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observations and takes the actual percentiles of the observation period as the VaR measures. It is calculated as follows:

$$R_p, \tau = \sum_{i=1}^N w_i R_{i,\tau} \text{ for } \tau = 1, \dots, t \quad (2.5)$$

Once the historical returns for the portfolio are obtained, the return corresponding to the percentile chosen is simply multiplied by the market value of the portfolio. The Monte Carlo technique provides a statistical estimate in the form of a sample frequency distribution. The future returns distribution is estimated based on the set of forecasts for volatilities and correlations. The calculation of VaR for this method is similar to the historical simulation in that it is the percentile corresponding to the chosen confidence level. The findings in this paper suggested that the beta model in relation to these three techniques for calculating VaR is appropriate for highly diversified portfolios. Dowd [1999] looks at value at risk in a different light by studying incremental VaR, IVaR. In this paper options are examined and a change to the portfolio is made if the incremental VaR associated with the change is low enough, relative to the expected return. The incremental VaR is based on the Sharpe decision rule. The Sharpe decision rule says to choose the asset with the higher Sharpe ratio, which is the expected return of the asset divided by the standard deviation of its return. IVaR is a measure of elasticity; therefore, the higher the elasticity, the greater the risk associated with the new asset and the higher the required return. This decision rule can be applied to investment decisions, hedging decisions and portfolio management decisions. In the case of portfolio management decisions, IVaR can be used to assess the efficiency of the portfolio and any future changes to it. Dowd cites in this paper that if the portfolio is efficient, any position included in the portfolio should have an expected return at least as great as any position

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