

# Matthew John Barry

Full-Stack Web Developer - Strength and Conditioning Coach - Musician

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## EXPERIENCE

### **Vasa Fitness, Saratoga Springs, Utah — *Fitness Team Lead***

February 2017 - February 2021

Motivate clients to achieve personal fitness goals, manage fitness schedule and deliver an uplifting fitness experience

Facilitate growth in members, co-workers and interns by personal interaction, team building through classes, and assisting interpersonal communication

Deliver an unparalleled experience through fitness assessments, personal training and energetic workout classes endorsed by Area Directors, Team Leads and various gym members

### **Provo Canyon Adventures, Provo, Utah — *Supervisor***

September 2014 - December 2016

Build a positive customer experience by training customers on proper safety, handle customers phones calls, scheduling and questions

Supervise other guides to properly ensure safety regulations were met and trained interns to create an effective and efficient zipline experience

### **BYU Bookstore Cougar Tech, Provo, Utah — *Student Manager***

January 2013 - September 2015

Create a detailed oriented culture through employee accountability, scheduling and training

Assist sales through product knowledge, research, listening to the customer and learning customer needs

## EDUCATION

### **Brigham Young University, Provo, Utah — *Exercise Science (BS)***

April 2016 -- GPA 3.02, Minor: Music

## LANGUAGES

Conversation Portuguese  
Basic Spanish and ASL

## PROGRAMMING LANGUAGE

JavaScript

## CERTIFICATIONS

The Coding Bootcamp

First Aid/CPR/AED

Certified Functional Strength  
Coach Level 1

Hard Kettlebell Certification

Certified Functional Strength  
Coach Level 2

## SKILLS AND ACTIVITIES

Resourceful Learner, Name Retention, Rock Climbing, Ragnar Relay Race, Tough Mudder, Mountain Biking, Ultimate Frisbee, Frisbee Golf, Computer (Excel, Word, Power Point, Adobe InDesign) Research, Teach, Musical Training

## OTHER EXPERIENCES

### **Volunteer Representative for the Church of Jesus Christ of Latter-Day Saints — Missionary - Brazil**

Aided in various leadership positions and participated in service opportunities

### **Savior of the World — Actor and Stage Hand**

Participated for 6 Years in various roles



