



Parent Survey Narrative

Name/PC1 ID: **HENRO41693**

Program: **HEALTHY FAMILIES STRONG**

FRS: **WILMA RUSSELL**

Survey Date: **03/28/17**

Introduction *(Include who was present during this survey; if one parent was not present—reason for absence; where the visit took place, if there were any interruptions during discussion—detail; etc.)*

Mom was present for the visit; but Dad was not. Dad was at work. The visit took place a Mom's house where she lives with her 18-month-old son. Mom is currently 7 months pregnant with their daughter.

1. PARENTS' CHILDHOOD EXPERIENCES

(Score & rating scale letters) **M: 10ab D: 10j**

Strengths/Protective Factors *(Might include: Parents' fond memories of their childhood; family traditions that parents may want to continue with their children; parents' thoughts about their ability to overcome adverse childhood experiences, etc.)*

Mom stated that she remembers looking forward to summer because she went to day camps. She said MGM would also take her on "outing" like to an amusement park. Mom stated that she and Dad have talked about making sure their children have a happy and fun life; and they want to do things together as a family.

☒ Parental Resilience ☒ Social Connections ☐ Knowledge of Parenting & Child Development
☐ Concrete Support in Times of Need ☐ Children's Social & Emotional Competence

M: Mom stated she was raised by MGM. She said MGM left MGF when MGM was pregnant. Mom said she knows MGF and saw him occasionally for birthdays and major events; but stated MGF had another family, so he did not raise her. Mom said she still talks to MGF every now and then for birthdays and such. Mom stated that she has a close relationship with MGM, but that she put MGM through "a lot" growing up. Mom defined "a lot" saying that she skipped class and smoked cigarettes and marijuana in middle school and high school. Mom stated that MGM disciplined her by grounding her but also "spanked or beat" her with "whatever she could grab", whether it be a shoe or belt. Mom stated that this happened throughout her childhood often leaving red marks and soreness, and maybe some bruising. Mom stated that her 3 older brothers were disciplined in the same manner. Mom stated that she was often spanked bare-bottomed and made to take clothes off before spankings. Mom shared that this kind of physical discipline happened more than six times. Mom stated no sexual abuse by MGM or anyone else. Mom stated that she thinks CPS may have been involved with her family when she was younger, but not sure. Mom said when she was in trouble a lot at school for skipping, someone came to the home to work with her family. Mom stated she never ran away overnight, but would leave the house to be with friends, sometimes overnight, and MGM would not know where she was. Mom stated having extended family always around. She said they would have family get togethers where her aunts and her mother's friends, whom she also

called "Aunties" would be around. She said they did not babysit her without her mother being there, but they were always around. Mom stated that she was never aware of MGM using drugs, but saw her drink alcohol with friends at the house.

Detail reason area was not covered:

- Raised and Nurtured: FRS did not ask if/how Mom felt nurtured.
- Discipline Method(s):
- Discipline of Siblings:
- Runaway Overnight:
- Sexual Abuse:
- CPS/ACS Involvement/Removal:
- Exposure to Alcohol/Drugs/DV: FRS did not ask about exposure to DV.

D: Mom stated that Dad was raised by PGM and that PGF was not around him growing up. Mom stated that Dad has two sisters; one who lives out of town and one that lives in town, who Mom and Dad see often, and is very involved in their lives. Mom stated not knowing whether Dad ever ran away overnight while growing up. Mom stated that she thinks Dad was disciplined by grounding and being hit, but Mom did not know details. Mom said that Dad never shared any experience with sexual abuse. Mom said she was unsure if CPS was ever involved with Dad's family. Mom stated that Dad has a good relationship with PGM. Mom said PGM is very involved in their lives, and helps by watching SIB all of the time. Mom stated Dad grew up around drug and alcohol use in the home. She said Dad's house was known as a "party house".

Detail reason area was not covered:

- Raised and Nurtured: FRS did not ask if/how Dad felt nurtured.
- Discipline Method(s):
- Discipline of Siblings:
- Runaway Overnight:
- Sexual Abuse:
- CPS/ACS Involvement/Removal:
- Exposure to Alcohol/Drugs/DV: FRS did not ask about exposure to DV.

2. LIFESTYLE BEHAVIORS AND MENTAL HEALTH

(Score & rating scale letters) **M: 10e D: 10acd**

Strengths/Protective Factors (Might include: Parents' thoughts about their ability to overcome adverse behaviors and/or situations; changes in current behaviors parents may be considering because of baby, etc.)

Mom said that she and Dad used to smoke marijuana, and have stopped within the last 1 1/2 to 2 years. Mom said they stopped when they were pregnant with their first child.

☒ Parental Resilience ☐ Social Connections ☒ Knowledge of Parenting & Child Development
☐ Concrete Support in Times of Need ☐ Children's Social & Emotional Competence

M: Mom stated that she used drugs, not alcohol, starting in middle school and through high school several times a month, or even weekly throughout those years. Mom shared that the only drug she used was marijuana. She stated that when she found out she was pregnant she stopped smoking cigarettes and marijuana because she read and heard that it was not going to be good for the baby. Mom stated she got caught shoplifting once when in middle school and her mother was called to the mall. Mom said charges were not pressed so she does not have a criminal record. Mom stated it really scared her and she never did that again or had any other run-in with the law. Mom stated she was never in counseling and did not feel like she needed to be.

Detail reason area was not covered:

- Legal Matters:
- Drug Use:
- Alcohol Use:
- Mental Health:
- Depression/PHQ-2:

D: Mom states that Dad does not use alcohol but has smoked marijuana throughout middle school and high school. Mom has known Dad through high school and stated that they would smoke marijuana together. Mom shared at one point they were smoking every day. Mom stated that Dad has been in trouble with the law throughout his adolescence and most recently for being involved in selling drugs. Mom states although he does not use, Dad is still involved in selling; and she does not like it. Mom said she is trying to get him to stop. Mom does not think Dad has ever been to or needed counseling.

Detail reason area was not covered:

- Legal Matters:
- Drug Use:
- Alcohol Use:
- Mental Health:
- Depression/PHQ-2:

3. PARENTING EXPERIENCES

(Score & rating scale letters) **M: 0**

D: 0

Strengths/Protective Factors (Might include: Qualities and caregiving experiences parents feel they have that will help them in their parenting roles; parents have attended or have scheduled to attend parenting classes/groups, etc.)

Mom stated that she is a “good mom” and is very attentive to SIB’s needs. Mom said the good qualities that Dad has as a parent is that he is patient with SIB, and Dad tries to spend as much time as he can with him.

☒ Parental Resilience ☐ Social Connections ☒ Knowledge of Parenting & Child Development
☐ Concrete Support in Times of Need ☐ Children’s Social & Emotional Competence

M: Mom stated she babysat cousins a few times growing up. Mom said that she did a lot of reading while she was pregnant with SIB so that she would be ready to parent. She said, “parenting is very different from babysitting!” Mom said no one has ever been concerned with how she cares for children, and has never been involved with CPS. Mom stated that she talked to friends and family and read up on using drugs while pregnant and she knows it is not good for a child being in that environment. She said that is why she quit smoking and does not want her kids growing up around that because she did not see grown-ups using substances around her as a child.

Detail reason area was not covered:

- Caregiving Experiences:
- Experiences with CPS/ACS:
- Exposing baby/child to illicit drug use:

D: Mom said that before having SIB, she had not seen Dad taking care of children; but she knows Dad has no experience with CPS. Mom stated that Dad quit smoking marijuana because he did not want to have that around SIB.

Detail reason area was not covered:

- Caregiving Experiences:
- Experiences with CPS/ACS:
- Exposing baby/child to illicit drug use:

4. COPING SKILLS AND SUPPORT SYSTEMS

(Score & rating scale letters) **M: 0**

D: 10g

Strengths/Protective Factors (Might include: Knowledge and experience parents feel they have in seeking supports and resources for their family as needed, parents' thoughts about their ability to change or attempts/plans for changing unhealthy/poor coping behaviors, etc.)

Mom stated, "because we have a lot of family and friends guiding and helping us, we're going to be okay."

☐ Parental Resilience ☒ Social Connections ☐ Knowledge of Parenting & Child Development
☒ Concrete Support in Times of Need ☐ Children's Social & Emotional Competence

M: Mom stated that her lifelines are MGM, her brothers, Dad's family including PGM and his sister and Mom's "aunties" and other friends. Mom said that one of her current social involvements include getting together with other mom's including friends and family, eating and having "mommy time" to talk about being a mom. Mom stated she has her own car and phone. Mom said she has a high school diploma and is attending the community college for criminal justice. Mom stated that she works and has been at her job for about 4 years now. Mom states feeling happy about life currently and having several goals for the future which she is working toward, including furthering her education. Mom stated that she did not smoke marijuana because she was stressed or depressed, just socially; but quit about 2 years ago, and has not used since then. Mom said she did not think she could get pregnant soon after having SIB, but started prenatal care when 9 weeks pregnant. She said she keeps all her appointments and once Dad came with her. Mom stated that she did not experience any depression after having SIB, and has no concerns.

Detail reason area was not covered:

- Lifelines, Family, Friends & Fun:
- Access to Transportation & Phone:
- Education – History & Plans:
- Employment – History, Longevity & Plans:
- Unhealthy/Poor Coping Behaviors:
- Prenatal Care:
- Prenatal & Postpartum Depression:

D: Mom states that Dad graduated from high school but is not currently planning on returning to school. Mom says she is pushing him to go back to school and stop his illegal activity. Mom states he does not use drugs but has been selling and has been in trouble with the law because of this. She states that he has a close relationship with PGM and sisters and they are lifelines for him, helping with SIB and things they need. Mom says that Dad works for a local bakery and has been at his job for over 2 years. Mom stated that Dad says he won't stop selling because he's worried about having enough money to support his children; especially because he didn't think they would be having another child so soon after SIB. Mom said that Dad has his own transportation and phones.

Detail reason area was not covered:

- Lifelines, Family, Friends & Fun:
- Access to Transportation & Phone:
- Education – History & Plans:
- Employment – History, Longevity & Plans:
- Unhealthy/Poor Coping Behaviors:

5. CURRENT STRESSES

(Score & rating scale letters) **M: 10aj**

D: 10aj

Strengths/Protective Factors (Might include: Positive methods and techniques parents feel they use to control stress and de-

stress, etc.)

Mom says that she finds yoga videos on YouTube that she works out to when she is stressed. She said that she also binge-watches reality shows to destress.

☒ Parental Resilience ☐ Social Connections ☐ Knowledge of Parenting & Child Development
☒ Concrete Support in Times of Need ☐ Children's Social & Emotional Competence

M: Mom states that a major stressor right now for her is relationship with Dad. She states they argue a lot. She said that she gets on him for being involved with illegal activity and wants him to quit selling drugs. She said that is a major thing keeping them apart and from being together as a family. Mom states although they are together as boyfriend and girlfriend she wants them to eventually be a family together, but he needs to stop what he is doing or she will move on with her dreams and better herself and her children. Mom said she moved out of MGM's house two months ago into her 2-bedroom house hoping that she and Dad could live there together as a family. She said she is concerned because Dad may not be able to live with them because he's not on the lease. Mom states being stressed out with her job because she has been so sick with this pregnancy she has been sick at work or has had to miss work. Mom said she is afraid that she may lose her job and she states that is a stressor on her mind because she needs that paycheck. She said she lives paycheck to paycheck but does not feel like finances are too tight. Mom said she has enough money and things right now. She says Dad helps financially for SIB and so does her family members.

Detail reason area was not covered:

- Relationship between baby's parents:
- Financial Situation & Concerns:
- Housing & Moves:
- Other Stresses & Concerns: FRS did not ask.

D: Mom said Dad thinks they have a good relationship, but doesn't like the constant arguing. She states Dad is stressed about trying to provide financially for SIB, and now for a second child on the way. Mom said that Dad lives with his sister and wouldn't mind moving in with her, but says she's not ready to allow it.

Detail reason area was not covered:

- Relationship between baby's parents:
- Financial Situation & Concerns:
- Housing & Moves:
- Other Stresses & Concerns: FRS did not ask.

6. ANGER MANAGEMENT SKILLS

(Score & rating scale letters) **M: 10ab D: 10ab**

Strengths/Protective Factors (Might include: How parents may have learned to control anger with partner and/or others; changes in anger management parents have made or may be considering because of baby.)

Mom said Dad walks away when upset rather than going back and forth with her. Mom said she finds this to be a strength of Dad's, and would like to be able to do the same thing. Mom states that she sees the way she handles her anger as a potential problem, and she is willing to take a class or talk to someone about it.

☒ Parental Resilience ☐ Social Connections ☐ Knowledge of Parenting & Child Development
☐ Concrete Support in Times of Need ☐ Children's Social & Emotional Competence

M: Mom states that when they argue they yell, hit and throw things. She said she pushes and shoves Dad. Mom stated that one time, before she was pregnant with SIB, about two years ago, Dad hit her back and

pushed her. Mom said she immediately told Dad that he will never touch her again, or she will tell her brothers and they will "take care of it". Mom said her mother taught them all that a man never touches a woman. Mom stated that Dad has never been physical with her since that one time. Mom states getting in "several" physical fights in school with other girls over boys, but doesn't fight anymore.

Detail reason area was not covered:

- Handling anger with parent/partner:
- Handling anger with others:
- Physical violence during pregnancy:

D: Mom states that when they argue they yell, hit and throw things. Mom stated one time, before she was pregnant, Dad hit her back and pushed her. Mom said she told him that he will never touch her again, or she will tell her brothers and they will "take care of it". She said Dad has never been physical with her since that one time around two years ago. Mom said that now Dad yells a lot and walks away when he's "had enough". Mom stated that she has not seen Dad fight with anyone, but that she doesn't know what happens when he's "in the street".

Detail reason area was not covered:

- Handling anger with parent/partner:
- Handling anger with others:
- Physical violence during pregnancy:

7. EXPECTATION OF INFANT'S DEVELOPMENTAL MILESTONES AND BEHAVIORS

(Score & rating scale letters) **M: 0**

D: U

Strengths/Protective Factors (Might include: Parents have begun to read, watch DVDs and gather information about parenting; parents recognize the benefits of additional support for learning about their child's developmental milestones, etc.)

Mom says that she reads a lot of baby books to become educated on what to expect during parenthood.

☐ Parental Resilience ☒ Social Connections ☒ Knowledge of Parenting & Child Development
☐ Concrete Support in Times of Need ☒ Children's Social & Emotional Competence

M: Mom stated that SIB started walking about a year old and expects about the same with the new baby. She said she plans on starting potty training at about 2 years old and may be worried if not potty trained by 3 years old and preschool age. Mom states that SIB has spoiled her by being such a good and easy baby. She said she thinks SIB is spoiled by their family because he gets a lot of attention; but Mom is not concerned with him being spoiled, and likes that he gets so much attention from various family members. Mom said she would call MGM or other family member if baby is colicky or cries a lot and cannot get her to stop after trying comforting the baby. Mom said she would respond to baby if crying by holding, rocking and talking; trying to sooth baby and not let cry. Mom shared that she would not let the baby cry for more than 5 minutes. She said she may call Doctor if cannot calm baby to make sure baby is alright and not sick.

Detail reason area was not covered:

- Walking—start, worry & will do:
- Toilet Training—start, worry & will do:
- Crying Baby—response to scenario:
- Spoiling Baby—meaning & concerns:

D: Mom stated she is unsure how Dad would respond to milestones. Mom stated that Dad "would probably not like it" if the new baby cries a lot/colicky, and she thinks he wouldn't get up with the baby too much; but he would ask his mom or sister for help in this case.

Detail reason area was not covered:

- Walking—start, worry & will do: Mom did not have a response for Dad.
- Toilet Training—start, worry & will do: Mom did not have a response for Dad.
- Crying Baby—response to scenario:
- Spoiling Baby—meaning & concerns: Mom did not have a response for Dad.

8. PLANS FOR DISCIPLINE

(Score & rating scale letters) **M: 10c D: 5b**

Strengths/Protective Factors (Might include: How parents may want to use methods with their children different from how they were disciplined; parents recognize the benefits of additional support regarding discipline techniques, etc.)

Mom shared that this conversation helped her realize how much she and Dad agree about how they will discipline their children.

___ Parental Resilience ___ Social Connections ___X___ Knowledge of Parenting & Child Development
___ Concrete Support in Times of Need ___ Children's Social & Emotional Competence

M: Mom said that when MGM would spank or beat her it wasn't effective because it didn't make her stop what she was doing. Mom said she does not plan on using spanking or physical discipline on her kids. Mom stated that she would not discipline an infant, but make sure he was safe from harm because he doesn't understand yet. Mom said she would talk to toddler in the grocery store, and if he was still misbehaving she would remove toddler. She said she would repeat removing toddler and not give treats until the toddler stopped "acting out" in the store. Mom said she has used removing SIB from the situation like bothering TV or DVD buttons, and giving him something else to do. For an older child, Mom said to keep child from stove and teach him it's hot, she will talk to him about staying away from it. Mom said that she would put his hand close enough to the flame on the stove to feel heat to teach him what hot means.

Detail reason area was not covered:

- Perception of childhood discipline method(s):
- Infant scenario response:
- Toddler scenario response:
- Older Child scenario response:

D: Mom said that in most instances Dad would do the same, but may "pop" an older child on the butt then put in time out. Mom said that she has not seen Dad use any physical discipline methods with SIB. She said that Dad talks to SIB, distracts, or picks him up to remove him from unsafe situations.

Detail reason area was not covered:

- Perception of childhood discipline method(s): FRS did not ask.
- Infant scenario response:
- Toddler scenario response:
- Older Child scenario response:

9. PERCEPTION OF NEW INFANT

(Score & rating scale letters) **M: NA D: NA**

Strengths/Protective Factors: (Might include: Parents' ability to recognize and share attributes and thoughts about new baby or baby in utero, etc.)

Additional strengths were not gathered.

___ Parental Resilience ___ Social Connections ___ Knowledge of Parenting & Child Development
___ Concrete Support in Times of Need ___ Children's Social & Emotional Competence

M: Mom said she feels like baby is already "laid back". Mom stated that since SIB was such a good baby and continues to be a good happy boy, she thinks she may not get as lucky with this one; and it may cry more and be more difficult.

Detail reason area was not covered:

- Parent's thoughts about baby in utero:
- Parent's behavior towards baby:
- Parent's perception/description of the new baby's temperament:

D: Blank

Detail reason area was not covered:

- Parent's thoughts about baby in utero: FRS did not ask.
- Parent's behavior towards baby:
- Parent's perception/description of the new baby's temperament:

10. BONDING AND ATTACHMENT

(Score & rating scale letters) **M: 5bc** **D: 5bc**

Strengths (Might include: Parents are talking and reading to baby in utero; parents have plans for co-parenting; the type of relationship Mom wants Dad to have with baby, and vice versa, etc.)

Mom stated that Dad has said that he's going to be by her side all the way, and that he wants to be a good father.

☐ Parental Resilience ☒ Social Connections ☐ Knowledge of Parenting & Child Development
☐ Concrete Support in Times of Need ☐ Children's Social & Emotional Competence

M: Mom stated that current pregnancy was not planned and she did not know she could get pregnant so soon after having SIB. She said she was unaware of pregnancy prevention measures and so was Dad. Mom said she was shocked when she found out she was pregnant again, and is now happy about baby and that it's a girl. Mom said that she had made arrangements with family to care for SIB and now the new baby, so that she can work and continue college. Mom said that her children are not going to get in the way of her goals for herself and her family. Mom shared that she and Dad are not married. She said that she would like them to get married and live together as a family some day.

Detail reason area was not covered:

- Marital Status:
- Initial Thoughts – pregnancy & parenting:
- Consideration of other options – e.g. abortion, adoption: FRS did not ask.
- Current Thoughts – pregnancy & parenting:
- Impact of pregnancy/baby on life: FRS did not ask.

D: Mom stated that at first Dad was upset, but is now "on board". Mom states that his family is excited and supportive and she thinks this has helped Dad be happy and supportive.

Detail reason area was not covered:

- Marital Status:
- Initial Thoughts – pregnancy & parenting:
- Consideration of other options – e.g. abortion, adoption: FRS did not ask.
- Current Thoughts – pregnancy & parenting:
- Impact of pregnancy/baby on life: FRS did not ask.

TOTAL SCORES **M: 55** **D: 60**

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FRS COMMENTS: *(Might include: FRS observations, parents' responses to "Miracle/Dream Catcher" question; FRS identified strengths and/or concerns, etc.)*

Mom stated that she wants to finish community college and get her degree. She said she wants to get a good job to provide for her family. She would like to make things work with her and Dad, but that includes him not being involved in anything illegal and staying out of trouble with the law. She states that if Dad does not change, she can do things by herself and plans to provide for herself and her children. While Dad has expressed no desire to discuss this matter, Mom feels that he may be open to talking about and exploring alternate ways he could earn money to support his family aside from his current means.

FRS RECOMMENDATIONS & NEXT STEPS:

Resources & Referrals – currently using, recommended and/or needing follow up:

Mom is currently receiving WIC. Mom expressed an interest in anger management classes. Although Mom has expressed concern about Dad's illegal behavior, a referral to counseling is not recommended at this time because Dad has not expressed concern or requests counseling. However, Dad may be interested in sitting down with one of the Dads Matter volunteers to talk about the concerns he's having with providing financially for his children, and constant arguing with Mom.

How might these parents benefit from home visiting? *(Might include: Specific program activities and services that may support family's strengths & needs; areas where parents identified desire and need for additional support, etc.)*

Mom mentioned that Dad might be interested in our father groups. Mom has organized a "mommy's group" that meets in her home monthly. Though Mom is busy with work and school, she said that she may be interested in our various group activities, as well as working with the program to organize other groups and activities. The parents, especially Dad, might benefit from information about the impact of father involvement on growth and development starting in utero and during the early years of his children's lives.