FKCC Swim Around Key West: 12.5 Mile Swim KEY WEST, Saturday, JUNE 16, 2012





FL Keys Community College Pool, Bone Island Swim Club, Bone Island Masters Saturday, June 16, 2012 Check-In: 6:15 - 6:45 am, Race starts at 7:00 am Location/Course: The Atlantic Ocean and Gulf of Mexico around the island of Key West, FL.

Course: 12.5 mile swim clockwise around the island. Start and finish at Smathers Beach

Boat Ramp on S. Roosevelt at Bertha Ave.

Event Categories: Solo Swimmer: Male, Female; Solo Swimmer with fins: Team: 2 person, 3 person, 4 person, or 5-6 person relay;

Team with fins/equipment: 2 person, 3 person, or 4-6 person relay

Age groups:

12 & U, 13-17, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and Older

Awards:

Top Overall Male and Female Swimmer, Top 6 Solo Swimmers in each age group,

Top 6 Swimmers with Fins, and Top 6 places in each relay of either 2, 3, 4 or 5&6 division.

Entry Fees:

\$100.00 per person: must register by June 15 (includes t-shirt & cap) \$10 Discount for USMS and USA Swimming members - must attach card.

\$160.00 for 2-person relay, \$240.00 for 3-person relay, \$320.00 for 4-person relay, \$400.00 for 5-person relay, and \$480.00 6-person relay.

Make check payable to Florida Keys Community College.

Registration:

Mail completed forms to: Florida Keys Community College Attn: Lori Bosco

5901 College Road Key West, FL 33040

On-Line: Active .com: FKCC Swim Around Key West

All Swimmers must check-in on Friday. June 15, 2012 at FKCC Pool from 1:00 - 5:00 pm

or Dante's Restaurant from 6:00 - 8:00 pm.

Safety: Information: Lifeguards and kayaks will be positioned throughout the course.

Lori Bosco at (305) 809-3562 or lori.bosco@fkcc.edu

www.fkccswimaroundkeywest.com

Rules:

- Swimmers may not stand on or push off the bottom of the ocean floor.
- Swimmers must swim around all piers, DO NOT attempt to swim under piers.
- Swimmers are responsible for providing their own support crew. All marine safety rules must be observed.
- Swimmers must be with their support crew and boat at all times and may not touch vessel with the exception of team swims and then only at designated change points where entry and exits are made.
- Swimmers will be required to have a number visibly marked on their upper arm and on their escort boat.
- There are 3 check-in locations during the race:

#1 Prior to entering the Harbor **#2** Exiting the Harbor before Fleming Key Channel

#3 Immediately after Cow Key Bridge.

- If you need assistance with boats or kayaks, please see website or e-mail: lori.bosco@fkcc.edu
- A Swimmer is required to end race upon notification by a Race Official or the US Coast Guard.
- Violation of rules may subject swimmer(s) to disqualification. Meet Director has final authority.
- Swimmers may not promote third party sponsors, causes, or charities unless pre-approved.
- This is a Warm Water Race. Wetsuits are not permitted.
- **Relays:** 2-person each swimmer in turn will swim one relay leg of approximately 6.25 miles: 3 person - each swimmer in turn will swim one relay leg of approximately 4.2 continuous miles. Change will be at two designated change points along the course. 4-6-person: each swimmer will swim one-30 minute relay leg in rotation, then 10 minute relay legs until the finish line.

Checklist:

1. Water and snacks for swimmer and support crew. Stay hydrated. Use snacks you train with.

- 2. Swim caps are optional as this is a warm water race.
- 3. Sunscreen (waterproof), hat/sunglasses/event bracelet for support crew.
- 4. Cell phone for emergencies in a waterproof bag.
- 5. Life jackets for each participant in the support vessel, and one extra for the swimmer.
- 6. Marine Radio to monitor race and hear updates on weather/announcements during race.







Official Entry Form: FKCC Swim Around Key West: June 16, 2012

All swimmers must complete this form and sign release. This is not a sanctioned race.

	Check in:	6:00 am -6:45 am	Race Start:	7:00 am
--	-----------	------------------	-------------	---------

MAROUNDICE	Name					
ATT E	Address	LAST	FIRST			
ST	Age:	Street Birthdate	City		State	Zip
6-16-2012	Phone ()_	()EVENING	E-Ma	ail	
ccswimaroundkeywest.com	Emergency C	Contact	ME		PHONE	
Support Crew:	☐ Have Kayak		☐ Have Kayaker			
Circle Event:	Circle Catego	orv:	Circle	Division:		
Onoic Event.	Solo Swimme	•	Female			
	Solo Swimme		Female			
	Team 2 perso		Female		Mixed	
	Team 3 perso	•	Female		Mixed	
	Team 4 perso	•	Female		Mixed	
	Team 5-6 pers	•	Female		Mixed	
	•	s 2, 3, 4 or more	Female		Mixed	
Circle T-Shirt S	Size: S M	L XL XXI				
and give the event organ participation in this event	nd photographed by the objects the right to use my to promote the event in the continuation.	official and authorized photo name, picture, likeness, and which I compete or to prom proved by the Meet Directo	biographical informatiote the success of the t	on before, during, ar	nd after the p	eriod of my
I acknowledge that I am a agree to assume all of the THERETO, I HEREBY WA CAUSED BY THE NEGLIG SWIMMING COMMITTEE HOST, MEET DIRECTOR	aware of all the risks inhe ose risks. AS A CONDITION IVE ANY AND ALL RIGH GENCE, ACTIVE OR PAS ES, FLORIDA KEYS COM S, MEET SPONSORS, M	legally bound hereby certify rent in open water swimmin ON OF MY PARTICIPATION TS TO CLAIMS FOR LOSS (SIVE, OF THE FOLLOWING MUNITY COLLEGE, BONE EET COMMITTEES OR AN) ds given for any reason incli	IG competition including IN THE MASTERS SWI OR DAMAGES INCLUD IN UNITED STATES MASTERS CLUY INDIVIDUAL SUPERV	g possible permaner IMMING PROGRAM ING ALL CLAIMS FO STERS SWIMMING, JB, BONE ISLAND S IISING SUCH ACTIV	nt disability o OR ANY AC ⁻ OR LOSS OR INC., THE LO WIM CLUB, O	r death, and FIVITIES INCIDE DAMAGES DCAL MASTERS
Swimmer's Sig	gnature			Dat	e:	
Entry fee:						
		on-\$240, 4 person-\$32		person-\$480 Tot		
	·	ch) SML >		Total enclosed		
***\$10 Discount for US	EME and LICE Cuimmi				a w	
, , , , , , , , , , , , , , , , , , ,	sivis and Oss swimini	ng Members must attach	card****			checks payable t

Florida Keys Community College





FKCC Send entries to: FKCC Attn. Lori Bosco 5901 College Road Key West, FL 33040