

OCTOBER 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	FROG (FRS CORE)					
8	9	10	11	12	13	14
15	16	17	18	19	20	21
	FOUNDATIONS (FSS CORE)					
22	23 Supervisor Core	24 Supervisor Core	25 Supervisor Core	26 Supervisor Core	27	28
29	30	31	1	2	3	4

NOVEMBER 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
5	6	7	8 FROG SUPVCore	9 FROG SUPVCore	10	11
12	13	14	15	16	17	18
	FROG (FRS CORE)					
19	20	21	22	23	24	25
26	27	28	29	30	1	2
	FOUNDATIONS (FSS CORE)					

DECEMBER 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
	FROG (FRS CORE)					
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JANUARY 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 New Year's Day	2	3	4	5	6
7	8 Supervisor Core FSS Core	9 Supervisor Core FSS Core	10 Supervisor Core FSS Core	11 Supervisor Core FSS Core	12 FSS Core	13
14	15 M L King Day	16 Supervisor Core	17	18 FROG SUPV Core	19 FROG SUPV Core	20
21	22 FROG/FRS Core	23 FROG/FRS Core	24 FROG/FRS Core	25 FROG/FRS Core	26 FROG/FRS Core	27
28	29	30	31	1	2	3

FEBRUARY 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12 FSS Core	13 FSS Core	14 FSS Core Valentine's Day	15 FSS Core	16 FSS Core	17
18	19 Presidents' Day	20	21	22	23	24
25	26 FROG/FRS Core	27 FROG/FRS Core	28 FROG/FRS Core	29 FROG/FRS Core	1	2

# MARCH 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	1 FROG/FRS Core	2
3	4	5	6	7	8	9
10	11	12	13 FROG SUPV Core	14 FROG SUPVCore	15	16
17	18 FSS Core	19 FSS Core	20 FSS Core	21 FSS Core	22 FSS Core	23
24	25	26	27	28	29 Good Friday	30
31 Easter Sunday	1	2	3	4	5	6

# APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	<b>1</b> FROG/FRS Core	<b>2</b> FROG/FRS Core	<b>3</b> FROG/FRS Core	<b>4</b> FROG/FRS Core	<b>5</b> FROG/FRS Core	6
7	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	13
14	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	20
21	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	27
28	<b>29</b> FSS Core	<b>30</b> FSS Core	1	2	3	4

# MAY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 FSS Core	2 FSS Core	3 FSS Core	4
5	6 FROG/FRS Core	7 FROG/FRS Core	8 FROG/FRS Core	9 FROG/FRS Core	10 FROG/FRS Core	11
12 Mother's Day	13	14	15 FROG SUPV Core	16 FROG SUPV Core	17	18
19	20	21	22	23	24	25
26	27 Memorial Day	28	29	30	31	1



JUNE 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3 FSS Core	4 FSS Core	5 FSS Core	6 FSS Core	7 FSS Core	8
9	10 FROG/FRS Core	11 FROG/FRS Core	12 FROG/FRS Core	13 FROG/FRS Core	14 FROG/FRS Core	15
16 Father's Day	17	18	19 Juneteenth	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

# JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4 Independence Day	5	6
7	8 FSS Core	9 FSS Core	10 FROG SUPV Core FSS Core	11 FROG SUPV Core FSS Core	12 FSS Core	13
14	15	16	17	18	19	20
21	22 FROG/FRS Core	23 FROG/FRS Core	24 FROG/FRS Core	25 FROG/FRS Core	26 FROG/FRS Core	27
28	29	30	31	1	2	3

AUGUST 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5 FSS Core	6 FSS Core	7 FSS Core	8 FSS Core	9 FSS Core	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 FROG/FRS Core	27 FROG/FRS Core	28 FROG/FRS Core	29 FROG/FRS Core	30 FROG/FRS Core	31

SEPTEMBER 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day	3	4	5	6	7
8	9 FSS Core	10 FSS Core	11 FSS Core	12 FSS Core	13 FSS Core	14
15	16	17	18	19	20	21
22	23	24	25 FROG SUPVCore	26 FROG SUPVCore	27	28
29	30 FROG/FRS Core	1	2	3	4	5

OCTOBER 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1 FROG/FRS Core	2 FROG/FRS Core	3 FROG/FRS Core	4 FROG/FRS Core	5
6	7	8	9	10	11	12
13	14 Columbus Day	15	16	17	18	19
20	21	22	23	24	25	26
27	28 FSS Core	29 FSS Core	30 FSS Core	31 FSS Core Halloween	1	2

# NOVEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 FSS Core	2
3	4 FROG/FRS Core	5 FROG/FRS Core	6 FROG/FRS Core	7 FROG/FRS Core	8 FROG/FRS Core	9
10	11 Veterans Day	12	13 FROG SUPV Core	14 FROG SUPVCore	15	16
17	18	19	20	21	22	23
24	25	26	27	28 Thanksgiving Day	29	30

# DECEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 FSS Core	3 FSS Core	4 FSS Core	5 FSS Core	6 FSS Core	7
8	9 FROG/FRS Core	10 FROG/FRS Core	11 FROG/FRS Core	12 FROG/FRS Core	13 FROG/FRS Core	14
15	16	17	18	19	20	21
22	23	24	25 Christmas	26	27	28
29	30	31	1	2	3	4