

Questionnaire Brainstorming

1. What is your age range?
2. What is your gender?
3. Have you been diagnosed with clinical depression? Y/N
4. Do you take any antidepressants? Y/N
5. Before criticizing somebody, I try to imagine how I would feel if I were in his/her place.
6. It's difficult for me to understand what makes my friends happy.
7. It upsets me to see someone being treated disrespectfully.
8. When my mood is low, I find it difficult to see things from the other person's point of view.
9. I find that I am "in tune" with other people's moods.
10. I become irritated when someone cries.
11. I can easily think about events that will make my friends happy.
12. I enjoy making other people feel better even if my mood is low.
13. When my mood is low, I remain unaffected when someone close to me is happy.
14. When I'm upset at someone, I usually try to put myself in their shoes.
15. I am at my best first thing in the morning.
16. When I am at my best, I really enjoy caring for other people.
17. When I am at my worst, I really enjoy caring for other people.
18. I am easily affected by other people's emotions.