

## Wellbeing (6/7)

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Please say to what extent you agree or disagree with each of the following statements.

I generally feel that what I do in my life is valuable and worthwhile

☐ Disagree strongly    ☐ Disagree    ☐ Neither agree nor disagree    ☐ Agree    ☐ Agree strongly

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If I help someone I expect some help in return

☐ Disagree strongly    ☐ Disagree    ☐ Neither agree nor disagree    ☐ Agree    ☐ Agree strongly

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The way things are now, I find it hard to be hopeful about the future of the world

☐ Disagree strongly    ☐ Disagree    ☐ Neither agree nor disagree    ☐ Agree    ☐ Agree strongly

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There are people in my life who really care about me

☐ Disagree strongly    ☐ Disagree    ☐ Neither agree nor disagree    ☐ Agree    ☐ Agree strongly

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For most people in Britain, life is getting worse rather than better

☐ Disagree strongly    ☐ Disagree    ☐ Neither agree nor disagree    ☐ Agree    ☐ Agree strongly

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I feel close to the people in my local area

☐ Disagree strongly

☐ Disagree

☐ Neither agree nor disagree

☐ Agree

☐ Agree strongly

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Do you ever feel frustrated by having watched too much television?

- ☐ Yes, often
- ☐ Yes, sometimes
- ☐ Occasionally
- ☐ No, never
- ☐ Never watch TV

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Are you currently in paid work of any kind?

- ☐ Yes
- ☐ No

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