Personalized Workout Plan

Fitness Level: Beginner

Goal: Weight Loss

Duration: 30 minutes

Equipment: Bodyweight

An error occurred: Error code: 429 - {'error': {'message': 'You exceeded your current quota, please check your plan and billing details. For more information on this error, read the docs: https://platform.openai.com/docs/guides/error-codes/api-errors.', 'type': 'insufficient_quota', 'param': None, 'code': 'insufficient_quota'}}