

# Healthy Families New York Parent Survey Worksheet



PC1 ID: \_\_\_\_\_ Program: \_\_\_\_\_

FAW: \_\_\_\_\_ Survey Date: \_\_\_\_\_

**Introduction** *(Including who was present during the survey; if one parent was not present—reason for absence; where the visit took place, if there were any interruptions during discussion—detail; etc.)*

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**1. PARENTS' CHILDHOOD EXPERIENCES** (Score & rating scale letters) **M:** \_\_\_\_\_ **D:** \_\_\_\_\_

**Strengths/PFs:** *(Might include: Parents' fond memories of their childhood; family traditions that parents may want to continue with their children; how parents may have overcome adverse childhood experiences, etc.)* \_\_\_\_\_

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**Raised & Nurtured:** \_\_\_\_\_

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**Discipline Method(s):** \_\_\_\_\_

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**Discipline of siblings:** \_\_\_\_\_

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**Runaway Overnight:** \_\_\_\_\_

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**Sexual Abuse:** \_\_\_\_\_

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**CPS/ACS Involvement/Removal:** *(Maternal and paternal grandparents' involvement with services.)* \_\_\_\_\_

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Exposure to Alcohol/Drugs/IPV: \_\_\_\_\_

\_\_\_\_\_

Other relevant information: \_\_\_\_\_

\_\_\_\_\_

**2. LIFESTYLE BEHAVIORS AND MENTAL HEALTH** (Score & rating scale letters) **M:** \_\_\_\_\_ **D:** \_\_\_\_\_

**Strengths/PFs:** (Might include: Parents' thoughts about their ability to overcome adverse behaviors and/or situations; changes in current behaviors parents may be considering because of baby, etc.) \_\_\_\_\_

\_\_\_\_\_

Legal Matters: \_\_\_\_\_

\_\_\_\_\_

Drug & Alcohol Use: – Remember to Quantify and Qualify \_\_\_\_\_

\_\_\_\_\_

Mental Health/Depression/PHQ2: – Remember to Qualify \_\_\_\_\_

\_\_\_\_\_

**3. PARENTING EXPERIENCES** (Score & rating scale letters) **M:** \_\_\_\_\_ **D:** \_\_\_\_\_

**Strengths/PFs:** (Might include: Qualities and caregiving experiences parents feel they have that will help them in their parenting role; parents have attended or are planning to go to parenting classes/groups, etc.) \_\_\_\_\_

\_\_\_\_\_

Experiences with CPS/ACS: \_\_\_\_\_

\_\_\_\_\_

Exposing baby/child to illicit drug use: \_\_\_\_\_

\_\_\_\_\_

Caregiving experiences and other relevant information: \_\_\_\_\_

\_\_\_\_\_

#### 4. COPING SKILLS AND SUPPORT SYSTEMS

(Score & rating scale letters) **M:** \_\_\_\_\_ **D:** \_\_\_\_\_

**Strengths/PFs:** (Might include: Positive methods/techniques parents use to control stress and de-stress, etc.) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Lifelines, Family, Friends & Fun:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Access to Transportation and Phone:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Education – History and Plans:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Employment – History, Longevity & Plans:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Unhealthy/Poor Behaviors – Coping with Stress:** (drugs, smoking cigarettes, alcohol, violence, etc.) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Prenatal Care:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Indicators of Prenatal & Postpartum Depression:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

#### 5. CURRENT STRESSES

(Score & rating scale letters) **M:** \_\_\_\_\_ **D:** \_\_\_\_\_

**Strengths:** (Might include: Positive methods and techniques parents feel they use to control stress and de-stress, etc.)

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Relationship between baby's parents:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Financial Situation & Concerns – and baby’s impact on finances:** \_\_\_\_\_

\_\_\_\_\_

**Housing and Moves:** *(Including appropriateness and preparedness for baby)* \_\_\_\_\_

\_\_\_\_\_

**Other Stresses & Concerns:** \_\_\_\_\_

\_\_\_\_\_

**6. ANGER MANAGEMENT SKILLS** (Score & rating scale letters) **M:** \_\_\_\_\_ **D:** \_\_\_\_\_

**Strengths/PFs:** *(Might include: How parents may have learned to control anger with partner and/or others; changes in anger management parents have made or may be considering because of baby, etc.)* \_\_\_\_\_

\_\_\_\_\_

**Between parents/partners:** \_\_\_\_\_

\_\_\_\_\_

**With others:** \_\_\_\_\_

\_\_\_\_\_

**Violence during pregnancy:** \_\_\_\_\_

\_\_\_\_\_

**7. EXPECTATION OF INFANT’S DEVELOPMENTAL MILESTONES AND BEHAVIORS**

(Score & rating scale letters) **M:** \_\_\_\_\_ **D:** \_\_\_\_\_

**Strengths/PFs:** *(Might include: Parents have begun to read, watch DVDs and gather information about parenting; parents recognize the benefits of additional support for learning about their child’s developmental milestones, etc.)* \_\_\_\_\_

\_\_\_\_\_

**Walking – expect start, when to worry & what will do if worried:** \_\_\_\_\_

\_\_\_\_\_

**Toilet Training – expect to start, when to worry & what will do if worried:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Crying baby scenario:** (Including: How long before responding, what would they do if alone with baby experiencing colic, and what they would do if they've tried everything and baby still won't stop crying.) \_\_\_\_\_

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**Spoiling baby:** (Including: What spoiling means for parents, any concern about spoiling, and views about spoiling a baby under 12 months.) \_\_\_\_\_

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## 8. PLANS FOR DISCIPLINE

(Score & rating scale letters) **M:** \_\_\_\_\_ **D:** \_\_\_\_\_

**Strengths/PFs:** (Might include: How parents may want to use methods with their children different from how they were disciplined; parents recognize the benefits of additional support regarding discipline techniques, etc.) \_\_\_\_\_

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**Perception of childhood discipline method(s):** \_\_\_\_\_

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**Infant:** (Examples: Baby under 1 year throwing food from high chair or baby crawling toward moveable object.)

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**Toddler:** (Examples: Toddler around 15-18 months old inserting objects in electrical outlet or misbehaving in grocery store.)

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**Child:** (Examples: Child age 2-3 years refusing to do what parents ask or breaking loose and running toward a busy street.)

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## 9. PERCEPTION OF NEW INFANT

(Score & rating scale letters) **M:** \_\_\_\_\_ **D:** \_\_\_\_\_

**Strengths/PFs:** (Might include: Parents' ability to recognize and share attributes and thoughts about new baby or baby in utero, etc.)

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Parent's thoughts about baby in utero: \_\_\_\_\_

\_\_\_\_\_

Parent's behavior toward baby: \_\_\_\_\_

\_\_\_\_\_

Parent's perception/description of the new baby's temperament: \_\_\_\_\_

\_\_\_\_\_

**10. BONDING AND ATTACHMENT**

(Score & rating scale letters) **M:** \_\_\_\_\_ **D:** \_\_\_\_\_

**Strengths:** (Might include: Parents are talking and reading to baby in utero; parents have plans for co-parenting, the type of relationship Mom wants Dad to have with baby, and vice versa, etc.)

\_\_\_\_\_

\_\_\_\_\_

Marital Status: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Initial Thoughts – pregnancy & parenting: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Consideration of other options – abortion, adoption: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Current Thoughts – pregnancy & parenting: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Impact of pregnancy/baby on life: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Other relevant information: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**TOTAL SCORES: M:** \_\_\_\_\_

**D:** \_\_\_\_\_

**FAW COMMENTS:** *(Might include: FAW observations; parents’ responses to “Miracle/Dream Catcher” question; FAW identified strengths and/or concerns, etc.)*

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**FAW RECOMMENDATIONS & NEXT STEPS:**

**RESOURCES & REFERRALS – CURRENTLY USING, RECOMMENDED AND/OR NEEDING FOLLOW UP:**

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**HOW MIGHT THESE PARENTS BENEFIT FROM HOME VISITING?** *(Might include: Specific program activities and services that may support family’s goals, strengths and needs; areas where parents identified desire and need for additional support, etc.)*

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