

Chorus:

First you put your two knees close up tight,/ then you sway 'em to the left, then you sway 'em to the right|
Step around the floor kind of nice and light, then you twist around and twist around with all your might.|

Stretch your lovin' arms straight out in space, then you do the Eagle Rock with style and grace. Swing your Foot way 'round then bring it back. Now that's what I call ballin' the jack.

(The 2 verses are on the lyrics sheet)