



Workplace details

About how much time does it usually take for you to get to your workplace each day, door to door?

- ☐ Less than 15 minutes
- ☐ 15 – 29 minutes
- ☐ 30 – 44 minutes
- ☐ 45 – 59 minutes
- ☐ An hour or more

Which of these means of transport do you usually use to travel to and from your workplace?

Please tick **all** that apply.

- ☐ Train (above ground)
- ☐ Underground train (tube, metro)
- ☐ Bus, minibus or coach (public or private)
- ☐ Motorcycle, scooter or moped
- ☐ Driving a car or van
- ☐ Passenger in a car, van or taxi
- ☐ Bicycle
- ☐ Walking (or running) *for at least 5 minutes*
- ☐ None of the above

On what floor of the building as a whole do you spend most time in your workplace?

- ☐ Basement or semi-basement
 - ☐ Ground floor (street level)
 - ☐ 1st floor
 - ☐ 2nd floor
 - ☐ 3rd floor
 - ☐ 4th – 9th floor
 - ☐ 10th floor or higher
 - ☐ No single floor
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Which of the following can you usually see from inside your workplace?

Please tick **all** that apply.

- ☐ Trees
- ☐ Private recreational green space (e.g. gardens or allotments)
- ☐ Public recreational green space (e.g. parks)
- ☐ Other kinds of green space
- ☐ None of the above

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