

SIQs

ADDING “STRENGTHS-IDENTIFYING” QUESTIONS TO THE PARENT SURVEY VISIT

While having conversations with parents, we’ll have opportunities to encourage them to tell us about their hopes, dreams, fond memories, plans for their future, accomplishments, successes, and capabilities – **PARENT STRENGTHS!** By incorporating SIQs into the process of gathering information, we will be able to document *Parent Strengths* in their own voices; thus, remaining consistent with the non-judgmental context of the PS Narrative.

LIST 5 WAYS PARENTS BENEFIT BY RECOGNIZING & DISCUSSING THEIR STRENGTHS DURING THE PARENT SURVEY VISIT?

1.

2.

3.

4.

5.

Below are examples of SIQs that might be incorporated into the PS conversation:

1 Parent’s Childhood History:

- “Were there any happy memories in your childhood that you’d like to share?”
- “Growing up, were there any family traditions you remember that you enjoyed? Are there any that you might want to continue with your child?”

2 Lifestyle, Behaviors and Mental Health:

- Utilizing *Reverse of Normalizing* – “Not many people are able to make that change in their life like you did. What quality do you feel you have that allowed you to do that?”

3 Parenting Experience:

- “Have you ever observed Mom caring for children? What is one thing that you noticed she does well?”
- “Mom, what is one thing about Dad that you feel will help him be a good Dad?”
- “If I would ask Dad, (or replace with a person parent has identified as a lifeline) what qualities do you have that will make you a good parent, what do you think he might say?”
- “When do you feel successful as a parent or caregiver?”

10 Bonding and Attachment:

- “What type of relationship would you like your child to have with her dad/mom?”

Attempt to end the PS conversation on a high note with “The Dream Catcher” also known as “The Miracle Question”:

- “If you went to bed tonight, and woke tomorrow to find that all of your hopes and dreams for yourself and your family had come true; what would you awake to – what will have happened overnight?”

Support family’s seamless transition from PS to intensive home visiting:

- When I tell Annette (FSW) about your family, what is one special/great thing you want me to be sure to share?