EXPERIMENT:24 Write a Prolog Program to suggest Dieting System based on Disease.

PROGRAM:

% diet(Disease, SuggestedDiet)

diet(diabetes, 'Low sugar, high fiber, whole grains, leafy vegetables').

diet(hypertension, 'Low sodium, more fruits, vegetables, lean protein').

diet(obesity, 'Low fat, high protein, more vegetables, calorie control').

diet(anemia, 'Iron-rich foods like spinach, beetroot, red meat').

diet(heart_disease, 'Low cholesterol, omega-3 fatty acids, whole grains').

diet(kidney_disease, 'Low protein, low sodium, low potassium foods').

```
% Rule to suggest diet
suggest_diet(Disease) :-
diet(Disease, DietPlan),
write('For '), write(Disease), write(', suggested diet: '), write(DietPlan),
nl.
```

OUTPUT:



For diabetes, suggested diet: Low sugar, high fiber, whole grains, leafy vegetables **true**

```
?- suggest_diet(diabetes).
```