



# The impact of technology in human life.

By Makii

## Abstract

Technology has undeniably transformed human life, offering countless opportunities for growth and development. However, its challenges must be addressed through use and strategic planning. As society continues to advance, a balanced integration of technology will be essential to ensure it serves as tool for progress rather than a source of harm.

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Advantages	Disadvantages
Improved Communication	Less FacetoFace Talk
Access to Information	Job Loss
Improved Healthcare	Privacy Risks
Saves Time and Effort	Health Problems
Everyday Convenience	Technology Addiciton

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(Jaymark, 2025)

