Chopped Cobb Salad

This Chopped Cobb salad is full of chicken, bacon, avocado, hard-boiled egg, and blue cheese crumbles, all tossed in an easy vinaigrette.

Course SaladCuisine American

Keyword avocado, bacon

Prep Time 15 minutes
Cook Time 0 minutes

Servings 6 servings





Ingredients

Dressing

- · 1 garlic clove, minced
- 1 teaspoon Dijon mustard
- 1 tablespoon mayonnaise
- 3 tablespoons red wine vinegar
- 1/3 cup olive oil or vegetable oil
- · salt and pepper

Salad

- · 1 head romaine lettuce, finely chopped
- 1 cup grape tomatoes, quartered
- 1 1/2 cups finely chopped cooked chicken
- 3 hard-boiled eggs, finely chopped
- 1/2 red onion, finely chopped
- · 7 slices bacon, cooked and crumbled
- · 1 avocado, finely chopped
- 1/3 cup crumbled blue cheese

Instructions

- Make salad dressing. Combine garlic, mustard, mayonnaise and vinegar in a bowl. Gradually whisk in oil. Season to taste with salt and pepper. Refrigerate until needed.
- 2. Toss together all salad ingredients in a large bowl.
- 3. Pour dressing over salad and toss again.

Nutrition

Calories: 433kcal

https://spicysouthernkitchen.com/chopped-cobb-salad-recipe/