HTTP/2

A Pentester's Perspective

What is it?

- A new version of Hyper Text Transfer Protocol (HTTP)
- Big Changes
- Lots to talk about

A Brief History

HTTP/0.9

- March 12, 1989: Tim Berners-Lee submits proposal for what will become HTTP
- Plain-Text protocol
- FTP with links
- Read Only (GET)
- HTML only (no images, stylesheets, or any other files)
- One request is one connection

HTTP/1.0

- First official version (RFC 1945) May 1996
- Non-HTML formats supported
- More methods introduced:
 - GET / HEAD / POST / PUT / DELETE
- No virtual hosting
- One request is still one connection

HTTP/1.1

- Introduced June 1999 with RFC 2616
 - Replaced with later RFCs in 2014
- All the contents
 - Support for compression
- Virtual Hosting
 - Host header added (Required)
- Persistent connection
 - One connection can be established for multiple requests (Pipelined)

Example Request

GET /docs/index.html HTTP/1.1

Host: www.nowhere123.com

Accept: image/gif, image/jpeg, */*

Accept-Language: en-us

Accept-Encoding: gzip, deflate

User-Agent: Mozilla/4.0 (compatible; MSIE 6.0; Windows NT 5.1)

(Blank Line \r\n)

Example Response

HTTP/1.1 200 OK

Date: Sun, 18 Oct 2009 08:56:53 GMT

Server: Apache/2.2.14 (Win32)

Last-Modified: Sun, 20 May 2018 07:16:26 GMT

Accept-Ranges: bytes

Content-Length: 44

Connection: close

Content-Type: text/html

X-Pad: avoid browser bug

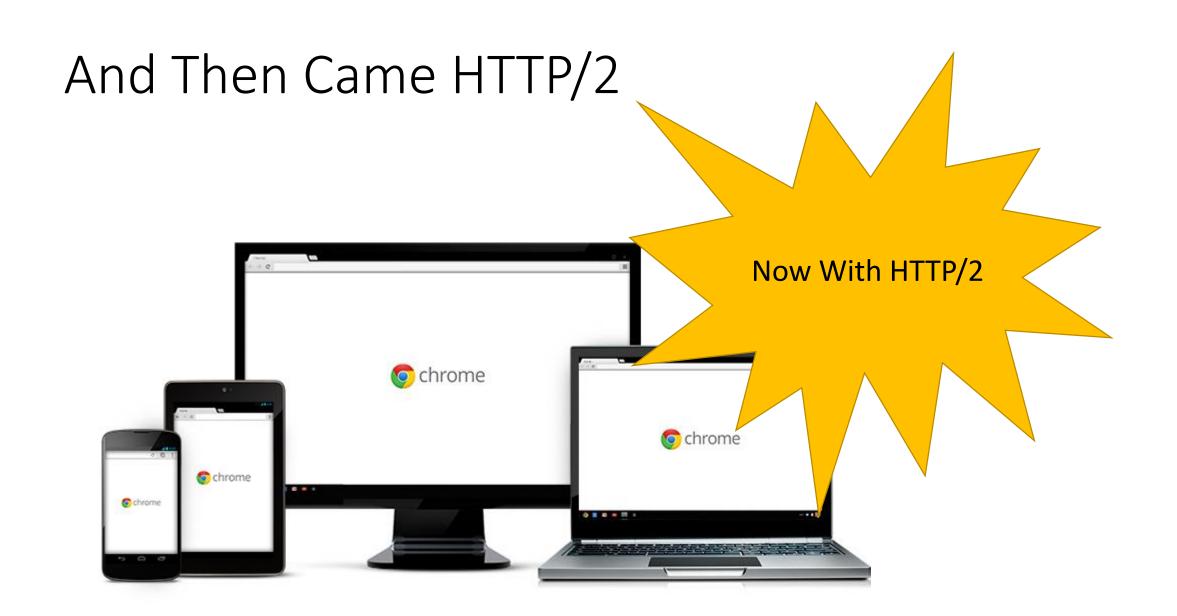
<html><body><h1>It works!</h1></body></html>

HTTP/2

The new hotness

First there was SPDY

- Published proposal in 2009
- Requires HTTPS
- Published by Google and incorporated in Chrome
- Encapsulates most of what will become HTTP/2



What did we get?

- Binary Protocol
- Header Compression (HPACK)
- Multiplexing
- Server Push

Binary Protocol

- Binary is better / simpler
- Lighter weight
- Reduced Network Latency
- Better Compression
- Framing

```
+-----+
| Length (24)
+-----+
| Type (8) | Flags (8) |
+-+----+
|R| Stream Identifier (31) |
+-+-----+
| Frame Payload (0...) |
```

Header Compression

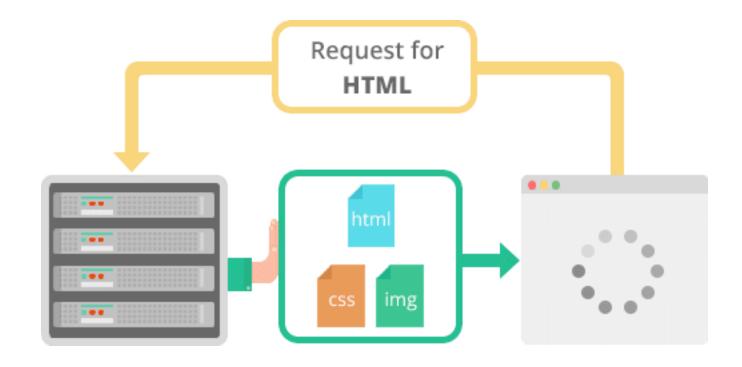
- Uses HPACK
- Reduced Overhead
- Smaller == Quicker
- Not vulnerable to attacks like CRIME or BREACH

Multiplexing

- Not pipelined
- Streaming
- Bi-directional sequence of frames
- Stream Prioritization

Server Push

- Server can push data to client before requested
- Cached by client
- Reused across pages
- Client can decline
- Great for resources



The Handshake

HTTP/1.1 Version

- Request sent with Upgrade header
 - "h2c" For HTTP
 - "h2" for HTTPS
- Includes "HTTP2-Settings" header (Base64 Encoded)
- Receives a "101 Changing Protocol" response
- Client connecting to HTTPS URI uses TLS-ALPN extension

Attacking

Put on your hacker hats

Server Attacks

- Parsing is Hard!
- Same Old Mistakes All Over Again
 - H20 Directory Traversal (CVE-2016-1133)
 - Lots Of Denial Of Service
 - HPACK Bombs
 - Slow Read Attack (similar to SlowLoris)
 - Misconfiguration (Dependency and Priority)

Security Defenses

- Parsing is Hard!
- Web Application Firewalls
 - Most don't support HTTP/2
- Intrusion Detection / Prevention Systems
 - Most don't fully support
 - Some listed as experimental

Application Attacks

- All the Data
- Misconfigured Server Push
 - Pushing more than intended
 - Information Leakage
- Look in the Cache



Tools



Tools

- Proxies
 - MITM Proxy
 - Charles Proxy
- Testing Tools
 - cUrl (requires nghttp)
 - Wireshark
 - http2fuzz
 - h2load
 - h2spec
 - And more https://github.com/http2/http2-spec/wiki/tools

Conclusion

Things to consider

- Are you seeing everything?
 - Look for 101 Changing Protocol
 - Look for server push cache (information leakage)
- Is the server configured correctly
 - Look for vulnerable implementations
 - Look for misconfigurations

The Future

- Much more research is needed
 - Servers need to be tested and fuzzed
- Tools need to be updated
 - Proxies need to work with HTTP/2
 - Security Defenses need to understand it

Thanks - Questions

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