



# Macromedia University of Applied Sciences

Course Title: Advanced coding skills

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## To be completed by students:

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(Please fill in the letter X in the appropriate box)

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Berlin, 22.01.2025

Place/Date

Jayant Gautam

Complete First Name and Last Name

Evaluation (according to grading scale), result of initial inspection: total points: \_\_\_\_\_

Date:

Name, first name First Examiner (to be filled in digitally)

To be completed by the examiner: (Text area for the second examiner)

# ADVANCED CODING SKILLS

-by Jayant Gautam

## Fitness Tracker Project Documentation

### Project Overview

The Fitness Tracker application was developed to provide a simple yet effective solution for tracking fitness activities, calculating BMI, and viewing stored data. The project includes object-oriented design principles, data persistence, and a graphical user interface (GUI) to enhance usability.

## Steps to Develop the Project.

### 1. Project Initialization

The project was structured into multiple Python modules to ensure modularity and maintainability:

- `fitness_tracker.py`: Core application logic.
- `data_persistence.py`: Handles saving and loading data.
- `bmi_calculator.py`: Provides BMI calculation and categorization.
- `user_interface.py`: Originally provided a terminal-based interface.

Each module was organized into the tracker package.

### 2. Object-Oriented Development

Classes Implemented:

- `FitnessTracker`: Orchestrates the main application logic.
- `DataPersistence`: Manages data storage and retrieval using JSON files.
- `BMICalculator`: Provides static methods for BMI calculation and determining BMI categories.
- `UserInterface`: Handles user interaction (initially terminal-based).

**Inheritance:** Although inheritance was not directly required in this project, the design pattern supports scalability. For example, a new `AdvancedBMICalculator` class could inherit from `BMICalculator` to extend functionality.

### **3. Adding BMI Calculation**

The BMICalculator class was created to calculate BMI using the formula:

$$\text{BMI} = \text{weight} / \text{height}^2$$

It also includes a method to categorize BMI into underweight, normal weight, overweight, or obese.

### **4. Data Persistence**

The DataPersistence class was implemented to save fitness data to a JSON file (fitness\_data.json).

It uses Python's json module for serialization and deserialization, ensuring data is retained across sessions.

### **5. Transition to a GUI**

A GUI was created using Python's Tkinter library to replace the terminal-based interface.

Features of the GUI:

- A main menu with buttons for adding data, viewing data, calculating BMI, and exiting.
- Separate windows for each functionality, ensuring a clean and user-friendly design.
- Error handling and validation for user inputs using message boxes.

#### **Structure:**

The FitnessAppGUI class encapsulates the GUI logic and interacts with other modules like DataPersistence and BMICalculator.

### **6. Testing the Application**

The application was tested using simulated inputs to verify:

- Fitness data is saved and displayed correctly.
- BMI calculations are accurate and match the correct categories.
- The GUI flows smoothly between functionalities.

### **7. Packaging the Project**

The updated project, including the GUI, was packaged into a ZIP file for portability.

The following structure was maintained:

- main.py: Entry point for the application.
- fitness\_app\_gui.py: Main script for running the GUI.

- tracker package: Contains all core modules.
- tests folder: Placeholder for testing scripts.
- docs folder: Placeholder for additional documentation.

### **Final Features of the Project**

- Object-Oriented Design: Modular and scalable.
- Packages and Modules: Organized in a clear structure for maintainability.
- Data Persistence: Uses JSON to store and retrieve fitness data.
- Graphical User Interface: Built with Tkinter for better usability.

### **Future Improvements**

- Advanced Analytics: Add graphs and progress tracking for user activities.
- Cloud Integration: Enable data synchronization across devices.
- Mobile Application: Port the application to mobile platforms for broader accessibility.