



85% complete

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What is the full postcode of your workplace?

e.g. SW1A 1AA

About how much time does it usually take for you to get to your workplace each day, door to door?

- ☐ Less than 15 minutes
- ☐ 15 – 29 minutes
- ☐ 30 – 44 minutes
- ☐ 45 – 59 minutes
- ☐ An hour or more

Which of these means of transport do you usually use to travel to and from your workplace?

Please tick **all** that apply.

- ☐ Train (above ground)
- ☐ Underground train (tube, metro)
- ☐ Bus, minibus or coach (public or private)
- ☐ Motorcycle, scooter or moped
- ☐ Driving a car or van
- ☐ Passenger in a car, van or taxi
- ☐ Bicycle
- ☐ Walking (or running) *for at least 5 minutes*
- ☐ None of the above

On what floor of the building as a whole do you spend most time in your workplace?

- ☐ Basement or semi-basement
- ☐ Ground floor (street level)
- ☐ 1st floor
- ☐ 2nd floor
- ☐ 3rd floor
- ☐

4th – 9th floor

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- ☐ 10th floor or higher
- ☐ No single floor
- 

Which of the following can you usually see from inside your workplace?

Please tick **all** that apply.

- ☐ Green space, lawns
- ☐ Trees
- ☐ The sea
- ☐ Rivers or lakes
- ☐ Ponds or water features
- ☐ Bird boxes or feeders
- ☐ None of these
- 

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