



## Do It Well...

Accomplish the assessment activity that follows. Then submit your output to your instructor for evaluation and grading.

**Name** (Type inside the box)

**Section**

**Date**

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IV-BCSAD

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**B. Attitude Inventory.** Answer the inventory of attitude that follows. Fill the shaded boxes with the number you believe is the most accurate answer for each item according to the following:

5 – Absolutely Yes

4 – Mostly Yes

3 – Undecided

2 – Mostly No

1 – Absolutely No

## ATTITUDE INVENTORY

Do you make friends easily?	4	Do you try hard not to be a complainer?	4
Are you careful not to interrupt?	4	Can you stay optimistic?	4
Do you try not to brag?	3	Do you control your temper?	5
Are you interested in others' point of view?	5	Do you speak well of your instructor?	4
Do you keep the same friends for years?	5	Do you like to work while listening to music?	4
Do you enjoy being a leader?	3	Do you keep promises?	4
Are you at ease with the opposite sex?	5	Do you try to be helpful to others?	4
Do you organize your work?	2	Do you get along well with your parents?	3
Can you be a leader without being bossy?	3	Do you readily admit your mistakes?	5
Is it easy for you to like nearly everyone?	3	Do you prefer to get guidelines rather than specific instructions?	5
Do you realize your weaknesses?	3	Can you take being teased?	4
Do you avoid feeling sorry for yourself?	4	Are you courteous to your fellow classmate?	3
Are you usually well-groomed and neatly dressed?	5	Do you usually meet deadlines?	4
Do you enjoy joke even when it is on you?	4	Do you work well under pressure?	4
Do you keep your own room in good order?	2	Are you aware of the rules of etiquette?	3
Are you tolerant of other people's beliefs?	5	Do you respect the opinions of your parents?	4
Do you help your parents with chores?	5	Does your voice usually sound cheerful?	3
Do you go to parties?	3	Can you work well with those you dislike?	4
Do you enjoy working on group projects?	4	Do you try hard to get along with family members?	3
Do you generally speak well of other people?	3	Do you like people who are much older than you?	2
Are you pleasant with others even when you are unhappy?	4	Are you ambitious?	3
Are you willing to go the extra mile at work?	3	Do you ever look up your classmates on social media?	2
Would you betray a friend for a million pesos?	1		

**My total score:**

164

## Rating your Attitude

**225 – 200** – You're good to be true!

**199 – 150** – Your attitude towards others is very good.

**149 – 100** – Your attitude needs improvement.

**Below 99** – You have to make a careful study of your attitude towards others, looking at yourself as others see you! Then you need to begin working toward improving your attitude.

### Quick Response: Answer the following questions:

1. Explain how you feel about the result of your attitude quiz. Do you think you are ready for a job with this result?

I'm really pleased with my attitude quiz result, which indicates that my attitude towards others is very good. It's encouraging to know that my efforts to approach interactions with empathy, respect, and a positive mindset are recognized. I believe this strong interpersonal foundation will be an asset in any job I take on, especially in roles that require teamwork, collaboration, and communication.

2. Based on the result of your attitude inventory, how do you see your future in a workplace?

Given the positive outcomes of my attitude inventory, I see a bright and hopeful future in the workplace. My approach to people demonstrates that I am capable of building positive relationships, fostering collaboration, and contributing to a tranquil work environment. These qualities are necessary for success in any field, but especially in team-oriented and customer-facing roles.

3. In *Signs of a Poor Attitude at Work* by Ines Temple, which one do you think should be top priority to seriously deal with? In what way can you solve this poor attitude?

Negativity is one of the most important indications of a bad attitude at work since it can have a negative impact on morale and productivity, producing a poisonous work environment. To combat negativity, focus on self-awareness and positivism by turning your mindset toward solutions rather than issues. To improve your connections, communicate positively, seek support from coworkers or mentors, and participate in team-building activities. Furthermore, emphasize self-care to manage stress and maintain a happy attitude, which will benefit both your work experience and the general team chemistry.

4. Among the characteristics of HiPos explained by Ron Cullimore, which do you consider as your TOP 3? Explain your choices?

My top three High-potential qualities, as described by Ron Cullimore, are drive and motivation, adaptability and learning agility, and strategic thinking. I am extremely ambitious and motivated, constantly pushing myself to meet objectives and improve in my profession. My adaptability and learning agility enable me to swiftly adjust to new situations and master new abilities, allowing me to thrive in fast-paced contexts. Furthermore, my strategic thinking allows me to view the big picture and match my efforts with long-term goals, resulting in overall success and growth.