

These questions are about how you feel and how things have been with you **during the past 4 weeks**. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the **past 4 weeks**...

Did you feel full of enthusiasm?

☐ All of the time ☐ Most of the time ☐ A good bit of the time ☐ Some of the time ☐ A little of the time ☐ None of the time

Have you been a very nervous person?

☐ All of the time ☐ Most of the time ☐ A good bit of the time ☐ Some of the time ☐ A little of the time ☐ None of the time

Have you felt so down in the dumps that nothing could cheer you up?

☐ All of the time ☐ Most of the time ☐ A good bit of the time ☐ Some of the time ☐ A little of the time ☐ None of the time

Have you felt calm and peaceful?

☐ All of the time ☐ Most of the time ☐ A good bit of the time ☐ Some of the time ☐ A little of the time ☐ None of the time

Did you have a lot of energy?

☐ All of the time ☐ Most of the time ☐ A good bit of the time ☐ Some of the time ☐ A little of the time ☐ None of the time

Have you felt downhearted and blue?



All of the time



Most of the
time



A good bit of
the time



Some of the
time



A little of the
time



None of the
time

Did you feel worn out?



All of the time



Most of the
time



A good bit of
the time



Some of the
time



A little of the
time



None of the
time

Have you been a happy person?



All of the time



Most of the
time



A good bit of
the time



Some of the
time



A little of the
time



None of the
time

Did you feel tired?



All of the time



Most of the
time



A good bit of
the time



Some of the
time



A little of the
time



None of the
time

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