

GAME CHANGER



33 Ways To Help You Become A
Stand Out Footballer

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Welcome To Game Changer!

Welcome to the new and improved Game Changer!

Like the name implies, this ebook has the potential to be a game changer in your career as a footballer.

But it only will be if you read the book and also *apply* what you learn.

Applied knowledge is power! Knowing and not doing is the same as not knowing.

So if something resonates with you in this book, make sure you start doing it!

Enjoy the ebook! Here are some valuable links below:

<https://www.simplysoccer.academy/>

<https://www.youtube.com/c/SimplySoccer>

<https://www.instagram.com/simplysoccerpro/>

CH. 1: MENTALITY



Unfortunately this is one of the most overlooked areas in football, and most other sports.

The mental side of football is as, if not more important at times, than the physical. This section will give you some tools and mindsets to help with this.

Soccer IQ

So, what is soccer IQ? Do you ever watch soccer matches and hear commentators rave about how certain players are geniuses or they have an amazing footballing brain? These are players that have a high soccer IQ.

They can see things happening on a football pitch before they happen. They know where their team mates are at all times, they know where they have to play the ball next, they are aware of all of their surroundings. Combine that with talent, and you end up with a player like Zidane. The good news is that you can improve your soccer IQ. It isn't easy, but the more you immerse yourself in the game, the better your soccer IQ will become.

Unfortunately, there isn't really any quick way to do this. It comes with experience However, one of the best ways to increase your soccer IQ is to watch as many professional matches as possible.

But don't just watch them, analyze them. As you are watching be aware of what is going on and why certain players are doing certain things. Also watch players who possess a high soccer IQ. Looking at the best in the world usually helps as you need a high soccer IQ to be that good.

Players like Messi, Kevin De Bruyne, etc.

EXERCISE: Start watching as many high-level soccer matches as you can. Make sure you are not only watching, but that you are also analyzing. Figure out why players do certain things in certain situations.

Videos To Help (click to watch)

[5 Habits Smart Soccer Players Have](#)

[3 Football IQ Habits You Need](#)

Positive Mindsets

Negative breeds negative and positive breeds positive. If you have negative self-talk and always put yourself down, you will have low confidence. If you have positive self-talk and you are always encouraging yourself and empowering yourself, you will have confidence in abundance.

Your personality goes from in to out, not out to in. What that means is, what happens internally is what you project outwards. So, if you are negative internally, you will be verbally and physically negative. If you are positive internally, you will be verbally and physically positive.

This has a powerful effect on your self-image. Ever realize that people who genuinely believe that they're awesome tend to be much more positive people? It's because they have a positive self-image of themselves. Here's a little test, I want you to describe yourself right now. Go on, I'll give you a minute... People go one of two ways with this test.

Either they go through everything they are good at to describe themselves, or they'll rattle off the things they are not so good at. So, for example, someone might describe themselves as a funny, charismatic, and passionate, while another person might describe themselves as awkward, anti-social, and lazy.

Who do you think has the positive mindset? If you are someone that describes yourself negatively, then we need to address that. It will be difficult to achieve anything with that kind of mindset.

EXERCISE: I want you to start describing yourself in a positive light. Anytime you are about to have a negative thought about yourself, observe it, tell yourself it isn't true, and then replace it with a positive thought about yourself. This may be difficult to do at first but stick with it and you'll start to improve. You'll also start to become more positive!

Videos To Help (click to watch)

[5 Football Mentality Blocks To Avoid](#)

Belief In Yourself

One of the most important mindsets that you are going to need to create is a belief in yourself and your own ability. You need to believe that if you are faced with a problem, that you can deal with it. That if you are faced with a challenge, you can rise to it and complete it.

Becoming a good soccer player is very difficult without belief in your own ability, but don't worry, it can be developed. This is an area I struggled with for a lot of my life.

Positive mindsets, like we discussed previous, are essential in developing belief in yourself. A good way to determine if you have belief in yourself is to imagine yourself taking a penalty kick. Are you 100% sure that you'll score? If not, then you lack a little belief in yourself my friend. There are a few ways to start trusting yourself more.

First one is repetition. You want to believe that you can do something?

Then do it over and over again. Then you'll have the feedback that you can do it. So, if you are nervous taking penalties, take 50 every day. Do you think that you are going to be nervous when you go to take one in a match if you have been taking 50 everyday beforehand? No.

You can apply this to any area of your game that you are lacking belief in. Unsure of your ability to beat a player one on one? Practice skill moves every day. Get nervous when one on one with a keeper? Practice your finishing every day.

The other way to really develop self-belief in yourself is, like mentioned before, positive self-talk. Encourage yourself when you need to, praise yourself when you do well, and don't be too hard on yourself when you mess up.

EXERCISE: If you want to go even deeper into this topic and develop complete soccer confidence, check out my program that does this here: [Complete Soccer Confidence](#)

Videos To Help (click to watch)

[How To Be Confident In Football](#)

The Secret Mental Method

This method I was going to include in a different product altogether, but I've decided to include it briefly in this one.

I've had it work for me and have had numerous other players contact me telling me how well it has worked for them. So, there is no reason it won't work for you. Basically, our minds are extremely powerful. Sometimes, our brains can't differentiate between reality and visualization. Visualization is when you concentrate very hard on an outcome or a story in your mind.

So, let's do one really quick. I want you to visualize that you are at a sunny beach. It's nice and warm and you can feel the sun's rays on your back. The beach is peaceful, there are only a few people besides yourself there. You let out a long-relaxed breath and feel your whole body start to loosen. You start to listen the sounds of the waves lightly crashing into the sand and the seagulls chirping above...

Were you able to visualize that? The amazing thing about this is, if you concentrate hard enough, you can hear all the sounds you visualize, you can almost experience the feelings you visualize, and you can induce a state of relaxation.

Another great thing is that visualization can help our performances in soccer. Visualizing consistently can lead to great results in your game

EXERCISE: Practice visualizing yourself playing the best you can play in a match. The more vivid, the better! Watch the video below to get more ideas about how to do this well.

Videos To Help (Click To Watch)

[How To Visualize For Sports](#)

CH. 2: Organization



This section I am keeping fairly short, but that doesn't mean it isn't powerful! Winging it when it comes to your growth as a footballer rarely works.

Being organized, following proven systems, and having powerful routines are going to be a massive help as you continue to grow as a player

Making A Schedule

There is no one size fits all when it comes to having a schedule that is successful and serves you, but I have found in my experience with my own success and while working with other players that getting this right is essential.

Finding what works for you in this area can either have you improving quickly, predictably, and efficiently..

or the complete opposite effect. Very little growth.

It is essential therefor to have some sort of schedule in place that work for you that helps

you stay consistent and accountable. You can either buy a proven system that is plug and play, create one yourself (when you are experienced), or do a lot of research in order to figure out what works.

Having a proper schedule also makes sure you are training smart. It's no good training for an hour and a half if what you are doing is inefficient or getting you nowhere near the results something else would.

Don't leave results on the table by getting this wrong!

And don't try and wing your training by going to the field and just doing anything. You want to go in with a plan based on what it is you specifically need as a player.

EXERCISE: Start looking into different training plans, schedules, etc that will be good for you.

Resources (Click To Learn More)

[Simply Soccer Training Programs](#)

[The Simply Soccer Academy](#)

Morning Routine

I am a big believer in the value of having a solid morning routine. This goes even more so for an athlete like yourself.

It not only sets the tone for the rest of the day, but also allows you to move the needle forward in many areas of your life and game right away at the start.

Again, like the schedule, there are many types of morning routines that can work and it's about finding which suits you the best.

For some, a morning routine that is a couple of hours that covers many different facets works well for them.

For others, they want a half hour of power that's quick and potent.

Regardless, having something that you stick to in the morning is very powerful.

My suggestion would be to have some form of

fitness, football, mobility, etc in the morning to wake your body up and also get the ball rolling.

Many dedicated players will even start the day with a full training session or workout.

Again, that may or may not work for you. But experiment to find out what does. Over time, a great morning routine can pay off big time.

EXERCISE: Start brainstorming some ideas for your morning routine. It isn't about being like someone else or competing with someone else's routine, it's about finding what will work best for you.

Feel free to look at other peoples routines however for inspiration. You can find a lot specifically for footballers on YouTube.

Then experiment and see what works!

A close-up photograph of a person's torso and arm, wearing a light blue short-sleeved shirt. The person is holding a black and white soccer ball with both hands, positioned in front of their chest. The background is blurred, showing what appears to be a stadium or field with spectators.

CH. 3: The Ideas

This can become one of the most powerful sections in this book for you if you apply these ideas.

Many of these ideas are simple, but if executed consistently lead to massive growth not only as a footballer over time, but in other areas of your life as well.

Watch The Pros

If you are truly serious about becoming a pro in this sport, being paid to play this game you love, then watch carefully what the pros do.

That is what you are aspiring to be. Success leaves clues.

I don't only meaning watching them live as they play in matches (do that as well), but also what is going on behind the scenes that makes them so good when they do step onto the pitch.

The behind the scenes work is everything. It is the work they do in the background that leads to the results you are seeing on your tv screen when they step on the pitch.

Fortunately, in this day and age you can see what many pros do behind the scenes! Many national teams and top level clubs have behind the scenes videos showing a lot of their training, recovery, mobility sessions and more.

This gives you an idea of how much truly goes into this and what is expected of you if you want to play at that level.

Also, definitely study matches as well. We went over this in the IQ section, but it's worth repeating. The more you watch matches, the more you will pick up on patterns and develop your footballing brain.

EXERCISE: Start watching what pros do in the background. Watch training videos and behind the scene videos from pro clubs. Also, start paying more attention as you watch Pro games. Pick up on the patterns.

Videos To Watch

Habits Of The Elite Footballers

Consistency

If you've followed Simply Soccer for even a little bit of time, you've probably heard me harp on about the magic of consistency.

Doing the right things consistently is what will give you results.

End of.

Even with what you are learning here, it will help you in no way if you read this book, put it down, never look at it again, and apply nothing.

You will not improve at all if that's what you do.

But if you are consistently training well, eating right, looking after your body, working on the mental side and so on...

You'll see growth, and potentially very quickly.

There is a reason I harp on about this idea..

Because usually it is the main thing holding most players back from improving.

It isn't that they've missed out on something, they are from a certain country, they don't have the newest or best equipment..

It is simply because they are not consistent enough.

Many players like to justify their lack of results to anything other than they aren't being consistent.

And that's fine! But if you want to improve, be honest with yourself. This isn't a matter of right or wrong.

It's just about giving you what you need if your goal is to become a better player.

Players that go through my training programs, academy, coaching , etc. who are consistent, get great results.

Those who aren't consistent, don't.

Videos To Watch

Fundamental Mistakes Most Players Make

Match Experience

If your aim is to truly improve as a player and perform at a higher level you need match experience.

This means you need to be playing on a competitive team.

You may already be doing that, and I still have some advice for you if you do, but if you don't, we need to address this first.

All the work you do in training, taking care of your body, mental side of the game, etc. is so that you can perform come game day.

But if you're not on a proper competitive team, you can't really do that.

Priority #1 for you then is to find a team to play on!

There are components to the game that you'll learn in matches that you won't learn anywhere else. You will also learn so much more from your matches.

Now, for those of you on a team already, a few things to consider.

Is this team moving you forward in your career?
Is it making you a better player?

Are you a big fish in a small pond? This means are you easily the best player in the team? Yes, this may be fun for your ego, but it won't make you a better player.

You want to be playing with and against good players.

I remember joining a team that did this in my teenage years and it very quickly elevated my game to new heights. Every player on the team was good, and we played against teams that were state and nationally ranked.

I had to up my game. Do things better, faster, smarter. It forced me to improve myself.

EXERCISE: If you are not currently on a proper team, start looking in your local area for one. If you feel it's time to change teams, start doing the same.



Another resource that will help you massively in finding teams, being scouted for better teams, and also with being proactive in this regard is my video course *Scouted*.

This video course is exclusive to members in the Simply Soccer Academy which you can find out more about here: [Simply Soccer Academy](#)

I go over methods I used to join an elite team when I was a teenager, methods a friend of mine who is currently a pro used to help his career, what I did to get a trial with a pro team that eventually offered me a contract, and much more!

The Power Of Repetition

The info I am going to give you now is very powerful. Do not disregard it due to its simplicity. I've paid coaches I've worked under for various things thousands of dollars to teach me how to do this properly and also stick with it.

There is a power in correct repetition.

There is a reason figures like Bruce Lee say things like "I fear not the man who has practiced 10,000 kicks once, but I fear the man who has practice one kick 10,000 times".

Repetition leads to mastery. It leads to being able to go deep into a discipline or skill to understand it at a nuanced level others can't.

In the video section below, I am going to link you to a video I made that goes over how to use the power of repetition through a model called the 4 stages of mastery.

This will not only give you a new level of understanding, but also the most efficient way to utilize repetition to improve your game.

When it comes to football, you'll want to practice good repetitions of many things, especially the fundamentals, over and over again.

Football really is a simple game as many have stated. And when you master the simple skills of the game, you suddenly become a quality player.

Mastering the simple comes from repetition, repetition, repetition...

Exercise: Watch the video I link below. It will show you the most effective model I have ever come across in order to master something.

[How To Master Soccer Skills](#)

Actively Seek Improvement

One thing I have noticed in myself and others who go down the road of improving themselves is that it can be very easy to become comfortable when you make a little bit of progress.

But this is a trap! This is what causes many players to not get really good results over time.

When you develop a growth mindset, a mindset that is always looking for ways to improve, you've struck gold.

I like using Michael Jordan as an example although he isn't a footballer.

Michael came across very cocky when he played, but behind the scenes those who coached him claimed he was the most "coachable" player they had ever worked with.

This is because Michael always wanted to be better. Even though he was considered the best ever even while he was playing, he didn't let that get to his head.

He kept seeking improvement.

The best footballers do this as well. Even Messi and Ronaldo.

Despite being 2 of the greatest to ever play the game, they still to this day are looking for ways to elevate their game even more.

For yourself, if your goal is to be as good a player as you can be, adopting this mindset is a must.

Be coachable. Actively seek to improve. To strengthen your strengths and shore up your weaknesses.

Leave no stone unturned.

EXERCISE: I highly recommend you watch the video series "The Last Dance" which is about Michael Jordan and the bulls. Will give you a lot of insight into this.

Implementation

This may be something for you that is a no brainer, and I've already mentioned it in this book, but I'm going to repeat it just in case it hasn't sunk in.

You will get ZERO results if you don't take action.

The ideas in this book work. But they certainly won't work if you don't apply them.

Nor will the practices your coach gives you..

Or training programs you buy..

Or any action oriented instructions you are given.

They are all for nothing if you don't go out there and put them into action

"Knowing and not doing is the same as not knowing".

Embracing Challenges

We grow through challenge. Yet many people avoid challenge because it is uncomfortable.

This may be a player that is afraid to move onto a better team because they are comfortable where they are...

Someone afraid to put themselves out there because they are afraid to be rejected..

And so on..

But if you embrace challenge and uncomfortable situations, you'll evolve massively as a result.

Then, when an opportunity to trial for a new team comes up, you'll embrace the challenge instead of running away.

When training gets tougher, you'll stick to it instead of getting disheartened.

When it seems opportunities aren't opening up for you, you'll take on the challenge of being

proactive instead of complaining about how unfair you believe it is.

Embracing challenges keeps the victim identity many people have away from you and replaces it with an identity that knows you can handle it.

You can grow through it.

Challenge is a catalyst for growth. I mentioned earlier how being on a team that challenges you because you will play with and against better players will improve you infinitely more than staying on a team where you are easily the best player.

Learn to embrace challenges and life will reward you.

That includes within the world of football.

EXERCISE: What challenges are showing up for you that you may have complained about in the past? Instead of complaining about them, what solutions can you come up with to embrace the challenge?

Bring Out The MVP

Do you want to be the MVP or one the most valuable players on your team?

I hope your answer is yes. Being one of the most valuable players on your team helps you stand out.

But what makes an MVP? Obviously, not every player can be it.

Now, your position doesn't matter. You can be a goalie and still be one of the most valuable players on your team.

You can be a center back, striker, left back, etc. Doesn't matter.

An MVP is a player that typically takes on the responsibility of being a game changer. Not only are they really good, but they have that mentality.

Not every good player is a game changer. Many buckle under that pressure or responsibility.

Think of Cristiano Ronaldo. How many times has he stepped up and scored the important goal, a last minute winner or equalizer, and so on? That isn't an accident. He takes on that responsibility and has the mindset that he can make the difference.

Develop an MVP mindset. That elite mindset where you know you can and will make the difference.

Yes, you need ability, but many players skip the as important mental component of this. Of being the one that stands up proudly when your team needs you and takes that responsibility.

There is no rule that you have to be this player, but in my eyes it only stands to make you a better player.

EXERCISE: Start working on the mental side of your game and identifying yourself as a player who stands up and is counted. Who wants to be the go to person. Also, look to strengthen the areas of your game that you believe will help you to do this.

COMPLETE SOCCER CONFIDENCE



Another resource that will help you massively with this and developing your confidence as a footballer (and person) is my video course *Complete Soccer Confidence*.

Now this comes included with the [Simply Soccer Academy](#), but you can also get it separately.

CSC is designed to help you create a whole new footballing identity that has an MVP and Elite mindset. It contains some of the most powerful methods I know to help you do this.

To learn more about it, click the link below:

[COMPLETE SOCCER CONFIDENCE](#)

First Things First

I won't spend too long on this idea, I just want to mention it as it's a great productivity habit.

And that is the habit of doing your priorities first.

Football is very demanding. Therefor it requires a lot of energy.

Many players fight an uphill battle that they've put themselves in because they don't do this.

Look at what you have to do and start with the priorities first.

Again, people will avoid the harder or more uncomfortable thing, so they will do what's easy first.

But then you use up the best part of your focus and energy on those things.

Prioritize your training, workouts, etc, and you'll find you get better results.

Sacrifices

I'm sure you've realize by now that being a really good footballer takes focus, discipline and of course...

Sacrifice.

Look, you don't have to do this if you don't want to. It isn't right or wrong.

But if you're goal is to become a high level player, you are going to have to sacrifice things that most others do.

This means you may not be able to socialize as much as others because you have to train.

You have to eat much healthier and less fun.

Sleep becomes more of a priority than going out.

And so much more.

Where focus goes energy flows. So if you are giving focus to things outside of football that

are holding you back, you are doing yourself a disservice.

For example, if you are going out most nights instead of doing the recovery work, work outs, good sleep schedule, etc, that will hurt you in the long run.

Does this mean you need to be a robot? No.

But you can't put as much energy into these other things if your goal is to be a quality player.

It's simply a choice. If you focus your lifestyle on being a better player. You will get the rewards.

Take on habits that don't support that lifestyle, and you'll get unfavorable results.

EXERCISE: Are there things you are doing that are holding you back as a footballer? I highly recommend looking at those things and ask yourself if they are worth keeping.

Videos To Watch

5 Things Pros Do Consistently That You Don't

Taking Care Of Your Body

I can tell you right now that this is something I got wrong when I was younger and it ended up stunting my growth.

Your body is an amazing machine, but will only remain that way if you take care of it.

This means not only doing the strength training, work with the ball and team work...

But the other stuff that may not be as fun.

The recovery work.

Eating right and refueling your body.

Stretching and mobility work.

Disciplining yourself to get good, quality sleep.

Even doing extra to help your body out.

So many players don't become as good as they could be because they don't take care of their body.

I was absolutely one of those players when I was younger.

Learn what you need to do in order to strengthen your body, prevent injuries, recover, refuel, and so on.

Again, this is apart of the lifestyle of being a footballer.

Do your best to take care of the thing you literally need to be a well oiled machine for you to play well.

EXERCISE: Is there an area with your health that you've been neglecting? Be honest with yourself and start doing more research in what you need to do for that area. Then start doing it!

Videos To Watch

How To Recover Faster



Something I have come across that has really helped me not only take care of my body more, but also has improved my performance in matches and training is Amino Acid supplements.

Obviously, eating healthy is the main thing you want to focus on, but after you have that under control, these can be hugely beneficial.

I personally use a supplement called *Perform* and another one named *Heal*. I can't speak more highly of them. Check out more info and get a 30% discount if you are interested below:

[Perform and Heal More Info](#)



CH. 4: Practices

Okay! So now we are going to get into some actual drills, practices, and more you can get into.

One on One Guide

I would say that coming in at a close second after goal scoring, one of the most fun things to do in football is beat someone one on one with a well executed skill!

So in this section, I am going to refer you to many videos that are going to help you with your 1v1 ability.

You'll need to implement what you learn here to get results.

Videos

Can't Beat Opponents 1v1? Do This

5 Best Ronaldo Moves To Learn

Top 5 Messi Skills To Learn

7 Football Moves Defenders Hate

Effective Over Fancy

When it comes to skill moves, always aim to work on effective moves over fancy moves.

Many players want to learn cool tricks that seem impressive, and that can be fun!

But for when you play competitively, you'll want to master moves like the stepover, chop, cruyff, and so on.

The video I linked in the last section goes over the practice called your 3 moves. I highly recommend you put that into action.

If you watch pro matches a lot, you'll notice that most players use simple, effective moves more often than complex moves.

Videos

[5 Skill Move Mistakes That Keep You Average](#)

[5 Most Simple Skills To Beat Defenders](#)

ULTIMATE SOCCER SKILLS



If you want to make rapid progress in this area along with your dribbling ability, confidence on the ball and more, then check out my training program [Ultimate Soccer Skills](#).

This Program is included in the [Simply Soccer Academy](#) or can be purchased separately.

To learn more about it, go to the link below

[ULTIMATE SOCCER SKILLS](#)

This is the most popular program I offer and has helped hundreds of players take their ability on the ball to the next level.

Juggling

If you're like most, you've probably underappreciated the benefit of juggling!

It's not only something to be used for fun, but when done with focus, can improve your control on the ball significantly.

It's something I recommend you do at least a little bit every training session.

It's easy to incorporate into your warmup for example.

Being good at juggling demonstrates good control. I'm not saying you need to spend ages on this, but don't underestimate this.

Videos

[15 Minute Juggling Routine](#)

The Dreaded Cardio

It's the one we all love! It's running and not touching the ball at all!

Regardless of how fun or not it is, it's something you need to do in order to be a better player.

There are tons of workouts you can do in order to improve your cardio, and I will link to a video that gives you some ideas.

Mainly I want to tell you not to skip this. Being unfit will stunt your growth as a player massively.

You could be the best player on your team, in your area, in your whole country!

But if you get winded after 10-20 min, you won't be able to show how good you are.

Videos:

[The Secret To Improve Your Match Fitness](#)

The Fundamentals

Here is the secret to becoming a great player with the ball...

Ready?

Master the fundamentals!

Wait! I don't need to do fancy tricks, impressive feats, and super complex stuff to be a great player????

Nope!

It's something that a lot of players get wrong. The best players are so good because they have mastered the fundamentals.

When the fundamentals are executed well, it can seem fairly complex. But most of the time it is just simple actions performed masterfully over and over again.

Zidane was a player I absolutely loved and he was a great example of this.

Here are the main fundamentals with the ball I would say you need to work on.

Ball control (including first touch)

Dribbling (including skill and 1v1 ability)

Passing and receiving

Now, there is more to work on (shooting could be considered another fundamental), but if you get really good at these 3, it'll take your game to new heights.

This is not me saying don't work on anything else. This is me just emphasizing the importance of certain fundamentals.

So, what I want to do is give you some videos and resources that are going to help you with each of these areas.

List Of Videos On Next Page

Ball Control/First Touch

Struggling With Your Ball Control? Do This!

First Touch Habits You Need To Develop

The Fundamentals Of Football: Ball Control

How To Play Like Zidane

Dribbling/Skills

Soccer Dribbling Drills

What Elite Dribblers Do That You Don't

Struggling With Your Dribbling? Do This!

Passing/Receiving

Unlock Defenses With These Passes

5 Passing Mistakes Players Make

Passing and Receiving Drills



If you are looking for help in what I consider the most important fundamental in football, then check out my training program Passing and Receiving Mastery!

This program comes included in the Simply Soccer Academy, or can be purchased separately.

This program helps you to master different levels of control, first touch, game like situations, and passing techniques.

To learn more, click the link below.

[PASSING AND RECEIVING MASTERY](#)

The Weak Foot

You'd be surprised how many players have a fairly useless weak foot.

Even some good players.

I remember playing with a guy in college who was a great player, but he couldn't use his right foot to save his life.

He managed to play pro for a bit! But I could see how not working on his right held him back.

I am not saying your weak side needs to be as good as your dominant side.

But you need to be able to do basic fundamentals on it in my eyes.

I have scored so many goals as a striker because I worked on my left side. It has served me well!

EXERCISE: Start using your weak side more in training. If you want to really accelerate your growth, always do a few more reps on your weak side during training.

Shooting and Goalscoring

So, like I've been doing for other skills, I want to give you some videos that will help you in this area.

Being able to shoot well is such a weapon especially for an attacking player.

You need good technique, which can be learned, and also a few more components.

Videos Below!

The Ultimate Power Shooting Tutorial

How To Lock Your Ankle

8 Shooting Mistakes Footballers Make

What Elite Goal Scorers Do

Struggling To Score? Do This!

Soccer Curve Shot Technique

How To Finish Like A Pro

Dribbling Guide

Let's move on to another fundamental that can not only be one of the most enjoyable, but effective to get good as well.

I already gave you some videos earlier in the book, but here are a few more good ones.

Videos

5 Dribbling Drills All Players Should Know

How To Change Directions When Dribbling

5 Dribbling Drills In Tight Space

How To Run With The Ball Like Kaka

Operate In Tight Space Like Isco

How To Dribble With Your Head Up



CH. 5: Next

Additional Help

We are coming to the end of this book, but I want to give you some more practices that I believe will help.

I will list the videos down below that go over certain skills that will aide in your game that we haven't already covered.

Videos

How To Stop Losing The Ball In Football

How To Stop Panicking in Football

5 Things Pros Do Consistently That You Don't

Why You Forget Skill Moves In Matches

Training Habits You Need To Develop

Match Habits To Develop

10 Tips To Improve Your Game Now

How To Improve Your Speed Of Play



I've mentioned this a few times throughout this book, but if you want to take everything you learned here to a deeper level, join a group of committed footballer, get personal feedback on your game from me, then see if the Simply Soccer Academy is right for you.

Just click the link below in order to learn more about what is included and what some of the players on the inside have gotten out of it.

SIMPLY SOCCER ACADEMY

The Academy comes with all of my training programs along with some exclusive ones that were only made for the Academy itself



Thank you so much for reading Game Changer! Again, before we close out, a quick reminder that these practices will only work IF you put them into actual practice!

I recommend you go through this book more than once, or return to sections that you need more insight on after you've been through it the first time round!

Good luck to you and your career as a footballer! I hope we get to work together in some way moving forward.

Improve Your Game. Stand Out On The Pitch!

Dave (Simply Soccer)