


Pregnancy and menstrual cycle

 **We recognise that these are very personal questions, so please feel free not to answer them.** We ask them because we are interested in whether they have a measurable effect on day-to-day wellbeing.

As far as you're aware, are you pregnant?

- ☐ Yes
- ☐ No
- ☐ Prefer not to answer

Where are you currently in your menstrual cycle?

- ☐ I've got my period now
- ☐ My last period finished within the last 3 days
- ☐ I expect my next period to start within the next 3 days
- ☐ I'm at some other point in my cycle
- ☐ Not applicable
- ☐ Not sure
- ☐ Prefer not to answer

[+ add a comment](#)

[« Previous](#)

[Next page »](#)