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LOW-CARB EASY TO MAKE EGG ROLL IN A BOWL



This low carb easy to make egg roll in a bowl is an easy and delicious recipe to make on busy weeknights! Scroll down for the keto-friendly recipe that only takes 15 minutes to make!!

Course	dinner
Cuisine	Chinese
Keyword	low carb egg roll in a bowl
Cook Time	15 minutes
Calories	400 kcal

Ingredients

- 1 pound ground sausage
- 7 cups Coleslaw mix
- 2 tbsp low sodium soy sauce or coconut aminos
- 1 tbsp ginger
- 1 tsp garlic powder
- 1/2 cup green onions

Optional

- 1 tbsp Red pepper flakes

Instructions

1. Cook sausage stirring and crumbling until cooked through.
2. Stir in Coleslaw mix, garlic, ginger, soy sauce, and stir.
3. Top with green onions and drizzle with more soy sauce (or coconut amino) or sweet and sour sauce.

Recipe Notes

Servings: 6

Calories: 400

Net Carbs: 6 Net Carbs Per Serving

*****The nutritional information for this recipe is calculated as a courtesy and is an approximate only. I cannot guarantee the accuracy of the nutritional information for any recipes on this site.***