 7112   Making videos, taking photographs or related photographic activities
    - 7119   Other specified visual arts
  - 712    Performing arts
    - 7120   Unspecified performing arts
    - 7121   Singing or other musical activities
    - 7129   Other specified performing arts
  - 713    Literary arts
  - 719    Other specified arts
- 72**       **HOBBIES**
  - 720    Unspecified hobbies
  - 721    Collecting
  - 722    Computing – programming
  - 723    Information by computing
    - 7230   Unspecified information by computing
    - 7231   Information searching on the internet
    - 7239   Other specified information by computing
  - 724    Communication by computing
    - 7240   Unspecified communication by computer
    - 7241   Communication on the internet
    - 7249   Other specified communication by computing
  - 725    Other computing
    - 7250   Unspecified other computing
    - 7251   Unspecified internet use
    - 7259   Other specified computing
  - 726    Correspondence
  - 729    Other specified hobbies
- 73**       **GAMES**
  - 730    Unspecified games
  - 731    Solo games and play
  - 732    Games and play with others
    - 7320   Unspecified games and play with others
    - 7321   Billiards, pool, snooker or petanque
    - 7322   Chess and bridge
    - 7329   Other specified parlour games and play
  - 733    Computer games
  - 734    Gambling
  - 739    Other specified games

**8 MASS MEDIA**

800 Unspecified mass media

**81 READING**

810 Unspecified reading

811 Reading periodicals

812 Reading books

819 Other specified reading

**82 TV AND VIDEO**

821 Watching TV

8210 Unspecified TV watching

8211 Watching a film on TV

8212 Watching sport on TV

8219 Other specified TV watching

822 Watching video

8220 Unspecified video watching

8221 Watching a film on video

8222 Watching sport on video

8229 Other specified video watching

**83 RADIO AND MUSIC**

830 Unspecified listening to radio and music

831 Listening to radio

8310 Unspecified radio listening

8311 Listening to music on the radio

8312 Listening to sport on the radio

8319 Other specified radio listening

832 Listening to recordings



## 9 TRAVEL AND UNSPECIFIED TIME USE

### 90 TRAVEL BY PURPOSE

- 900 Travel related to unspecified time use
- 901 Travel related to personal business
- 911 Travel in the course of work
- 913 Travel to work from home and back only
- 914 Travel to work from a place other than home
- 921 Travel related to education
- 923 Travel escorting to/ from education
- 931 Travel related to household care
- 936 Travel related to shopping
- 937 Travel related to services
- 938 Travel escorting a child (other than education)
- 939 Travel escorting an adult (other than education)
- 941 Travel related to organisational work
- 942 Travel related to informal help to other households
- 943 Travel related to religious activities
- 944 Travel related to participatory activities other than religious activities
- 950 Travel to visit friends/ relatives in their homes (not respondent's household)
- 951 Travel related to other social activities
- 952 Travel related to entertainment and culture
- 961 Travel related to physical exercise
- 962 Travel related to hunting & fishing
- 963 Travel related to productive exercise other than hunting & fishing
- 971 Travel related to gambling
- 972 Travel related to hobbies other than gambling
- 981 Travel to holiday base
- 982 Travel for day trip/ just walk
- 989 Other specified travel
  
- 994 Punctuating activity
- 995 Filling in the time use diary
- 996 No main activity, no idea what it might be
- 997 No main activity, some idea what it might be
- 998 Illegible activity
- 999 Unspecified time use