



2025 MENTORSHIP PROGRAM PILOT PLAN

Community Need Access to positive female role models can significantly impact a young girl's confidence, leadership potential, and emotional development. Many underserved girls lack structured mentorship opportunities that provide consistent guidance, encouragement, and life skills development.

Program Goal To foster personal growth, leadership skills, and resilience by connecting participants with supportive female mentors who guide them through their health and wellness journey.

Program Structure

- *Program duration:* 10 months (August 2025 - May 2026)
- *Frequency:* Mentorship sessions held every 3rd month, rotating with other programs.
- *Session activities:* One-on-one check-ins, group discussions, skill-building workshops
- *Session design:* Goal-setting, decision-making, leadership development, self-esteem building

Sample Timeline

OCTOBER	JANUARY	APRIL
Confidence & Goal-Setting	Communication & Leadership	Resilience & Growth Planning

Evaluation and Improvement

- Pre-/Post-program surveys measuring growth in confidence and leadership skills
- Mentor reports summarizing engagement and participant development
- Participant feedback forms following each mentorship session

Target Metrics

- Reach 25-50 girls during the pilot year
- 80% of participants report increased self-confidence and leadership skills
- 85% satisfaction rate with mentor relationships