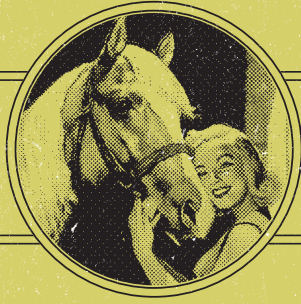


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*Est. 2010*



*ALL VEGAN*

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**WELCOME**  
**to**  
**CHAMPS**  
***DINER***

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197 MESEROLE ST, BKLYN NY 11206

CHAMPSDINER.COM

718 599 2743

# BREAKFAST

**SAG 7**

tofu scramble & soy-sage on a roll  
add cheese +1  
add chipotle mayo or hollandaise +.50

**Tofu Benedict 13**

grilled tofu, ham, hollandaise on multigrain  
english muffin with home fries and salad  
ASK YOUR SERVER FOR GLUTEN FREE

**All Vegan Slam 12**

tofu scramble, veggie or tempeh bacon,  
soysage, home fries, toast

**French Toast Slam 13**

2 french toast wedges, tofu scramble, veggie  
or tempeh bacon, soysage, home fries

**Pancake Slam 13**

2 pancakes, tofu scramble, veggie or  
tempeh bacon, soysage, home fries

**French Toast 5/10**

half or full order topped with  
powdered sugar and seasonal fruit

**Country Breakfast 13**

seitan steak with white gravy, scramble,  
home fries

**Biscuits & Country Gravy 12**

house-made biscuits, soysage, gravy,  
fresh sage with home fries

**French Toast 5/10**

half or full order topped with  
powdered sugar and seasonal fruit

**Breakfast Burrito 12**

crumbled chorizo, tofu scramble,  
bell peppers, cheese, home fries, topped with  
chipotle mayo in whole wheat tortilla with  
side salad

**Loaded Breakfast Burrito 14**

classic breakfast burrito with sauteed kale,  
ranchero sauce, sour cream and chives

**Drunken Cowgirl 12**

tofu scramble, home fries, three-bean chili,  
cheese, avocado with texas toast

**Chik'n & Waffles 12**

topped with powdered sugar and butter

**Belgian Waffle 11\***

topped with powdered sugar, seasonal fruit  
and whipped cream

**Red Flannel Hash 13**

corned beef seitan, beets, onions, potatoes  
with toast

**Hippie Hash Skillet 13**

tomato, broccoli, onion, bell peppers,  
mushroom, scramble, potatoes with toast  
sub GF toast +1\*

**Breakfast Enchiladas 14**

scramble, soysage, cheese, guacamole,  
salsa, sour cream in corn tortillas  
with side salad

ASK YOUR SERVER FOR GLUTEN FREE

# PANCAKES

all topped with powdered sugar

MAKE IT A TALL STACK + \$3

**Hand-Sifted Pancakes 8**

add chocolate chips or blueberries +2/ea

**Confetti 9**

sprinkles, whipped cream

**S'Mores 10**

chocolate chips, Dandie marshmallows,  
graham crackers, whipped cream

**Bananarama 9**

bananas, chocolate chips, whipped cream

**Red Velvet 9**

chocolate chips, whipped cream

# STARTERS

**French Fries 6\***

with chipotle mayo

**Sweet Potato Fries 6\***

with cajun mayo

**Seitan Asada Fries 9**

with seitan asada, sour cream,  
cheese, chives

**Tempeh Wings 9**

buffalo or BBQ  
with crudité & ranch dressing

**Nachos 11\***

nacho cheese, black beans, salsa,  
sour cream, pickled jalapeños, guacamole  
CAN BE MADE SOY FREE

**Mozzarella Sticks 10**

marinara sauce

## à la carte

TOFU SCRAMBLE 3.75	AVOCADO 3
PANCAKE SOLO 3	SAUTÉED KALE 5
HOME FRIES 5	GLUTEN-FREE TOAST 3.50
SAUSAGE LINKS 3	FRUIT SALAD 6
VEGGIE OR TEMPEH BACON 3	BISCUIT & BUTTER 2.50
COLESLAW 3	DRUMSTICKS 5
TOAST 2	BUTTER .50
GUACAMOLE 3	

Due to high volume, our kitchen cannot accommodate modifications and substitutions. Please be aware that requests may not be granted.

20% gratuity added to parties of 6 or more  
& checks split 3 or more ways

✂ = asterik notes a soy-free item      \* = asterik notes a gluten-free item

ALL VEGAN

# ENTREES

**Buffalo Chik’n 11**

spicy buffalo chik’n, greens, tomatoes, sautéed onions, ranch dressing on a hero

**Champs Club 10**

hickory-smoked Tofurkey slices, tempeh bacon, greens, tomatoes, mayo on toasted rye

**Mac N Cheese 9**

baked with crunchy breadcrumb crust  
add broccoli or bacon +2/ea

**Cubano 11**

grilled ham, melted cheese, pickles, mustard, mayo on a pressed hero

**Philly Cheese Steak 12**

grilled Blackbird seitan, sautéed bell peppers, onions, mayo, cheese on a hero

**Reuben 11**

corned beef seitan, sauerkraut, cheese, russian dressing on rye

**The Grinder 12**

grilled Blackbird seitan, banana peppers, mayo, melted cheese, onion, garlic on a hero

**Country-Fried Seitan 13**

breaded Blackbird seitan, bacon, cheese, ranch dressing, tomato, greens on texas toast

**Baja Fish Burrito 12**

crispy fish cutlets, purple cabbage, greens, sour cream, avocado, salsa, chipotle dressing in whole-wheat tortilla

**BLAT 9**

veggie bacon, lettuce, avocado, and tomato with mayo on rye

## Salads

— in a wrap for + \$1 —

**Kale Caesar 6/12**

raw kale, garlic croutons, parmesan cheese, caesar dressing  
add chik’n +2

**Kitchen Sink Salad 12** ✱

mixed greens, kale, carrots, cucumbers, cherry tomatoes, red onions, sunflower seeds, mushrooms, bell peppers, avocado and ginger sesame dressing

**Mexican Kale Salad 12** ✱

kale, quinoa, avocado, black beans, sweet corn, cherry tomatoes, cilantro lime dressing  
add Southwest chik’n +2

# BOWLS

**Awesome Bowl 13** ✱

quinoa, tofu scramble, bell peppers, garlic sautéed kale, home fries with hollandaise sauce

**Basic Bowl 11** ✱

beets, rice, broccoli, black beans and garlic with tahini-miso sauce

**Soltero Bowl 13**

crumbled chorizo, quinoa, onions, mushrooms, bell peppers, home fries  
garlic sautéed kale with sour cream, chives, lime wedge

# BURGERS

— served with fries & coleslaw —

**Classic Burger 12**

lettuce, tomato, onion and pickle

**Pulled Pork 13**

marinated seitan, BBQ sauce, pickles

**Spicy Grilled Chik’n 13**

grilled chik’n steak, cajun mayo, veggie bacon, lettuce, tomato

**Bacon Cheeseburger 14**

classic patty with bacon and cheese, lettuce, tomato, onion and pickle

# SHAKES

**S’Mores 9**

chocolate ice cream, crushed graham crackers, Dandie marshmallows

**PSL 9**

vanilla ice cream, pumpkin spice, coffee, whipped cream

**Strawberry Cream 9**

vanilla ice cream, strawberries, whipped cream

**Nut Cruncher 9**

chocolate ice cream, peanut butter, chick-o-sticks, shaved coconut

**Girl Scout 9**

vanilla ice cream, mint cookie crumbles

**Classic 8**

vanilla or chocolate ice cream  
add cookie crumbles, sprinkles, peanut butter +.50/ea

Due to high volume, our kitchen cannot accommodate modifications and substitutions. Please be aware that requests may not be granted.

Because we offer a wide range of vegan foods, we are unable to guarantee food preparation with utensils that have not also come in contact with allergens.

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# DESSERT

— Supplied by Vegan Treats —

available Wednesday through Sunday

## Cake 6

*Peanut Butter Bomb*  
*German Chocolate* ✱

## Cheesecake 5 ✱

*Chocolate Peanut Butter*  
*NY Style with cherry topping*  
*White Chocolate Raspberry*

## Cupcakes 3.50

*Red Velvet*  
*Cookies ‘n’ Cream*  
*Peanut Butter Mousse*

## Cannolis 4

## Cookies 3

## SUNDAE 9

*two scoops of vanilla or chocolate,*  
*chocolate sauce, whipped cream,*  
*cherry on top*  
add cookie crumbles, sprinkles +.50/ea

# DRINKS

## JUICES

\$8

AVAILABLE \*TIL 10PM

### Green Face

*cucumber, broccoli, kale,*  
*green apple, celery,*  
*lime, pineapple*

### Gold Strike

*pineapple, orange,*  
*ginger, lemon,*  
*cayenne pepper*

### Wake-Up Call

*apple, beet, orange,*  
*carrot, lemon, ginger*

### Ginger Shot 4

*juiced ginger,*  
*lemon, cayenne*

## SMOOTHIES 8

Choice of Soy or Almond Milk  
AVAILABLE \*TIL 10PM

### Berry

*strawberries, blueberries,*  
*agave, banana*

### Piña Colada

*pineapple, banana, agave,*  
*shaved coconut*

## COFFEE

MILKS: SOY, ALMOND, OAT

*Bottomless Coffee* 2

*Espresso* 2.50

*Maple Latte* 4.50

*Macchiato* 3

*Cappuccino* 3.50

*Latte* 4

*Chai Latte* 4

*Cold Brew Iced Coffee* 4

## TEA

\$ 1.50

*Earl Grey*

*English Breakfast*

*Green Tea*

*Peppermint*

*Chamomile*

## EGG CREAMS 3

*Vanilla*  
*Chocolate*

*Coffee* +\$1

*Maple* +\$1

## BEVERAGES

*Orange Juice* 3.75 / 6

*Carrot Juice* 3.75 / 6

*Bottomless Iced Tea* 3

*Lemonade* 3.50

*Arnold Palmer* 3.50

*Hot Chocolate* 3  
add whipped cream +1.50

## DRAFT SODA

\$2.50

*Cola*

*Diet Cola*

*Root Beer*

*Ginger ale*

*Lemon-Lime*

*Orange*

## FLOATS 7

*vanilla soy ice cream*

*Root Beer*  
*Orange Soda*  
*Iced Coffee*

OPEN FROM **8AM–12AM** EVERYDAY

*No reservations, first come first serve!*

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