

健身室時間表 Timetable for Fitness Room

T/P	訓練/活動	Training / Programme
B	團體預訂	Block Booking
M	保養日	Maintenance
S	暫停開放時段	Sessional Break

時票名額 Hourly Ticket Quota: 3 月票名額 Monthly Ticket Quota: 10

am/nn/pm: 上午/中午/下午

The timetable is for reference only. Please contact venue staff for the latest booking status.

