

• Transport Food Through Blood •

DIETARY FACTORS

Carbohydrates, proteins, and fats are broken down into their constituent molecules and absorbed into the blood.

MINERAL IONS

Mineral ions are absorbed into the blood. Some are absorbed directly into the blood, while others are absorbed into the cells of the digestive tract and then into the blood.

WATER AND VITAMINS

Water and vitamins are absorbed into the blood. Some are absorbed directly into the blood, while others are absorbed into the cells of the digestive tract and then into the blood.

WATER

Water is absorbed into the blood. Some is absorbed directly into the blood, while others are absorbed into the cells of the digestive tract and then into the blood.