

TobsCycle Safety Guidelines

1. Essential Safety Equipment

- Helmet requirements
- Protective gear
- Visibility items
- Emergency tools

2. Pre-Ride Safety Checks

- Tire condition and pressure
- Brake function
- Chain and drivetrain
- Lights and reflectors
- Quick-release mechanisms
- Handlebar and stem
- Saddle security

3. Riding Safety

- Traffic rules
- Hand signals
- Road positioning
- Group riding etiquette
- Night riding precautions
- Weather considerations

4. Emergency Procedures

- Flat tire repair
- Chain issues
- Brake failure
- Accident response
- Emergency contacts

5. Weather Safety

- Rain riding
- Wind conditions
- Hot weather precautions
- Cold weather riding
- Visibility in poor conditions

6. Maintenance Safety

- Safe cleaning practices
- Tool usage
- Chemical handling
- Electrical safety
- Storage safety

7. Child Safety

- Age-appropriate bikes
- Supervision requirements
- Training guidelines
- Safety equipment for children

8. Contact Information

Emergency: 911

TobsCycle Support: (123) 456-7890

Email: support@tobscycle.com

Address: 123 Bike Street, Cycling City

Note: Safety is our top priority. Always follow these guidelines and local regulations.